

Sri Chinmoy 5K Race

Battersea Park, London

28th June 2022

SILVER STARLING 5K



**SRI CHINMOY
MARATHON TEAM**



Run and Become
www.runandbecome.com

WINNERS						
RANK	NAME	SURNAME	CLUB	M F	TIME	AGE
Men U/50						
1	Nick	Bester	Best Athletics	Male	00:15:05	32
2	Jonathan	Poole	Serpentine Rc	Male	00:15:10	39
3	Gary	Laybourne	South London harriers	Male	00:15:12	41
4	Jack	Bibbings	Victoria Park & Tower Hamlets AC	Male	00:15:19	32
5	Oliver	Bushdari	Orion Harriers	Male	00:15:25	22
6	Jack	Hillier	Herne Hill Harriers	Male	00:15:26	32
7	Steve	Gardner	Belgrave Harriers	Male	00:15:27	34
Women U/50						
1	Sophie	Harris	Herne Hill Harriers	Female	00:16:33	29
2	Hannah	Pullen	Waverley Harriers	Female	00:16:53	33
3	Rose	Penfold	Fulham Running Club	Female	00:17:04	31
4	Anya	Culling	Best Athletics	Female	00:17:10	23
5	Helen	Gaunt	Tonbridge Athletics Club	Female	00:17:16	43
6	Emily	Kerr	Belgrave Harriers	Female	00:17:32	25
7	Amelia	Pettitt	Vale Royal	Female	00:17:33	27
Men Vet 50						
1	John	Mayock	INEOS	Male	00:16:38	51
2	Will	Pitt	Kent AC	Male	00:16:48	51
3	David	Williams	South London Harriers	Male	00:16:58	50
Women Vet 50						
1	Elaine	Battson	Victoria Park & Tower Hamlets AC	Female	00:25:00	56
2	Karen	Sparrow		Female	00:40:09	54
Men Vet 60						
1	Alex	Davidson	Highgate Harriers	Male	00:18:23	60
2	Christopher	Lydon	kent ac	Male	00:18:36	60
Women Vet 60						
1	Lucy	Woolhouse	veterans ac	Female	00:20:53	60
2	Jane	Wright	Ealing Eagles Running Club	Female	00:24:01	66
Men Vet 70						
1	Mike	Mann	Dulwich Runners AC	Male	00:23:47	73
Women Vet 70						
1	Penny	Elliott	Waverley Harriers	Female	00:28:10	79

ALL RESULTS BELOW

"Congratulations on completing the race. Ours is a runbritain-licensed event and therefore your time is included in calculating your free runbritain handicap score. More than 66,000 runners of all standards have now claimed their runbritain handicap score. As well as giving you a current score, between scratch and 36.0, your free personalised running biog page includes your current national ranking by age band and postcode, your position on the national ladder, your progress graph, your strongest distance, a head-to-head comparison with other runners and downloadable training schedules to improve your score next time you race. Your handicap score also updates automatically every time you complete a licensed event. To claim your score now, click on <http://www.runbritainrankings.com/user/claimhandicap.aspx>"

RESULTS									
RANK	NAME	SURNAME	CLUB	M F	TIME	AGE	CATEGORY	CAT. POS.	Race Number
1	Nick	Bester	Best Athletics	Male	00:15:05	32	M U/50	1	182
2	Jonathan	Poole	Serpentine Rc	Male	00:15:10	39	M U/50	2	173
3	Gary	Laybourne	South London harriers	Male	00:15:12	41	M U/50	3	665
4	Jack	Bibbings	Victoria Park & Tower Hamlets AC	Male	00:15:19	32	M U/50	4	166
5	Oliver	Bushdari	Orion Harriers	Male	00:15:25	22	M U/50	5	186
6	Jack	Hillier	Herne Hill Harriers	Male	00:15:26	32	M U/50	6	663
7	Steve	Gardner	Belgrave Harriers	Male	00:15:27	34	M U/50	7	271

8	Chris	Hicks	Highgate Harriers	Male	00:15:28	32	M U/50	8	496
9	Thomas	Wright	Bexley ac	Male	00:15:30	27	M U/50	9	277
10	Chris	Mason	Ealing, Southall & Middlesex AC	Male	00:15:36	38	M U/50	10	639
11	Matthew	Stevens	Victoria Park & Tower Hamlets AC	Male	00:15:38	40	M U/50	11	247
12	Joseph	Venditti	Loughborough Students Athletics Club	Male	00:15:43	23	M U/50	12	513
13	Rhys	Doherty	Best Athletics	Male	00:15:47	27	M U/50	13	676
14	Dominic	Baxter	VICTORIA PARK HARRIERS & TOWER	Male	00:15:50	32	M U/50	14	153
15	Will	Woodcock	hercules wimbledon ac	Male	00:15:56	28	M U/50	15	544
16	Grey	Grierson	CUHH	Male	00:15:56	25	M U/50	16	661
17	Timothy	Bowen	dulwich runners ac	Male	00:15:58	38	M U/50	17	281
18	Tom	MacIntyre	Victoria Park & Tower Hamlets AC	Male	00:16:03	31	M U/50	18	200
19	alessio	Ferrari	trent park running club	Male	00:16:05	17	M U/50	19	142
20	George	Clancy	Victoria Park & Tower Hamlets AC	Male	00:16:06	28	M U/50	20	345
21	Timothy	Powell	Serpentine Rc	Male	00:16:08	32	M U/50	21	430
22	Ho Yin Andres	Chau	HIGH GATE HARRIERS	Male	00:16:10	26	M U/50	22	165
23	Oliver	Garner	Thames Hare and Hounds	Male	00:16:13	27	M U/50	23	236
24	Richard	Purdy	Serpentine Rc	Male	00:16:18	40	M U/50	24	246
25	simon	cottle	eton manor a.c.	Male	00:16:18	42	M U/50	25	351
26	Peter	Woodridge	Serpentine Rc	Male	00:16:20	33	M U/50	26	499
27	Jacob	Plummer	Hercules Wimbledon	Male	00:16:22	29	M U/50	27	129
28	Harry	Webster	Badgers	Male	00:16:27	26	M U/50	28	249
29	Hugh	Torry	Serpentine Rc	Male	00:16:28	43	M U/50	29	530
30	Ben	Pickford		Male	00:16:30	26	M U/50	30	664
31	Sophie	Harris	Herne Hill Harriers	Female	00:16:33	29	W U/50	1	28
32	Dan	Barratt	Best Athletics	Male	00:16:35	26	M U/50	31	149
33	Tommy	Trees	Belgrave Harriers	Male	00:16:36	25	M U/50	32	299
34	John	Mayock	INEOS	Male	00:16:38	51	M V50	1	841
35	Theobald	Mathew	Battersea Badgers	Male	00:16:41	22	M U/50	33	241
36	Luke	Smith	Belgrave Harriers	Male	00:16:41	36	M U/50	34	460
37	Michele	Bottone	Serpentine Rc	Male	00:16:41	44	M U/50	35	230
38	Dylan	Mitchard	Belgrave Harriers	Male	00:16:42	28	M U/50	36	407
39	Nicholas	Sharp	Victoria Park & Tower Hamlets AC	Male	00:16:46	34	M U/50	37	181
40	Colin	Clifford	Ealing Eagles Running Club	Male	00:16:47	36	M U/50	38	346
41	Will	Pitt	Kent AC	Male	00:16:48	51	M V50	2	772
42	Patrick	Brown	Orion Harriers	Male	00:16:49	37	M U/50	39	187
43	Philip	Coales	Striders of Croydon	Male	00:16:50	30	M U/50	40	233
44	Glenn	Hughes	Serpentine Rc	Male	00:16:53	40	M U/50	41	160
45	Hannah	Pullen	Waverley Harriers	Female	00:16:53	33	W U/50	2	255
46	Donald	Bennet	Orion Harriers	Male	00:16:55	33	M U/50	42	155
47	David	Williams	South London Harriers	Male	00:16:58	50	M V50	3	774
48	Andrew	Georgeson	Best Athletics	Male	00:17:00	28	M U/50	43	237
49	Adam	May	Hercules Wimbledon	Male	00:17:01	41	M U/50	44	392
50	Gareth	Hopkins	Fulham Running Club	Male	00:17:01	40	M U/50	45	158
51	Alex	Mills	Belgrave Harriers	Male	00:17:02	27	M U/50	46	514
52	Richard	Gayton	Belgrave Harriers	Male	00:17:02	31	M U/50	47	190
53	Andrew	Snook	Axe Valley Runners	Male	00:17:02	41	M U/50	48	464
54	Rose	Penfold	Fulham Running Club	Female	00:17:04	31	W U/50	3	103
55	james	Bewley	Winchester & District A.C.	Male	00:17:09	39	M U/50	49	332
56	Anya	Culling	Best Athletics	Female	00:17:10	23	W U/50	4	207
57	Ben	Smith	Ealing Eagles Running Club	Male	00:17:10	35	M U/50	50	144
58	Daniel	Podmore		Male	00:17:12	41	M U/50	51	152
59	Helen	Gaunt	Tonbridge Athletics Club	Female	00:17:16	43	W U/50	5	21
60	Rob	Dutfield	Orion Harriers	Male	00:17:19	31	M U/50	52	191
61	Samuel	Dames	kent ac	Male	00:17:22	29	M U/50	53	235
62	James	Still		Male	00:17:25	40	M U/50	54	248
63	Daniel	Easton	Cambridge Harriers	Male	00:17:31	36	M U/50	55	658
64	Emily	Kerr	Belgrave Harriers	Female	00:17:32	25	W U/50	6	211
65	Duncan	Lawrence	Oxford City AC	Male	00:17:33	34	M U/50	56	156
66	Amelia	Pettitt	Vale Royal	Female	00:17:33	27	W U/50	7	253
67	Dominic	Woodbridge	26.2 Road Runners Club	Male	00:17:35	29	M U/50	57	154
68	Arran	McAskill		Male	00:17:36	27	M U/50	58	659
69	Dominic	Wilde	Edmonton Running Club	Male	00:17:40	40	M U/50	59	502
70	Chris	Schofield	kent ac	Male	00:17:41	42	M U/50	60	276
71	jessica	saunders	Belgrave Harriers	Female	00:17:41	29	W U/50	8	216
72	Daniel	Gillett	South London harriers	Male	00:17:42	52	M V50	4	830

73	Samantha	Mare	Best Athletics	Female	00:17:45	23	W U/50	9	280
74	Ben	Lynch	Ealing eagles	Male	00:17:48	32	M U/50	61	229
75	James	Stocker	Herne Hill Harriers	Male	00:17:49	26	M U/50	62	171
76	Andy	Davies	Mornington Chasers	Male	00:17:50	29	M U/50	63	660
77	Andre	Dahlkamp	VICTORIA PARK HARRIERS & TOWE	Male	00:17:52	49	M U/50	64	143
78	Massimo	Biava	Ealing Eagles Running Club	Male	00:17:53	46	M U/50	65	134
79	Conor	Hoey	Battersea Badgers	Male	00:17:54	25	M U/50	66	239
80	Saul	Westbrook		Male	00:17:57	21	M U/50	67	193
81	Josh	Haigh	Best Athletics	Male	00:17:58	27	M U/50	68	371
82	Amritpal	Ghatora		Male	00:18:02	35	M U/50	69	117
83	Luke	Pratt	Belgrave Harriers	Male	00:18:06	25	M U/50	70	275
84	James	Gillanders	Serpentine Rc	Male	00:18:10	44	M U/50	71	238
85	Joshua	Lennard-Jones	kent ac	Male	00:18:11	29	M U/50	72	174
86	Dominic	Paine	Trent park runners	Male	00:18:15	16	M U/50	73	122
87	Jacob	Murtagh	Ealing Eagles Running Club	Male	00:18:19	36	M U/50	74	167
88	Nils-Kristian	Liborg	Ealing Eagles Running Club	Male	00:18:20	42	M U/50	75	185
89	Tim	Sharp	Kent Athletic Club	Male	00:18:21	44	M U/50	76	455
90	Alex	Davidson	Highgate Harriers	Male	00:18:23	60	M V60	1	716
91	David	Winston	Ashford AC	Male	00:18:23	39	M U/50	77	662
92	James	Kelly		Male	00:18:25	32	M U/50	78	169
93	Des	Crinion	dulwich runners ac	Male	00:18:27	38	M U/50	79	570
94	Greg	Fernandes-Lawes	Ealing Eagles Running Club	Male	00:18:28	33	M U/50	80	161
95	Joe	Curtin		Male	00:18:34	27	M U/50	81	260
96	Christopher	Lydon	kent ac	Male	00:18:36	60	M V60	2	731
97	Paul	McDonnell	Team Real Runners	Male	00:18:38	46	M U/50	82	188
98	Jonathan	Moscrop	Serpentine Rc	Male	00:18:39	48	M U/50	83	243
99	Benjamin	Bennett	N/A	Male	00:18:40	30	M U/50	84	145
100	David	Boot	west 4 harriers	Male	00:18:41	39	M U/50	85	120
101	kristofer	bjork	Best Athletics	Male	00:18:43	41	M U/50	86	551
102	Harry	Claxton	Ealing Eagles Running Club	Male	00:18:44	49	M U/50	87	164
103	Alistair	Love	orpington road runners	Male	00:18:46	37	M U/50	88	634
104	Jozsef	Kalman	Ealing Eagles Running Club	Male	00:18:46	40	M U/50	89	176
105	Jason	Walkingshaw	Best Athletics	Male	00:18:47	42	M U/50	90	627
106	Luke	Armitage	kent ac	Male	00:18:50	58	M V50	5	821
107	Richard	Butler	Fulham Running Club	Male	00:18:51	30	M U/50	91	138
108	Rhian	Male	London Heathside	Female	00:18:51	28	W U/50	10	220
109	Shaun	Melvin	west 4 harriers	Male	00:18:58	38	M U/50	92	397
110	Peter	Mannion	Windle Valley Runners	Male	00:18:58	60	M V60	3	735
111	Daniel	Day		Male	00:19:08	41	M U/50	93	357
112	Ronan	Hughes	Ealing Eagles Running Club	Male	00:19:09	44	M U/50	94	192
113	Adam	Zagajewski		Male	00:19:23	32	M U/50	95	141
114	James	Cooper	Ealing Eagles Running Club	Male	00:19:26	29	M U/50	96	168
115	Martin	Daoud	Ealing Southall & Middlesex AC	Male	00:19:31	59	M V50	6	805
116	Laurence	Duffy	the stragglers rc	Male	00:19:47	61	M V60	4	734
117	Pete	Crockford	London Heathside	Male	00:19:52	64	M V60	5	701
118	Mark	Kell	Serpentine Rc	Male	00:19:54	41	M U/50	97	647
119	Douglas	Wood	Fulham Running Club	Male	00:19:54	37	M U/50	98	523
120	Anna	Staton	Battersea Badgers	Female	00:19:58	24	W U/50	11	257
121	Green	Choi	Ashleigh	Male	00:20:12	25	M U/50	99	232
122	Clementine	Cubbon	Clapham Chasers	Female	00:20:14	29	W U/50	12	251
123	Stewart	Bond	Hercules Wimbledon	Male	00:20:22	53	M V50	7	836
124	Gemma	Hockett		Female	00:20:25	37	W U/50	13	278
125	Rodrigo	Mattiuz		Male	00:20:27	33	M U/50	100	242
126	Alex	Renton	Mornington Chasers	Male	00:20:30	44	M U/50	101	116
127	Matt	Powell	Ealing Eagles Running Club	Male	00:20:32	37	M U/50	102	245
128	Jamie	Young	Clapham Chasers RC	Male	00:20:33	34	M U/50	103	279
129	thomas	cheetham	Hercules Wimbledon	Male	00:20:35	55	M V50	8	804
130	Calum	Jeffray		Male	00:20:35	35	M U/50	104	272
131	Maksim	Pavlov		Male	00:20:38	41	M U/50	105	179
132	Kieren	Geaney	Serpentine	Male	00:20:44	43	M U/50	106	582
133	Jodie	Pearlman	Mornington Chasers	Female	00:20:47	25	W U/50	14	130
134	Carl	Heron	Queensbury RC/Mornington Chasers	Male	00:20:51	60	M V60	6	730
135	Robert	Collopy		Male	00:20:53	27	M U/50	107	348
136	Lucy	Woolhouse	veterans ac	Female	00:20:53	60	W V60	1	712
137	Daniel	Lewis	Mornington Chasers	Male	00:20:54	46	M U/50	108	386

138	Hattie	Lowe	Mornington Chasers	Female	00:20:54	25	W U/50	15	128
139	Robert	Laing	South London Harriers	Male	00:20:54	44	M U/50	109	383
140	Rosie	Young	Mornington Chasers	Female	00:21:02	28	W U/50	16	675
141	Paul	Collyer	RunAcademy	Male	00:21:03	53	M V50	9	842
142	Caroline	Wolfe		Female	00:21:04	27	W U/50	17	209
143	Stuart	Holliday		Male	00:21:08	46	M U/50	110	666
144	Richard	Cherrett	Victoria Park & Tower Hamlets AC	Male	00:21:09	44	M U/50	111	231
145	Martin	Milward	Fulham Running Club	Male	00:21:10	67	M V60	7	704
146	Dean	Saliba	Victoria Park & Tower Hamlets AC	Male	00:21:16	43	M U/50	112	121
147	Gary	Forde	Wimbledon Windmilers	Male	00:21:23	55	M V50	10	839
148	Ellie	Holloway	Mornington Chasers	Female	00:21:27	25	W U/50	18	124
149	Ian	Wimsett	Ealing Eagles Running Club	Male	00:21:33	64	M V60	8	732
150	Juliette	Westbrook	Mornington Chasers	Female	00:21:35	24	W U/50	19	131
151	Nikki	Javan	Striders of Croydon	Female	00:21:36	42	W U/50	20	252
152	Camilla	Rhead		Female	00:21:45	30	W U/50	21	208
153	Nick	Davies	Ealing Eagles Running Club	Male	00:21:46	41	M U/50	113	183
154	Claire	Morris	Ealing Eagles Running Club	Female	00:21:48	43	W U/50	22	210
155	Alex	Cook	Ealing Eagles Running Club	Male	00:21:56	38	M U/50	114	270
156	Hafi	Rahman	Track mafia	Male	00:21:59	49	M U/50	115	163
157	Prachar	Stegemann	Sri Chinmoy Marathon Team	Male	00:22:02	61	M V60	9	769
158	Gaby	Anderson	Mornington Chasers	Female	00:22:05	24	W U/50	23	126
159	Costanza	Stocchi	Mornington Chasers	Female	00:22:06	26	W U/50	24	258
160	Lawrence	Powell		Male	00:22:08	27	M U/50	116	133
161	Chris	Mullin		Male	00:22:08	44	M U/50	117	244
162	Lucy	Mcfarlane	Fulham Running Club	Female	00:22:10	31	W U/50	25	202
163	Katherine	Elmore-Jones	Fulham Running Club	Female	00:22:10	45	W U/50	26	132
164	Steve	Sweet		Male	00:22:11	41	M U/50	118	194
165	Emily	Lachmann		Female	00:22:12	26	W U/50	27	212
166	Ben	Cockshull	Fulham Running Club	Male	00:22:20	25	M U/50	119	234
167	James	Twist		Male	00:22:31	61	M V60	10	707
168	Gary	Hobbs	Ealing Eagles Running Club	Male	00:22:43	52	M V50	11	840
169	Suha	LAGU	Ealing Eagles Running Club	Female	00:22:47	41	W U/50	28	224
170	Anna	Shierson	Ealing Eagles Running Club	Female	00:22:52	30	W U/50	29	206
171	Mara	Hafezi		Female	00:22:59	32	W U/50	30	282
172	Edward	Lowe	Victoria Park Harriers & Tower Haml	Male	00:23:25	28	M U/50	120	123
173	Mike	Mann	Dulwich Runners AC	Male	00:23:47	73	M V70	1	775
174	Hayley	English	London City Athletics Club	Female	00:23:47	34	W U/50	31	214
175	Phoebe	Hutchins		Female	00:23:50	24	W U/50	32	219
176	Emily	Rowlands	Wrexham AAC	Female	00:23:55	26	W U/50	33	213
177	Jane	Wright	Ealing Eagles Running Club	Female	00:24:01	66	M V60	2	770
178	Roger	Stephenson		Male	00:24:05	64	M V60	11	733
179	Chiara	Cristoni		Female	00:24:18	49	W U/50	34	90
180	James	Saunders	Holland Sports AC	Male	00:24:28	54	M V50	12	816
181	Joanne	Walker	Fulham Running Club	Female	00:24:33	33	W U/50	35	81
182	AJ	Small	Ealing Eagles Running Club	Male	00:24:59	40	M U/50	121	139
183	Elaine	Battson	Victoria Park & Tower Hamlets AC	Female	00:25:00	56	W V50	1	920
184	Sophie	Bennet	Wimbledon Windmilers	Female	00:25:12	35	W U/50	36	223
185	John	Sparrow	South London harriers	Male	00:25:20	60	M V60	12	724
186	Bryan	Hewitt-Wright		Male	00:25:32	22	M U/50	122	146
187	Laura	Richards	Fulham Running Club	Female	00:25:42	32	W U/50	37	49
188	Ian	Mursell		Male	00:26:10	70	M V70	2	756
189	Barbara	Pinheiro	Ealing Eagles Running Club	Female	00:26:46	43	W U/50	38	254
190	Claire	Hays	na	Female	00:27:59	30	W U/50	39	204
191	Orla	Mcgrath		Female	00:27:59	26	W U/50	40	273
192	Penny	Elliott	Waverley Harriers	Female	00:28:10	79	W V70	1	758
193	Valerie	Fougeres	Ealing Eagles Running Club	Female	00:30:11	46	W U/50	41	225
194	Michael	Leigh	Hercules Wimbledon	Male	00:30:22	78	M V70	3	755
195	Sada	Al-janabi	Ealing Eagles Running Club	Female	00:30:35	41	W U/50	42	221
196	Alan	Davidson	liss runners	Male	00:31:17	75	M V70	4	754
197	Peter	Torre		Male	00:34:56	80	M V80	1	765
198	Karen	Sparrow		Female	00:40:09	54	W V50	2	727
199	Becky	Fennelly	Ealing Eagles Running Club	Female	00:40:10	47	W U/50	43	203
200	Stuart	Pugh	Ealing Eagles Running Club	Male	00:40:11	51	M V50	13	844