

Sri Chinmoy 5K Race

Battersea Park, London

10th July 2017

Kangaroo Hop



**SRI CHINMOY
MARATHON TEAM**



WINNERS

RANK	FIRST NAME	SURNAME	CLUB	M F	TIME
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Men U/50

1	Jonny	Hay	Aldershot	M	00.14.58
2	Joe	Croft	South London Harriers	M	00.15.34
3	David	Lawrence	Fulham RC	M	00.16.16
4	Keith	MacIntosh	Wimbledon Windmilers	M	00.16.22
5	Steve	Woolley	West 4 harriers	M	00.16.32
6	Mischa	Balen	Serpentine	M	00.16.35
7	Robert	Lloyd Smith	Sutton R	M	00.16.43

Women U/50

1	Sophie	Sheldrake	Highgate H	F	00:18:23
2	Rachel	Baker	Clapham Chasers	F	00.18.11
3	Victoria	Walker	Shaftesbury Barnet	F	00.18.15
4	Helen	Pool	Reading RR	F	00.20.39
5	Louise	Clark	West 4 harriers	F	00.23.02
6	Katherine	Elmore-Jones	Fulham RC	F	00.23.35
7	Claire	Seymour	Reading RR	F	00.23.57

Men Vet 50

1	Laurence	Duffy	Stragglers	M	00.18.32
2	Tom	Cheetham	Hercules Wimbledon	M	00.19.28
3	Alan	Wilkinson		M	00.21.25

Women Vet 50

1	Patricia	Thomas	Ealing Southhall & Middx	F	00.23.47
2	Annette	Helliwell	Collingwood AC	F	00.24.43
3	Ana	Horta Osorio		F	00.26.14

Men Vet 60

1	Hugh	Balfour	Dulwich R	M	00.20.12
2	Philip	Hunter		M	00.22.07

Women Vet 60

1	Phil	Kelvin	Serpentine	F	00.27.25
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Men Vet 70

1	Maurice	Sharp	Hercules Wimbledon	M	00.25.54
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ALL RESULTS BELOW

“Congratulations on completing the race. Ours is a runbritain-licensed event and therefore your time is included in calculating your free runbritain handicap score. More than 66,000 runners of all standards have now claimed their runbritain handicap score. As well as giving you a current score, between scratch and 36.0, your free personalised running biog page includes your current national ranking by age band and postcode, your position on the national ladder, your progress graph, your strongest distance, a head-to-head comparison with other runners and downloadable training schedules to improve your score next time you race. Your handicap score also updates automatically every time you complete a licensed event. To claim your score now, click on <http://www.runbritainrankings.com/user/claimhandicap.aspx>”

RESULTS

RANK	FIRST NAME	SURNAME	CLUB	M F	TIME	AGE	CATEGORY	CAT. POS.
1	Jonny	Hay	Aldershot	M	00.14.58	25	M U/50	1
2	Joe	Croft	South London Harriers	M	00.15.34	30	M U/50	2
3	David	Lawrence	Fulham RC	M	00.16.16	29	M U/50	3
4	Keith	MacIntosh	Wimbledon Windmilers	M	00.16.22	43	M U/50	4
5	Steve	Woolley	west 4 harriers	M	00.16.32	35	M U/50	5
6	Mischa	Balen	Serpentine	M	00.16.35	30	M U/50	6
7	Robert	Lloyd Smith	Sutton R	M	00.16.43	44	M U/50	7
8	Simon	Dunderdale	London Heathside Runners	M	00.16.48	35	M U/50	8
9	James	MacDonald	Cambridge H	M	00.16.53	36	M U/50	9
10	Edward	Raymond		M	00.16.56	44	M U/50	10
11	Andrew	Snook	Stragglers	M	00.16.59	36	M U/50	11
12	George	Longworth	Hercules Wimbledon	M	00.17.10	30	M U/50	12
13	Duncan	Lawrence	Fulham RC	M	00.17.13	26	M U/50	13
14	Stephen	Whitehead	Ranelagh Harriers	M	00.17.13	45	M U/50	14
15	Stewart	McAndie	Fulham Running Club	M	00.17.20	43	M U/50	15
16	Robert	Peacock	Herne Hill H	M	00.17.27	39	M U/50	16
17	Russell	Beard	Clapham Chasers	M	00.17.52	41	M U/50	17
18	Felix	Allen	Hercules Wimbledon	M	00.17.54	45	M U/50	18
19	Stewart	Stanton	Suton R	M	00.17.55	25	M U/50	19
20	Jonathan	Vintner	Blackheath and Bromley Harrie	M	00.17.57	28	M U/50	20
21	Russell	Price	Hercules Wimbledon	M	00.17.58	33	M U/50	21
22	Andrew	Davies	Hercules Wimbledon	M	00.17.59	43	M U/50	22
23	Paul	Sterland	Clapham Chasers	M	00.18.00	45	M U/50	23
24	Jose Manuel	Pabon	Ealing Eagles Running Club	M	00.18.01	34	M U/50	24
25	Sophie	Sheldrake	Highgate H	F	00.18.03	30	W U/50	1
26	Martin	Carmack	Serpentine	M	00.18.04	47	M U/50	25
27	Rachel	Baker	Clapham Chasers	F	00.18.11	28	W U/50	2
28	Will	Gallimore		M	00.18.12	32	M U/50	26
29	Victoria	Walker	Shaftesbury Barnet Harriers AC	F	00.18.15	24	W U/50	3
30	Jim	Carrington	hercules wimbledon ac	M	00.18.17	40	M U/50	27
31	Grant	Gonzalez		M	00.18.20	31	M U/50	28
33	Gary	James		M	00.18.23	39	M U/50	30
32	Stephen	Webb	Clapham Chasers	M	00.18.23	28	M U/50	29
34	Matt	Roberts	Ranelagh Harriers	M	00.18.27	39	M U/50	31
35	Laurence	Duffy	Stragglers	M	00.18.32	57	M Vet 50	1
36	Victor	Lio	Serpentine	M	00.18.39	28	M U/50	32
37	Fraser	Hagell	Herne Hill Harriers	M	00.18.43	29	M U/50	33
38	Doug	Rendle	London Heathside Runners	M	00.18.44	38	M U/50	34
39	Jeff	Webster	Dagenham 88 R	M	00.18.55	26	M U/50	35
40	Philip	Hogg	London Heathside	M	00.18.56	47	M U/50	36
41	Duncan	Lillie		M	00.19.04	38	M U/50	37
42	Adam	May	Hercules Wimbledon	M	00.19.07	36	M U/50	38
43	Shaun	Melvin	West4Harriers	M	00.19.21	33	M U/50	39

44	Tom	Cheetham	hercules wimbledon ac	M	00.19.28	50	M Vet 50	2
45	Andrew	Davie		M	00.19.29	39	M U/50	40
46	Manuel	Corriente		M	00.19.33	46	M U/50	41
47	Ken	McCallum		M	00.19.54	46	M U/50	42
48	David	Brooks	West 4 H	M	00.19.58	44	M U/50	43
49	Daniel	Day	Datchet Dashers	M	00.20.06	36	M U/50	44
50	Hugh	Balfour	Dulwich R	M	00.20.12	63	M Vet 60	1
51	David	Drury	London City R	M	00.20.29	44	M U/50	45
52	Tom	Bedwell	London Heathside Runners AC	M	00.20.31	38	M U/50	46
53	Nico	Redman		M	00.20.32	24	M U/50	47
54	Helen	Pool	Reading Road Runners	F	00.20.39	43	W U/50	4
55	Piero	Del Monte		M	00.20.49	45	M U/50	48
56	Myles	Hanson-Vaux		M	00.21.00	26	M U/50	49
57	Neil	Colquhoun	London Frontrunners	M	00.21.03	40	M U/50	50
58	Mark	Kell	Serpentine	M	00.21.20	36	M U/50	51
59	Alan	Wilkinson		M	00.21.25	57	M Vet 50	3
60	Darren	Hyatt		M	00.21.37	32	M U/50	52
61	Joseph	Bryan		M	00.21.41	27	M U/50	53
62	Ramon	Fernandez		M	00.21.49	50	M Vet 50	4
63	Jenny	Cooney	Collingwood AC	F	00.21.53	41	W U/50	5
64	Philip	Hunter		M	00.22.07	63	M Vet 60	2
65	Steve	Jones		M	00.22.20	37	M U/50	54
66	Greg	Murdoch		M	00.22.30	20	M U/50	55
67	Neal	Desai		M	00.22.41	32	M U/50	56
68	Louise	Clark	West4Harriers	F	00.23.02	41	W U/50	6
69	Andy	McFarlane	Ealing Eagles	M	00.23.20	39	M U/50	57
70	Katherine	Elmore-Jones	Fulham RC	F	00.23.35	40	W U/50	7
71	Kevin	McLellan	Serpentine	M	00.23.36	64	M Vet 60	3
72	Ian	Mursell	Vets AC	M	00.23.36	65	M Vet 60	4
73	Patricia	Thomas	Ealing, Southall & Middlesex A	F	00.23.47	52	W Vet 50	1
74	Claire	Seymour	reading roadrunners	F	00.23.57	41	W U/50	8
75	Adam	Young		M	00.24.40	44	M U/50	58
76	David	Halliday	Swinton running club	M	00.24.42	40	M U/50	59
77	Tony	Gallagher		M	00.24.43	61	M Vet 60	5
78	Annette	Helliwell	Collingwood AC	F	00.24.43	58	W Vet 50	2
79	Jen	Kingwill	west 4 harriers	F	00.24.46	36	W U/50	9
80	Keith	McNaught		M	00.24.52	43	M U/50	60
81	Stephen	Walker		M	00.25.18	45	M U/50	61
82	Andrew	McNamara		M	00.25.38	34	M U/50	62
83	Colin	Huggett		M	00.25.42	58	M Vet 50	5
84	Mark	Reid		M	00.25.49	46	M U/50	63
85	Maurice	Sharp	Hercules Wimbledon	M	00.25.54	72	M Vet 70	1
86	Steve	Butcher		M	00.26.01	59	M Vet 50	6
87	Shelley	Martin	West4Harriers	F	00.26.12	44	W U/50	10
88	Ana	Horta Osorio		F	00.26.14	53	W Vet 50	3
89	Heidi	Rasmussen	Serpentine	F	00.26.18	46	W U/50	11
90	Natalie	Davys	Dulwich R	F	00.26.21	38	W U/50	12
91	Scott Robert	Fowler	Serpentine	M	00.26.22	51	M Vet 50	7
92	Alvard	Caro		M	00.26.26	32	M U/50	64
93	Sharon	Erdman	Dulwich R	F	00.26.30	46	W U/50	13

94	Heather	Binney	Clapham pioneers	F	00.26.41	55	W Vet 50	4
95	Nigel	Whiteoak	RunThrough	M	00.26.44	44	M U/50	65
96	Emily	Locher		F	00.26.50	41	W U/50	14
97	Judith	Clarkson	Fulham Running Club	F	00.27.02	45	W U/50	15
98	Alan	Davidson	Ranelagh Harriers	M	00.27.04	70	M Vet 70	2
99	Phil	Kelvin	serpentine rc	F	00.27.25	65	W Vet 60	6
100	Susan	Virtanen	Clapham Runners	F	00.27.37	39	W U/50	16
101	Nina	TREVARTHEN	Crawley Saints & Sinners	F	00.28.07	50	W Vet 50	5
102	Josh	Smiles		M	00.28.09	26	M U/50	66
103	Michael	Leigh	Hercules Wimbledon	M	00.28.20	73	M Vet 70	3
104	Meg	Fowler		F	00.28.37	41	M U/50	67
105	Gordy	Whyte		M	00.28.37	47	W U/50	17
106	Ursula	White		F	00.29.19	28	W U/50	18
107	Christine	Munden		F	00.30.17	46	W U/50	19
108	John	O'Hara		M	00.31.27		M U/50	68
109	Chris	O'hara		M	00.31.27	30	M U/50	69
110	Laure	Selle	Fulham RC	F	00.31.32	38	W U/50	20
111	Edwin	Bartlett	Vets AC	M	00.34.36	72	M Vet 70	4
112	Peter	Torre	Mornington Chasers	M	00.34.43	75	M Vet 70	5
113	Rochelle	Infante		F	00.35.24	43	W U/50	21
114	Jane	Robins		F	00.35.48	25	W U/50	22
115	Danielle	Graydon		F	00.36.41	30	W U/50	23
116	Kate	Siddall		F	00.36.41	26	W U/50	24
117	Lance	Nortcliff	reading roadrunners	M	DNF	45	M U/50	
118	Mike	Smalley		M	DNF	33	M U/50	