

# Sri Chinmoy 5K Race

Battersea Park, London

25th June 2024

**DASHING DEER 5K**



WINNERS						
RANK	NAME	SURNAME	CLUB	M   F	TIME	AGE
<b>Men U/50</b>						
1	Jack	Ramm	Dulwich Runners A.C	Male	00:14:46	35
2	Nick	Bester	Best Athletics	Male	00:14:47	34
3	Joshua	Mitchell	Battersea Bandits	Male	00:14:57	29
4	James	Hoad	Thames Hare and Hounds	Male	00:15:18	32
5	Ash	Harrell	Highgate Harries	Male	00:15:25	35
6	Jonathan	Coates		Male	00:15:29	29
7	James	Hurrell	London Heathside	Male	00:15:34	38
<b>Women U/50</b>						
1	Lucy	Reid	Tonbridge AC	Female	00:16:16	31
2	Elizabeth	Apsley	Thames Hare & Hounds	Female	00:16:57	27
3	Helen	Gaunt	Tonbridge AC	Female	00:16:58	45
4	Tracy	Barlow	Thames Valley Harriers	Female	00:17:14	39
5	Rebecca	Bunting	London Heathside AC	Female	00:17:21	41
6	Melissah	Gibson	Ealing Eagles Running Club	Female	00:17:38	40
7	Sasha	Stannah		Female	00:17:39	29
<b>Men Vet 50</b>						
1	Andy	Bond	Dulwich Runners A.C	Male	00:15:56	50
2	Duncan	Marsden		Male	00:16:24	50
3	Simon	Mugglestone	Bideford AAC	Male	00:16:38	56
<b>Women Vet 50</b>						
1	Michelle	Lennon	Dulwich runners	Female	00:21:16	57
2	Helen	Rochester	Ealing Eagles Running Club	Female	00:21:37	53
3	Elaine	BATTSON	Victoria Park & Tower Hamlets AC	Female	00:24:21	58
<b>Men Vet 60</b>						
1	David	Renshaw	Guildford & Godalming AC	Male	00:19:28	60
2	Garry	Meehan	Dulwich runners	Male	00:19:51	62
<b>Women Vet 60</b>						
1	Janet	Wimsett	Ealing Eagles Running Club	Female	00:25:41	65
2	Karen	Samuel	Orpington road runners	Female	00:26:27	63
<b>Men Vet 70</b>						
1	Michael	Mann	Dulwich Runners A.C	Male	00:23:20	75
<b>Women Vet 70</b>						
1	ROS	Tabor	Dulwich R	Female	00:26:26	74
<b>Men Under 16</b>						
1	Aaron	Morrell	South London harriers	Male	00:19:42	13
2	Noah	Liborg	Ealing Eagles Running Club	Male	00:20:26	11
<b>Women Under 16</b>						
1	Darcey-Mae	Booth	South London harriers	Female	00:20:22	14
2	Gabriella	Booth	South London harriers	Female	00:21:00	12

## ALL RESULTS BELOW

RESULTS									
RANK	NAME	SURNAME	CLUB	M   F	TIME	CATEGORY	CAT. POS.	AGE	Race No
1	Jack	Ramm	Dulwich Runners A.C	Male	00:14:46	M U/50	1	35	637
2	Nick	Bester	Best Athletics	Male	00:14:47	M U/50	2	34	3
3	Joshua	Mitchell	Battersea Bandits	Male	00:14:57	M U/50	3	29	612
4	James	Hoad	Thames Hare and Hounds	Male	00:15:18	M U/50	4	32	550
5	Ash	Harrell	Highgate Harries	Male	00:15:25	M U/50	5	35	722
6	Jonathan	Coates		Male	00:15:29	M U/50	6	29	737
7	James	Hurrell	London Heathside	Male	00:15:34	M U/50	7	38	9
8	Thomas	Holliday	Victoria Park & Tower Hamlets AC	Male	00:15:34	M U/50	8	32	553
9	Fred	Smithers	Serpentine	Male	00:15:38	M U/50	9	27	671
10	Mathew	Port	Winchester Running Club	Male	00:15:38	M U/50	10	26	17
11	Sebastian	Lewis	Victoria Park & Tower Hamlets AC	Male	00:15:40	M U/50	11	24	585
12	Oliver	Mills	Herne Hill Harriers - 8578019	Male	00:15:41	M U/50	12	30	19
13	Ben	Harries	Highgate Harriers	Male	00:15:46	M U/50	13	29	26
14	Alex	Winchester	DULWICH AC	Male	00:15:47	M U/50	14	41	709
15	Tommy	Trees		Male	00:15:51	M U/50	15	27	61
16	Florian	Belbeoch	southampton ac	Male	00:15:51	M U/50	16	29	464
17	Luke	Triccas	Horsham Blue Star Harriers	Male	00:15:51	M U/50	17	25	689
18	Chris	Mason	Ealing, Southall & Middlesex AC	Male	00:15:55	M U/50	18	40	28
19	Andy	Bond	Dulwich Runners A.C	Male	00:15:56	M V50	1	50	468
20	Sion	Lewis	London Heathside AC	Male	00:15:59	M U/50	19	41	586
21	Nick	Buckle	Belgrave Harriers	Male	00:16:00	M U/50	20	32	478
22	Mathew	Cartwright	Herne Hill Harriers	Male	00:16:01	M U/50	21	34	50
23	MICHAEL	RIMCANS	Irvine Running Club	Male	00:16:01	M U/50	22	25	642
24	Jack	Robinson	Serpentine Rc	Male	00:16:02	M U/50	23	29	646
25	Nick	Impey	dulwich runners ac	Male	00:16:03	M U/50	24	42	561
26	Nicolas	Besson	Serpentine Rc	Male	00:16:04	M U/50	25	43	23
27	Oliver	Godsen	ggac	Male	00:16:05	M U/50	26	48	538
28	Jason	Barrett	Oxford University Athletics Club	Male	00:16:07	M U/50	27	26	458
29	John	Campbell	Clapham Chasers	Male	00:16:07	M U/50	28	26	486
30	Sam	Barley	Wargrave Runners	Male	00:16:10	M U/50	29	33	718
31	Wen Zhe	Ng	Highgate Harriers	Male	00:16:10	M U/50	30	23	618
32	Nick	Green		Male	00:16:11	M U/50	31	42	46
33	Tom	MacIntyre	Victoria Park & Tower Hamlets AC	Male	00:16:12	M U/50	32	33	25
34	Tom	Lole	Belgrave Harriers	Male	00:16:12	M U/50	33	28	34

35	STEVE	Woolley	west 4 harriers	Male	00:16:15	M U/50	34	42	55
36	Lucy	Reid	Tonbridge AC	Female	00:16:16	W U/50	1	31	732
37	Rory	McCall		Male	00:16:21	M U/50	35	28	604
38	Jonathan	Scott	Belgrave Harriers (EA URN 4004219)	Male	00:16:22	M U/50	36	32	656
39	Duncan	Marsden		Male	00:16:24	M V50	2	50	599
40	Brandan	Morrell	South London harriers	Male	00:16:24	M U/50	37	18	49
41	Nick	beer	Tonbridge AC	Male	00:16:25	M U/50	38	39	463
42	Peter	Woodridge	Serpentine Rc	Male	00:16:31	M U/50	39	35	712
43	thomas	south	Dulwich Runners A.C	Male	00:16:34	M U/50	40	48	673
44	Simon	Mugglestone	Bideford AAC	Male	00:16:38	M V50	3	56	613
45	Alexandre	David	Serpentine	Male	00:16:41	M U/50	41	31	506
46	Adrian	Dixon	Clapham Chasers	Male	00:16:41	M U/50	42	29	741
47	ian	Adamson		Male	00:16:42	M U/50	43	21	443
48	Hugo	Mathew		Male	00:16:43	M U/50	44	20	736
49	Ben	Smith	Ealing Eagles Running Club	Male	00:16:44	M U/50	45	37	670
50	Henry	Marlow		Male	00:16:45	M U/50	46	32	597
51	Callum	Evans	Reading Roadrunners	Male	00:16:46	M U/50	47	25	522
52	Mark	Boulton	VICTORIA PARK HARRIERS & TOWER H	Male	00:16:46	M U/50	48	40	84
53	Brandon	Liau	brighton phoenix	Male	00:16:47	M U/50	49	27	587
54	Ben	Beckwith	Clapham Chasers	Male	00:16:48	M U/50	50	25	462
55	William	Hudson	Onetrack	Male	00:16:48	M U/50	51	30	560
56	Mathew	Rainbow	Battersea Badgerse	Male	00:16:49	M U/50	52	27	635
57	Marcus	Widdess		Male	00:16:51	M U/50	53	27	728
58	Stuart	Byrne	Hercules Wimbledon	Male	00:16:52	M U/50	54	37	483
59	James	Kelly	N/A	Male	00:16:55	M U/50	55	34	114
60	Stephen	Camacho	Petts Wood Runners	Male	00:16:55	M U/50	56	31	485
61	David	Sharman	Wimbledon Windmilers	Male	00:16:56	M U/50	57	39	743
62	Hugh	Torry	Serpentine Rc	Male	00:16:57	M U/50	58	45	726
63	Will	Coates	Ealing Eagles Running Club	Male	00:16:57	M U/50	59	31	495
64	Brendan	O'Boyle		Male	00:16:57	M U/50	60	34	228
65	Ben	Windsor	DrongO	Male	00:16:57	M U/50	61	33	710
66	Elizabeth	Apsley	Thames Hare & Hounds	Female	00:16:57	W U/50	2	27	450
67	Helen	Gaunt	Tonbridge AC	Female	00:16:58	W U/50	3	45	96
68	Alex	Gutteridge	Herne Hill Harriers	Male	00:16:58	M U/50	62	30	540
69	Ashley	Broom	Fulham Running Club	Male	00:16:59	M U/50	63	36	476
70	Lewis	Reeves	horsham joggers	Male	00:16:59	M U/50	64	32	639
71	Paul	Bagan	Serpentine Rc	Male	00:17:05	M U/50	65	46	454
72	Adam	Wilkinson	Petts Wood Runners	Male	00:17:07	M U/50	66	32	700
73	Tristan	Johnston-Wood	University of Oxford AC	Male	00:17:10	M U/50	67	28	570
74	Neil	Kirkham	Victoria Park & Tower Hamlets AC	Male	00:17:11	M U/50	68	38	95
75	Oliver	Scott	hercules wimbledon ac	Male	00:17:13	M U/50	69	25	657
76	Conor	Brown	London Heathside	Male	00:17:13	M U/50	70	37	440
77	Alex	Peet	Cambridge Harriers	Male	00:17:14	M U/50	71	36	66
78	Tracy	Barlow	Thames Valley Harriers	Female	00:17:14	W U/50	4	39	456
79	Michael	Haverty	Best Athletics	Male	00:17:15	M U/50	72	30	104
80	Pierre	Philippou	Serpentine Rc	Male	00:17:15	M U/50	73	44	628
81	Shane	Donlon	Dulwich Runners A.C	Male	00:17:15	M U/50	74	41	514
82	Harry	McWhirter		Male	00:17:16	M U/50	75	24	609
83	Richard	Tomlinson	Medway & Maidstone AC	Male	00:17:17	M V50	4	56	688
84	Dominic	Roarty		Male	00:17:17	M U/50	76	37	643
85	Will	Thompson	Fulham Running Club	Male	00:17:17	M U/50	77	26	685
86	Rob	Ellis	Fulham RC	Male	00:17:18	M U/50	78	31	159
87	Samuel	Clarke	Belgrave Harriers	Male	00:17:18	M U/50	79	33	744
88	David Charles	Thomas		Male	00:17:21	M U/50	80	28	681
89	Freddi	McKinlay		Male	00:17:21	M U/50	81	28	101
90	Rebecca	Bunting	London Heathside AC	Female	00:17:21	W U/50	5	41	479
91	Jared	Alexander	Wimbledon Windmilers	Male	00:17:23	M U/50	82	27	445
92	Stuart	Ward	Felixstowe Road Runners	Male	00:17:23	M U/50	83	30	695
93	Matthew	Jeary		Male	00:17:24	M U/50	84	30	566
94	James	Hirst	VICTORIA PARK HARRIERS & TOWER H	Male	00:17:25	M U/50	85	35	144
95	Huw	Evans		Male	00:17:25	M U/50	86	28	739
96	Henry	Ramsay	Highgate Harriers	Male	00:17:33	M U/50	87	25	386
97	Mohamed	Aly		Male	00:17:35	M U/50	88	34	447
98	Simon	Perkins	horsham joggers	Male	00:17:36	M V50	5	51	627
99	Kieran	Page	kent ac	Male	00:17:37	M U/50	89	38	76
100	Gary	James	RunNation	Male	00:17:38	M U/50	90	46	152
101	Melissah	Gibson	Ealing Eagles Running Club	Female	00:17:38	W U/50	6	40	535
102	Sasha	Stannah		Female	00:17:39	W U/50	7	29	725
103	Will	Gallimore	Clapham Chasers	Male	00:17:41	M U/50	91	39	88
104	James	Winward		Male	00:17:42	M U/50	92	36	146
105	thomas	dilley		Male	00:17:44	M U/50	93	40	115
106	Yasmin	Goater	HIGH GATE HARRIERS	Female	00:17:46	W U/50	8	33	747
107	James	Penson		Male	00:17:54	M U/50	94	32	177
108	Jacob	Murtagh	Ealing Eagles Running Club	Male	00:17:54	M U/50	95	38	616
109	Robbie	Cox	Woking AC	Male	00:17:56	M U/50	96	42	85
110	Niall	Simmonds	Southampton Athletics Club	Male	00:17:57	M U/50	97	24	665
111	Paul	Calver	Herne Hill Harriers	Male	00:17:57	M U/50	98	43	120
112	Edward	Dixon		Male	00:17:58	M U/50	99	34	513
113	Ryan	McCrickerd	Serpentine Rc	Male	00:17:59	M U/50	100	35	606
114	Raj	Patadia	Ealing Eagles Running Club	Male	00:17:59	M U/50	101	19	625
115	Karen	Xiang	Belgrave Harriers	Female	00:17:59	W U/50	9	28	713
116	Matthew	MacDonald	Garscube Harriers	Male	00:18:00	M U/50	102	44	594
117	Alex	Williams		Male	00:18:00	M U/50	103	30	703
118	Alexander	Harrison	Ealing Eagles Running Club	Male	00:18:02	M U/50	104	34	547
119	Adam	Collins	Hercules Wimbledon	Male	00:18:03	M U/50	105	28	497
120	Bethanie	Murray	Thames Hare and Hounds	Female	00:18:05	W U/50	10	28	615
121	William	Ellison	Herne Hill Harriers	Male	00:18:06	M U/50	106	37	520
122	Sam	Brown	6AM Cycling	Male	00:18:09	M U/50	107	40	477
123	Adam	Westbury	Herne Hill Harriers	Male	00:18:11	M U/50	108	32	112

124	Marcus	Brown	1% Running Club	Male	00:18:11	M U/50	109	40	217
125	Ed	Hampton-Matthews	Clapham Chasers	Male	00:18:12	M U/50	110	31	544
126	Jacob	Cole		Male	00:18:12	M U/50	111	24	719
127	Chris	Watt	Best Athletics	Male	00:18:18	M U/50	112	36	697
128	George	Carroll	Best Athletics	Male	00:18:23	M U/50	113	20	488
129	Ka Hei	Ngai	Ealing Eagles Running Club	Male	00:18:23	M U/50	114	42	619
130	Tom	James	Ealing Eagles Running Club	Male	00:18:26	M U/50	115	37	565
131	Joseph	Williams	Ealing Eagles Running Club	Male	00:18:27	M U/50	116	35	705
132	Jonny	Chambers	SHAEP Shifters RC	Male	00:18:28	M U/50	117	31	489
133	Jonathan	Bennett	Fulham Running Club	Male	00:18:29	M U/50	118	34	465
134	Brian	Young	bracknell forest runners	Male	00:18:32	M V50	6	51	714
135	Jonathan	Ratcliffe	Herne Hill Harriers	Male	00:18:32	M V50	7	57	163
136	Georgia	Holden	Belgrave Harriers	Female	00:18:33	W U/50	11	31	551
137	Joe	Farrington-Douglas	Dulwich Runners A.C	Male	00:18:36	M U/50	119	45	183
138	Toby	Bond	Dulwich Runners A.C	Male	00:18:38	M U/50	120	17	729
139	Ed	Samuel	Ealing Eagles Running Club	Male	00:18:40	M U/50	121	31	654
140	Josh	Aberhart		Male	00:18:42	M U/50	122	34	442
141	Joseph	Starkey	London Heathside	Male	00:18:42	M U/50	123	38	674
142	Emily	Seager	Victoria Park & Tower Hamlets AC	Female	00:18:44	W U/50	12	29	191
143	Josh	Granville-Hamshar		Male	00:18:45	M U/50	124	22	397
144	Stephen	Monaghan	London Heathside AC	Male	00:18:46	M V50	8	53	377
145	Massimo	Biava	Ealing Eagles Running Club	Male	00:18:46	M U/50	125	48	466
146	Duncan	de Vere Lorrain	Best Athletics	Male	00:18:47	M U/50	126	28	509
147	Darius	Ravanshad		Male	00:18:48	M U/50	127	38	162
148	Bradley	Burke	Horsham Blue Star Harriers	Male	00:18:50	M U/50	128	22	480
149	Richard	Butler	Fulham Running Club	Male	00:18:52	M U/50	129	32	482
150	Noah	Small		Male	00:18:52	M U/50	130	24	746
151	Jeremy	Judge		Male	00:18:54	M U/50	131	33	371
152	Jonathan	Whittaker	Dulwich Runners A.C	Male	00:18:56	M U/50	132	44	699
153	James	Buhl	Best Athletics	Male	00:18:57	M U/50	133	35	733
154	Helena	Keenan	Herne Hill Harrers	Female	00:18:57	W U/50	13	27	742
155	Alex	Strange	fleet & crookham ac	Male	00:18:57	M U/50	134	35	675
156	William	Slynn		Male	00:18:58	M U/50	135	28	668
157	Hannah	Roberts	Tunbridge Wells Harriers	Female	00:18:59	W U/50	14	23	644
158	Joshua	Rainier	Clapham Chasers	Male	00:18:59	M U/50	136	26	636
159	Stephen	Crowther		Male	00:19:00	M U/50	137	27	501
160	Ellis	Diamanti	Clapham Chasers	Male	00:19:00	M U/50	138	33	511
161	Mark	Wilson	Camberley & District Athletics Club	Male	00:19:00	M U/50	139	47	186
162	Matthew	Johns		Male	00:19:01	M U/50	140	28	567
163	Rob	Shaplund	horsham joggers	Male	00:19:02	M U/50	141	41	659
164	Christopher	Atkinson		Male	00:19:04	M U/50	142	35	250
165	Charlotte	Ryan	Durham City Harriers & AC	Female	00:19:05	W U/50	15	21	735
166	Julian	gevers	kent ac	Male	00:19:05	M V50	9	56	534
167	John	Ockenden	Hunters Bog Trotters	Male	00:19:06	M U/50	143	30	621
168	Engin	Ekinci	Beat Run Crew	Male	00:19:12	M U/50	144	39	519
169	Edward	Lambert	South Harriers	Male	00:19:15	M U/50	145	47	131
170	Justin	Siderfin	dulwich runners ac	Male	00:19:17	M V50	10	51	664
171	Eliot	Rees	London Frontrunners	Male	00:19:18	M U/50	146	34	638
172	Sam	Walker	Wimbledon Windmilers	Male	00:19:18	M U/50	147	30	75
173	Olivia	Johnson	Best Athletics	Female	00:19:20	W U/50	16	26	569
174	Lizzie	May	Farnham Runners	Female	00:19:24	W U/50	17	32	603
175	Hattie	Edwards	Best Athletics	Female	00:19:24	W U/50	18	27	517
176	Mark	Fuller		Male	00:19:24	M U/50	148	31	368
177	Holly	Wilkinson	Ealing Eagles Running Club	Female	00:19:25	W U/50	19	44	702
178	David	Renshaw	Guildford & Godalming AC	Male	00:19:28	M V60	1	60	254
179	James	Perry		Male	00:19:29	M U/50	149	28	241
180	Helen	Shannon	dulwich runners ac	Female	00:19:30	W U/50	20	41	658
181	Gavin	Shilham	New Levels Run Club	Male	00:19:34	M U/50	150	49	663
182	Henrietta	Marsh-Smith	west 4 harriers	Female	00:19:34	W U/50	21	36	600
183	Daniel	Gawne		Male	00:19:36	M U/50	151	25	533
184	Matthew	Hinshelwood	Fleet and Crookham AC	Male	00:19:36	M U/50	152	45	244
185	Joe	Wilson		Male	00:19:40	M U/50	153	27	706
186	Aaron	Morrell	South London harriers	Male	00:19:42	M U/16	1	13	203
187	Andrew	Scott	Dulwich Runner AC	Male	00:19:45	M U/50	154	42	655
188	Philip	Hogg	London Heathside AC	Male	00:19:48	M V50	11	54	378
189	Olivia	Marlow		Female	00:19:49	W U/50	22	32	598
190	Shaun	Melvin	west 4 harriers	Male	00:19:49	M U/50	155	40	396
191	Helena	Flippance	Best Athletics	Female	00:19:50	W U/50	23	30	528
192	Burak Fevzi	Gundogdu		Male	00:19:51	M U/50	156	33	539
193	Garry	Meehan	Dulwich runners	Male	00:19:51	M V60	2	62	610
194	Keith	Newton	Herne Hill Harriers	Male	00:19:51	M V60	3	61	617
195	Grace	Ingledeu	Dulwich runners	Female	00:19:52	W U/50	24	23	562
196	Nils-Kristian	Liborg	Ealing Eagles Running Club	Male	00:19:52	M U/50	157	44	588
197	Edward	Martin	Dulwich Runner AC	Male	00:19:52	M U/50	158	39	601
198	Greg	Fernandes-Lawes	Ealing Eagles Running Club	Male	00:19:54	M U/50	159	35	527
199	Ben	Triggs	Handy Cross Runners	Male	00:19:55	M U/50	160	32	690
200	Harriet	Roddy	Dulwich Runners A.C	Female	00:20:03	W U/50	25	29	745
201	marco	pensa		Male	00:20:07	M V50	12	55	626
202	Faye	Brown	Clapham Chasers	Female	00:20:07	W U/50	26	30	624
203	Chris	Dunhill	South London harriers	Male	00:20:10	M V50	13	50	238
204	Chris	Tart-roberts		Male	00:20:10	M U/50	161	48	680
205	len	reilly	kent ac	Male	00:20:11	M V60	4	62	640
206	Robert	Tokarski	Dulwich Runners A.C	Male	00:20:13	M U/50	162	46	686
207	Darcey-Mae	Booth	South London harriers	Female	00:20:22	W U/16	1	14	470
208	Bradley	French		Male	00:20:22	M U/50	163	30	721
209	Nicolette	Edwards	Clapam Chasers	Female	00:20:22	W U/50	27	31	518
210	Noah	Liborg	Ealing Eagles Running Club	Male	00:20:26	M U/16	2	11	589
211	Anna	Hanbury	Petts Wood Runners	Female	00:20:27	W U/50	28		731
212	Daniel	Pickering		Male	00:20:31	M U/50	164	30	630

213	Matt	Roberts		Male	00:20:32	M U/50	165	46	645
214	Gary	Forde	Wimbledon Windmilers	Male	00:20:33	M V50	14	57	282
215	Luca	Caimi		Male	00:20:35	M U/50	166	26	484
216	Laura	Vincent	dulwich runners ac	Female	00:20:36	W U/50	29	41	692
217	James	Twist	Fulham Running Club	Male	00:20:38	M V60	5	63	278
218	Allan	Cox	Clapham Chasers	Male	00:20:41	M U/50	167	47	293
219	Roger	Beardsworth	kent ac	Male	00:20:43	M V60	6	63	461
220	Maria	Jovani	thames turbo triathlon	Female	00:20:47	W U/50	30	48	571
221	Terry	Worton	Camberley & District Athletics Club	Male	00:20:48	M V50	15	54	253
222	Craig	Sullivan	Woking AC	Male	00:20:53	M U/50	168	32	676
223	Chloe	Wilkinson	Petts Wood Runners	Female	00:20:57	W U/50	31	33	701
224	Jemma	Poyner	Ful-on Tri	Female	00:20:57	W U/50	32	28	632
225	Edward	Simmons	Dulwich Runner AC	Male	00:20:57	M U/50	169	43	717
226	Gabriella	Booth	South London harriers	Female	00:21:00	W U/16	2	12	471
227	Henry	Hamilton-Gould	Ealing Eagles Running Club	Male	00:21:00	M U/50	170	42	543
228	Ella	Inwald	London Heathside	Female	00:21:03	W U/50	33	25	563
229	Ella	Faulkner	Clapham Chasers	Female	00:21:03	W U/50	34	27	525
230	Hollie	Avil		Female	00:21:07	W U/50	35	34	738
231	Luke	Armitage	kent ac	Male	00:21:09	M V60	7	60	451
232	thomas	cheetham	hercules wimledon ac	Male	00:21:10	M V50	16	57	490
233	Marco	Marotta	dulwich runners ac	Male	00:21:11	M U/50	171	33	341
234	Rosie	Young	Mornington Chasers	Female	00:21:12	W U/50	36	30	715
235	Jessica	Davies	Thames Hare Hounds	Female	00:21:12	W U/50	37	34	507
236	Ellie	Holloway	Mornington Chasers	Female	00:21:13	W U/50	38	27	554
237	Michelle	Lennon	Dulwich runners	Female	00:21:16	W V50	1	57	734
238	Duncan	Karas	Best Athletics	Male	00:21:25	M U/50	172	30	573
239	Erika	Kang	Ful-on Tri	Female	00:21:28	W U/50	39	32	572
240	James	Akerman	Edmonton RC	Male	00:21:29	M U/50	173	42	444
241	pete	croxford	London Heathside	Male	00:21:33	M V60	8	66	311
242	Toby	Irvine	Dulwich Runners A.C	Male	00:21:36	M U/50	174	48	564
243	Helen	Rochester	Ealing Eagles Running Club	Female	00:21:37	W V50	2	53	647
244	Jessica	Booth	South London Harriers	Female	00:21:40	W U/50	40	16	472
245	Irina	Liechti		Female	00:21:51	W U/50	41	31	590
246	Alex	Flack	Fulham Running Club	Female	00:21:57	W U/50	42	49	361
247	Tal	Rosenbaum	Mornington Chasers	Female	00:22:01	W U/50	43	26	651
248	Gaby	Anderson	Mornington Chasers	Female	00:22:01	W U/50	44	26	448
249	Tash	Dillon		Female	00:22:01	W U/50	45	31	360
250	Toby	Gobourn	-	Male	00:22:03	M U/50	175	27	537
251	Alicja	Furmanczyk	Dulwich Runners A.C	Female	00:22:16	W U/50	46	38	531
252	Katie	Thompson	Dulwich Runners A.C	Female	00:22:19	W U/50	47	44	683
253	Alex	Cook	Ealing Eagles Running Club	Male	00:22:20	M U/50	176	40	498
254	Patrick	McKenna		Male	00:22:22	M U/50	177	27	608
255	James	Howard		Male	00:22:23	M U/50	178	27	558
256	Philippa	Goodhew	dulwich runners ac	Female	00:22:39	W U/50	48	38	302
257	Tom	Poynton	Dulwich runners	Male	00:22:41	M V50	17	51	633
258	Scott	Bemment	Clapham Chasers	Male	00:22:51	M V50	18	50	313
259	Naomi	Boyer		Female	00:23:02	W U/50	49	32	474
260	Daphne	Dadzie	Fulham Running Club	Female	00:23:19	W U/50	50	45	503
261	MICHAEL	Mann	Dulwich Runners A.C	Male	00:23:20	M V70	1	75	595
262	Colin	Williams	Watford Joggers	Male	00:23:33	M V60	9	60	322
263	David	Canfield	Fulham Running Club	Male	00:23:34	M U/50	179	41	312
264	Ian	Wimsett	Ealing Eagles Running Club	Male	00:23:37	M V60	10	66	707
265	Robert	Pocock	Lonely Goat	Male	00:23:39	M V50	19	54	724
266	Susan	Farrow	The Running Hub	Female	00:23:53	W U/50	51	48	524
267	Mark	Standing	Herne Hill Harriers - 8578019	Male	00:24:17	M V50	20	59	325
268	Elaine	BATTSON	Victoria Park & Tower Hamlets AC	Female	00:24:21	W V50	3	58	460
269	Wesley	Booth		Female	00:24:45	W U/50	52	46	473
270	Ian	McCarthy	Cambridge Harriers	Male	00:25:04	M V60	11	68	380
271	Daniel	Lewis	Mornington Chasers	Male	00:25:11	M U/50	180	48	403
272	Zaina	Khan	Highgate Harriers	Female	00:25:12	W U/50	53	25	576
273	Joanne	Shelton Pereda	dulwich runners ac	Female	00:25:21	W U/50	54	49	662
274	Barrie John	Nicholls	Dulwich runners	Male	00:25:33	M V70	2	70	620
275	Jenny	Baker	Eang Eales Running Club	Female	00:25:33	W V50	4	59	455
276	Janet	Wimsett	Ealing Eagles Running Club	Female	00:25:41	W V60	1	65	708
277	midge	cameron	dulwich runners ac	Female	00:25:44	W V50	5	59	339
278	Lindsey	Annable	Dulwich runners	Female	00:26:13	W V50	6	56	449
279	Chiara	Cristoni	Veterans AC London	Female	00:26:21	W V50	7	51	720
280	ROS	Tabor	Dulwich R	Female	00:26:26	W V70	1	74	679
281	Karen	Samuel	orpington road runners	Female	00:26:27	W V60	2	63	338
282	jean-luc	hoez	serpentine running club	Male	00:26:30	M V60	12	66	337
283	Kieran	Campbell		Male	00:26:30	M U/50	181	35	487
284	Adrian	Hunt	Thames Hare and Hounds	Male	00:26:31	M V60	13	61	335
285	Jessica	furness		Female	00:26:57	W U/50	55	28	532
286	sarah	hartley		Female	00:26:57	W U/50	56	26	548
287	James	Dunn		Male	00:26:57	M U/50	182	36	516
288	Stephanie	Vaatz	Serpentine R.C	Female	00:27:06	W U/50	57	49	691
289	Andrew	Murray	dulwich runners ac	Male	00:28:06	M V70	3	71	614
290	Ameet	Patel	dulwich runners ac	Male	00:28:12	M V60	14	60	740
291	Helen	Lane	Serpentine Rc	Female	00:28:23	W V60	3	60	581
292	Michael	Thomas		Male	00:28:56	M V50	21	55	682
293	Caroline	Rush	Ealing Eagles Running Club	Female	00:29:25	W V50	8	58	652
294	Sophia	Homeyer		Female	00:30:09	W U/50	58	18	555
295	Harriet	Allen	Ealing eagles	Female	00:30:23	W U/50	59	36	446
296	Christopher	Shaw	Fulham Running Club	Male	00:30:48	M U/50	183	45	342
297	Elif	Colak Gundogdu		Female	00:31:04	W U/50	60	32	496
298	Helen	Hall	Ealing Eagles Running Club	Female	00:31:36	W V60	4	68	542
299	Wendy	Homeyer		Female	00:36:30	W V50	9	51	556
300	Ruth	Corbett	Serpentine Rc	Female	00:38:39	W U/50	61	48	348