

# Sri Chinmoy Self Transcendence 10 Miles

Saturday 5th March 2011, 8am Battersea Park

## Trophy Winners:

Pos.	FIRST NAME	SURNAME	CLUB	TIME	M/F	AGE
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### Men Under 50

1	Michael	Coleman	Medway & Maidstone	51.52	M	32
2	Darren	McNeely	Serpentine	56.41	M	35
3	Tony	Tuohy	Dulwich R	56.48	M	48
4	Darryl	Carter	Defra AC	57.38	M	37
5	Richard	Edmonds	Serpentine	57.51	M	40
6	James	Gillanders	London Frontrunners	58.10	M	32
7	Eric	Schmidt	u/a	58.14	M	20

### Women Under 50

1	Victoria	Carter	Serpentine	66.52	F	39
2	Andrea	Mann	Garden City Runners	72.55	F	38
3	Siobhan	Reddy	Serpentine	73.20	F	39
4	Rebecca	Dykes		75.11	F	23
5	Nicola	Bishop	Barnes Runners	75.28	F	27
6	Jane	Walsh	Serpentine	76.30	F	31
7	Siu-lan	Choi	u/a	76.43	F	33

### Men Over 50

1	James	Tomlin		95.58	M	52
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### Women Over 50

1	Sarah	Newton	Serpentine	75.34	F	53
2	Lynn	Hickey	Sutton Runners	89.03	F	54

### Men Over 60

1	John	Stone	Serpentine	72.16	M	61
2	Alan	Hennessy	South London Sloggers	73.42	M	60

### Men Over 70

1	Tony	Merrit	Burnham Joggers	96.57	M	70
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## Overall Results:

Pos.	FIRST NAME	SURNAME	CLUB	TIME	M/F	AGE	CAT	Cat Pos.
1	Michael	Coleman	Medway & Maidstone	51.52	M	32	M U/50	1
2	Darren	McNeely	Serpentine	56.41	M	35	M U/50	2
3	Tony	Tuohy	Dulwich R	56.48	M	48	M U/50	3
4	Darryl	Carter	Defra AC	57.38	M	37	M U/50	4
5	Richard	Edmonds	Serpentine	57.51	M	40	M U/50	5
6	James	Gillanders	London Frontrunners	58.10	M	32	M U/50	6
7	Eric	Schmidt	u/a	58.14	M	20	M U/50	7
8	Dan	Madams	u/a	59.02	M	37	M U/50	8
9	Shane	Cullinan	London Frontrunners	59.04	M	36	M U/50	9

10	Julian	Hazeldine	East End RR	59.10	M	28	M U/50	10
11	Darren	Tanner	u/a	59.27	M	34	M U/50	11
12	Rodney	McCulloch	u/a	59.38	M	25	M U/50	12
13	Sam	Village	u/a	61.08	M	23	M U/50	13
14	Stephen	Philcox	Barking RR	61.22	M	45	M U/50	14
15	Joel	Northcott	London Frontrunners	61.38	M	30	M U/50	15
16	Brendan	Greene	Queens Park H	62.02	M	38	M U/50	16
17	Baard	Lyngnes	Highgate H	62.22	M	40	M U/50	17
18	Nolan	Wilkins	Beckenham	63.19	M	33	M U/50	18
19	Alan	Latham		63.27	M	41	M U/50	19
20	Jonathan	Moscrop	London Frontrunners	63.30	M	37	M U/50	20
21	Shawn	Agius	u/a	63.31	M	27	M U/50	21
22	Kenneth	Heney	u/a	63.40	M	34	M U/50	22
23	Niall	O'Brian	u/a	64.26	M	23	M U/50	23
24	Rupert	Jacobs		64.38	M	29	M U/50	24
25	Simon	Ambrossi	Striders of Croydon	64.52	M	33	M U/50	25
26	Bradley	Brown	Barking RR	65.09	M	37	M U/50	26
27	John	Armstrong		65.22	M		M U/50	27
28	Nick	Bundle	u/a	66.06	M	33	M U/50	28
29	Patrick	Kiernan		66.08	M	48	M U/50	29
30	Richard	Pigott	Ful-On Tri	66.26	M	32	M U/50	30
31	Kieran	Gillick	u/a	66.34	M	30	M U/50	31
32	E	Bitar	Serpentine	66.51	M	32	M U/50	32
33	Victoria	Carter	Serpentine	66.52	F	39	W U/50	1
34	Tim Peter	Smith	London Fields Tri Club	67.28	M	30	M U/50	33
35	Dan	O'Sullivan	u/a	68.10	M	33	M U/50	34
36	David	Cooke		68.50	M	32	M U/50	35
37	Edward	Rumble	u/a	69.26	M	38	M U/50	36
38	Ned	Francis	u/a	69.40	M	28	M U/50	37
39	Oliver	Karger		70.02	M	31	M U/50	38
40	Matthew	Hurlock	u/a	70.27	M	44	M U/50	39
41	David	Shekleton		70.31	M	31	M U/50	40
42	Phil	Avery		70.47	M	33	M U/50	41
43	Thomas	Darby	Stopsley Striders	71.01	M	31	M U/50	42
44	Jonny	Cook		71.03	M	35	M U/50	43
45	John-Paul	Burke	u/a	71.41	M	32	M U/50	44
46	Tung	Lam		71.43	M	39	M U/50	45
47	David	Pollock	Royal Navy	71.48	M	47	M U/50	46
48	Shirish	Gandhi		71.50	M	43	M U/50	47
49	John	Stone	Serpentine	72.16	M	61	M O/60	1
50	Andrea	Mann	Garden City Runners	72.55	F	38	W U/50	2
51	Siobhan	Reddy	Serpentine	73.20	F	39	W U/50	3
52	Charlie	Platts	Defra AC	73.38	M	34	M U/50	48
53	Alan	Hennessy	South London Sloggers	73.42	M	60	M O/60	2
54	Stephen	Richards	Clapham Runners	73.58	M	46	M U/50	49
55	Tony	Farmer	Dartford Harriers	73.59	M	63	M O/60	3
56	Sam	McNiven		74.01	M	27	M U/50	50
57	Kevin	Walsh	Tri London	74.50	M	30	M U/50	51
58	Babs	Odeneye		75.10	M	32	M U/50	52
59	Rebecca	Dykes		75.11	F	23	W U/50	4
60	Nicola	Bishop	Barnes Runners	75.28	F	27	W U/50	5
61	Sarah	Newton	Serpentine	75.34	F	53	W O/50	1

62	Seb	Vance	u/a	75.48	M	34	M U/50	53
63	Jane	Walsh	Serpentine	76.30	F	31	W U/50	6
64	Maurizio	Lombardelli	u/a	76.38	M	43	M U/50	54
65	Sudharshan	Murugesu		76.39	M	23	M U/50	55
66	Siu-lan	Choi	u/a	76.43	F	33	W U/50	7
67	Steven	Nash		77.07	M	25	M U/50	56
68	Nick	Miller		77.29	M	30	M U/50	57
69	Micky	Bickford-Smith		77.32	M	26	M U/50	58
70	Sam	Bateman		77.43	M	26	M U/50	59
71	Rick	Rummler	u/a	78.20	M	49	M U/50	60
72	Leva	Lobaciute		78.23	F	25	W U/50	8
73	Paolo	Lenotti		79.02	M	28	M U/50	61
74	Mark	Asten	Sutton Runners	79.09	M	39	M U/50	62
75	Mark	Wrafter		79.44	M	38	M U/50	63
76	Joel	Brydon	u/a	79.55	M	27	M U/50	64
77	Tom	Fortune		79.58	M	32	M U/50	65
78	Peter	Williams		79.59	M	42	M U/50	66
79	John	Wilson	Serpentine	80.03	M	43	M U/50	67
80	Sunanda	Minarikova	Sri Chinmoy AC	80.32	F	36	W U/50	9
81	Sheila	Wilson		81.28	F	43	W U/50	10
82	Koichiro	Sugimori		81.57	M	36	M U/50	68
83	Binay	Patel	u/a	82.01	M	30	M U/50	69
84	Ketiwe	Nhende		82.10	F	29	W U/50	11
85	Rebecca	Spong		82.55	F	29	W U/50	12
86	Laura	Minter		83.29	F	28	W U/50	13
87	Hannah	Venn-Munns	East End RR	83.37	F	23	W U/50	14
88	Andrew	Simmonds		84.55	M	32	M U/50	70
89	Harvey	Glover	u/a	85.08	M	23	M U/50	71
90	Kevin	Carley		85.52	M	61	M O/60	4
91	Francisco	Musi		85.56	M	24	M U/50	72
92	Athena	Kugblenu	Team Wicked	86.00	F	29	W U/50	15
93	Ami	Stewart	u/a	86.21	F	30	W U/50	16
94	John	Pickles		86.30	M	32	M U/50	73
95	Kelda	Wright-Whyte	u/a	86.47	F	32	W U/50	17
96	Richard	Pearce	u/a	87.02	M	25	M U/50	74
97	Yannick	Troalen		87.24	M	30	M U/50	75
98	Sarah	Hall	BRJ RRC	87.30	F	30	W U/50	18
99	Steve	Hilliard		87.35	M	40	M U/50	76
100	Anna	Thomas		88.12	F	29	W U/50	19
101	Matt	Freake		88.56	M	39	M U/50	77
102	Lynn	Hickey	Sutton Runners	89.03	F	54	W O/50	2
103	Katie	Spong		89.12	F	27	W U/50	20
104	Louise	Lynch		89.20	F	32	W U/50	21
105	Man	Huang	u/a	89.29	M		M U/50	78
106	Jeffrey	Lee	Trent Park RC	89.31	M	38	M U/50	79
107	Simon	Chan		89.55	M	35	M U/50	80
108	Julie	Mahoney		90.15	F	37	W U/50	22
109	Anthony	Bannister	Sutton R	90.58	M	49	M U/50	81
110	Casey	Painvin		91.00	M	23	M U/50	82
111	James	Twedde	u/a	91.09	M	28	M U/50	83
112	Alice	Sullivan		91.55	F			23
113	Matthew	Batchelor		92.05	M	48	M U/50	84

114	Leonora	Stevens		92.49	F	29	W U/50	24
115	Mona	Hayat		93.00	F	39	W U/50	25
116	Frankie	Lynch		93.00	F	49	W U/50	26
117	Danielle	Harris	u/a	93.10	F	39	W U/50	27
118	Amie	Dworecki	Pain by Numbers USA	93.17	F	38	W U/50	28
119	Anthony	Alleyne		93.32	M	39	M U/50	85
120	Lisa	Millar	u/a	94.04	F	27	W U/50	29
121	Hoa	Ngo	u/a	94.08	F		W U/50	30
122	Ian	Carmichael		95.05	M	37	M U/50	86
123	Edwin	Bartlett	Vets AC	95.51	M	66	M O/60	5
124	James	Tomlin		95.58	M	52	M O/50	1
125	Guillaume	Pichon		96.10	M	27	M U/50	87
126	Tony	Merrit	Burnham Joggers	96.57	M	70	M O/70	1
127	Joanne	Lucas		97.32	F	30	W U/50	31
128	Monika	Thaker	London Heathside	100.06	F	37	W U/50	32
129	Alexander	L		100.07	M		M U/50	88
130	Olivia	Kirwan		100.13	F	26	W U/50	33
131	Margaret	Moore	u/a	100.16	F	26	W U/50	34
132	Kim	La		103.45	F	32	W U/50	35
133	Jennifer	Thompson		105.16	F	45	W U/50	36
134	Mohan	Singh	u/a	105.24	M	33	M U/50	89
135	Shweta	Trivedi		109.24	F	34	W U/50	37
136	Lucy	Leung		109.32	F	30	W U/50	38
137	Shamail	Ahmad	u/a	120.19	F	31	W U/50	39
138	Rachel	Bailey		DNF	F	32	W U/50	
138	Graham	Pigott	u/a	DNF	M	29	M U/50	
138	Phil	Avery	u/a	DNF	M	33	M U/50	
138	Robert	Plumb		DNF	M	48	M U/50	
138	Ian John	Smith		DNF	M	45	M U/50	
138	Lee	Wadsworth	striders of croydon	DNF	M	35	M U/50	
138	Richard	Dosoo	u/a	DNF	M	27	M U/50	













Handwriting practice lines consisting of a vertical column of 20 rows. Each row contains a solid top line, a dashed middle line, and a solid bottom line. At the bottom of the column is a solid rectangular box.



