

## Sri Chinmoy 10K Race

Battersea Park, London

3rd August 2024

GREEN SPACE 10K

SRI CHINMOY  
MARATHON TEAMRun to Become  
www.runandbecome.com

## WINNERS

RANK	NAME	SURNAME	CLUB	M   F	TIME	AGE
Men U/50						
1	Liam	White	Tunbridge Wells Harriers	Male	00:31:01	28
2	James	Miller	Best Athletics	Male	00:31:28	26
3	Thomas	Holliday	Victoria Park & Tower Hamlets AC	Male	00:31:45	32
4	Alastair	Matheson	Bristol and West AC	Male	00:32:24	34
5	David	Prosser	Victoria Park & Tower Hamlets AC	Male	00:32:51	38
6	Oliver	Hill	Watford Joggers	Male	00:32:53	32
7	Cory	Sherwin	Forest of Dean AC	Male	00:32:54	24
Women U/50						
1	Amy	Clements	Kent AC	Female	00:34:18	42
2	Rebecca	Bunting	London Heathside	Female	00:35:48	41
3	Emma	Gordon	Belgrave Harriers	Female	00:36:31	22
4	Sarah	Forbes-Smith	Clapham Chasers	Female	00:36:38	29
5	Sarah	Holt	the stragglers rc	Female	00:36:47	44
6	Jennifer	Nandi	Herne Hill Harriers	Female	00:37:26	25
7	Georgina	Weston	Charnwood AC	Female	00:39:18	29
Men Vet 50						
1	Edward	De Los Rios	Trent Park RC	Male	00:35:43	51
2	Jonathan	Moore	Ranelagh Harriers	Male	00:36:45	55
3	Michael	McDonagh	Best Athletics	Male	00:37:35	56
Women Vet 50						
1	Kerstin	Sung	Medway & Maidstone AC	Female	00:39:33	50
2	Michelle	Lennon	Dulwich runners	Female	00:44:14	57
3	Nici	Audhlam-Gardiner	HIGH GATE HARRIERS	Female	00:45:34	53
Men Vet 60						
1	Andy	Jordan	St Albans Striders	Male	00:37:30	61
2	Steve	ingledew	Edinburgh AC	Male	00:40:36	61
Women Vet 70						
1	Phil	Kelvin	Serpentine	Female	00:59:33	72
Men Vet 80						
1	David	Moorekite	Larkfield AC	Male	00:54:45	84

## ALL RESULTS BELOW

RESULTS								
RANK	NAME	SURNAME	CLUB	M   F	TIME	CATEGORY	CAT. POS.	AGE
1	Liam	White	Tunbridge Wells Harriers	Male	00:31:01	M U/50	1	28
2	James	Miller	Best Athletics	Male	00:31:28	M U/50	2	26
3	Thomas	Holliday	Victoria Park & Tower Hamlets AC	Male	00:31:45	M U/50	3	32
4	Alastair	Matheson	Bristol and West AC	Male	00:32:24	M U/50	4	34
5	David	Prosser	Victoria Park & Tower Hamlets AC	Male	00:32:51	M U/50	5	38
6	Oliver	Hill	Watford Joggers	Male	00:32:53	M U/50	6	32
7	Cory	Sherwin	Forest of Dean AC	Male	00:32:54	M U/50	7	24
8	James	Laing	hillingdon ac	Male	00:32:58	M U/50	8	32
9	Jonathan	Hilling	London Heathside	Male	00:33:05	M U/50	9	31
10	Nick	Impey	dulwich runners ac	Male	00:33:14	M U/50	10	42
11	Nick	Buckle	Belgrave Harriers	Male	00:33:15	M U/50	11	32
12	Tom	Hollis	Loney Goat RC	Male	00:33:19	M U/50	12	40
13	Wen Zhe	Ng	Highgate Harriers	Male	00:33:32	M U/50	13	23
14	Steve	Woolley	west 4 harriers	Male	00:33:34	M U/50	14	42
15	Julian	Beazley	Clapham Chasers	Male	00:33:37	M U/50	15	34
16	Ronan	Tanguy	Herne Hill Harriers	Male	00:33:38	M U/50	16	33
17	Kevin	Fini	blackheath & bromley harriers ac	Male	00:33:39	M U/50	17	30
18	Thomas	Rowley	HIGH GATE HARRIERS	Male	00:33:46	M U/50	18	35
19	Bryn	Reynolds	Herne Hill Harriers	Male	00:33:54	M U/50	19	36
20	Isaac	Parker	Kent Athletic Club	Male	00:33:58	M U/50	20	25
21	Callum	Zorn-Singh	Clapham Chasers	Male	00:33:58	M U/50	21	25

22	Adrian	Russell	Dulwich rRunners	Male	00:33:59	M U/50	22	47
23	Richard	Macaulay	London Heathside	Male	00:34:00	M U/50	23	38
24	Luke	McIvenna	Victoria Park & Tower Hamlets AC	Male	00:34:02	M U/50	24	32
25	Sam	Parsons		Male	00:34:10	M U/50	25	21
26	Amy	Clements	kent ac	Female	00:34:18	W U/50	1	42
27	Callum	Skinner	Clapham Chasers	Male	00:34:40	M U/50	26	29
28	Stuart	Frazier	Jersey Spartan Athletic Club	Male	00:34:47	M U/50	27	27
29	Callum	Evans	Reading Roadrunners	Male	00:34:48	M U/50	28	25
30	Jordan	Marshall	London Heathside	Male	00:34:59	M U/50	29	34
31	Christopher	Russell	Fife ac	Male	00:35:04	M U/50	30	30
32	Charlie	McCarthy	Belgrave e	Male	00:35:10	M U/50	31	25
33	richard	bidgood	Winchester Running Club	Male	00:35:14	M U/50	32	47
34	Neil	Kirkham	Victoria Park & Tower Hamlets AC	Male	00:35:18	M U/50	33	38
35	Stephen	McCarroll	Victoria Park & Tower Hamlets AC	Male	00:35:19	M U/50	34	44
36	Paul	Calver	Herne Hill Harriers	Male	00:35:20	M U/50	35	43
37	Tejas	Hirani	Harrow AC	Male	00:35:25	M U/50	36	23
38	Daniel	Lloyd		Male	00:35:26	M U/50	37	31
39	Mark	Ledger-Evans		Male	00:35:27	M U/50	38	39
40	Sam	Gunnewicht	Ealing Southall & Middlesex AC	Male	00:35:38	M U/50	39	26
41	Robert	Connor	Clapham Chasers	Male	00:35:39	M U/50	40	29
42	Edward	De Los Rios	Trent Park RC	Male	00:35:43	M V50	1	51
43	Sam	Rahman	ILFORD ATHLETIC CLUB	Male	00:35:44	M U/50	41	41
44	Harry	Reynolds		Male	00:35:46	M U/50	42	26
45	James	Hughes	Wimbledon Windmilers	Male	00:35:47	M U/50	43	38
46	Rebecca	Bunting	London Heathside	Female	00:35:48	W U/50	2	41
47	Stuart	Astle		Male	00:35:49	M U/50	44	28
48	Michael	Garnett	Guildford and Godalming AC	Male	00:35:54	M U/50	45	40
49	Sam	Walker	Wimbledon Windmilers	Male	00:35:56	M U/50	46	30
50	Matteo	Gala	kent ac	Male	00:35:56	M U/50	47	26
51	Callum	Gordon	Highgate Harriers	Male	00:35:59	M U/50	48	36
52	Gavin	Lau	Victoria Park & Tower Hamlets AC	Male	00:36:01	M U/50	49	41
53	Gian Giacomo	Valentini	kent ac	Male	00:36:04	M U/50	50	37
54	Jared	Alexander	Wimbledon Windmilers	Male	00:36:11	M U/50	51	27
55	Eric	Dol	Herne Hill Harriers	Male	00:36:13	M U/50	52	35
56	Richard	Parasram	Victoria Park & Tower Hamlets AC	Male	00:36:22	M U/50	53	37
57	James	Brown	Herne Hill Harriers	Male	00:36:24	M U/50	54	25
58	James	Bowell	the stragglers rc	Male	00:36:28	M U/50	55	42
59	Emma	Gordon	Belgrave Harriers	Female	00:36:31	W U/50	3	22
60	Sam	Larcombe	Alton Runners	Male	00:36:34	M U/50	56	37
61	Sarah	Forbes-Smith	Clapham Chasers	Female	00:36:38	W U/50	4	29
62	Henry	Ramsay	Highgate Harriers	Male	00:36:45	M U/50	57	26
63	Jonathan	Moore	Ranelagh Harriers	Male	00:36:45	M V50	2	55
64	Sarah	Holt	the stragglers rc	Female	00:36:47	W U/50	5	44
65	Nathan	Andrews	Wimbledon Windmilers	Male	00:36:47	M U/50	58	48
66	Dean	Terry	Sutton Striders	Male	00:36:55	M U/50	59	25
67	AKIRA	ANZAI-JACKSON	Ealing Southall & Middlesex AC	Male	00:37:05	M U/50	60	30
68	Tristan	Jung		Male	00:37:10	M U/50	61	27
69	George	Mallinson	Belgrave Harriers	Male	00:37:24	M U/50	62	25
70	John	Gilchrist	kent ac	Male	00:37:25	M U/50	63	34
71	Jennifer	Nandi	Herne Hill Harriers	Female	00:37:26	W U/50	6	25
72	Andy	Jordan	St Albans Striders	Male	00:37:30	M V60	1	61
73	Michael	McDonagh	Best Athletics	Male	00:37:35	M V50	3	56
74	Marcus	Harrow	Herne Hill Harriers	Male	00:37:51	M U/50	64	34
75	Scott	Reid	Orion Harriers	Male	00:37:53	M V50	4	55
76	Harry	Massingham	kent ac	Male	00:38:00	M U/50	65	30
77	Theo	Clark		Male	00:38:04	M U/50	66	29
78	Kieran	Page	kent ac	Male	00:38:08	M U/50	67	38
79	Shaun	Allin	north herts road runners	Male	00:38:23	M U/50	68	29
80	Ted	Curtis		Male	00:38:25	M U/50	69	27
81	Ashley	George	Croydon Harriers	Male	00:38:39	M U/50	70	36
82	Daniel	Tombor	Highgate Harriers	Male	00:38:40	M U/50	71	32
83	Andy	Dicks		Male	00:38:56	M U/50	72	38
84	Jim	Addison	Beckenam	Male	00:38:57	M V50	5	52
85	Matt	Beard	London Heathside AC	Male	00:38:57	M V50	6	55
86	Michael	Gibson	kent ac	Male	00:38:58	M U/50	73	40
87	Nicole Louis	Branzuela	Pinoy Runners London	Male	00:39:09	M U/50	74	34
88	Daniel	Campbell	dorking and mole valley ac	Male	00:39:09	M U/50	75	19
89	Alex	Vardy	Tooting Run Club	Male	00:39:09	M U/50	76	31
90	Georgina	Weston	Charnwood AC	Female	00:39:18	W U/50	7	29

91	Nicola	Douglas	the stragglers running club	Female	00:39:19	W U/50	8	42
92	Jessica	Cosson		Female	00:39:20	W U/50	9	32
93	Thomas	Wright	Bexley ac	Male	00:39:22	M U/50	77	29
94	Carl	Sutcliffe	Victoria Park & Tower Hamlets AC	Male	00:39:24	M U/50	78	27
95	Charlotte	Ryan	Durham City Harriers & AC	Female	00:39:29	W U/50	10	21
96	Jemima	Renfer	Highgate Harriers	Female	00:39:31	W U/50	11	34
97	Jonny	Chambers	SHAFF Shifters	Male	00:39:31	M U/50	79	31
98	Kerstin	Sung	Medway & Maidstone AC	Female	00:39:33	W V50	1	50
99	Adam	Crockett		Male	00:39:40	M U/50	80	40
100	Libby	Orrett	Highgate Harriers	Female	00:39:40	W U/50	12	32
101	Chloé	Wright	Herne Hill Harriers	Female	00:39:44	W U/50	13	29
102	Lisa	Gold	Highgate Harriers	Female	00:39:45	W U/50	14	40
103	Joseph	Lowe	Highgate Harriers	Male	00:39:45	M V50	7	54
104	Amy	Kent	Cambridge and Coleridge	Female	00:39:46	W U/50	15	28
105	Daniella	Maggs	Belgrave Harriers	Female	00:39:46	W U/50	16	29
106	Matt	Welsh	Belgrave Harriers	Male	00:39:47	M U/50	81	36
107	Benjamin	Hall	London Heathside	Male	00:39:47	M U/50	82	29
108	Maccartney	Cruz	Mafia Moves	Male	00:39:54	M U/50	83	27
109	Chris	Watt	Best Athletics	Male	00:39:57	M U/50	84	36
110	Joshua	Rainier	Clapham Chasers	Male	00:40:01	M U/50	85	26
111	Emma	Stevens	Petts Wood Runners	Female	00:40:08	W U/50	17	46
112	Scott	Rice	Thurrock Harriers	Male	00:40:12	M V50	8	53
113	Mary	James	South London harriers	Female	00:40:13	W U/50	18	49
114	Robert	Knight	South London harriers	Male	00:40:18	M U/50	86	37
115	julian	gevers	kent ac	Male	00:40:18	M V50	9	56
116	Alex	Robbins	kent ac	Male	00:40:20	M U/50	87	49
117	Raymond	Tedders	Kent Athletic Club	Male	00:40:22	M U/50	88	34
118	James	Morris	Belgrave Harriers	Male	00:40:31	M U/50	89	37
119	Ales	Cirnfus		Male	00:40:32	M U/50	90	45
120	Oliver	Grundmann		Male	00:40:35	M U/50	91	26
121	Steve	ingledew	Edinburgh AC	Male	00:40:36	M V60	2	61
122	Chantelle	Frazier	Jersey spartans athletics club	Female	00:40:43	W U/50	19	30
123	Laura	De Lisle	Alton Runners	Female	00:40:45	W U/50	20	37
124	Jonathan	Bennett	Fulham Running Club	Male	00:40:47	M U/50	92	35
125	Ben	McDonnell	Highgate Harriers	Male	00:41:01	M U/50	93	30
126	Jordan	Greenwood	Fulham Running Club	Male	00:41:02	M U/50	94	34
127	Craig	Porteous	Sutton Striders	Male	00:41:10	M U/50	95	47
128	alasdair	fraser		Male	00:41:11	M U/50	96	42
129	RACHE	ORMESHER	Watford Joggers	Female	00:41:20	W U/50	21	46
130	Yordan	Kolev		Male	00:41:26	M U/50	97	37
131	Alex	Binley	Hercules Wimbledon	Female	00:41:32	W U/50	22	33
132	Seb	Challen	Hatchwarren Runners	Male	00:41:37	M U/50	98	38
133	Susannah	Littlewood	Highgate Harriers	Female	00:41:38	W U/50	23	27
134	Will	Robertson	Clapham chasers	Male	00:41:40	M U/50	99	28
135	Amy	Shaw	Clapham Chasers	Female	00:41:41	W U/50	24	30
136	Adam	Lennox	Highate Harriers	Male	00:41:43	M U/50	100	39
137	James	Perry		Male	00:41:46	M U/50	101	28
138	Mark	Constantinou	collingwood ac	Male	00:41:57	M V60	3	60
139	Ien	reilly	kent ac	Male	00:42:00	M V60	4	62
140	Mark	Opie	Highgate Harriers	Male	00:42:03	M U/50	102	39
141	Alice	Irwin		Female	00:42:04	W U/50	25	30
142	Rose	Botfield	Clapham Chasers	Female	00:42:05	W U/50	26	33
143	Vinh-Phuong	Hoang		Female	00:42:07	W U/50	27	33
144	Lydia	Gallyer-Barnett	Belgrave Harriers	Female	00:42:14	W U/50	28	26
145	Josh	Granville-Hamshar		Male	00:42:17	M U/50	103	22
146	Anna	Hanbury	Petts Wood Runners	Female	00:42:22	W U/50	29	47
147	Steven	Chaid	Clapham Chasers	Male	00:42:35	M V50	10	57
148	Louise	Faherty	Highgate Harriers	Female	00:42:38	W U/50	30	49
149	thomas	cheetham	hercules wimbledon a.c.	Male	00:42:40	M V50	11	57
150	Luke	Armitage	KentAC	Male	00:43:01	M V60	5	60
151	Alice	Steele	Highgate Harriers	Female	00:43:05	W U/50	31	26
152	Bethan	Port	Clapham Chasers	Female	00:43:06	W U/50	32	28
153	Charlotte	Bailey	Clapham Chasers	Female	00:43:06	W U/50	33	30
154	Maria	Jovani	thames turbo triathlon	Female	00:43:13	W U/50	34	48
155	Elinor	Skinner	kent ac	Female	00:43:17	W U/50	35	48
156	Lloyd	Emeka	Hercules Wimbledon	Male	00:43:26	M U/50	104	46
157	Joanna	Gardner	Highgate Harriers	Female	00:43:26	W U/50	36	35
158	Alberto	Pose	Highgate Harriers	Male	00:43:27	M U/50	105	37
159	Zoe	Greenwood	Fulham Running Club	Female	00:43:27	W U/50	37	33

160	Roger	Beardsworth	kent ac	Male	00:43:33	M V60	6	63
161	Rich	Smith	Highgate Harriers	Male	00:43:36	M U/50	106	32
162	Jessica	Fraser		Female	00:43:37	W U/50	38	33
163	Grace	Ingledeu	DULWICH AC	Female	00:43:38	W U/50	39	23
164	Sebastian	Lawrence	Newham & Essex Beagles AC	Male	00:43:39	M U/50	107	28
165	Evie	Elliott		Female	00:43:40	W U/50	40	29
166	Robert	Laing	South London harriers	Male	00:43:47	M U/50	108	46
167	Nick	Sutcliffe	Southwark Athletics Club	Male	00:44:03	M V50	12	54
168	Isobel	Rea	West 4 Harriers	Female	00:44:12	W U/50	41	48
169	Michelle	Lennon	Dulwich runners	Female	00:44:14	W V50	2	57
170	Ella	Faulkner	Clapham Chasers	Female	00:44:21	W U/50	42	27
171	Rhian	Littlewood	Highgate Harriers	Female	00:44:42	W U/50	43	35
172	Gary	Forde	Wimbledon Windmilers	Male	00:44:59	M V50	13	57
173	Nici	Audhlam-Gardiner	HIGH GATE HARRIERS	Female	00:45:34	W V50	3	53
174	Meghan	Brown		Female	00:45:51	W U/50	44	33
175	Charlie Antho	Akinwunmi		Male	00:46:07	M U/50	109	39
176	Lucy	Metcalfe		Female	00:46:07	W U/50	45	32
177	Ellyw	Evans	Striders of Croydon	Female	00:46:10	W U/50	46	33
178	Connor	Wilkin		Male	00:46:28	M U/50	110	28
179	Kory	Sun		Male	00:46:55	M U/50	111	26
180	Ken	McCallum		Male	00:47:11	M V50	14	53
181	Chris	Woodcock-stewart		Male	00:47:12	M U/50	112	35
182	Anderson	Bedoya		Male	00:47:21	M U/50	113	38
183	Colin	Williams	Watford Joggers	Male	00:47:29	M V60	7	60
184	Hannah	Davies		Female	00:47:32	W U/50	47	31
185	Freya	Hollingsworth	hillington ac	Female	00:47:38	W U/50	48	29
186	James	Clarke	Best Athletics	Male	00:48:02	M U/50	114	34
187	Sam	Turpin		Male	00:48:50	M U/50	115	21
188	Ant	Conlin		Male	00:48:51	M U/50	116	32
189	Sarah	Borland	Highate Harriers	Female	00:48:58	W U/50	49	37
190	Colm	Donnelly	Clapham Chasers	Male	00:49:00	M U/50	117	44
191	Sophie	Crocker		Female	00:49:00	W U/50	50	33
192	Richard	Haworth		Male	00:49:05	M U/50	118	34
193	Jeevan	Sharma		Male	00:49:10	M U/50	119	27
194	Nicolas	Hernandez		Male	00:49:43	M U/50	120	26
195	Katie	Rimmer		Female	00:49:47	W U/50	51	32
196	Tesni	Fellows	Clapham Chasers	Female	00:49:48	W U/50	52	30
197	Zaina	Khan	Highgate Harriers	Female	00:50:13	W U/50	53	25
198	Kyle	van Oosterum	Rose Macaulay	Male	00:50:29	M U/50	121	26
199	Pranshu	Tonk		Male	00:51:38	M U/50	122	26
200	Philippa	Conlin	Midnight Runners London	Female	00:52:01	W U/50	54	29
201	Jennifer	Happel		Female	00:52:03	W U/50	55	31
202	Helen	MacLean		Female	00:52:07	W U/50	56	39
203	Enda	Ridge		Male	00:52:39	M U/50	123	45
204	Sarah	Bewers		Female	00:52:47	W U/50	57	34
205	Matthew	Eardley		Male	00:52:56	M U/50	124	31
206	Fiona	Craib		Female	00:52:59	W U/50	58	33
207	Jorge	Martins		Male	00:53:15	M U/50	125	32
208	Lois	Bryson	Fulham Running Club	Female	00:53:19	W U/50	59	32
209	Guy	Frere-smith		Male	00:54:01	M V50	15	53
210	Louise	Plank		Female	00:54:18	W V50	4	50
211	Camille	Fayet	Camille Fayet	Female	00:54:37	W U/50	60	23
212	David	Moorekite	Larkfield AC	Male	00:54:45	M V80	1	84
213	Shiv	Kapur		Male	00:56:17	M U/50	126	27
214	fred	coombes		Male	00:56:36	M U/50	127	33
215	Wendi	Fang		Female	00:56:59	W U/50	61	33
216	Alice	Barratt		Female	00:57:52	W U/50	62	32
217	Ian	Murphy		Male	00:58:41	M U/50	128	41
218	Kate	Fallon		Female	00:59:03	W U/50	63	24
219	Phil	Kelvin	Serpentine	Female	00:59:33	W V70	1	72
220	Genevieve	Brothwood		Female	01:00:21	W U/50	64	33
221	Philli	Brothwood		Female	01:00:21	W U/50	65	39
222	Lindi	Fang		Female	01:01:04	W U/50	66	21
223	Roy	Varghese		Male	01:02:21	M V50	16	59
224	Mathias	Candrian		Male	01:04:57	M U/50	129	26
225	Rosie	Gosling		Female	01:05:50	W U/50	67	33
226	Clare	Hurford		Female	01:05:51	W U/50	68	36
227	Emily	Argentieri		Female	01:05:51	W U/50	69	36
228	Florence	Coombes		Female	01:18:17	W U/50	70	32