



# SRI CHINMOY marathon team

*Run and Become. Become and Run.  
Run to succeed in the outer world.  
Become to proceed in the inner world.*

Sri Chinmoy

## SRI CHINMOY AC SELF TRANSCENDENCE 2 Mile Battersea Park 7pm June 27th

### Dear Runners

Congratulations to all 66 runners who completed the 2 mile race on a warm humid evening. Dan Monroe from the Atlanta Track Club won the race in 10.15 and Helen Winsor of Serpentine was the first woman home in 12.07. We were especially happy to welcome back a dear friend Sue Lambert who completed the 2 miles in 15.57 - making her the winner of her new category - Women over 70. Congratulations Sue. See you all next Monday!

### MEDAL WINNERS

NAME	SURNAME	CLUB	TIME	AGE
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#### MEN UNDER 50

1st	<i>Dan</i>	<i>Monroe</i>	<i>Atlanta Track Club</i>	<i>10.15</i>	<i>M</i>	<i>31</i>
2nd	<i>Robert</i>	<i>Donohue</i>	<i>Ravens School Runners</i>	<i>10.26</i>	<i>M</i>	<i>19</i>
3rd	<i>Thomas</i>	<i>Grimes</i>		<i>10.29</i>	<i>M</i>	<i>31</i>
4th	<i>Tony</i>	<i>Tuohy</i>	<i>Dulwich Runners</i>	<i>10.35</i>	<i>M</i>	<i>48</i>
5th	<i>Rick</i>	<i>Weston</i>	<i>Ipswich Jaffa</i>	<i>10.42</i>	<i>M</i>	<i>24</i>
6th	<i>James</i>	<i>Godber</i>	<i>Dulwich Runners</i>	<i>10.45</i>	<i>M</i>	<i>32</i>
7th	<i>Andrew</i>	<i>Taylor</i>	<i>Serpentine</i>	<i>10.53</i>	<i>M</i>	<i>27</i>

#### WOMEN UNDER 50

1st	<i>Helen</i>	<i>Winsor</i>	<i>Serpentine</i>	<i>12.07</i>	<i>F</i>	<i>32</i>
2nd	<i>Angel</i>	<i>Collins</i>	<i>Lewes AC</i>	<i>12.33</i>	<i>F</i>	<i>17</i>
3rd	<i>Sam</i>	<i>Ludlow</i>	<i>Serpentine</i>	<i>12.55</i>	<i>F</i>	<i>29</i>
4th	<i>Tina</i>	<i>Gray</i>	<i>Fulham RC</i>	<i>13.03</i>	<i>F</i>	<i>28</i>
5th	<i>Hay Sun</i>	<i>Blunt</i>		<i>13.57</i>	<i>F</i>	<i>29</i>
6th	<i>Alison</i>	<i>Nolan</i>	<i>Serpentine</i>	<i>14.36</i>	<i>F</i>	<i>42</i>
7th	<i>Penelope</i>	<i>Fixter</i>	<i>Herne Hill Harriers</i>	<i>14.42</i>	<i>F</i>	<i>35</i>

### **MEN OVER 50**

1st	Jean Luc	Hoez	Serpentine	12.54	M	53
2nd	Ian	Mursell	Vets AC	13.17	M	59
3rd	Tom	Morris	Hercules Wimbledon	13.27	M	53

### **WOMEN OVER 50**

1st	Andrea	Sanders-Reece	Mornington Chasers	13.14	F	55
2nd	Sarah	Newton	Serpentine	14.19	F	53
3rd	Elizabeth	Tapp	Serpentine	15.25	F	53

### **MEN OVER 60**

1st	Alan	Davidson	Ranelagh Harriers	14.08	M	64
2nd	Dennis	Williams	Hercules Wimbledon	14.24	M	65

### **WOMEN OVER 70**

1st	Sue	Lambert	Serpentine	15.57	F	70
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### **WOMEN UNDER 16**

1st	Bethen	Turner	Victoria Park Harriers	14.55	F	14
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### **MEN UNDER 16**

1st	Tyler	Gallagher		12.26	M	15
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### **OVERALL RESULTS**

Pos	Name	Surname	Club	Time	M/F	Age	Cat	Cat Pos
1	Dan	Monroe	Atlanta Track Club	10.15	M	31	M U/50	1
2	Robert	Donohue	Ravens School Runners	10.26	M	19	M U/50	2
3	Thomas	Grimes		10.29	M	31	M U/50	3
4	Tony	Tuohy	Dulwich Runners	10.35	M	48	M U/50	4
5	Rick	Weston	Ipswich Jaffa	10.42	M	24	M U/50	5
6	James	Godber	Dulwich Runners	10.45	M	32	M U/50	6
7	Andrew	Taylor	Serpentine	10.53	M	27	M U/50	7
8	Jeremy	Oldaker	London Frontrunners	11.03	M	28	M U/50	8
9	Paul	Lemmon	London Heathside	11.10	M	48	M U/50	9
10	Rupert	Jacobs		11.12	M	30	M U/50	10
11	Charles	Lescott	Serpentine RC	11.13	M	34	M U/50	11
12	Mick	Barlow	Vets AC	11.22	M	45	M U/50	12
13	Andrew	Davies	Serpentine	11.25	M	37	M U/50	13
14	Jon	Kyte	Harrow AC	11.30	M	27	M U/50	14
15	Damien	Hersey	Sutton Runners	11.47	M	28	M U/50	15
16	Andy	Christie		11.50	M	34	M U/50	16
17	Will	Witthcombe	Beckenham	12.02	M	26	M U/50	17
18	Helen	Winsor	Serpentine	12.07	F	32	W U/50	1
19	Jonathan	Abel		12.18	M	28	M U/50	18
20	Anthony	Impey		12.18	M	38	M U/50	19
21	Mark	Burkett		12.24	M	47	M U/50	20
22	Tyler	Gallagher		12.26	M	15	M U/16	21
23	John	Matthews	26.2RRRC	12.28	M	38	M U/50	22
24	Angel	Collins	Lewes AC	12.33	F	17	W U/50	2
25	Morten	Petersen		12.51	M	40	M U/50	23
26	Jean Luc	Hoez	Serpentine	12.54	M	53	M O/50	1
27	Sam	Ludlow	Serpentine	12.55	F	29	W U/50	3
28	David	Miller		12.57	M	28	M U/50	24
29	Peter	Stephenson	PAAA	12.59	M	47	M U/50	25
30	Tina	Gray	Fulham RC	13.03	F	28	W U/50	5

31	Philip	Hickson	Fulham RC	13.12	M	36	M U/50	26
31	Andrea	Sanders-Reece	Mornington Chasers	13.14	F	55	W O/50	1
32	Chris	Notton	Serpentine	13.15	M	36	M U/50	27
33	Ian	Mursell	Vets AC	13.17	M	59	M O/50	2
35	Tom	Morris	Hercules Wimbledon	13.27	M	53	M O/50	3
36	Paul	Lorstalan		14.01	M	31	M U/50	28
36	Hay Sun	Blunt		13.57	F	29	W U/50	5
37	Brian	Pickles	Serpentine	14.06	M	53	M O/50	4
39	Alan	Davidson	Ranelagh Harriers	14.08	M	64	M O/60	1
40	Sean	Leach		14.16	M	32	M U/50	29
41	Sarah	Newton	Serpentine	14.19	F	53	W O/50	2
42	Dennis	Williams	Hercules Wimbledon	14.24	M	65	M O/60	2
43	Patrick	Halliday	Reigate	14.33	M	51	M O/50	5
44	Steve	Satchell		14.35	M	62	M O/60	3
45	Alison	Nolan	Serpentine	14.36	F	42	W U/50	6
46	Penelope	Fixter	Herne Hill Harriers	14.42	F	35	W U/50	7
47	Bethen	Turner	Victoria Park Harriers	14.55	F	14	W U/16	1
48	William	Johnson		15.04	M	31	M U/50	30
49	Ian	Hall	Serpentine	15.14	M	58	M O/50	6
50	Elizabeth	Tapp	Serpentine	15.25	F	53	W O/50	3
51	Thomas	Wilkie	Collingwood AC	15.54	M	58	M O/50	7
52	Sue	Lambert	Serpentine	15.57	F	70	W O/70	1
53	John	Clements		16.19	M	26	M U/50	31
54	Jan	Hazel	Serpentine	16.30	F	59	W O/50	4
55	Neil	Davies	Serpentine	16.35	M	46	M U/50	32
56	Annette	Helliwell	Collingwood AC	16.42	F	52	W O/50	5
57	Ian	Isherwood	Hercules Wimbledon	16.48	M	58	M O/50	8
58	Iain	Fulton	Serpentine	18.14	M	53	M O/50	9
59	Edwin	Bartlett	Vets AC	18.22	M	66	M O/60	4
60	Kate	Smith	Fulham RC	18.52	F	36	W U/50	8
61	Rebecca	Hedges	Fulham RC	18.58	F	29	W U/50	9
62	Naomi	Carlisle		20.50	F	19	W U/50	10
63	Serena	Dilnot		21.11	F	57	W O/50	6
64	Colin	Savage		21.57	M	47	M U/50	33
65	Alice	Pollock		24.01	F	18	W U/50	11
66	David	Pollock	Royal Navy	24.01	M	47	M U/50	34



