

Sri Chinmoy Races 3x1 Mile Relay
 Organised by Sri Chinmoy Marathon Team
 Battersea Park, London
 Monday 25th July 2016



WINNERS									
	Time	Team	1st Runner	Time	2nd Runner	Time	3rd Runner	Time	Cat
1	13.37	London Heathside A	Andrew Brooker	4.31	Charles Hardy	4.40	Adam Kirk-Smith	4.26	Men
2	14.28	Inbits	Alex Davy	4.40	Andy Greenleaf	4.48	Edward Raymond	5.00	Men
3	14.29	Fulham Ferrets & Frogs	John Devoy	4.58	David Lawrence	4.43	Duncan Lawrence	4.48	Men
All Ladies									
1	16.21	'Bridge Plank Superwoman'	Rebecca Piggott	5.11	Leigh James	5.45	Rebecca Bunting	5.25	Women
2	16.27	West 4 Fast & Furious	Anna Critchlow	5.36	Rachel Badham	5.37	Ros Ponder	5.14	Women
3	17.01	Clapham Chasers 6	Natalie Ruffell	5.34	Katie Ferguson	5.45	Jenna Mullet	5.42	Women
Mixed									
1	16.27	Wombles	Gordon Berry	5.18	James Hamilton	5.20	Kate Carter	5.49	Mixed
Over 50									
1	19.03	West 4 Nifty Fifties	Martin Peck	5.42	Andy Bowen	6.15	Jonathan Stirling	7.05	Vet 50
Over 70									
1	25.48	Joe & Coes	Joe Aspinall	8.11	Edwin Bartlett	8.56	Peter Torre	8.41	Vet 70

ALL RESULTS BELOW

(Below are the team ranks and times. Individual times and rank for all runners are listed)

RESULTS

	Time	Team	1st Runner	Time	2nd Runner	Time	3rd Runner	Time	Cat	CAT POS
1	13.37	London Heathside A	Andrew Brooker	4.31	Charles Hardy	4.40	Adam Kirk-Smith	4.26	Men	1
2	14.28	Inbits	Alex Davy	4.40	Andy Greenleaf	4.48	Edward Raymond	5.00	Men	2
3	14.29	Fulham Ferrets & Frogs	John Devoy	4.58	David Lawrence	4.43	Duncan Lawrence	4.48	Men	3
4	14.37	Dulwich Men's A	Lewis Laylee	4.32	Alastair Locke	5.04	Lloyd Collier	4.59	Men	4
5	14.41	West 4 Harriers A'	Rich Berry	4.49	Paul Caulfield	5.00	Ciaran Gavin	4.52	Men	5
6	14.43	'LFR Mens 1'	Steven Artist	4.48	Kirit Patel	4.54	James Gillanders	5.01	Men	6
7	14.51	'Heathside Snaps'	Daniel McKeown	4.48	Kimon Doulis	4.52	Joseph McKeown	5.11	Men	7
8	14.55	Fulham Sheeprustlers	Nicoals Thomas	4.54	Stuart Farmer	5.08	Thomas Daley	4.53	Men	8
9	14.57	'Clapham Pioneers team 5'	Liam Davis	5.01	Alan Moss	4.57	Henry Wilson	4.59	Men	9
10	14.58	'Barnesy's Army'	Andy Barnes	4.52	Al Whatmough	4.47	Jacob Howe	5.19	Men	10
11	15.09	'LONDON HEATHSIDE'	Chris Shipley	5.04	Mario Cadete	5.01	Stuart Meiklejohn	5.04	Men	11
12	15.15	VPH Men A	Sam Duggan	5.07	Andrew Dahlkamp	5.27	David Jones	4.39	Men	12
13	15.16	Herne Hill Harriers	Eric Sapac	4.42	Robin Sanderson	5.11	Eric Dol	5.23	Men	13
14	15.18	'LFR Mens 2'	Karl Hayer	5.16	Ed Holland	5.03	Ross Milne	4.59	Men	14
15	15.26	Fulham Men's B	Nicolas Berger	4.59	Stewart McAndie	5.16	Andy Stringer	5.11	Men	15
16	15.29	West 4 Harriers B'	Jonathan Abel	5.11	Paul Dunne	5.14	Steve Woolley	5.04	Men	16
17	15.33	Warwick Ows	Ryan McCrickerd	4.42	Freddie Dixon	5.39	Ryan McCrickerd	5.12	Men	17
18	15.37	Lancaster & Morecambe AC Select	Mark Gardner	4.48	Alastair Holford	6.12	Angus Holford	4.37	Men	18
19	15.42	'LCAC SM1'	Tim Sherman	4.57	Adam Millbery	5.20	Will Bradley	5.25	Men	19
20	15.42	Clapham Chasers 1	Reuben McGregor	5.01	Christian Moxon	5.47	Bryn Reynolds	4.54	Men	20
21	15.43	Clapham Chasers 5	Ben Unsworth	5.20	Stuart Luffman	5.31	Richard Bull	4.52	Men	21
22	15.46	'Clapham Pioneers team 7'	Adam Yardley	5.25	Neil Price	5.31	Jacob Landers	4.52	Men	22
23	15.56	Fulhamish	Max Tollemache	5.15	Max Randall	5.32	Eoghan O'Neill	5.09	Men	23

24	15.59	'LFR Mens 3'	Joseph Lowe	5.24	Leon Clement	5.05	Richard Wingfield	5.30	Men	24
25	16.05	Windle Valley	Peter Mannion	5.20	Robert Batchelor	5.33	Dan Lally	5.12	Men	25
26	16.10	'Team Champ!'	James Harbour	5.08	Thomas Fiest	5.46	Robert Lewis	5.16	Men	26
27	16.12	West 4 Harriers C'	Alex Peck	5.24	Andy Masters	5.17	Martin White	5.31	Men	27
28	16.16	'Airtalia'	Timothy Bowen	4.38	Philip Jones	5.37	Benjamin Ashe	6.01	Men	28
29	16.16	'Clapham Pioneers team 8'	Tim Bennett	5.23	Will Bunker	5.28	Derek Green	5.25	Men	29
30	16.17	Leg It Eagles!	Thomas Glasock	5.01	Thomas Martini	6.09	John Foxall	5.07	Men	30
31	16.21	'Bridge Plank Superwoman'	Rebecca Piggott	5.11	Leigh James	5.45	Rebecca Bunting	5.25	Women	1
32	16.23	Fulham Bogg' Bunce & Beans	Andrew Han	5.29	Chris Cooper	5.29	Roderick Akihary	6.21	Men	31
33	16.27	Wombles	Gordon Berry	5.18	James Hamilton	5.20	Kate Carter	5.49	Mixed	1
34	16.27	West 4 Fast & Furious	Anna Critchlow	5.36	Rachel Badham	5.37	Ros Ponder	5.14	Women	2
35	16.28	Unilever	Paul O'Neill	5.42	Alastair McKerrow	5.38	Kyle Maranoos	5.08	Men	32
36	16.33	'Heathside'	Jake Spencer	5.21	Jesper	6.02	Gareth Marshall	5.10	Men	33
37	16.37	'LFR Mens 4'	Andrew Wood	5.06	Tim Charters	5.46	James Stenning	5.45	Men	34
38	16.40	Clapham Chasers 3	Chris McCarthy	5.44	Niclaus Lindquist	5.35	Musa Adamu	5.21	Men	35
39	16.40	Mornington Chasers A	Stephen Nash	5.13	Hope Sloly	5.44	Nicola Timmins	5.43	Mixed	2
40	16.41	Road to Sub 20	Tom Ferguson	5.29	Mark Isham	5.43	Adrian Dracup	5.29	Men	36
41	16.46	Fulham RC (1)	Phil Reynolds	5.27	Joy Barnaby	5.39	James Hampshire	5.40	Men	37
42	16.53	'Fat Rascals'	Mat Barber	6.04	James Screen	5.32	Joe Garrood	5.17	Men	38
43	16.54	'LFR Mens 5'	John Keenan	5.23	Glynn McDonald	5.50	Gareth Fletcher	5.41	Men	39
44	16.56	'Power of Three'	Ula Cartwright-Finch	5.30	Jennifer Wing	6.10	Tony Killilea	5.16	Mixed	3
45	16.58	Clapham Chasers 2	Danny Chalkey	5.47	Paul Hunt	5.44	Giles Corner	5.27	Men	40
46	16.59	Making Up The Numbers	Andrew Firth	5.39	Andrew melrose	5.43	Philip Hogg	5.37	Men	41
47	17.01	Clapham Chasers 6	Natalie Ruffell	5.34	Katie Ferguson	5.45	Jenna Mullet	5.42	Women	3
48	17.05	Team Dam	Daniel Day	5.37	Alan Li	5.51	Matthew Roberts	5.36	Men	42
49	17.10	'London Heathside'	Celine Murray	5.21	Rosa Serafini	5.35	Esti Guijarro	6.14	Women	4
50	17.13	Wild Bunch Wonders	Isaac Williams	5.28	Jennifer Bozon	6.35	Josh Puttock	5.10	Mixed	4
51	17.14	'London City AC 3'	Marie Duignan	5.47	Nick Sutcliffe	6.09	Paul Billingham	5.18	Mixed	5
52	17.22	'LFR Mens 6'	Dan Luong	5.34	Badar Raisi	5.50	Andy Atkins	5.58	Men	43
53	17.23	'Running rascals'	Mark Jefford	5.22	Alun Nash	5.56	Gavin Parish	6.05	Men	44

54	17.24	Clapham Chasers 4	Emma Payne	5.34	Gabriel Carnwath	5.50	Victoria Randall	6.00	Women	5
55	17.26	Victors	Victor Lio	5.23	Jerad Leigh	5.42	Miles Kershaw	6.21	Men	45
56	17.28	'Clapham Pioneers team 3'	Will Carr	5.41	Ben Daly	6.13	Miles Ward	5.34	Men	46
57	17.31	Rebel Eagles	Kieran Santry	5.12	Grainne Devery	6.39	Jose Manuel Pabon	5.40	Men	47
58	17.32	'Peckham Trotters'	Matthew Buckley	5.57	Paul Crompton	5.41	Darryl Coulter	5.54	Men	48
59	17.35	Ealing Eagles	Hugo Serra Guerrero	5.39	Chris Blackwell	6.10	Paul Peasegood	5.46	Men	49
60	17.39	West 4 Harriers D'	Adrian Smith	5.45	Peter Hall	6.03	Jez Oakley	5.51	Men	50
61	17.41	Still One Many Down!	Damian Ings	5.57	Andrew Doig	5.31	Damian Ings	6.13	Men	51
62	17.42	The A in Average	Ian Shurmer	5.53	Karl Henson	5.58	John Cunningham	5.51	Men	52
63	17.43	Jedward	Edward Keighley	5.49	Jessica Phippen	6.15	Edward Keighley	5.39	Mixed	6
64	17.51	'Clapham Pioneers team 2'	Nick Wright	5.24	Rebecca Evans	6.21	David Goodman	6.06	Mixed	7
65	17.52	'LFR Mens 7'	Christos Bitzis-Politis	6.02	Francis Ocallaghan	5.43	Neil Colquhoun	6.07	Men	53
66	17.57	IRIS	Steve Land	5.36	Alvaro Peree	6.53	Darren Hyatt	5.28	Men	54
67	17.58	VPH Women's A	Sophie Donges	5.42	Faye Jeacocke	6.21	Mandy Dohren	5.55	Women	6
68	17.59	Clapham Chasers 7	Claire Robb	5.37	Lorraine Smyth	6.01	Ruth Gloster	6.21	Women	7
69	18.00	Dulwich Men's B	Ebe Prill	5.24	Graham Laylee	6.33	Jim Dowsett	6.03	Men	55
70	18.00	'PM 1'	Ian Roots	5.29	Kerry mccarthy	6.01	Liz Richardson	6.30	Mixed	8
71	18.00	The Tollemaches	Stephanie Tollemache	5.34	Amy Capper	6.08	Cat Simpson	6.18	Women	8
72	18.00	'LFR Mens 8'	Nick Venaglia	5.44	Cristian Duran	6.07	Eduardo Schmidt	6.09	Men	56
73	18.04	'Heathside Hotrods'	Nick Dodd	6.25	Liam Hazleton	5.46	Nilesh Gowami	5.53	Men	57
74	18.07	Iwoaar A Team	Peter Clarke	5.19	Monika Crouse	6.06	Ola Balme	6.42	Mixed	9
75	18.19	'LCAC Ladies'	Helena Hayes	5.44	Karen Tostee	5.42	Jo Tillman	6.53	Women	9
76	18.20	Clapham Chasers 8	Fabio Maroni	6.05	Quintin Wright	5.57	Robert Harrison	6.18	Men	58
77	18.29	'LFR Womens 1'	Manue Chardon	5.59	Nadia Wilkinson	6.04	Helen Keeley	6.26	Women	10
78	18.33	West 4 Flying Ladies	Georgie Gillott	6.07	Rose Lewis	6.31	Sarah McIntosh	5.55	Women	11
79	18.40	Clapham Chasers 9	Jessica Bilbrey	5.42	Louise Bell	7.30	Maria Halley	5.28	Women	12
80	18.43	Clapham Chasers 11	Shermayne Chan	6.39	Cathryn Lower	6.35	Reuben McGregor	5.29	Mixed	10
81	18.44	Fulham RC	Sally Clarke	6.33	William Watts	6.16	Mark Stanton	5.55	Mixed	11
82	18.46	Fulham RC (2)	Richard Gayton	5.33	Rick Cannon	7.12	Richard Morris	6.01	Men	59
83	18.58	Dulwcih Ladies A	Suzannah Kinsella	6.30	Helen Lister	6.37	Andrea Pickup	5.51	Women	13

84	19.03	West 4 Nifty Fifties	Martin Peck	5.42	Andy Bowen	6.15	Jonathan Stirling	7.05	Vet 50	1
85	19.03	Connolly Clan	Patrick Connolly	5.30	Phoebe Connolly	5.54	Amanda Connolly	7.39	Mixed	12
86	19.04	'BCC Pace Cadets'	Marcus Mason	5.54	Allan Williams	6.37	Chris McIntyre	6.33	Men	60
87	19.13	London City AC	Kevin	6.33	James	6.09	Paul Cavallo	6.31	Men	61
88	19.15	'Clapham Pioneers team 6'	Catherine Fuller	6.24	Elise Dowell	6.19	Anneka Dew	6.32	Women	14
89	19.22	'Heathside V45 ladies'	Madeleine Minson	6.32	Emilia Vynnycky	6.43	Satu Hietanen	6.07	Women	15
90	19.22	VPH Mixed B	Tim Miller	5.54	Mordi Ebolum	7.50	Sam Duggan	5.38	Men	62
91	19.28	Vegan Runners	Emma Davids	6.52	Nazia Islam	6.57	Luke Anderson	5.39	Mixed	13
92	19.34	Iwoaar V50	Bob Harrison	6.19	Anthony Austin	6.55	Mark Critchlow	6.20	Vet 50	2
93	19.41	'RunThrough Rogues'	Sophie Carr	6.36	Clare Holman	6.43	Jenn Ruddick	6.22	Women	16
94	19.41	'LFR Womens 2'	Olivia Poole	6.15	Jen Kerrison	6.55	Fran Longstaff	6.31	Women	17
95	19.45	West 4 Swifty Sixties	Jon Scott-Francis	6.36	Nick Lines	6.15	Jane Rowden	6.54	Mixed	14
96	19.54	'Clapham Pioneers team 10'	Hamish Smith	6.05	Paul Reece	6.42	Deidre O'Connor	7.07	Mixed	15
97	20.06	Clapham Chasers 10	Myriam Tiec	6.54	Tara Reale	6.02	Katherine French	7.10	Women	18
98	20.30	Odds & Ends	Dan Maskell	7.22	Alan Davidson	7.31	Martin Harrison	5.37	Men	63
99	20.35	'LFR Mens 9'	Alex Rendall	6.39	Conor Devlin	6.21	Wei Sui	7.35	Men	64
100	20.38	'LFR Womens 3'	Miranda Cook	7.08	Nadia Atia	7.08	Manue Chardon	6.22	Women	19
101	20.46	Clapham Chasers 12	Nikki Hebenstreit	6.01	Caroline Hopkins	7.25	Becky Read	7.20	Women	20
102	20.58	'Combined Church Runners'	Tim Gray	7.50	Rene Berende	6.34	Chris Simpson	6.34	Men	65
103	21.03	VPH	Helen Smith	6.46	Elaine Battson	7.24	Helen Smith	6.53	Women	21
104	21.19	Neil Hum & Erika	Huw Keene	6.29	Neil Davies	7.24	Erika Orsagova	7.26	Mixed	16
105	21.50	Fulham Foxes	Jo Hensman	7.29	Claudia Schulz	6.33	Emma Warner	7.48	Women	22
106	21.50	Fulham	Katherine Elmore-Jones	7.50	Rachel Fitzsimmons	7.07	Clare McCollum	6.53	Women	23
107	22.01	'River Runners'	Alison O'Dowd	7.04	Leila Dirir	7.04	Mae Woods	7.53	Women	24
108	22.01	'Clapham Pioneers team 1'	Anna Pringle	7.14	Gisela Carr	7.28	Nadine Lee	7.19	Women	25
109	22.17	'Clapham Pioneers team 11'	Emma Louise	7.18	'Hannah Stanton'	7.42	'Gemma Chadwick'	7.17	Women	26
110	22.23	Oldies All Stars	Jean Luc Hoetz	6.40	Nike Kortzenray	8.21	Dennis Williams	7.22	Vet 50	3
111	22.37	The Smiley Milers	Sarah Newton	7.10	Beate Vogt	8.18	Ian Hall	7.09	Vet 50	4
112	22.45	'Clapham Pioneers team 4'	Sarah Prescott	7.57	Eimear Hale	7.37	Kirstie Norgate	7.11	Women	27
113	23.33	The Booths	Emma Booth	8.24	Terry Booth	6.17	Melanie Booth	8.52	Mixed	17

114	23.34	VPH Golden Girls	Sandra McHugh	7.31	Sopihe Critchlow	8.22	Susan Leese	7.41	Women	28
115	24.29	Clapham Pioneers team 13 Ve	Fiona Loftis	9.12	Elizabeth Moore	7.55	Paul Prentice	7.22	Vet 50	5
116	25.48	Joe & Coes	Joe Aspinall	8.11	Edwin Bartlett	8.56	Peter Torre	8.41	Vet 70	1

Rank	Time	Runner	Team
1	4.26	Adam Kirk-Smith	London Heathside A
2	4.31	Andrew Brooker	London Heathside A
3	4.32	Lewis Laylee	Dulwich Men's A
4	4.37	Angus Holford	Lancaster & Morecambe AC Select'
5	4.38	Timothy Bowen	'Airtalia'
6	4.39	David Jones	VPH Men A
7	4.40	Alex Davy	Inbits
8	4.40	Charles Hardy	London Heathside A
9	4.42	Eric Sapac	Herne Hill Harriers
10	4.42	Ryan McCrickerd	Warwick Ows
11	4.43	David Lawrence	Fulham Ferrets & Frogs
12	4.47	Al Whatmough	'Barnesy's Army'
13	4.48	Steven Artist	'LFR Mens 1'
14	4.48	Daniel McKeown	'Heathside Snaps'
15	4.48	Mark Gardner	Lancaster & Morecambe AC Select'
16	4.48	Andy Greenleaf	Inbits
17	4.48	Duncan Lawrence	Fulham Ferrets & Frogs
18	4.49	Rich Berry	West 4 Harriers A'
19	4.52	Andy Barnes	'Barnesy's Army'
20	4.52	Kimon Doulis	'Heathside Snaps'
21	4.52	Ciaran Gavin	West 4 Harriers A'
22	4.52	Richard Bull	Clapham Chasers 5

23	4.52	Jacob Landers	'Clapham Pioneers team 7'
24	4.53	Thomas Daley	Fulham Sheeprustlers
25	4.54	Nicoals Thomas	Fulham Sheeprustlers
26	4.54	Kirit Patel	'LFR Mens 1'
27	4.54	Bryn Reynolds	Clapham Chasers 1
28	4.57	Tim Sherman	'LCAC SM1'
29	4.57	Alan Moss	'Clapham Pioneers team 5'
30	4.58	John Devoy	Fulham Ferrets & Frogs
31	4.59	Nicolas Berger	Fulham Men's B
32	4.59	Lloyd Collier	Dulwich Men's A
33	4.59	Henry Wilson	'Clapham Pioneers team 5'
34	4.59	Ross Milne	'LFR Mens 2'
35	5.00	Paul Caulfield	West 4 Harriers A'
36	5.00	Edward Raymond	Inbits
37	5.01	Liam Davis	'Clapham Pioneers team 5'
38	5.01	Reuben McGregor	Clapham Chasers 1
39	5.01	Thomas Glasock	Leg It Eagles!
40	5.01	Mario Cadete	'LONDON HEATHSIDE'
41	5.01	James Gillanders	'LFR Mens 1'
42	5.03	Ed Holland	'LFR Mens 2'
43	5.04	Chris Shipley	'LONDON HEATHSIDE'
44	5.04	Alastair Locke	Dulwich Men's A
45	5.04	Stuart Meiklejohn	'LONDON HEATHSIDE'
46	5.04	Steve Woolley	West 4 Harriers B'
47	5.05	Leon Clement	'LFR Mens 3'
48	5.06	Andrew Wood	'LFR Mens 4'
49	5.07	Sam Duggan	VPH Men A
50	5.07	John Foxall	Leg It Eagles!
51	5.08	James Harbour	'Team Champ!'
52	5.08	Stuart Farmer	Fulham Sheeprustlers

53	5.08	Kyle Maranoos	Unilever
54	5.09	Eoghan O'Neill	Fulhamish
55	5.10	Gareth Marshall	'Heathside'
56	5.10	Josh Puttock	Wild Bunch Wonders
57	5.11	Jonathan Abel	West 4 Harriers B'
58	5.11	Rebecca Piggott	'Bridge Plank Superwoman'
59	5.11	Robin Sanderson	Herne Hill Harriers
60	5.11	Joseph McKeown	'Heathside Snaps'
61	5.11	Andy Stringer	Fulham Men's B
62	5.12	Kieran Santry	Rebel Eagles
63	5.12	Ryan McCrickerd	Warwick Ows
64	5.12	Dan Lally	Windle Valley
65	5.13	Stephen Nash	Mornington Chasers A
66	5.14	Paul Dunne	West 4 Harriers B'
67	5.14	Ros Ponder	West 4 Fast & Furious
68	5.15	Max Tollemache	Fulhamish
69	5.16	Karl Hayer	'LFR Mens 2'
70	5.16	Stewart McAndie	Fulham Men's B
71	5.16	Robert Lewis	'Team Champ!'
72	5.16	Tony Killilea	'Power of Three'
73	5.17	Andy Masters	West 4 Harriers C'
74	5.17	Joe Garrod	'Fat Rascals'
75	5.18	Gordon Berry	Wombles
76	5.18	Paul Billingham	'London City AC 3'
77	5.19	Peter Clarke	Iwoaar A Team
78	5.19	Jacob Howe	'Barnesy's Army'
79	5.20	Ben Unsworth	Clapham Chasers 5
80	5.20	Peter Mannion	Windle Valley
81	5.20	Adam Millbery	'LCAC SM1'
82	5.20	James Hamilton	Wombles

First Woman

Second Woman

83	5.21	Jake Spencer	'Heathside'
84	5.21	Celine Murray	'London Heathside'
85	5.21	Musa Adamu	Clapham Chasers 3
86	5.22	Mark Jefford	'Running rascals'
87	5.23	Tim Bennett	'Clapham Pioneers team 8'
88	5.23	John Keenan	'LFR Mens 5'
89	5.23	Victor Lio	Victors
90	5.23	Eric Dol	Herne Hill Harriers
91	5.24	Joseph Lowe	'LFR Mens 3'
92	5.24	Alex Peck	West 4 Harriers C'
93	5.24	Nick Wright	'Clapham Pioneers team 2'
94	5.24	Ebe Prill	Dulwich Men's B
95	5.25	Adam Yardley	'Clapham Pioneers team 7'
96	5.25	Will Bradley	'LCAC SM1'
97	5.25	Derek Green	'Clapham Pioneers team 8'
98	5.25	Rebecca Bunting	'Bridge Plank Superwoman'
99	5.27	Phil Reynolds	Fulham RC (1)
100	5.27	Andrew Dahlkamp	VPH Men A
101	5.27	Giles Corner	Clapham Chasers 2
102	5.28	Isaac Williams	Wild Bunch Wonders
103	5.28	Will Bunker	'Clapham Pioneers team 8'
104	5.28	Darren Hyatt	IRIS
105	5.28	Maria Halley	Clapham Chasers 9
106	5.29	Andrew Han	Fulham Bogg' Bunce & Beans
107	5.29	Tom Ferguson	Road to Sub 20
108	5.29	Ian Roots	'PM 1'
109	5.29	Chris Cooper	Fulham Bogg' Bunce & Beans
110	5.29	Adrian Dracup	Road to Sub 20
111	5.29	Reuben McGregor	Clapham Chasers 11
112	5.30	Ula Cartwright-Finch	'Power of Three'

Third Woman

113	5.30	Patrick Connolly	Connolly Clan
114	5.30	Richard Wingfield	'LFR Mens 3'
115	5.31	Stuart Luffman	Clapham Chasers 5
116	5.31	Neil Price	'Clapham Pioneers team 7'
117	5.31	Andrew Doig	Still One Many Down!
118	5.31	Martin White	West 4 Harriers C'
119	5.32	Max Randall	Fulhamish
120	5.32	James Screen	'Fat Rascals'
121	5.33	Richard Gayton	Fulham RC (2)
122	5.33	Robert Batchelor	Windle Valley
123	5.34	Natalie Ruffell	Clapham Chasers 6
124	5.34	Dan Luong	'LFR Mens 6'
125	5.34	Emma Payne	Clapham Chasers 4
126	5.34	Stephanie Tollemache	The Tollemaches
127	5.34	Miles Ward	'Clapham Pioneers team 3'
128	5.35	Niclaus Lindquist	Clapham Chasers 3
129	5.35	Rosa Serafini	'London Heathside'
130	5.36	Anna Critchlow	West 4 Fast & Furious
131	5.36	Steve Land	IRIS
132	5.36	Matthew Roberts	Team Dam
133	5.37	Daniel Day	Team Dam
134	5.37	Claire Robb	Clapham Chasers 7
135	5.37	Philip Jones	'Airtalia'
136	5.37	Rachel Badham	West 4 Fast & Furious
137	5.37	Philip Hogg	Making Up The Numbers
138	5.37	Martin Harrison	Odds & Ends
139	5.38	Alastair McKerrov	Unilever
140	5.38	Sam Duggan	VPH Mixed B
141	5.39	Andrew Firth	Making Up The Numbers
142	5.39	Hugo Serra Guerrero	Ealing Eagles

143	5.39	Freddie Dixon	Warwick Ows
144	5.39	Joy Barnaby	Fulham RC (1)
145	5.39	Edward Keighley	Jedward
146	5.39	Luke Anderson	Vegan Runners
147	5.40	James Hampshire	Fulham RC (1)
148	5.40	Jose Manuel Pabon	Rebel Eagles
149	5.41	Will Carr	'Clapham Pioneers team 3'
150	5.41	Paul Crompton	'Peckham Trotters'
151	5.41	Gareth Fletcher	'LFR Mens 5'
152	5.42	Paul O'Neill	Unilever
153	5.42	Sophie Donges	VPH Women's A
154	5.42	Jessica Bilbrey	Clapham Chasers 9
155	5.42	Martin Peck	West 4 Nifty Fifties
156	5.42	Jerad Leigh	Victors
157	5.42	Karen Tostee	'LCAC Ladies'
158	5.42	Jenna Mullet	Clapham Chasers 6
159	5.43	Mark Isham	Road to Sub 20
160	5.43	Andrew melrose	Making Up The Numbers
161	5.43	Francis Ocallaghan	'LFR Mens 7'
162	5.43	Nicola Timmins	Mornington Chasers A
163	5.44	Chris McCarthy	Clapham Chasers 3
164	5.44	Nick Venaglia	'LFR Mens 8'
165	5.44	Helena Hayes	'LCAC Ladies'
166	5.44	Hope Sloly	Mornington Chasers A
167	5.44	Paul Hunt	Clapham Chasers 2
168	5.45	Adrian Smith	West 4 Harriers D'
169	5.45	Leigh James	'Bridge Plank Superwoman'
170	5.45	Katie Ferguson	Clapham Chasers 6
171	5.45	James Stenning	'LFR Mens 4'
172	5.46	Thomas Fiest	'Team Champ!'

173	5.46	Tim Charters	'LFR Mens 4'
174	5.46	Liam Hazleton	'Heathside Hotrods'
175	5.46	Paul Peasegood	Ealing Eagles
176	5.47	Danny Chalkey	Clapham Chasers 2
177	5.47	Marie Duignan	'London City AC 3'
178	5.47	Christian Moxon	Clapham Chasers 1
179	5.49	Edward Keighley	Jedward
180	5.49	Kate Carter	Wombles
181	5.50	Glynn McDonald	'LFR Mens 5'
182	5.50	Badar Raisi	'LFR Mens 6'
183	5.50	Gabriel Carnwath	Clapham Chasers 4
184	5.51	Alan Li	Team Dam
185	5.51	Jez Oakley	West 4 Harriers D'
186	5.51	John Cunningham	The A in Average
187	5.51	Andrea Pickup	Dulwich Ladies A
188	5.53	Ian Shurmer	The A in Average
189	5.53	Nilesh Gowami	'Heathside Hotrods'
190	5.54	Marcus Mason	'BCC Pace Cadets'
191	5.54	Tim Miller	VPH Mixed B
192	5.54	Phoebe Connolly	Connolly Clan
193	5.54	Darryl Coulter	'Peckham Trotters'
194	5.55	Mandy Dohren	VPH Women's A
195	5.55	Sarah McIntosh	West 4 Flying Ladies
196	5.55	Mark Stanton	Fulham RC
197	5.56	Alun Nash	'Running rascals'
198	5.57	Matthew Buckley	'Peckham Trotters'
199	5.57	Damian Ings	Still One Many Down!
200	5.57	Quintin Wright	Clapham Chasers 8
201	5.58	Karl Henson	The A in Average
202	5.58	Andy Atkins	'LFR Mens 6'

203	5.59	Manue Chardon	'LFR Womens 1'
204	6.00	Victoria Randall	Clapham Chasers 4
205	6.01	Nikki Hebenstreit	Clapham Chasers 12
206	6.01	Lorraine Smyth	Clapham Chasers 7
207	6.01	Kerry mccarthy	'PM 1'
208	6.01	Benjamin Ashe	'Airtalia'
209	6.01	Richard Morris	Fulham RC (2)
210	6.02	Christos Bitzis-Politis	'LFR Mens 7'
211	6.02	Jesper	'Heathside'
212	6.02	Tara Reale	Clapham Chasers 10
213	6.03	Peter Hall	West 4 Harriers D'
214	6.03	Jim Dowsett	Dulwich Men's B
215	6.04	Mat Barber	'Fat Rascals'
216	6.04	Nadia Wilkinson	'LFR Womens 1'
217	6.05	Fabio Maroni	Clapham Chasers 8
218	6.05	Hamish Smith	'Clapham Pioneers team 10'
219	6.05	Gavin Parish	'Running rascals'
220	6.06	Monika Crouse	Iwoaar A Team
221	6.06	David Goodman	'Clapham Pioneers team 2'
222	6.07	Georgie Gillott	West 4 Flying Ladies
223	6.07	Cristian Duran	'LFR Mens 8'
224	6.07	Neil Colquhoun	'LFR Mens 7'
225	6.07	Satu Hietanen	'Heathside V45 ladies'
226	6.08	Amy Capper	The Tollemaches
227	6.09	Thomas Martini	Leg It Eagles!
228	6.09	Nick Sutcliffe	'London City AC 3'
229	6.09	James	London City AC
230	6.09	Eduardo Schmidt	'LFR Mens 8'
231	6.10	Jennifer Wing	'Power of Three'
232	6.10	Chris Blackwell	Ealing Eagles

233	6.12	Alastair Holford	Lancaster & Morecambe AC Select'
234	6.13	Ben Daly	'Clapham Pioneers team 3'
235	6.13	Damian Ings	Still One Many Down!
236	6.14	Esti Guijarro	'London Heathside'
237	6.15	Olivia Poole	'LFR Womens 2'
238	6.15	Jessica Phippen	Jedward
239	6.15	Andy Bowen	West 4 Nifty Fifties
240	6.15	Nick Lines	West 4 Swifty Sixties
241	6.16	William Watts	Fulham RC
242	6.17	Terry Booth	The Booths
243	6.18	Cat Simpson	The Tollemaches
244	6.18	Robert Harrison	Clapham Chasers 8
245	6.19	Bob Harrison	Iwoaar V50
246	6.19	Elise Dowell	'Clapham Pioneers team 6'
247	6.20	Mark Critchlow	Iwoaar V50
248	6.21	Rebecca Evans	'Clapham Pioneers team 2'
249	6.21	Faye Jeacocke	VPH Women's A
250	6.21	Conor Devlin	'LFR Mens 9'
251	6.21	Roderick Akihary	Fulham Bogg' Bunce & Beans
252	6.21	Miles Kershaw	Victors
253	6.21	Ruth Gloster	Clapham Chasers 7
254	6.22	Jenn Ruddick	'RunThrough Rogues'
255	6.22	Manue Chardon	'LFR Womens 3'
256	6.24	Catherine Fuller	'Clapham Pioneers team 6'
257	6.25	Nick Dodd	'Heathside Hotrods'
258	6.26	Helen Keeley	'LFR Womens 1'
259	6.29	Huw Keene	Neil Hum & Erika
260	6.30	Suzannah Kinsella	Dulwcih Ladies A
261	6.30	Liz Richardson	'PM 1'
262	6.31	Rose Lewis	West 4 Flying Ladies

263	6.31	Paul Cavallo	London City AC
264	6.31	Fran Longstaff	'LFR Womens 2'
265	6.32	Madeleine Minson	'Heathside V45 ladies'
266	6.32	Anneka Dew	'Clapham Pioneers team 6'
267	6.33	Sally Clarke	Fulham RC
268	6.33	Kevin	London City AC
269	6.33	Graham Laylee	Dulwich Men's B
270	6.33	Claudia Schulz	Fulham Foxes
271	6.33	Chris McIntyre	'BCC Pace Cadets'
272	6.34	Rene Berende	'Combined Church Runners'
273	6.34	Chris Simpson	'Combined Church Runners'
274	6.35	Jennifer Bozon	Wild Bunch Wonders
275	6.35	Cathryn Lower	Clapham Chasers 11
276	6.36	Sophie Carr	'RunThrough Rogues'
277	6.36	Jon Scott-Francis	West 4 Swifty Sixties
278	6.37	Helen Lister	Dulwich Ladies A
279	6.37	Allan Williams	'BCC Pace Cadets'
280	6.39	Shermayne Chan	Clapham Chasers 11
281	6.39	Alex Rendall	'LFR Mens 9'
282	6.39	Grainne Devery	Rebel Eagles
283	6.40	Jean Luc Hoetz	Oldies All Stars
284	6.42	Paul Reece	'Clapham Pioneers team 10'
285	6.42	Ola Balme	Iwoaar A Team
286	6.43	Emily Vynnycky	'Heathside V45 ladies'
287	6.43	Clare Holman	'RunThrough Rogues'
288	6.46	Helen Smith	VPH
289	6.52	Emma Davids	Vegan Runners
290	6.53	Alvaro Peree	IRIS
291	6.53	Jo Tillman	'LCAC Ladies'
292	6.53	Helen Smith	VPH

293	6.53	Clare McCollum	Fulham
294	6.54	Myriam Tiec	Clapham Chasers 10
295	6.54	Jane Rowden	West 4 Swiftly Sixties
296	6.55	Anthony Austin	Iwoaar V50
297	6.55	Jen Kerrison	'LFR Womens 2'
298	6.57	Nazia Islam	Vegan Runners
299	7.04	Alison O'Dowd	'River Runners'
300	7.04	Leila Dirir	'River Runners'
301	7.05	Jonathan Stirling	West 4 Nifty Fifties
302	7.07	Rachel Fitzsimmons	Fulham
303	7.07	Deidre O'Connor	'Clapham Pioneers team 10'
304	7.08	Miranda Cook	'LFR Womens 3'
305	7.08	Nadia Atia	'LFR Womens 3'
306	7.09	Ian Hall	The Smiley Milers
307	7.10	Sarah Newton	The Smiley Milers
308	7.10	Katherine French	Clapham Chasers 10
309	7.11	Kirstie Norgate	'Clapham Pioneers team 4'
310	7.12	Rick Cannon	Fulham RC (2)
311	7.14	Anna Pringle	'Clapham Pioneers team 1'
312	7.17	'Gemma Chadwick'	'Clapham Pioneers team 11'
313	7.18	Emma Louise	'Clapham Pioneers team 11'
314	7.19	Nadine Lee	'Clapham Pioneers team 1'
315	7.20	Becky Read	Clapham Chasers 12
316	7.22	Dan Maskell	Odds & Ends
317	7.22	Dennis Williams	Oldies All Stars
318	7.22	Paul Prentice	'Clapham Pioneers team 13 Vet 50'
319	7.24	Elaine Battson	VPH
320	7.24	Neil Davies	Neil Hum & Erika
321	7.25	Caroline Hopkins	Clapham Chasers 12
322	7.26	Erika Orsagova	Neil Hum & Erika

323	7.28	Gisela Carr	'Clapham Pioneers team 1'
324	7.29	Jo Hensman	Fulham Foxes
325	7.30	Louise Bell	Clapham Chasers 9
326	7.31	Sandra McHugh	VPH Golden Girls
327	7.31	Alan Davidson	Odds & Ends
328	7.35	Wei Sui	'LFR Mens 9'
329	7.37	Eimear Hale	'Clapham Pioneers team 4'
330	7.39	Amanda Connolly	Connolly Clan
331	7.41	Susan Leese	VPH Golden Girls
332	7.42	'Hannah Stanton'	'Clapham Pioneers team 11'
333	7.48	Emma Warner	Fulham Foxes
334	7.50	Tim Gray	'Combined Church Runners'
335	7.50	Katherine Elmore-Jones	Fulham
336	7.50	Mordi Ebolum	VPH Mixed B
337	7.53	Mae Woods	'River Runners'
338	7.55	Elizabeth Moore	'Clapham Pioneers team 13 Vet 50'
339	7.57	Sarah Prescott	'Clapham Pioneers team 4'
340	8.11	Joe Aspinall	Joe & Coes
341	8.18	Beate Vogt	The Smiley Milers
342	8.21	Nike Kortenaar	Oldies All Stars
343	8.22	Sopihe Critchlow	VPH Golden Girls
344	8.24	Emma Booth	The Booths
345	8.41	Peter Torre	Joe & Coes
346	8.52	Melanie Booth	The Booths
347	8.56	Edwin Bartlett	Joe & Coes
348	9.12	Fiona Lofts	'Clapham Pioneers team 13 Vet 50'