

Sri Chinmoy 5K Race

Battersea Park, London

6th August 2018

FLYING FALCON



**SRI CHINMOY
MARATHON TEAM**



WINNERS

RANK	FIRST NAME	SURNAME	CLUB	M F	TIME	AGE
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Men U/50

1	Andy	Greenleaf	Serpentine	M	00:15:10	35
2	Rick	Weston	Serpentine	M	00:15:20	31
3	Daniel	Gaffney	South London H	M	00:15:36	35
4	Joe	Croft	South London H	M	00:15:39	31
5	Ryan	Evans	South London H	M	00:15:44	33
6	Mark	Worringham	Reading Roadrunners	M	00:15:45	40
7	Alex	Davy	Leeds City	M	00:15:46	29

Women U/50

1	Rachel	Robinson	Marshall Milton Keynes	F	00:17:01	26
2	Alexandra	Barbour	WSEH	F	00:18:21	19
3	Lisa	Rooney	Collingwood	F	00:18:28	39
4	Abigail	Fudge	Windle Valley Runners	F	00:19:36	28
5	Jessica	Prior	Trent Park RC	F	00:20:06	23
6	Karrie	Hill - Hughes		F	00:20:13	32
7	Helen	Pool	Reading Road Runners	F	00:20:20	44

Men Vet 50

1	Krzysztof	Klidzia	Striders of Croydon	M	00:18:13	53
2	Mark	Jefford	London Heathside	M	00:18:45	52
3	Anthony	Constantinou	Collingwood	M	00:18:50	54

Women Vet 50

1	Michele	Griffiths	Mornington Chasers	F	00:26:08	53
2	Sarah	Tindley	Collingwood	F	00:28:10	52
3	Nina	TREVARTHEN	Crawley saints & sinners	F	00:28:13	51

Men Vet 60

1	Martin	Milward	Fulham Running Club	M	00:20:19	63
2	Jonathan	Chambers	Fulham Running Club	M	00:21:14	61

Women Vet 60

1	Jane	Mulryan	Stockport Harriers & AC	F	00:22:44	63
2	Sarah	Newton	Serpentine	F	00:24:50	61

Men Vet 70

1	Alan	Davidson	Ranelagh Harriers	M	00:27:38	71
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Men Vet 80

1	Cliff	Collins	Vets AC	M	00:27:39	82
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Men Under 16

1	Brandon	Morrell	South London H	M	00:18:17	13
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ALL RESULTS BELOW

"Congratulations on completing the race. Ours is a runbritain-licensed event and therefore your time is included in calculating your free runbritain handicap score. More than 66,000 runners of all standards have now claimed their runbritain handicap score. As well as giving you a current score, between scratch and 36.0, your free personalised running biog page includes your current national ranking by age band and postcode, your position on the national ladder, your progress graph, your strongest distance, a

national ranking by age band and postcode, your position on the national ladder, your progress graph, your strongest distance, a head-to-head comparison with other runners and downloadable training schedules to improve your score next time you race. Your handicap score also updates automatically every time you complete a licensed event. To claim your score now, click on <http://www.runbritainrankings.com/user/claimhandicap.aspx>

RESULTS

RANK	FIRST NAME	SURNAME	CLUB	M F	TIME	AGE	CATEGORY	CAT. POS.
1	Andy	Greenleaf	Serpentine	M	00:15:10	35	M U/50	1
2	Rick	Weston	Serpentine	M	00:15:20	31	M U/50	2
3	Daniel	Gaffney	South London H	M	00:15:36	35	M U/50	3
4	Joe	Croft	South London H	M	00:15:39	31	M U/50	4
5	Ryan	Evans	South London H	M	00:15:44	33	M U/50	5
6	Mark	Worringham	reading roadrunners	M	00:15:45	40	M U/50	6
7	Alex	Davy	Leeds City	M	00:15:46	29	M U/50	7
8	William	Russell	Hercules Wimbeldon	M	00:15:53	28	M U/50	8
9	Xavier	Gruot	Serpentine	M	00:15:55	35	M U/50	9
10	Nicholas	Handley	Jp morgan running club	M	00:15:56	37	M U/50	10
11	Arne	Dumez	Belgrave Harriers	M	00:16:17	23	M U/50	11
12	Nick	Marriage	Fulham Running Club	M	00:16:18	34	M U/50	12
13	Robbie	Cox	Woodford Green	M	00:16:44	36	M U/50	13
14	Matt	Woodman	Stafford Harriers	M	00:16:47	41	M U/50	14
15	Hugh	Torry	Serpentine	M	00:16:51	39	M U/50	15
16	Stewart	Mcandie	Fulham Running Club	M	00:16:53	44	M U/50	16
17	Duncan	Lawrence	Headington R	M	00:16:55	30	M U/50	17
18	Russell	Ashford	Highate H	M	00:16:57	34	M U/50	18
19	David	Evans	Serpentine	M	00:16:59	28	M U/50	19
20	Andy	Waterman	Victoria Park H	M	00:16:59	37	M U/50	20
21	Gavin	Brandie	Clapham Chasers	M	00:17:00	40	M U/50	21
22	Rachel	Robinson	Marshall Milton Keynes	F	00:17:01	26	W U/50	1
23	Lance	Nortcliff	reading roadrunners	M	00:17:02	46	M U/50	22
24	Stephen	Fabes	Victoria Park Harriers & Tow	M	00:17:05	37	M U/50	23
25	Benjamin	Findlay	wseh	M	00:17:06	26	M U/50	24
26	Ryan	Keane	Thames Valley Harriers	M	00:17:17	27	M U/50	25
27	James	Ellis	Clapham Chasers	M	00:17:19	38	M U/50	26
28	Will	Gallimore	Clapham Chasers	M	00:17:26	33	M U/50	27
29	Robel	Fessom	Belgrave H	M	00:17:33	22	M U/50	28
30	stephen	thackeray		M	00:17:37	40	M U/50	29
31	William	Shippin	uknetrunner	M	00:17:45	32	M U/50	30
32	Steven	Bishop	Holland Sports AC	M	00:17:48	49	M U/50	31
33	Simon	Brown	London City Athletics Club	M	00:17:55	32	M U/50	32
34	Paul	Sterland	Clapham Chasers	M	00:17:55	46	M U/50	33
35	Michael	Cookings	London Heathside	M	00:18:02	38	M U/50	34
36	Peter	Fuller		M	00:18:09	23	M U/50	35
37	Phil	Jelly	Windle Valley Runners	M	00:18:10	37	M U/50	36
38	Rich	McAleer	Eastleigh RC	M	00:18:10	32	M U/50	37
39	Gary	James		M	00:18:12	40	M U/50	38
40	Krzysztof	Klidzia	Striders of Croydon	M	00:18:13	53	M Vet 50	1
41	William	Johnson	Belgrave Harriers	M	00:18:16	26	M U/50	39
42	Brandan	Morrell	South London H	M	00:18:17	13	M U/16	1
43	Max	Tollemache	Fulham Running Club	M	00:18:18	31	M U/50	40
44	Alexandra	Barbour	WSEH	F	00:18:21	19	W U/50	2
45	Tom	Blanshard	Clapham Chasers	M	00:18:28	29	M U/50	41
46	Lisa	Rooney	Collingwood	F	00:18:28	39	W U/50	3

47	Alex	Noble		M	00:18:29	24	M U/50	42
48	Steven	Artist	Serpentine	M	00:18:32	34	M U/50	43
49	Andrew	Han	Fulham Running Club	M	00:18:34	38	M U/50	44
50	Melvin	Lewis		M	00:18:35	34	M U/50	45
51	andrew	orr	Serpentine	M	00:18:37	41	M U/50	46
52	Phil	Reynolds	Fulham RC	M	00:18:42	38	M U/50	47
53	Mark	Jefford	London Heathside	M	00:18:45	52	M Vet 50	2
54	Anthony	Constantinou	Collingwood	M	00:18:50	54	M Vet 50	3
55	Joe	Farrington-Douglas	Dulwich R	M	00:18:51	39	M U/50	48
56	Rob	Cunningham	Ilkley Harriers	M	00:18:54	29	M U/50	49
57	John	Hutchinson	Clapham Chasers	M	00:19:02	39	M U/50	50
58	Doug	Rendle	London Heathside Runners	M	00:19:05	40	M U/50	51
59	Gareth	Fletcher	London Fronrunners	M	00:19:07	39	M U/50	52
60	Paul	Mulryan		M	00:19:13	35	M U/50	53
61	Mark	Constantinou	Collingwood	M	00:19:13	54	M Vet 50	4
62	Paul	Eccles		M	00:19:15	31	M U/50	54
63	Mark	Fuller	CLC Striders	M	00:19:29	25	M U/50	55
64	Abigail	Fudge	Windle Valley Runners	F	00:19:36	28	W U/50	4
65	Nigel	Cutts	Clapham Chasers	M	00:19:41	40	M U/50	56
66	Damian	Ings	Clapham R	M	00:19:48	44	M U/50	57
67	stephen	massey	Striders of Croydon	M	00:19:49	50	M Vet 50	5
68	Nikolas	Stephan	mornington chasers	M	00:19:51	33	M U/50	58
69	Jessica	Prior	Trent Park RC	F	00:20:06	23	W U/50	5
70	George	O'Neill		M	00:20:07	48	M U/50	59
71	Peter	Keane		M	00:20:08	38	M U/50	60
72	Ben	Jacklin		M	00:20:11	38	M U/50	61
73	Karrie	Hill - Hughes		F	00:20:13	32	W U/50	6
74	Martin	Milward	Fulham Running Club	M	00:20:19	63	M Vet 60	1
75	Helen	Pool	Reading Road Runners	F	00:20:20	44	W U/50	7
76	James	Benjamin		M	00:20:24	27	M U/50	62
77	Jenna	Downs	Clapham Chasers	F	00:20:28	23	W U/50	8
78	Allan	Cox	Clapham Chasers	M	00:20:30	41	M U/50	63
79	thomas	cheetham	hercules wimbledon ac	M	00:20:30	51	M Vet 50	6
80	christian	morris	serpentine running club	M	00:20:32	36	M U/50	64
81	Roger	Corbett	Serpentine	M	00:20:35	55	M Vet 50	7
82	Mark	Kell	Serpentine	M	00:20:40	37	M U/50	65
83	James	Ryder	Wimbledon Windmilers	M	00:20:49	38	M U/50	66
84	Paul	Turnbull		M	00:20:51	36	M U/50	67
85	Ben	Bishop	Clapham Chasers	M	00:20:54	35	M U/50	68
86	John	Greene		M	00:21:00	52	M Vet 50	8
87	Jonathan	Chambers	Fulham Running Club	M	00:21:14	61	M Vet 60	2
88	Simon	Bellamy		M	00:21:30	30	M U/50	69
89	Darko	Calina	Sutton runners	M	00:21:35	54	M Vet 50	9
90	Tom	Cosgrove		M	00:21:40	51	M Vet 50	10
91	Neil	Colquhoun	London Fronrunners	M	00:21:52	41	M U/50	70
92	Daniel	Comens	Sutton runners	M	00:21:58	44	M U/50	71
93	Sam	O'Rearden		M	00:22:00	26	M U/50	72
94	Jack	Bartholomew		M	00:22:06	29	M U/50	73
95	Alvin	Nash	London Heathside	M	00:22:07	57	M Vet 50	11
96	Christine	Gorman	Clapham Chasers	F	00:22:12	26	W U/50	9
97	Andrew	Cornish		M	00:22:14	52	M Vet 50	12
98	philip	hunter		M	00:22:18	64	M Vet 60	3
99	Shun-Lai	Chan	Collingwood	F	00:22:19	48	W U/50	10
100	Margarita	Murillo Benitez		F	00:22:21	23	W U/50	11
101	Daisy	Christodoulou	Unattached	F	00:22:29	33	W U/50	12
102	Kim	Scofield	Clapham Chasers	F	00:22:33	36	W U/50	13

103	Paul	Davie		M	00:22:39	41	M U/50	74
104	Andrew	McNamara	Fulham Running Club	M	00:22:43	35	M U/50	75
105	Jessica	Davies	Thames Hare and Hounds	F	00:22:44	28	W U/50	14
106	Becky	Sandford	London Heathside	F	00:22:44		W U/50	15
107	Jane	Mulryan	Stockport Harriers & AC	F	00:22:44	63	W Vet 60	1
108	Dean	Saliba	Victoria Park Harriers and T	M	00:22:46	39	M U/50	76
109	Poppy	de Courcy-Wheeler		F	00:22:52	27	W U/50	16
110	Katherine	Ellis	Clapham Chasers	F	00:22:58	38	W U/50	17
111	Nicole	Rickett	Reading Road Runners	F	00:23:05	36	W U/50	18
112	placek	henri	Fulham Running Club	M	00:23:10	51	M Vet 50	13
113	Miss Phoebe C	Roth		F	00:23:13	23	W U/50	19
114	David	Hallson	RRC	F	00:23:40	65	M Vet 60	4
115	Nathan	Jones		M	00:24:02	23	M U/50	77
116	Chris	Leadbeater		M	00:24:16	36	M U/50	78
117	Suzanne	Always	Hercules Wimbeldon	F	00:24:25	28	W U/50	20
118	Sarah	Newton	Serpentine	F	00:24:50	61	W Vet 60	2
119	Andrea	Sanders-Reece	Serpentine	F	00:25:00	62	W Vet 60	3
120	Claire	Seymour	reading roadrunners	F	00:25:00	42	W U/50	21
121	Marc	Freymuth		M	00:25:07	40	M U/50	79
122	Sarah	Newton	Serpentine	F	00:25:14	65	W Vet 60	4
123	Amy	Hammond		F	00:25:55	23	W U/50	22
124	Mark	Reid		M	00:25:56	47	M U/50	80
125	Stewart	Leather		M	00:25:57	55	M Vet 50	14
126	Tom	Crosthwaite		M	00:26:04	26	M U/50	81
127	Michele	Griffiths	mornington chasers	F	00:26:08	53	W Vet 50	1
128	Yasmin	Tivey		F	00:26:18	27	W U/50	23
129	John	Grigg	Fulham Running Club	M	00:26:59	64	M Vet 60	5
130	Sage	Park		F	00:27:24	40	W U/50	24
131	Alan	Davidson	Ranelagh Harriers	M	00:27:38	71	M Vet 70	1
132	Cliff	Collins	Vets AC	M	00:27:39	82	M Vet 80	1
133	Andrew	Dowden	andrew dowden	M	00:27:44	58	M Vet 50	15
134	Lara	Gimblett	Fulham Running Club	F	00:27:54	28	W U/50	25
135	Martin	Mulryan		M	00:27:57	62	M Vet 60	6
136	Neil	Davies	26.2 RRC	M	00:27:58	53	M Vet 50	16
137	Sarah	Tindley	Collingwood	F	00:28:10	52	W Vet 50	2
138	Nina	TREVARTHEN	Crawley saints & sinners	F	00:28:13	51	W Vet 50	3
139	Ursula	White	Fulham Running Club	F	00:29:20	29	W U/50	26
140	Marianne	Morris	serpentine running club	F	00:29:55	68	W Vet 60	5
141	Rosa	Constantinou	Collingwood	F	00:29:57	50	W Vet 50	4
142	Christopher	Shaw	Fulham Running Club	M	00:30:00	39	M U/50	82
143	jilly	parker	Fulham Running Club	F	00:30:43	59	W Vet 50	5
144	Alice	Walters		F	00:30:45	45	W U/50	27
145	Maria	Lucia		F	00:31:29	26	W U/50	28
146	Peter	Torre	Vets AC	M	00:32:47	76	M Vet 70	2
147	Rupert	Quested	Collingwood	M	00:34:07	71	M Vet 70	3
148	Jess	Hines		F	00:34:36	46	W U/50	29
149	Edwin	Bartlett	Vets AC	M	00:35:10	74	M Vet 70	4