

Sri Chinmoy 10K Race

Battersea Park, London

3rd August 2019

GREEN SPACE 10K



**SRI CHINMOY
MARATHON TEAM**



WINNERS

RANK	FIRST NAME	SURNAME	CLUB	M F	TIME	AGE
Men U/50						
1	Nicolas	Besson	Serpentine	Male	00:31:58	38
2	William	Woodcock	VP & TH	Male	00:32:50	25
3	Benjamin	Tolputt	Serpentine	Male	00:33:04	29
4	Aaron	McGrady	VP & TH	Male	00:33:17	29
5	Joel	Wiles	South London Harriers	Male	00:33:24	37
6	Samuel	Evans	Kent AC	Male	00:34:02	35
7	James	Gillanders	Serpentine	Male	00:35:04	41

Women U/50

1	Mary	James	South London Harriers	Female	00:36:57	44
2	Catrin	Tyler	London Heathside	Female	00:37:37	32
3	Alice	Whiley	Ravens City of London Running Club	Female	00:39:08	28
4	Sarah	Pemberton	Serpentine	Female	00:39:23	33
5	Alex	Binley	Hercules Wimbledon	Female	00:39:28	28
6	Victoria	Crawford	Serpentine	Female	00:39:29	33
7	Sarah	Dudgeon	Abingdon Athletic Club	Female	00:42:30	42

Men Vet 50

1	Alex	Davidson	Highgate Harriers	Male	00:35:19	57
2	Pascal	Sacrepaye		Male	00:38:20	55
3	Anthony	Constantinou	Collingwood	Male	00:38:20	55

Women Vet 50

1	Susan	McDonald	South London H	Female	00:37:54	52
2	Clare	Hawling	Cheltenham Harriers	Female	00:44:47	56
3	Kate	Ledin	Buxton AC	Female	00:47:35	59

Men Vet 60

1	John	Foss	South London Harriers	Male	00:40:21	67
2	Robert	Harrison	Herne Hill Harriers	Male	00:43:28	61

Women Vet 60

1	Marion	Rayner	West 4 Harriers	Female	00:51:52	69
2	Phil	Kelvin	Serpentine	Female	01:01:07	67

ALL RESULTS BELOW

“Congratulations on completing the race. Ours is a runbritain-licensed event and therefore your time is included in calculating your free runbritain handicap score. More than 66,000 runners of all standards have now claimed their runbritain handicap score. As well as giving you a current score, between scratch and 36.0, your free personalised running biog page includes your current national ranking by age band and postcode, your position on the national ladder, your progress graph, your strongest distance, a head-to-head comparison with other runners and downloadable training schedules to improve your score next time you race. Your handicap score also updates automatically every time you complete a licensed event. To claim your score now, click on <http://www.runbritainrankings.com/user/claimhandicap.aspx>”

RESULTS

RANK	FIRST NAME	SURNAME	CLUB	M F	TIME	AGE	CATEGORY	CAT. POS.
1	Nicolas	Besson	Serpentine	Male	00:31:58	38	M U/50	1
2	William	Woodcock	VP & TH	Male	00:32:50	25	M U/50	2
3	Benjamin	Tolputt	Serpentine	Male	00:33:04	29	M U/50	3
4	Aaron	McGrady	VP & TH	Male	00:33:17	29	M U/50	4
5	Joel	Wiles	South London Harriers	Male	00:33:24	37	M U/50	5
6	Samuel	Evans	kent ac	Male	00:34:02	35	M U/50	6
7	James	Gillanders	Serpentine	Male	00:35:04	41	M U/50	7
8	Tom	Darby	Clapham Chasers	Male	00:35:07	27	M U/50	8
9	Alex	Davidson	Highgate Harriers	Male	00:35:19	57	M Vet 50	1
10	Steven	Groom	Cambridge Harriers	Male	00:36:22	39	M U/50	9
11	Keith	MacIntosh	Wimbledon Windmilers	Male	00:36:26	45	M U/50	10
12	Ross	Gould		Male	00:36:28	28	M U/50	11
13	Andrew	Reeves	Serpentine	Male	00:36:43	49	M U/50	12
14	Tom	Pocock		Male	00:36:46	38	M U/50	13
15	Jonathan	Moscrop	Serpentine	Male	00:36:52	45	M U/50	14
16	Frederic	Wit	Triathlon Albertville T	Male	00:36:57	43	M U/50	15
17	Mary	James	South London Harriers	Female	00:36:57	44	W U/50	1
18	Jim	Addison	Beckenham	Male	00:37:00	47	M U/50	16
19	Christopher	Burke	London Heathside	Male	00:37:27	35	M U/50	17
20	paul	sterland	Clapham Chasers	Male	00:37:34	47	M U/50	18
21	Catrin	Tyler	London Heathside	Female	00:37:37	32	W U/50	2
22	Terence	Tsui	Clapham Chasers	Male	00:37:44	33	M U/50	19
23	Susan	McDonald	South London H	Female	00:37:54	52	W Vet 50	1
24	Ismaili	Anisse		Male	00:37:55	33	M U/50	20
25	Patrick	Sarkey		Male	00:38:19	25	M U/50	21
26	Pascal	Sacrepaye		Male	00:38:20	55	M Vet 50	2
27	Anthony	Constantinou	Collingwood	Male	00:38:20	55	M Vet 50	3
28	Oliver	Dean		Male	00:38:32	39	M U/50	22
29	Mark	Constantinou	Collingwood	Male	00:38:36	55	M Vet 50	4
30	Max	Livingstone-Learmonth	Abingdon Athletic Club	Male	00:38:51	41	M U/50	23
31	Alice	Whiley	Ravens City of London Running Club	Female	00:39:08	28	W U/50	3
32	David	Shaw	Striders of Croydon	Male	00:39:09	57	M Vet 50	5
33	Sarah	Pemberton	Serpentine Running and Athletics Club	Female	00:39:23	33	W U/50	4
34	Alex	Binley	Hercules Wimbledon	Female	00:39:28	28	W U/50	5
35	Victoria	Crawford	Serpentine	Female	00:39:29	33	W U/50	6
36	John	Hancock		Male	00:40:15	48	M U/50	24
37	John	Foss	South London Harriers	Male	00:40:21	60	M Vet 60	1
38	Thomas	Shiel		Male	00:40:39	28	M U/50	25
39	Richard	Hooley	Thames Valley Harriers	Male	00:41:10	57	M Vet 50	6
40	Joseph	Ibe		Male	00:41:15	39	M U/50	26
41	thomas	cheetham	hercules wimbledon ac	Male	00:41:19	52	M Vet 50	7
42	Darren	Woods	Striders of Croydon	Male	00:41:25	32	M U/50	27
43	Josh	Melville		Male	00:41:34	21	M U/50	28
44	Charly	Stephens	London City Athletics Club	Male	00:41:36	38	M U/50	29
45	Sean	Long		Male	00:41:48	26	M U/50	30
46	Sarah	Dudgeon	Abingdon Athletic Club	Female	00:42:30	42	W U/50	7

47	Steven	Mowll		Male	00:42:54	38	M U/50	31
48	Elaine	O'Callaghan	Clapham Chasers	Female	00:42:55	28	W U/50	8
49	Jason	Walkingshaw		Male	00:43:03	39	M U/50	32
50	John	Hinchin		Male	00:43:05	50	M Vet 50	8
51	Robert	Harrison	Heme Hill Harriers	Male	00:43:28	60	M Vet 60	2
52	Ewan	Tavener		Male	00:43:30	37	M U/50	33
53	David	Ruegg	London Fronrunners	Male	00:43:51	49	M U/50	34
54	peter	johnson	Striders of Croydon	Male	00:44:02	55	M Vet 50	9
55	Rob	Thurmott		Male	00:44:04	32	M U/50	35
56	Paul	Carter	Lingfield Running Club	Male	00:44:17	39	M U/50	36
57	William	Tracy		Male	00:44:27	55	M Vet 50	10
58	Clare	Hawling	Cheltenham Harriers	Female	00:44:47	56	W Vet 50	2
59	Simon	Leggett	Fulham Running Club	Male	00:44:51	27	M U/50	37
60	Chris	Dyke	Crystal Palace Fun Runners	Male	00:44:55	36	M U/50	38
61	Dan	Booth		Male	00:45:10	43	M U/50	39
62	Piotr	Skorupski		Male	00:45:10	36	M U/50	40
63	Glynn	McDonald	London Fronrunners	Male	00:45:22	56	M Vet 50	11
64	Iker	Madariaga Bilbao		Male	00:45:28	33	M U/50	41
65	Ian	Bleasdale		Male	00:45:39	53	M Vet 50	12
66	Yousuf	Alrustamani	Desert Road Runners	Male	00:45:45	36	M U/50	42
67	Graham	Spencer		Male	00:45:45	63	M Vet 60	3
68	Huw	Russell		Male	00:45:56	39	M U/50	43
69	Jodie	Clarke		Female	00:46:01	23	W U/50	9
70	Cristina	Aldea	West4Harriers	Female	00:47:31	34	W U/50	10
71	Kate	Ledin	Buxton AC	Female	00:47:35	59	W Vet 50	3
72	Helen	Foord		Female	00:47:51	23	W U/50	11
73	Sophie	Shaw	Clapham Chasers	Female	00:47:54	27	W U/50	12
74	Dirk	Thoemmes	Fulham Running Club	Male	00:48:08	39	M U/50	44
75	Sophie	Denman	Fulham Running Club	Female	00:48:16	31	W U/50	13
76	Brandon	White		Male	00:48:24	30	M U/50	45
77	Norman	Dillon		Male	00:48:40	38	M U/50	46
78	Ed	Frosztega		Male	00:48:57	39	M U/50	47
79	David	Kaye		Male	00:49:14	29	M U/50	48
80	Annika	Alexopoulou	Clapham Runners	Female	00:49:35	43	W U/50	14
81	Edward	Devenport		Male	00:49:36	33	M U/50	49
82	Stefan	Kaye		Male	00:49:52	63	M Vet 60	4
83	Simon	Shanks	stragglers, the	Male	00:50:03	56	M Vet 50	13
84	corrado	de sanctis	Serpentine	Male	00:50:07	52	M Vet 50	14
85	Lucy	Denny		Female	00:50:15	28	W U/50	15
86	Eve	Gallop-Evans	Les Croupiers Running Club	Female	00:50:17	55	W Vet 50	4
87	Alexandra	Legge	Striders of Croydon	Female	00:51:08	44	W U/50	16
88	ANTHONY	FERRIROLI	road runners club	Male	00:51:27	51	M Vet 50	15
89	Hugh	French	Dulwich Runners	Male	00:51:29	43	M U/50	50
90	Chris	McAllister		Male	00:51:42	53	M Vet 50	16
91	Marion	Rayner	west 4 harriers	Female	00:51:52	69	W Vet 60	1
92	Hamish	Summers		Male	00:51:53	40	M U/50	51
93	Ini	Ekwo	Lonely Goat RC 3795499	Male	00:52:10	51	M Vet 50	17
94	Hannah	Lacey	Clapham Chasers	Female	00:52:22	30	W U/50	17
95	Kristina	Potts		Female	00:53:19	41	W U/50	18
96	Duncan	Cowper		Male	00:54:54	42	M U/50	52
97	Stefan	Burnard		Male	00:55:14	64	M Vet 60	5
98	Christopher	Hopkins		Male	00:55:52	31	M U/50	53
99	Beatrice	Trapp		Female	00:56:56	22	W U/50	19

100	John	Grigg	Fulham Running Club	Male	00:57:04	65	M Vet 60	6
101	Lisa	Hoskins		Female	00:57:49	48	W U/50	20
102	Fergus	MacGregor		Male	00:58:23	22	M U/50	54
103	Magalie	Hermida		Female	00:58:24	30	W U/50	21
104	Aleksandra	Kaye		Female	00:58:55	29	W U/50	22
105	Lovisa	Nilsson		Female	01:01:02	33	W U/50	23
106	Phil	Kelvin	serpentine rc	Female	01:01:07	67	W Vet 60	2
107	Sarah	Moore		Female	01:01:55	31	W U/50	24
108	Karthik	Avadhani		Male	01:08:39	18	M U/50	55
109	Heath	Muirhead		Male	01:11:03	41	M U/50	56
110	Cris	Saunders		Female	01:11:49	43	W U/50	25
111	Guillermo Arturo	Murra Giacomani	ALMAGRANDE	Male	01:29:02	50	M Vet 50	18
112	Arturo Jose	Murra Lopez	ALMAGRANDE	Male	01:29:02	17	M U/50	57