

Sri Chinmoy 5K Grand Prix



**SRI CHINMOY
MARATHON TEAM**



Run and Become
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RACE 8: ASPIRATION 8th May 2023						
WINNERS						
RANK	FIRST NAME	SURNAME	Time	M/F	Country	AGE
Women Under 50						
1	Susan	Marshall	00:21:04	Female	Australia	39
2	Ilvaka	Nemcova	00:23:26	Female	Czech	42
3	Danica	Cemakova	00:27:18	Female	Slovakia	47
Men Under 50						
1	Vlada	Lepic	00:23:53	Male	Czech	47
2	Yatkara	Aleksapolsky	00:24:10	Male	Canada	47
3	Max	Leinweber	00:27:30	Male	Germany	38
Women Vet 50						
1	Tirtha	Voelckner	00:24:47	Female	Germany	51
2	Samviraja	Gori	00:25:41	Female	Italia	50
3	Tsetsegdelger	Lkhamsuren	00:27:03	Female	Mongolia	59
Men Vet 50						
1	Pataka	Spacek	00:19:48	Male	Czech	51
2	Marek	Bohman	00:21:16	Male	Slovakia	51
3	Viharin	Rosa	00:27:34	Male	Czech	51
Women Vet 60						
1	Purevsuren	Shirendev	00:29:30	Female	Mongolia	67
2	Emanuela	Silicani	00:30:05	Female	Italia	65
3	Tsetsegmaa	Ishjams	00:32:55	Female	Mongolia	63
Men Vet 60						
1	Daulot	Fountain	00:23:03	Male	USA	66
2	Prachar	Stegemann	00:24:49	Male	Australia	62
3	Theodor	Stanek	00:26:50	Male	Czech	60
Women Vet 70						
1	Karnayati	Morison	00:57:51	Female	Canada	76
Men Vet 70						
1	Batsukh	Sharav	00:24:47	Male	Mongolia	70
2	Odgiiiv	Jadamba	00:33:29	Male	Mongolia	74
3	Ian	Isherwood	00:46:12	Male	UK	70
Women Vet 80						
1	Shadri	Bortolini	00:52:35	Female	Italy	81
Men Vet 80						
1	Nayak	Polissar	01:06:11	Male	USA	83

ALL RESULTS BELOW

RESULTS								
RANK	FIRST NAME	SURNAME	Time	M/F	Country	AGE	CATEGORY	CAT. POS.
1	Pataka	Spacek	00:19:48	Male	Czech	51	M V50	1
2	Susan	Marshall	00:21:04	Female	Australia	39	W U/50	1
3	Marek	Bohman	00:21:16	Male	Slovakia	51	M V50	2
4	Daulot	Fountain	00:23:03	Male	USA	66	M V60	1
5	Ilvaka	Nemcova	00:23:26	Female	Czech	42	W U/50	2
6	Vlada	Lepic	00:23:53	Male	Czech	47	M U/50	1
7	Yatkara	Aleksapolsky	00:24:10	Male	Canada	47	M U/50	2
8	Batsukh	Sharav	00:24:47	Male	Mongolia	70	M V70	1
9	Tirtha	Voelckner	00:24:47	Female	Germany	51	W V50	1
10	Prachar	Stegemann	00:24:49	Male	Australia	62	M V60	2
11	Samviraja	Gori	00:25:41	Female	Italia	50	W V50	2
12	Theodor	Stanek	00:26:50	Male	Czech	60	M V60	3
13	Sulabha	Wishiewski	00:26:50	Male	Canada	63	M V60	4

14	Tsetsegdelger	Lkhamsuren	00:27:03	Female	Mongolia	59	W V50	3
15	Nicola	Barato	00:27:05	Male	Italy	60	M V60	5
16	Danica	Cernakova	00:27:18	Female	Slovakia	47	W U/50	3
17	Max	Leinweber	00:27:30	Male	Germany	38	MU/50	3
18	Viharin	Rosa	00:27:34	Male	Czech	51	M V50	3
19	Nurari	Merry	00:27:47	Female	UK	51	W V50	4
20	Andrew	Cotton	00:28:04	Male	UK	54	M V50	4
21	Eva	Paradise	00:29:16	Female	Czech	38	W U/50	4
22	Purevsuren	Shirendev	00:29:30	Female	Mongolia	67	W V60	1
23	Emanuela	Silicani	00:30:05	Female	Italy	65	W V60	2
24	Hana	Lepicova	00:30:25	Female	Czech	49	W U/50	5
25	Jónína	Gísladóttir	00:31:48	Female	Iceland	53	W V50	5
26	Niyojita	Purevsuren	00:32:35	Female	Mongolia	52	W V50	6
27	Tsetsegmaa	Ishjams	00:32:55	Female	Mongolia	63	W V60	3
28	Bikash	Frost	00:33:04	Male	Germany	65	M V60	6
29	Tungalag	Serj	00:33:20	Female	Mongolia	65	W V60	4
30	Odgiiv	Jadamba	00:33:29	Male	Mongolia	74	M V70	2
31	STEFAN	RADUTA	00:34:00	Male	Canada	53	M V50	5
32	Oyungerel	Seded	00:34:08	Female	Mongolia	54	W V50	7
33	Vasudha	Deming	00:34:27	Female	USA	57	W V50	8
34	Stacey	Marsh	00:34:48	Female	NZ/Aus	45	W U/50	6
35	Nataliia	Konieva	00:35:13	Female	Ukraine	60	W V60	5
36	Veeraja	Uppal	00:35:35	Male	Australia	53	M V50	6
37	Uranbayar	Choidorj	00:35:40	Female	Mongolia	35	W U/50	7
38	Pramiti	Niwa	00:35:44	Female	Japan	61	W V60	6
39	Manfred	Quester	00:36:09	Male	germany	68	M V60	7
40	Tungalag	Jaalkhuu	00:36:50	Female	Mongolia	61	W V60	7
41	Manini	Nguyen	00:40:04	Female	USA	45	W U/50	8
42	Maria Sharika	Xavier	00:42:23	Female	US	60	W V60	8
43	Niharika	Nuuja	00:43:00	Female	Finland	68	W V60	9
44	Ian	Isherwood	00:46:12	Male	UK	70	M V70	3
45	Pradipana	Loser-Frost	00:48:29	Female	Germany	64	W V60	10
46	Sharani	Robins	00:49:48	Female	USA	62	W V60	11
47	Shadri	Bortolini	00:52:35	Female	Italy	81	W V80	1
48	Supama	Pustogowa	00:57:27	Female	Germany	59	W V50	9
49	Karnayati	Morison	00:57:51	Female	Canada	76	W V70	1
50	Sukantika	Donovan	01:05:35	Female	USA	69	W V60	12
51	Nayak	Polissar	01:06:11	Male	USA	83	M V80	1