

# Sri Chinmoy 5K Race

Battersea Park, London

10th June 2019

## DASHING DEER 5K



**SRI CHINMOY  
MARATHON TEAM**



### WINNERS

RANK	FIRST NAME	SURNAME	CLUB	M   F	TIME	AGE
Men U/50						
1	Nicholas	Buckle	Belgrave Harriers	M	00:15:35	27
2	Edward	Chuck	Dulwich Runners AC	M	00:15:50	32
3	Timothy	Bowen	Dulwich Runners AC	M	00:15:52	35
4	Arne	Dumez	Belgrave Harriers	M	00:15:57	24
5	Andy	Bond	Dulwich Runners AC	M	00:15:58	45
6	Lewis	Laylee	Herne Hill Harriers	M	00:15:59	20
7	Nicholas	Handley	Jp morgan running club	M	00:16:03	38

#### Women U/50

1	Sophie	Harris	Swansea harriers	F	00:16:33	25
2	Yasmin	Marghini	Hern hill /belgrave	F	00:17:28	17
3	Alice	Ritchie	Marshall Milton Keynes	F	00:17:40	24
4	Elkie	Mace	Dulwich Runners AC	F	00:18:08	37
5	Ali	Campbell	Dulwich Runners AC	F	00:18:09	28
6	Mary	James	South London Harriers	F	00:18:35	44
7	Marta	Miaskiewicz	Dulwich runners	F	00:18:46	35

#### Men Vet 50

1	Tony	Tuohy	Dulwich Runners AC	M	00:16:58	56
2	David	Kelly	Higham Harriers	M	00:17:20	50
3	Alex	Davidson	Highgate Harriers	M	00:17:32	57

#### Women Vet 50

1	Alice	Riddell-Webster	Fulham Running Club	F	00:19:35	52
2	Kay	Trinder	Woking AC	F	00:19:41	53
3	Lucy	Woolhouse	ac veterans	F	00:20:00	57

#### Men Vet 60

1	Stephen	Smythe	Dulwich Runners AC	M	00:20:01	61
2	Jonathan	Chambers	Fulham Running Club	M	00:21:13	62

#### Women Vet 60

1	Ros	Tabor	Dulwich Runners AC	F	00:23:09	69
2	Sarah	Newton	Serpentine	F	00:25:02	62

#### Men Vet 70

1	John	Quaintance	South London Harriers	M	00:23:18	70
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## ALL RESULTS BELOW

“Congratulations on completing the race. Ours is a runbritain-licensed event and therefore your time is included in calculating your free runbritain handicap score. More than 66,000 runners of all standards have now claimed their runbritain handicap score. As well as giving you a current score, between scratch and 36.0, your free personalised running biog page includes your current national ranking by age band and postcode, your position on the national ladder, your progress graph, your strongest distance, a head-to-head comparison with other runners and downloadable training schedules to improve your score next time you race. Your handicap score also updates automatically every time you complete a licensed event. To claim your score now, click on <http://www.runbritainrankings.com/user/claimhandicap.aspx>”

# RESULTS

RANK	FIRST NAME	SURNAME	CLUB	M   F	TIME	AGE	CATEGORY	CAT. POS.
1	Nicholas	Buckle	Belgrave Harriers	M	00:15:35	27	M U/50	1
2	Edward	Chuck	Dulwich Runners AC	M	00:15:50	32	M U/50	2
3	Timothy	Bowen	dulwich runners ac	M	00:15:52	35	M U/50	3
4	Arne	Dumez	Belgrave Harriers	M	00:15:57	24	M U/50	4
5	Andy	Bond	Dulwich Runners AC	M	00:15:58	45	M U/50	5
6	Lewis	Laylee	Herne Hill Harriers	M	00:15:59	20	M U/50	6
7	Nicholas	Handley	Jp morgan running club	M	00:16:03	38	M U/50	7
8	Harry	Lawson	Tonbridge AC	M	00:16:04	19	M U/50	8
9	Stuart	Farmer	Fulham Running Club	M	00:16:10	42	M U/50	9
10	Shane	O'Neill	Dulwich Runners AC	M	00:16:12	30	M U/50	10
11	Jack	Ramm	Dulwich Runners AC	M	00:16:13	30	M U/50	11
12	Ben	Goddard	Woking AC	M	00:16:15	34	M U/50	12
13	Jamie	Seddon	Marshall Milton Keynes	M	00:16:21	24	M U/50	13
14	Aaron	Burgess	Oxford City Athletics Club	M	00:16:22	37	M U/50	14
15	Edward	Harper	Dulwich Runners AC	M	00:16:25	29	M U/50	15
16	Robel	Fesoom	Belgrave Harriers	M	00:16:32	23	M U/50	16
17	Sophie	Harris	Swansea harriers	F	00:16:33	25	W U/50	1
18	Samuel	Evans	kent ac	M	00:16:37	35	M U/50	17
19	Mr	Alex		M	00:16:38	29	M U/50	18
20	Daniel	Mann	dulwich runners ac	M	00:16:40	41	M U/50	19
21	Calum	Nicol	TVH	M	00:16:40	33	M U/50	20
22	David	Williams	Sutton Runners	M	00:16:42	47	M U/50	21
23	Douglas	Cameron	London City Athletics Club	M	00:16:43	29	M U/50	22
24	Thomas	South	Dulwich Runners AC	M	00:16:45	43	M U/50	23
25	James	Gillanders	Serpentine	M	00:16:47	41	M U/50	24
26	Robbie	Cox	Woodford Green/Serpentin	M	00:16:48	37	M U/50	25
27	Martin	Richardson	Blackheath and Bromley Ha	M	00:16:57	34	M U/50	26
28	Tony	Tuohy	Dulwich Runners AC	M	00:16:58	56	M Vet 50	1
29	Peter	Jenkins	Dulwich Runners AC	M	00:17:02	40	M U/50	27
30	Jonathan	Moscrop	Serpentine	M	00:17:02	45	M U/50	28
31	Matt	Woodman	Stafford Harriers	M	00:17:16	41	M U/50	29
32	Stewart	Mcandie	Fulham Running Club	M	00:17:19	45	M U/50	30
33	David	Kelly	Higham Harriers	M	00:17:20	50	M Vet 50	2
34	Joe	Twomey	Dulwich Runners AC	M	00:17:21	32	M U/50	31
35	Myles	Preston	mornington chasers	M	00:17:23	33	M U/50	32
36	Andrew	Snook		M	00:17:26	38	M U/50	33
37	Jonathan	Battye		M	00:17:26	33	M U/50	34
38	Yasmin	Marghini	Hern hill /belgrave	F	00:17:28	17	W U/50	2
39	Robert	Hastings	Clapham Chasers	M	00:17:29	37	M U/50	35
40	Jason	Medcalf	Evrotas RC	M	00:17:30	42	M U/50	36
41	Alex	Davidson	Highgate Harriers	M	00:17:32	57	M Vet 50	3
42	Patrick	Thomas	Hercules Wimbledon AC	M	00:17:34	33	M U/50	37
43	Jonathan	Vintner	Blackheath and Bromley Ha	M	00:17:39	30	M U/50	38
44	Alice	Ritchie	Marshall Milton Keynes	F	00:17:40	24	W U/50	3
45	Des	Crinion	Dulwich Runners AC	M	00:17:43	35	M U/50	39
46	William	Shippin	uknetrunner	M	00:17:47	33	M U/50	40
47	Phil	Jelly	Windle Valley Runners	M	00:17:51	38	M U/50	41

48	Ian	Lilley	Dulwich Runners AC	M	00:17:59	47	M U/50	42
49	Thomas	Wilson	Dulwich Runners AC	M	00:18:07	44	M U/50	43
50	Elkie	Mace	Dulwich Runners AC	F	00:18:08	37	W U/50	4
51	Ali	Campbell	Dulwich Runners AC	F	00:18:09	28	W U/50	5
52	Paul	Collyer	Dulwich Runners AC	M	00:18:13	50	M Vet 50	4
53	Lawrence	Burton	Belgrave Harriers	M	00:18:14	28	M U/50	44
54	Jacob	Plummer	Hercules Wimbledon AC	M	00:18:16	26	M U/50	45
55	Alex	Gurteen	Epsom & Ewell Harriers	M	00:18:18	19	M U/50	46
56	Charles	Lound	Dulwich Runners AC	M	00:18:24	52	M Vet 50	5
57	Chris	Cooper	Fulham Running Club	M	00:18:26	28	M U/50	47
58	Doug	Rendle	London Heathside Runners	M	00:18:26	40	M U/50	48
59	Joe	Farrington-Douglas	Dulwich Runners AC	M	00:18:28	40	M U/50	49
60	Andrew	Davies	hercules wimbledon ac	M	00:18:31	45	M U/50	50
61	?	?	?	M	00:18:34	36	M U/50	51
62	Mary	James	South London Harriers	F	00:18:35	44	W U/50	6
63	Grzegorz	Galezia	Dulwich runners	M	00:18:36	49	M U/50	52
64	Alasdair	Kite	Holland Sports AC	M	00:18:38	26	M U/50	53
65	Eugene	Cross	Dulwich Runners AC	M	00:18:42	38	M U/50	54
66	Marta	Miaskiewicz	Dulwich runners	F	00:18:46	35	W U/50	7
67	Jonathan	Whittaker	Dulwich Runners AC	M	00:18:50	39	M U/50	55
68	Shaun	Melvin	West4Harriers	M	00:18:55	35	M U/50	56
69	Ross	Rook	Dulwich Runners AC	M	00:19:05	38	M U/50	57
70	Laura	Bohm	Clapham Chasers	F	00:19:07	28	W U/50	8
71	Anto	Dudgeon		M	00:19:16	40	M U/50	58
72	Shaun	Cooney	South London Harriers	M	00:19:24	45	M U/50	59
73	Matthew	Cooke	Dulwich Runners AC	M	00:19:25	38	M U/50	60
74	thomas	musson	Helpston Harriers	M	00:19:29	35	M U/50	61
75	Ben	Jacklin		M	00:19:30	39	M U/50	62
76	Allan	Cox	Clapham Chasers	M	00:19:34	42	M U/50	63
77	Alice	Riddell-Webster	Fulham Running Club	F	00:19:35	52	W Vet 50	1
78	Ian	Anderson	London Heathside Runners	M	00:19:39	36	M U/50	64
79	Kay	Trinder	Woking AC	F	00:19:41	53	W Vet 50	2
80	Andy	Naylor	London Heathside Runners	M	00:19:45	37	M U/50	65
81	Jo	Hall	Victoria Park Harriers & Tow	F	00:19:55	28	W U/50	9
82	Naomi	Parsons	Serpentine	F	00:20:00	39	W U/50	10
83	Lucy	Woolhouse	ac veterans	F	00:20:00	57	W Vet 50	3
84	Stephen	Smythe	Dulwich Runners AC	M	00:20:01	61	M Vet 60	1
85	Rebecca	Schulleri	Dulwich Runners AC	F	00:20:02	30	W U/50	11
86	Ben	Johnson	Ranelagh Harriers	M	00:20:07	39	M U/50	66
87	Lucy	Pickering	Dulwich Runners AC	F	00:20:07	53	W Vet 50	4
88	Sarah	Dudgeon	Abingdon Athletic Club	F	00:20:12	42	W U/50	12
89	Martin	Double	Dulwich Runners AC	M	00:20:12	42	M U/50	67
90	Kim	Hainsworth	Dulwich Runners AC	F	00:20:13	37	W U/50	13
91	Yvette	Dore	Dulwich runners	F	00:20:18	47	W U/50	14
92	thomas	cheetham	hercules wimbledon ac	M	00:20:18	52	M Vet 50	6
93	Chris	Dunhill	South London Harriers	M	00:20:19	45	M U/50	68
94	Michelle	Lennon	Dulwich Runners AC	F	00:20:20	52	W Vet 50	5
95	Alexis	Atkinson		M	00:20:23	39	M U/50	69
96	Jeremy	Nelson	Evrotas RC	M	00:20:24	55	M Vet 50	7
97	?	?		M	00:20:25		M U/50	70
98	Belinda	Cottrill	Dulwich Runners AC	F	00:20:31	35	W U/50	15
99	Roger	Corbett	Serpentine	M	00:20:40	56	M Vet 50	8
100	Eilidh	Wagstaff	London Heathside Runners	F	00:20:43	28	W U/50	16

101	Sara	Roloff	Dulwich Runners AC	F	00:20:46	37	W U/50	17
102	Robert	Prichard-Jones	Fulham Running Club	M	00:20:47	27	M U/50	71
103	Adele	Boesinger	South London Harriers	F	00:21:05	30	W U/50	18
104	Laura	Vincent	Dulwich Runners AC	F	00:21:11	36	W U/50	19
105	Jonathan	Chambers	Fulham Running Club	M	00:21:13	62	M Vet 60	2
106	Alice	Hosking	London Heathside	F	00:21:15	24	W U/50	20
107	Jamie	Price		M	00:21:27	42	M U/50	72
108	Katie	Styles	Dulwich Runners AC	F	00:21:28	38	W U/50	21
109	Cameron	Timmis	Dulwich Runners AC	M	00:21:33	48	M U/50	73
110	Gideon	Franklin	Dulwich Runners AC	M	00:22:00	56	M Vet 50	9
111	Kerry	Foley	Evrotas RC	F	00:22:06	42	W U/50	22
112	Heather	Hagis	London City Athletics Club	F	00:22:13	30	W U/50	23
113	Chris	Newberry	Horsham joggers	M	00:22:32	50	M Vet 50	10
114	Hannah	Harvest	Dulwich Runners AC	F	00:22:35	32	W U/50	24
115	Bob	Bell	Dulwich Runners AC	M	00:22:46	65	M Vet 60	3
116	Kate	Ledin	Buxton AC	F	00:22:57	59	W Vet 50	6
117	Graham	Laylee	Dulwich Runners AC	M	00:23:02	62	M Vet 60	4
118	Hugh	French	Dulwich Runners AC	M	00:23:03	43	M U/50	74
119	Aidan	Daly		M	00:23:03	35	M U/50	75
120	ROS	Tabor	Dulwich Runners AC	F	00:23:09	69	W Vet 60	1
121	John	Quaintance	South London Harriers	M	00:23:18	70	M Vet 70	1
122	Paul	Lehmann		M	00:23:43	45	M U/50	76
123	Bret	Simon	Fulham Running Club	M	00:24:19	44	M U/50	77
124	Barrie John	Nicholls	Dulwich Runners AC	M	00:24:24	65	M Vet 60	5
125	David	Shute	Wimbledon Windmilers	M	00:24:25	53	M Vet 50	11
126	Andrew	Murray	Dulwich Runners AC	M	00:24:40	66	M Vet 60	6
127	Karina	Burrowes	Dulwich Runners AC	F	00:24:43	30	W U/50	25
128	Jason	Hill		M	00:24:49	46	M U/50	78
129	Sarah	Newton	Serpentine	F	00:25:02	62	W Vet 60	2
130	Sonja	Jutte	Dulwich Runners AC	F	00:25:04	40	W U/50	26
131	Claire	Steward	Dulwich Runners AC	F	00:25:05	67	W Vet 60	3
132	Sharon	Erdman	Dulwich runners	F	00:25:18	48	W U/50	27
133	Sarah	Knox	Victoria Park Harriers & Tow	F	00:25:21	49	W U/50	28
134	jean-luc	hoez	serpentine running club	M	00:25:37	61	M Vet 60	7
135	Yvonne	Ellis	Evrotas RC	F	00:26:07	46	W U/50	29
136	Bob	Watson		M	00:26:16	53	M Vet 50	12
137	Christopher	Shaw	Fulham Running Club	M	00:28:59	40	M U/50	79
138		Quested	Collingwood AC	M	00:33:16	72	M Vet 70	2
139	Edwin	Bartlett	Veterans AC	M	00:34:31	74	M Vet 70	3