

**RUN AND BECOME 5K RACE INC SCOTTISH CHAMPIONSHIP 5KM
SILVERKNOWES EDINBURGH FRIDAY 6TH MAY 2016**

Pos	Name	Race No.	Gender	Category	Club	Gun Time	Gun Cat Pos
1	Mark Mitchell	324	Male	Senior	Forres Harriers	00:14:32	1
2	dermot cummins	97	Male	Senior	Corstorphine AAC	00:14:42	2
3	Cameron Milne	320	Male	Senior	Central AC	00:14:44	3
4	Marc Austin	492	Male	Senior	Victoria Park City of Glasgow	00:14:49	4
5	Scott Stirling	429	Male	Senior	Edinburgh University Hare & Hounds	00:14:50	5
6	Jamie crowe	94	Male	Senior	Central AC	00:14:52	6
7	Craig Ruddy	393	Male	Senior	Inverclyde Athletic Club	00:14:53	7
8	Jonathan Glen	153	Male	Under 20	Inverclyde Athletic Club	00:14:56	1
9	Neil Renault	382	Male	Senior	Edinburgh Athletic Club	00:14:56	8
10	Bryan Mackie	260	Male	Senior	Edinburgh Athletic Club	00:14:57	9
11	Aidan Thompson	441	Male	Under 20	Central AC	00:14:59	2
12	Fergus Roberts	385	Male	Senior	Richmond and Zetland harriers	00:15:00	10
13	Kenny Wilson	474	Male	Senior	Moray Road Runners	00:15:01	11
14	Calum McKenzie	302	Male	Senior	Corstorphine AAC	00:15:01	12
15	Murray Strain	432	Male	Senior	Hunters Bog Trotters	00:15:03	13
16	Elisha de Mello	104	Male	Under 20	Edinburgh University Hare & Hounds	00:15:03	3
17	dale colley	81	Male	Senior	Central AC	00:15:08	14
18	Iain Davies	103	Male	Under 20	Central AC	00:15:08	4
19	Mark Pollard	370	Male	Senior	Inverclyde Athletic Club	00:15:09	15
20	George Goodwin	154	Male	Under 20	Stirling University Athletics Club	00:15:12	5
21	alistair campbell	62	Male	Senior	Ronhill Cambuslang Harriers	00:15:19	16
22	Peter Avent	17	Male	Senior	Penicuik Harriers	00:15:19	17
23	Darrell Hastie	175	Male	Senior	Gala Harriers	00:15:19	18
24	James Donald	113	Male	Under 17	Dundee hawkhill harriers	00:15:19	1
25	Kerry-Liam Wilson	473	Male	Over40	Ronhill Cambuslang Harriers	00:15:20	1
26	Mickey Breen	35	Male	Senior	Corstorphine AAC	00:15:23	19
27	Patryk Gierjatowicz	150	Male	Senior	Hunters Bog Trotters	00:15:24	20
28	Callum Symmons	434	Male	Under 20	Edinburgh University Hare & Hounds	00:15:25	6
29	Jonathan Crickmore	91	Male	Senior	Heriot-Watt University Athletics	00:15:26	21
30	Callum Smith	491	Male	Senior	U/A	00:15:28	22
31	Donald Macaulay	246	Male	Senior	Corstorphine AAC	00:15:35	23
32	Callum Matthews	278	Male	Under 20	Kilbarchan Amateur Athletic Club	00:15:36	7
33	Paul Sorrie	417	Male	Senior	Shettleston Harriers	00:15:36	24
34	del Young	486	Male	Senior	Garscube Harriers	00:15:39	25
35	William MacRury	268	Male	Senior	Ronhill Cambuslang Harriers	00:15:42	26
36	Craig Campbell	63	Male	Senior	Edinburgh University Hare & Hounds	00:15:44	27
37	ross gray	166	Male	Under 20	Inverclyde Athletic Club	00:15:44	8
38	Bobby Bristow	38	Male	Senior	Ronhill Cambuslang Harriers	00:15:44	28
39	scott pilkington	369	Male	Senior	Corstorphine AAC	00:15:46	29
40	Hamish Battle	23	Male	Senior	Metro Aberdeen Running Club	00:15:46	30
41	David Henderson	182	Male	Senior	Inverclyde Athletic Club	00:15:47	31
42	Stuart Livingstone	242	Male	Senior	Corstorphine AAC	00:15:47	32
43	Alistair Masson	277	Male	Under 20	Edinburgh University Hare & Hounds	00:15:47	9
44	Jonnie Nisbet	350	Male	Senior	Stirling University Athletics Club	00:15:48	33
45	Gav Bryson	49	Male	Under 20	Edinburgh Athletic Club	00:15:49	10
46	Craig Jardine	211	Male	Under 20	Ronhill Cambuslang Harriers	00:15:49	11
47	Matthew OConnor	354	Male	Senior	University of St Andrews Cross Country Club	00:15:49	34
48	Grant Boyne	33	Male	Senior	Glasgow University Hares and Hounds	00:15:51	35
49	Iain Whitaker	466	Male	Senior	Edinburgh Athletic Club	00:15:51	36
50	Peter Moffett	495	Male	Senior	Falkirk Victoria Harriers	00:15:52	37
51	Stuart Johnston	215	Male	Senior	Edinburgh Athletic Club	00:15:53	38
52	Martin Gore	156	Male	Senior	Lasswade Athletics Club	00:15:53	39
53	Andrew Woodroffe	481	Male	Senior	Graeme Stewart coaching	00:15:56	40

**RUN AND BECOME 5K RACE INC SCOTTISH CHAMPIONSHIP 5KM
SILVERKNOWES EDINBURGH FRIDAY 6TH MAY 2016**

54	Andrew Fallas	490	Male	Senior	Carnethy Hill Racing Club	00:15:56	41
55	Gareth Jenkins	213	Male	Over40	Moray Road Runners	00:15:57	2
56	Matthew Rallison	376	Male	Senior	Edinburgh University Hare & Hounds	00:16:00	42
57	Callum Reid	381	Male	Senior	Edinburgh Athletic Club	00:16:01	43
58	David Brown	41	Male	Senior	Lancaster & Morecambe AC	00:16:01	44
59	Ross Macdonald	248	Male	Senior	Law & District AAC	00:16:02	45
60	Bryan Clark	79	Male	Senior	Corstorphine AAC	00:16:02	46
61	Ryan Lafferty	231	Male	Senior	Fife Athletic Club	00:16:06	47
62	Maddie Murray	345	Female	Senior	Edinburgh Athletic Club	00:16:07	1
63	Bruce Carse	68	Male	Senior	Bellahouston Road Runners	00:16:07	48
64	ryan gray	165	Male	Under 17	Inverclyde Athletic Club	00:16:08	2
65	James Harrison	172	Male	Senior	Corstorphine AAC	00:16:09	49
66	Alastair Brockie	39	Male	Senior	Corstorphine AAC	00:16:09	50
67	gordon clarke	80	Male	Over40	Corstorphine AAC	00:16:11	3
68	David Hall	168	Male	Senior	Corstorphine AAC	00:16:15	51
69	Anthony Addison	4	Male	Under 17	Corstorphine AAC	00:16:15	3
70	Euan Brownlie	45	Male	Under 20	Central AC	00:16:16	12
71	william gardner	144	Male	Under 20	Oxford City AC/ Royal Air Force	00:16:19	13
72	Jake Thomas	438	Male	Under 20	Livingston and District AAC	00:16:19	14
73	Stephen Allan	9	Male	Over40	Kirkintilloch Olympians	00:16:20	4
74	johnny lawson	239	Male	Over40	Portobello Running Club	00:16:21	5
75	Malcolm Lang	233	Male	Senior	Lothian Running Club	00:16:21	52
76	Jamie Crawford	88	Male	Senior	Edinburgh Athletic Club	00:16:22	53
77	Ross STEPHEN	420	Male	Under 20	Ronhill Cambuslang Harriers	00:16:26	15
78	Conor Thomson	442	Male	Under 17	Kilbarchan Amateur Athletic Club	00:16:27	4
79	roger clark	78	Male	Over40	Carnegie Harriers	00:16:27	6
80	Iain Macdonald	249	Male	Senior	Edinburgh Athletic Club	00:16:29	54
81	Colin McGill	291	Male	Over40	Edinburgh Athletic Club	00:16:29	7
82	Graham Mccabe	281	Male	Over40	Kirkintilloch Olympians	00:16:30	8
83	Tim Morgan	336	Male	Under 20	Edinburgh University Hare & Hounds	00:16:30	16
84	Rory Scott	399	Male	Senior	Fife Athletic Club	00:16:31	55
85	Morag MacLarty	263	Female	Senior	Central AC	00:16:31	2
86	Chris Poxton	372	Male	Senior	Harmony Athletic Club	00:16:32	56
87	Stuart Milne	316	Male	Senior	Metro Aberdeen Running Club	00:16:34	57
88	Jennifer Wetton	463	Female	Senior	Central AC	00:16:34	3
89	Christopher Macdonald	251	Male	Senior	Motherwell ac	00:16:34	58
90	Stephie Pennycook	366	Female	Under 20	Fife Athletic Club	00:16:34	1
91	Robbie Kennedy	224	Male	Under 20	Edinburgh Athletic Club	00:16:36	17
92	Brian Douglas	116	Male	Over40	Bellahouston Harriers	00:16:38	9
93	Gavin Hogarth	192	Male	Senior		00:16:38	59
94	Craig Mackenzie	257	Male	Senior	Motherwell ac	00:16:38	60
95	Colin Somerville	416	Male	Senior	PH Racing Club	00:16:40	61
96	ANNABEL SIMPSON	407	Female	Under 20	Fife Athletic Club	00:16:40	2
97	Allan Cameron	59	Male	Over40	Motherwell ac	00:16:41	10
98	Paul Kieran	227	Male	Over40	Carnegie Harriers	00:16:43	11
99	Neil Walker	455	Male	Senior	Kilmarnock H & AC	00:16:44	62
100	Chris Russell	394	Male	Senior	University of St Andrews Cross Country Club	00:16:46	63
101	Nicola Gauld	145	Female	Senior	Aberdeen AAC	00:16:47	4
102	Howard Elliott	128	Male	Over40	Kirkintilloch Olympians	00:16:47	12
103	Tom Brian	36	Male	Senior	Metro Aberdeen Running Club	00:16:48	64
104	steven obrien	353	Male	Senior	Corstorphine AAC	00:16:49	65
105	Iain Burns	55	Male	Senior	Bellahouston Road Runners	00:16:49	66
106	Madis Osjamets	359	Male	Senior	Edinburgh Athletic Club	00:16:49	67
107	Robert Watson	457	Male	Over40	Musselburgh & District AC	00:16:50	13

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108	david tamburini	435	Male	Over40	Inverclyde Athletic Club	00:16:51	14
109	Tom Wilson	477	Male	Senior	Corstorphine AAC	00:16:52	68
110	Stuart Mackay	253	Male	Senior	PH Racing Club	00:16:53	69
111	Rachael Dunn	124	Female	Senior	Edinburgh Athletic Club	00:16:56	5
112	Jeremy Kibble	226	Male	Senior	Metro Aberdeen Running Club	00:16:56	70
113	John McManus	307	Male	Senior	Hunters Bog Trotters	00:16:57	71
114	Doug Murray	344	Male	Senior	Corstorphine AAC	00:16:58	72
115	steve buchan	51	Male	Over40	Metro Aberdeen Running Club	00:16:58	15
116	Wattie mackay	256	Male	Over50	Strathearn harriers	00:16:59	1
117	David Cross	92	Male	Over50	Edinburgh Athletic Club	00:17:02	2
118	James Rae	375	Male	Senior	Fife Athletic Club	00:17:02	73
119	Michael Geoghegan	147	Male	Senior	Portobello Running Club	00:17:03	74
120	Darren Jubb	218	Male	Senior	PH Racing Club	00:17:04	75
121	Michael Diver	110	Male	Senior	Edinburgh University Hare & Hounds	00:17:04	76
122	Chris Walsh	456	Male	Senior	Dundee hawkhill harriers	00:17:05	77
123	Douglas McKinnon	303	Male	Senior	Corstorphine AAC	00:17:05	78
124	Scott Somerville	415	Male	Under 20	Ronhill Cambuslang Harriers	00:17:05	18
125	Eilidh Mackenzie	259	Female	Senior	Stornoway running and athletics club	00:17:06	6
126	Alan Hume	200	Male	Senior	Central AC	00:17:07	79
127	Owain Williams	471	Male	Senior	Edinburgh Athletic Club	00:17:08	80
128	Luke McCaffrey	283	Male	Under 15	Kirkintilloch Olympians	00:17:08	1
129	Neil Cameron	60	Male	Over40	Central AC	00:17:08	16
130	Michael Healy	176	Male	Senior		00:17:08	81
131	Gillian Black	28	Female	Under 20	VICTORIA PARK CITY OF GLASGOW AC	00:17:09	3
132	John Wilson	476	Male	Senior		00:17:11	82
133	James Gallacher	142	Male	Over50	Kirkintilloch Olympians	00:17:12	3
134	Stuart Tite	446	Male	Senior	Fife Athletic Club	00:17:12	83
135	Mark Paterson	361	Male	Over40	Motherwell ac	00:17:13	17
136	Scott Martin	273	Male	Over40	Kilmarnock H & AC	00:17:17	18
137	Alan Heron	183	Male	Senior	Dumbarton AAC	00:17:18	84
138	Laura Dunn	125	Female	Senior	Edinburgh Athletic Club	00:17:19	7
139	Lesley Chisholm	74	Female	Over40	Garscube Harriers	00:17:21	1
140	Liam Sleigh	411	Male	Under 20	Corstorphine AAC	00:17:22	19
141	Ian McGregor	296	Male	Senior	Metro Aberdeen Running Club	00:17:23	85
142	Finlay Finlay	133	Male	Senior	Garscube Harriers	00:17:24	86
143	Scott Craighead	86	Male	Senior	Carnethy Hill Racing Club	00:17:28	87
144	Fiona Brian	37	Female	Senior	Metro Aberdeen Running Club	00:17:30	8
145	Darren Cavaroli	70	Male	Over40	Harmeny Athletic Club	00:17:32	19
146	Virginie Barrant	22	Female	Senior	Metro Aberdeen Running Club	00:17:32	9
147	Fraser Logan	243	Male	Senior	Belgrave Harriers	00:17:33	88
148	Ross Mawhinney	279	Male	Under 20	Stirling University Athletics Club	00:17:33	20
149	Tony Mccutcheon	289	Male	Over40	Ronhill Cambuslang Harriers	00:17:35	20
150	Cody Stevenson	423	Male	Under 17	Garscube Harriers	00:17:38	5
151	Alexandra Lamond	232	Female	Senior	Ronhill Cambuslang Harriers	00:17:39	10
152	Kenny Liddell	241	Male	Senior	Dundee hawkhill harriers	00:17:40	89
153	Matthew Porteous	371	Male	Senior	Portobello Running Club	00:17:40	90
154	euan craig	85	Male	Senior	Kirkintilloch Olympians	00:17:40	91
155	Stephen Duffy	122	Male	Over40	HAMILTON HARRIERS	00:17:40	21
156	Stephen McDougall	290	Male	Under 20	University of St Andrews Cross Country Club	00:17:41	21
157	John Mowbray	340	Male	Senior	Edinburgh Athletic Club	00:17:41	92
158	Cameron Robertson	386	Male	Over40	Metro Aberdeen Running Club	00:17:42	22
159	Tim Martin	274	Male	Senior	Bellahouston Road Runners	00:17:42	93
160	Richard Meade	312	Male	Senior	Edinburgh Athletic Club	00:17:43	94
161	Alastair White	468	Male	Under 20	Livingston and District AAC	00:17:43	22

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162	Callum Campbell	66	Male	Under 17	Corstorphine AAC	00:17:44	6
163	Jenny MacLean	264	Female	Over40	Edinburgh Athletic Club	00:17:44	2
164	Euan McInnes	297	Male	Over40	Lothian Running Club	00:17:45	23
165	Gerard Scullion	402	Male	Over50	Bellahouston Road Runners	00:17:45	4
166	Chris Richardson	384	Male	Senior	Metro Aberdeen Running Club	00:17:46	95
167	Michelle Sandison	397	Female	Senior	Springburn Harriers	00:17:47	11
168	Christopher OBrien	352	Male	Senior	Corstorphine AAC	00:17:47	96
169	Paul Kernohan	225	Male	Senior	Ronhill Cambuslang Harriers	00:17:47	97
170	Scott Henderson	181	Male	Senior	Edinburgh Athletic Club	00:17:48	98
171	Daniel Lynch	245	Male	Senior	University of St Andrews Cross Country Club	00:17:48	99
172	Neil Mackay	255	Male	Over40		00:17:49	24
173	David Hulse	199	Male	Senior	Bellahouston Road Runners	00:17:50	100
174	Callam Scott	398	Male	Under 20	Glasgow University Hares and Hounds	00:17:51	23
175	kenneth rankin	377	Male	Over50	Falkirk Victoria Harriers	00:17:53	5
176	Andrew McGlone	292	Male	Over40	Lasswade Athletics Club	00:17:54	25
177	Peter Simpson	409	Male	Senior	Edinburgh Athletic Club	00:17:54	101
178	David Bull	53	Male	Senior		00:17:55	102
179	Bryan Innes	207	Male	Senior	Falkland trail runners	00:17:56	103
180	Lauren Wilson	475	Female	Senior	Edinburgh Athletic Club	00:17:56	12
181	Paul Cross	93	Male	Senior	Hunters Bog Trotters	00:17:57	104
182	Jacob Howe	193	Male	Over40	Fife Athletic Club	00:17:58	26
183	Stephen Todd	447	Male	Over40	Hunters Bog Trotters	00:17:58	27
184	Aidan McCaffrey	284	Male	Under 17	Kirkintilloch Olympians	00:17:59	7
185	Natalie Milne	319	Female	Senior	Central AC	00:18:00	13
186	David Thomson	444	Male	Senior	East Kilbride AC	00:18:01	105
187	Lana Turnbull	452	Female	Senior	Lothian Running Club	00:18:01	14
188	Kirstian MacRuary	267	Female	Senior	Corstorphine AAC	00:18:03	15
189	Bruce Malcolm	270	Male	Over50	Corstorphine AAC	00:18:06	6
190	Charlie Hillman	187	Male	Under 20	University of St Andrews Cross Country Club	00:18:07	24
191	Shelby Morrison	338	Female	Under 17	Inverclyde Athletic Club	00:18:07	1
192	Dino Roussias	391	Male	Over40	Metro Aberdeen Running Club	00:18:08	28
193	Mark Gallacher	141	Male	Over40	Motherwell ac	00:18:10	29
194	Alan Gibson	149	Male	Over50		00:18:10	7
195	Chris Stephenson	422	Male	Over40	Carnegie Harriers	00:18:12	30
196	Rosina Graham	160	Female	Under 17		00:18:12	2
197	James Drummond	118	Male	Senior		00:18:12	106
198	Alan knowles	229	Male	Over40	Lothian Running Club	00:18:13	31
199	Andrea Burke Rae	374	Female	Senior	Fife Athletic Club	00:18:14	16
200	Mark Forrester	137	Male	Senior		00:18:15	107
201	Iain MacLeod	265	Male	Over40	Corstorphine AAC	00:18:16	32
202	Tammy Wilson	479	Female	Senior	Garioch Road Runners	00:18:16	17
203	David Worrall	484	Male	Senior		00:18:19	108
204	Ailsa Cruickshanks	95	Female	Under 20	Fife Athletic Club	00:18:21	4
205	Michelle Mackay	254	Female	Senior	Dundee Road Runners AC	00:18:22	18
206	Ben Murphy	343	Male	Under 20	Edinburgh University Hare & Hounds	00:18:22	25
207	Bryce Altken	7	Male	Over50	Fife Athletic Club	00:18:22	8
208	David Cheseldine	73	Male	Over50		00:18:23	9
209	Marie Baxter	24	Female	Over40	Garioch Road Runners	00:18:23	3
210	John Paul Murphy	342	Male	Senior		00:18:25	109
211	Catriona Graves	164	Female	Under 20	Edinburgh University Hare & Hounds	00:18:25	5
212	Martin McNellis	310	Male	Over50		00:18:26	10
213	Kayleigh Jarrett	212	Female	Senior	Metro Aberdeen Running Club	00:18:26	19
214	Kirstin Maxwell	280	Female	Senior	Gala Harriers	00:18:27	20
215	Robin Mussett	346	Male	Over50	Central AC	00:18:29	11

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216	Ryan Donald	114	Male	Under 17	Dundee hawkhill harriers	00:18:29	8
217	Murray Peebles	364	Male	Senior		00:18:29	110
218	Andrew Latham	235	Male	Over50	Edinburgh Athletic Club	00:18:30	12
219	Stuart Milner	322	Male	Senior	Hunters Bog Trotters	00:18:32	111
220	Wallace Mitchell	327	Male	Senior	PH Racing Club	00:18:33	112
221	Steven James Morrison	337	Male	Senior	Metro Aberdeen Running Club	00:18:33	113
222	Charles Graham-Marr	162	Male	Over50	Central AC	00:18:35	13
223	Scott Nelson	348	Male	Over40	Lothian Running Club	00:18:36	33
224	Mike Jones	216	Male	Senior	Musselburgh & District AC	00:18:36	114
225	malcolm parry	360	Male	Over40	Edinburgh Athletic Club	00:18:39	34
226	Doug MacDonald	247	Male	Senior	Lasswade Athletics Club	00:18:40	115
227	Robert Hutchison	202	Male	Over50	Central AC	00:18:41	14
228	Chloe Simpson	410	Female	Under 20	Inverclyde Athletic Club	00:18:42	6
229	Daniel Smith	413	Male	Under 17	PH Racing Club	00:18:43	9
230	Ewen Cameron	58	Male	Senior	Motherwell ac	00:18:44	116
231	John Murray	494	Male	Over40		00:18:45	35
232	Janet Dunbar	123	Female	Over40	Edinburgh Athletic Club	00:18:47	4
233	Andrew Ross	390	Male	Over40	Harmeny Athletic Club	00:18:48	36
234	sean casey	69	Male	Over40	Kirkintilloch Olympians	00:18:49	37
235	Iain Dunsmore	126	Male	Over40	Central AC	00:18:51	38
236	Stephen Pearson	363	Male	Under 20	Harmeny Athletic Club	00:18:52	26
237	John Mill	315	Male	Over50	Dundee Road Runners AC	00:18:52	15
238	Angus Kay	219	Male	Over50	Harmeny Athletic Club	00:18:53	16
239	CAROLYN MILNE	317	Female	Over50	Garioch Road Runners	00:18:53	1
240	Lewis Bruce	47	Male	Senior	Dundee Road Runners AC	00:18:53	118
241	Jill Smylie	414	Female	Senior	Giffnock North AAC	00:18:54	21
242	Phil Buckley	52	Male	Over40	Harmeny Athletic Club	00:18:58	39
243	Alistair Hindle	188	Male	Over40	Hunters Bog Trotters	00:19:02	40
244	James Bryson	50	Male	Senior	Edinburgh University Hare & Hounds	00:19:03	119
245	Alan Cameron	57	Male	Over40	Corstorphine AAC	00:19:07	41
246	Mary Western	462	Female	Over50	Carnegie Harriers	00:19:09	2
247	Calum Mackinnon	261	Male	Senior		00:19:10	120
248	Raymond Tully	451	Male	Over40	Dundee hawkhill harriers	00:19:12	42
249	Mairi Watts	459	Female	Senior		00:19:13	22
250	Colin Hughes	197	Male	Over50	Bellahouston Road Runners	00:19:14	17
251	Jim White	467	Male	Over40	Motherwell ac	00:19:14	43
252	Sarah Stephen	421	Female	Senior		00:19:15	23
253	Bernadette ONeil	355	Female	Over40	Bellahouston Harriers	00:19:16	5
254	Craig Stewart	425	Male	Over40	Harmeny Athletic Club	00:19:16	44
255	Gavin McLennan	306	Male	Senior	Metro Aberdeen Running Club	00:19:18	121
256	malcolm finlayson	134	Male	Over40	Falkirk Victoria Harriers	00:19:18	45
257	Bobby Hill	185	Male	Senior	Law & District AAC	00:19:18	122
258	Tessa Strain	431	Female	Senior	Hunters Bog Trotters	00:19:19	24
259	Sophie Collins	82	Female	Under 20	Edinburgh University Hare & Hounds	00:19:23	7
260	Graeme Wilson	478	Male	Over50	Wee County Harriers	00:19:23	18
261	Donald Shaw	404	Male	Over40		00:19:23	46
262	Claire Bruce	48	Female	Senior	Metro Aberdeen Running Club	00:19:24	25
263	Ian Robert Johnston	214	Male	Over50	Carnegie Harriers	00:19:27	19
264	Ryan White	469	Male	Under 20	Livingston and District AAC	00:19:29	27
265	Ryan Ferguson	130	Male	Senior	Lothian Running Club	00:19:30	123
266	Nick Ruane	392	Male	Over40		00:19:30	47
267	John McIntyre	301	Male	Senior		00:19:30	124
268	Jenifer Cruickshanks	96	Female	Senior	Fife Athletic Club	00:19:30	26
269	Doug Fraser	139	Male	Over40	Musselburgh & District AC	00:19:31	48

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270	Damien Moore	333	Male	Senior	VICTORIA PARK CITY OF GLASGOW AC	00:19:34	125
271	Gary Barker	20	Male	Over50	Fife Athletic Club	00:19:34	20
272	Iona Evans	129	Female	Under 20	Edinburgh University Hare & Hounds	00:19:37	8
273	Kathleen Dempsey	106	Female	Senior		00:19:40	27
274	Christopher Hartles	173	Male	Senior	Edinburgh Athletic Club	00:19:42	126
275	jennifer robertson	387	Female	Senior	Peterhead athletics club	00:19:43	28
276	Rachael Bushfield	56	Female	Senior	Inverclyde Athletic Club	00:19:44	29
277	Peter McClelland	285	Male	Senior	Hunters Bog Trotters	00:19:45	127
278	Mark Western	461	Male	Over50	Carnegie Harriers	00:19:47	21
279	Hannah Taylor	436	Female	Senior	Aberdeen AAC	00:19:48	30
280	Angela Howe	194	Female	Over40	Fife Athletic Club	00:19:50	6
281	Rachel Drummond	120	Female	Senior	Penicuik Harriers	00:19:52	31
282	Adam Scragg	401	Male	Senior	Metro Aberdeen Running Club	00:19:54	128
283	robert pattinson	362	Male	Over40	Motherwell ac	00:19:55	49
284	Katrina Ballantyne	19	Female	Under 20	Glasgow University Hares and Hounds	00:19:57	9
285	Steven George	148	Male	Senior		00:19:59	129
286	Jonathan Creese	90	Male	Senior	Metro Aberdeen Running Club	00:19:59	130
287	Jill Bonthron	31	Female	Senior	Metro Aberdeen Running Club	00:19:59	32
288	Gavin Reid	379	Male	Over50	Metro Aberdeen Running Club	00:20:02	22
289	Jim Scott	400	Male	Over60	Portobello Running Club	00:20:03	1
290	Ed Norton	351	Male	Over60	PH Racing Club	00:20:04	2
291	Mark Mackenzie	258	Male	Over40	Carnegie Harriers	00:20:06	50
292	Ellen Stickle	428	Female	Under 20	Aberdeen AAC	00:20:06	10
293	Callum Douglas	117	Male	Senior	Falkirk Victoria Harriers	00:20:11	131
294	Michael Watts	458	Male	Senior	LINLITHGOW AC	00:20:11	132
295	Michael Brown	42	Male	Over50	Edinburgh Triathletes	00:20:12	23
296	erica christie	77	Female	Over50	Bellahouston Harriers	00:20:13	3
297	Paul Young	487	Male	Over40	Lothian Running Club	00:20:17	51
298	Lucy Taylor	437	Female	Senior	Aberdeen AAC	00:20:18	33
299	Jocelyn Moar	330	Female	Senior	Edinburgh Athletic Club	00:20:24	34
300	Billy Mitchell	325	Male	Over50	Central AC	00:20:24	24
301	Mairead Kelly	223	Female	Senior	Hunters Bog Trotters	00:20:25	35
302	Trish Milne	321	Female	Over50	Central AC	00:20:26	4
303	Andrew Jannetta	210	Male	Senior	Meedies Running Club	00:20:35	133
304	Paul McMonagle	308	Male	Over40		00:20:40	52
305	Kieran Morgan	335	Male	Over50	Carnegie Harriers	00:20:41	25
306	Beth Hanson	171	Female	Under 20	Edinburgh University Hare & Hounds	00:20:46	11
307	Kevin Durnian	127	Male	Senior	Motherwell ac	00:20:55	134
308	Stevie Ogg	356	Male	Over40	PH Racing Club	00:20:56	53
309	Stephen Malcolm	271	Male	Over40	Lothian Running Club	00:20:57	54
310	Michael Bisset	27	Male	Over40	Carnegie Harriers	00:21:00	55
311	Linn Gjesdal	152	Female	Senior	Edinburgh University Hare & Hounds	00:21:06	36
312	Alistair Dagleish	100	Male	Senior	Livingston and District AAC	00:21:06	135
313	kersti jaager	208	Female	Senior	Edinburgh Athletic Club	00:21:09	37
314	Toni Moore	334	Female	Under 17		00:21:10	3
315	Stewart Christie	76	Male	Over40	Falkirk Victoria Harriers	00:21:11	56
316	Emily Cossar	83	Female	Under 20	Aberdeen AAC	00:21:13	12
317	Neil Graham	161	Male	Over40	Lothian Running Club	00:21:13	57
318	Graham Moar	329	Male	Over40	Metro Aberdeen Running Club	00:21:14	58
319	Fiona Macfarlane	252	Female	Senior	Falkirk Victoria Harriers	00:21:15	38
320	Brian Pendreigh	365	Male	Over50	Hunters Bog Trotters	00:21:15	26
321	Barry Davie	101	Male	Over40	Carnegie Harriers	00:21:18	59
322	Nigel Hetherington	184	Male	Over50	Motherwell ac	00:21:19	27
323	Justine Vandermotten	454	Female	Senior		00:21:20	39

**RUN AND BECOME 5K RACE INC SCOTTISH CHAMPIONSHIP 5KM
SILVERKNOWES EDINBURGH FRIDAY 6TH MAY 2016**

324	Frank McLaren	305	Male	Over60	Fife Athletic Club	00:21:22	3
325	Katie Sampson	396	Female	Senior		00:21:27	40
326	Gerry Gallacher	143	Male	Over40	Scottish Prison Service AAC	00:21:30	60
327	Malcolm Hector	179	Male	Over60	Stirling Triathlon Club	00:21:31	4
328	Andrew Stavert	419	Male	Over50	Portobello Running Club	00:21:33	28
329	Steven Blair	30	Male	Over50	Corstorphine AAC	00:21:35	29
330	Marie-Therese Rodgers	389	Female	Over40	Airdrie Harriers	00:21:35	7
331	Kara McCurrach	288	Female	Senior	Metro Aberdeen Running Club	00:21:38	41
332	Zoe Stuart	433	Female	Senior	Carnegie Harriers	00:21:41	42
333	Kenny Mason	276	Male	Over50		00:21:42	30
334	Nicola Freedman	140	Female	Over40	Harmeny Athletic Club	00:21:43	8
335	jim alexander	8	Male	Over50	Lothian Running Club	00:21:45	31
336	John Denholm	107	Male	Over60	Falkirk Victoria Harriers	00:21:50	5
337	Colin Wishart	480	Male	Over40	Lothian Running Club	00:21:51	61
338	Malcolm Smith	412	Male	Over50	Carnegie Harriers	00:21:54	32
339	Gordon Dewar	108	Male	Over50	Falkirk Victoria Harriers	00:21:56	33
340	Roy Mitchell	323	Male	Over60	Perth Road Runners	00:21:58	6
341	Maggie Sadler	395	Female	Senior	University of St Andrews Cross Country Club	00:22:03	43
342	Alan WEIR	460	Male	Over40	Run24fitcouk	00:22:05	62
343	Jimmy McIntyre	300	Male	Over40	Fife Athletic Club	00:22:14	63
344	Morna Fleming	136	Female	Over60	Carnegie Harriers	00:22:15	1
345	Elaine Davies	102	Female	Over40	Edinburgh Athletic Club	00:22:17	9
346	Raymond Milne	318	Male	Over50	Central AC	00:22:18	34
347	Alice Florence Orr	358	Female	Under 20	Edinburgh University Hare & Hounds	00:22:24	13
348	Duncan Baker	18	Male	Over50	Hunters Bog Trotters	00:22:31	35
349	Angus Donald	111	Male	Over40	Dundee hawkhill harriers	00:22:41	64
350	George Black	29	Male	Over70	Fife Athletic Club	00:22:44	1
351	Colin Stewart	424	Male	Over40	Shettleston Harriers	00:22:53	65
352	Jim Petrie	368	Male	Over60	Lothian Running Club	00:22:58	7
353	Brian Howie	195	Male	Over60	Edinburgh Athletic Club	00:23:12	8
354	monica anderson	11	Female	Over40	Falkirk Victoria Harriers	00:23:12	10
355	Kenny Mearns	313	Male	Over50	Lothian Running Club	00:23:15	36
356	Sandra Aitken	6	Female	Over50	Fife Athletic Club	00:23:18	5
357	Stephen Brady	34	Male	Over40		00:23:28	66
358	Julia Hector	180	Female	Over60	Stirling Triathlon Club	00:23:31	2
359	Nicola Tully	450	Female	Over40	Dundee hawkhill harriers	00:23:32	11
360	Niall McCluskey	286	Male	Over40	Portobello Running Club	00:23:38	67
361	Naomi Sharp	403	Female	Senior	Metro Aberdeen Running Club	00:23:44	44
362	Natalie Brown	43	Female	Senior	PH Racing Club	00:23:54	45
363	Isla Mitchell	328	Female	Senior		00:23:56	46
364	Cara McCafferty	282	Female	Under 20	Lothian Running Club	00:24:01	14
365	Kathryn Firth	135	Female	Senior	Edinburgh University Hare & Hounds	00:24:04	47
366	Sarah Whalen	464	Female	Over40	Scottish Prison Service AAC	00:24:09	12
367	Angela Malcolm	269	Female	Over40		00:24:12	13
368	Bethany nelson	349	Female	Under 20	Lothian Running Club	00:24:15	15
369	Steven Shotliff	406	Male	Senior		00:24:15	136
370	Karen Forsyth	138	Female	Senior	Carnegie Harriers	00:24:16	48
371	Margaret McLaren	304	Female	Over50	Fife Athletic Club	00:24:22	6
372	Joyce Donald	112	Female	Over40	Dundee hawkhill harriers	00:24:35	14
373	Tom Keenan	221	Male	Over60	Bellahouston Harriers	00:24:36	9
374	Elizabeth Hughes	198	Female	Over50	Bellahouston Road Runners	00:24:39	7
375	James Proffitt	373	Male	Over50	Motherwell ac	00:24:43	37
376	Kirsty Arnott	14	Female	Under 20		00:24:54	16
377	Jayne Addie	2	Female	Over40	Metro Aberdeen Running Club	00:24:57	15

**RUN AND BECOME 5K RACE INC SCOTTISH CHAMPIONSHIP 5KM
SILVERKNOWES EDINBURGH FRIDAY 6TH MAY 2016**

378	John McGlynn	293	Male	Over60	Unattached	00:25:08	10
379	Alison Curry	99	Female	Over40	Central AC	00:25:12	16
380	Nikki Hall	170	Female	Senior		00:25:13	49
381	Ian Hall	169	Male	Over50	Edinburgh Athletic Club	00:25:19	38
382	Keith Stewart	427	Male	Senior		00:25:27	137
383	Rachel Stewart	426	Female	Under 20	Edinburgh University Hare & Hounds	00:25:34	17
384	Graham Bennison	25	Male	Over60	Fife Athletic Club	00:26:04	11
385	Anne Campbell	64	Female	Senior	Bellahouston Road Runners	00:26:14	50
386	Lynda Gilroy	151	Female	Over40	Musselburgh & District AC	00:27:40	17
387	Lindsay McGouldrick	294	Female	Senior	Jog Scotland	00:31:20	51