

Sri Chinmoy 5K Race

Battersea Park, London

10th June 2019

DASHING DEER 5K



**SRI CHINMOY
MARATHON TEAM**



WINNERS

| RANK | FIRST NAME | SURNAME | CLUB | M F | TIME | AGE |
|----------|------------|---------|------------------------|-------|----------|-----|
| Men U/50 | | | | | | |
| 1 | Nicholas | Buckle | Belgrave Harriers | M | 00:15:35 | 27 |
| 2 | Edward | Chuck | Dulwich Runners AC | M | 00:15:50 | 32 |
| 3 | Timothy | Bowen | Dulwich Runners AC | M | 00:15:52 | 35 |
| 4 | Arne | Duméz | Belgrave Harriers | M | 00:15:57 | 24 |
| 5 | Andy | Bond | Dulwich Runners AC | M | 00:15:58 | 45 |
| 6 | Lewis | Laylee | Herne Hill Harriers | M | 00:15:59 | 20 |
| 7 | Nicholas | Handley | Jp morgan running club | M | 00:16:03 | 38 |

Women U/50

| | | | | | | |
|---|--------|-------------|------------------------|---|----------|----|
| 1 | Sophie | Harris | Swansea harriers | F | 00:16:33 | 25 |
| 2 | Yasmin | Marghini | Hern hill /belgrave | F | 00:17:28 | 17 |
| 3 | Alice | Ritchie | Marshall Milton Keynes | F | 00:17:40 | 24 |
| 4 | Elkie | Mace | Dulwich Runners AC | F | 00:18:08 | 37 |
| 5 | Ali | Campbell | Dulwich Runners AC | F | 00:18:09 | 28 |
| 6 | Mary | James | South London Harriers | F | 00:18:35 | 44 |
| 7 | Marta | Miaskiewicz | Dulwich runners | F | 00:18:46 | 35 |

Men Vet 50

| | | | | | | |
|---|-------|----------|--------------------|---|----------|----|
| 1 | Tony | Tuohy | Dulwich Runners AC | M | 00:16:58 | 56 |
| 2 | David | Kelly | Higham Harriers | M | 00:17:20 | 50 |
| 3 | Alex | Davidson | Highgate Harriers | M | 00:17:32 | 57 |

Women Vet 50

| | | | | | | |
|---|-------|-----------------|---------------------|---|----------|----|
| 1 | Alice | Riddell-Webster | Fulham Running Club | F | 00:19:35 | 52 |
| 2 | Kay | Trinder | Woking AC | F | 00:19:41 | 53 |
| 3 | Lucy | Woolhouse | ac veterans | F | 00:20:00 | 57 |

Men Vet 60

| | | | | | | |
|---|----------|----------|---------------------|---|----------|----|
| 1 | Stephen | Smythe | Dulwich Runners AC | M | 00:20:01 | 61 |
| 2 | Jonathan | Chambers | Fulham Running Club | M | 00:21:13 | 62 |

Women Vet 60

| | | | | | | |
|---|-------|--------|--------------------|---|----------|----|
| 1 | Ros | Tabor | Dulwich Runners AC | F | 00:23:09 | 69 |
| 2 | Sarah | Newton | Serpentine | F | 00:25:02 | 62 |

Men Vet 70

| | | | | | | |
|---|------|------------|-----------------------|---|----------|----|
| 1 | John | Quaintance | South London Harriers | M | 00:23:18 | 70 |
|---|------|------------|-----------------------|---|----------|----|

ALL RESULTS BELOW

“Congratulations on completing the race. Ours is a runbritain-licensed event and therefore your time is included in calculating your free runbritain handicap score. More than 66,000 runners of all standards have now claimed their runbritain handicap score. As well as giving you a current score, between scratch and 36.0, your free personalised running biog page includes your current national ranking by age band and postcode, your position on the national ladder, your progress graph, your strongest distance, a head-to-head comparison with other runners and downloadable training schedules to improve your score next time you race. Your handicap score also updates automatically every time you complete a licensed event. To claim your score now, click on <http://www.runbritainrankings.com/user/claimhandicap.aspx>”

RESULTS

| RANK | FIRST NAME | SURNAME | CLUB | M F | TIME | AGE | CATEGORY | CAT. POS. |
|------|------------|------------|----------------------------|-------|----------|-----|----------|-----------|
| 1 | Nicholas | Buckle | Belgrave Harriers | M | 00:15:35 | 27 | M U/50 | 1 |
| 2 | Edward | Chuck | Dulwich Runners AC | M | 00:15:50 | 32 | M U/50 | 2 |
| 3 | Timothy | Bowen | dulwich runners ac | M | 00:15:52 | 35 | M U/50 | 3 |
| 4 | Arne | Dumez | Belgrave Harriers | M | 00:15:57 | 24 | M U/50 | 4 |
| 5 | Andy | Bond | Dulwich Runners AC | M | 00:15:58 | 45 | M U/50 | 5 |
| 6 | Lewis | Laylee | Herne Hill Harriers | M | 00:15:59 | 20 | M U/50 | 6 |
| 7 | Nicholas | Handley | Jp morgan running club | M | 00:16:03 | 38 | M U/50 | 7 |
| 8 | Harry | Lawson | Tonbridge AC | M | 00:16:04 | 19 | M U/50 | 8 |
| 9 | Stuart | Farmer | Fulham Running Club | M | 00:16:10 | 42 | M U/50 | 9 |
| 10 | Shane | O'Neill | Dulwich Runners AC | M | 00:16:12 | 30 | M U/50 | 10 |
| 11 | Jack | Ramm | Dulwich Runners AC | M | 00:16:13 | 30 | M U/50 | 11 |
| 12 | Ben | Goddard | Woking AC | M | 00:16:15 | 34 | M U/50 | 12 |
| 13 | Jamie | Seddon | Marshall Milton Keynes | M | 00:16:21 | 24 | M U/50 | 13 |
| 14 | Aaron | Burgess | Oxford City Athletics Club | M | 00:16:22 | 37 | M U/50 | 14 |
| 15 | Edward | Harper | Dulwich Runners AC | M | 00:16:25 | 29 | M U/50 | 15 |
| 16 | Robel | Fesoom | Belgrave Harriers | M | 00:16:32 | 23 | M U/50 | 16 |
| 17 | Sophie | Harris | Swansea harriers | F | 00:16:33 | 25 | W U/50 | 1 |
| 18 | Samuel | Evans | kent ac | M | 00:16:37 | 35 | M U/50 | 17 |
| 19 | Mr | Alex | | M | 00:16:38 | 29 | M U/50 | 18 |
| 20 | Daniel | Mann | dulwich runners ac | M | 00:16:40 | 41 | M U/50 | 19 |
| 21 | Calum | Nicol | TVH | M | 00:16:40 | 33 | M U/50 | 20 |
| 22 | David | Williams | Sutton Runners | M | 00:16:42 | 47 | M U/50 | 21 |
| 23 | Douglas | Cameron | London City Athletics Club | M | 00:16:43 | 29 | M U/50 | 22 |
| 24 | Thomas | South | Dulwich Runners AC | M | 00:16:45 | 43 | M U/50 | 23 |
| 25 | James | Gillanders | Serpentine | M | 00:16:47 | 41 | M U/50 | 24 |
| 26 | Robbie | Cox | Woodford Green/Serpentin | M | 00:16:48 | 37 | M U/50 | 25 |
| 27 | Martin | Richardson | Blackheath and Bromley Ha | M | 00:16:57 | 34 | M U/50 | 26 |
| 28 | Tony | Tuohy | Dulwich Runners AC | M | 00:16:58 | 56 | M Vet 50 | 1 |
| 29 | Peter | Jenkins | Dulwich Runners AC | M | 00:17:02 | 40 | M U/50 | 27 |
| 30 | Jonathan | Moscrop | Serpentine | M | 00:17:02 | 45 | M U/50 | 28 |
| 31 | Matt | Woodman | Stafford Harriers | M | 00:17:16 | 41 | M U/50 | 29 |
| 32 | Stewart | Mcandie | Fulham Running Club | M | 00:17:19 | 45 | M U/50 | 30 |
| 33 | David | Kelly | Higham Harriers | M | 00:17:20 | 50 | M Vet 50 | 2 |
| 34 | Joe | Twomey | Dulwich Runners AC | M | 00:17:21 | 32 | M U/50 | 31 |
| 35 | Myles | Preston | mornington chasers | M | 00:17:23 | 33 | M U/50 | 32 |
| 36 | Andrew | Snook | | M | 00:17:26 | 38 | M U/50 | 33 |
| 37 | Jonathan | Battye | | M | 00:17:26 | 33 | M U/50 | 34 |
| 38 | Yasmin | Marghini | Hern hill /belgrave | F | 00:17:28 | 17 | W U/50 | 2 |
| 39 | Robert | Hastings | Clapham Chasers | M | 00:17:29 | 37 | M U/50 | 35 |
| 40 | Jason | Medcalf | Evrotas RC | M | 00:17:30 | 42 | M U/50 | 36 |
| 41 | Alex | Davidson | Highgate Harriers | M | 00:17:32 | 57 | M Vet 50 | 3 |
| 42 | Patrick | Thomas | Hercules Wimbledon AC | M | 00:17:34 | 33 | M U/50 | 37 |
| 43 | Jonathan | Vintner | Blackheath and Bromley Ha | M | 00:17:39 | 30 | M U/50 | 38 |
| 44 | Alice | Ritchie | Marshall Milton Keynes | F | 00:17:40 | 24 | W U/50 | 3 |
| 45 | Des | Crinion | Dulwich Runners AC | M | 00:17:43 | 35 | M U/50 | 39 |
| 46 | William | Shippin | uknetrunner | M | 00:17:47 | 33 | M U/50 | 40 |
| 47 | Phil | Jelly | Windle Valley Runners | M | 00:17:51 | 38 | M U/50 | 41 |

| | | | | | | | | |
|-----|----------|--------------------|------------------------------|---|----------|----|----------|----|
| 48 | Ian | Lilley | Dulwich Runners AC | M | 00:17:59 | 47 | M U/50 | 42 |
| 49 | Thomas | Wilson | Dulwich Runners AC | M | 00:18:07 | 44 | M U/50 | 43 |
| 50 | Elkie | Mace | Dulwich Runners AC | F | 00:18:08 | 37 | W U/50 | 4 |
| 51 | Ali | Campbell | Dulwich Runners AC | F | 00:18:09 | 28 | W U/50 | 5 |
| 52 | Paul | Collyer | Dulwich Runners AC | M | 00:18:13 | 50 | M Vet 50 | 4 |
| 53 | Lawrence | Burton | Belgrave Harriers | M | 00:18:14 | 28 | M U/50 | 44 |
| 54 | Jacob | Plummer | Hercules Wimbledon AC | M | 00:18:16 | 26 | M U/50 | 45 |
| 55 | Alex | Gurteen | Epsom & Ewell Harriers | M | 00:18:18 | 19 | M U/50 | 46 |
| 56 | Charles | Lound | Dulwich Runners AC | M | 00:18:24 | 52 | M Vet 50 | 5 |
| 57 | Chris | Cooper | Fulham Running Club | M | 00:18:26 | 28 | M U/50 | 47 |
| 58 | Doug | Rendle | London Heathside Runners | M | 00:18:26 | 40 | M U/50 | 48 |
| 59 | Joe | Farrington-Douglas | Dulwich Runners AC | M | 00:18:28 | 40 | M U/50 | 49 |
| 60 | Andrew | Davies | hercules wimbledon ac | M | 00:18:31 | 45 | M U/50 | 50 |
| 61 | Alastair | Locke | Dulwich Runners AC | M | 00:18:34 | 36 | M U/50 | 51 |
| 62 | Mary | James | South London Harriers | F | 00:18:35 | 44 | W U/50 | 6 |
| 63 | Grzegorz | Galezia | Dulwich runners | M | 00:18:36 | 49 | M U/50 | 52 |
| 64 | Alasdair | Kite | Holland Sports AC | M | 00:18:38 | 26 | M U/50 | 53 |
| 65 | Eugene | Cross | Dulwich Runners AC | M | 00:18:42 | 38 | M U/50 | 54 |
| 66 | Marta | Miaskiewicz | Dulwich runners | F | 00:18:46 | 35 | W U/50 | 7 |
| 67 | Jonathan | Whittaker | Dulwich Runners AC | M | 00:18:50 | 39 | M U/50 | 55 |
| 68 | Shaun | Melvin | West4Harriers | M | 00:18:55 | 35 | M U/50 | 56 |
| 69 | Ross | Rook | Dulwich Runners AC | M | 00:19:05 | 38 | M U/50 | 57 |
| 70 | Laura | Bohm | Clapham Chasers | F | 00:19:07 | 28 | W U/50 | 8 |
| 71 | Anto | Dudgeon | | M | 00:19:16 | 40 | M U/50 | 58 |
| 72 | Shaun | Cooney | South London Harriers | M | 00:19:24 | 45 | M U/50 | 59 |
| 73 | Matthew | Cooke | Dulwich Runners AC | M | 00:19:25 | 38 | M U/50 | 60 |
| 74 | thomas | musson | Helpston Harriers | M | 00:19:29 | 35 | M U/50 | 61 |
| 75 | Ben | Jacklin | | M | 00:19:30 | 39 | M U/50 | 62 |
| 76 | Allan | Cox | Clapham Chasers | M | 00:19:34 | 42 | M U/50 | 63 |
| 77 | Alice | Riddell-Webster | Fulham Running Club | F | 00:19:35 | 52 | W Vet 50 | 1 |
| 78 | Ian | Anderson | London Heathside Runners | M | 00:19:39 | 36 | M U/50 | 64 |
| 79 | Kay | Trinder | Woking AC | F | 00:19:41 | 53 | W Vet 50 | 2 |
| 80 | Andy | Naylor | London Heathside Runners | M | 00:19:45 | 37 | M U/50 | 65 |
| 81 | Jo | Hall | Victoria Park Harriers & Tow | F | 00:19:55 | 28 | W U/50 | 9 |
| 82 | Naomi | Parsons | Serpentine | F | 00:20:00 | 39 | W U/50 | 10 |
| 83 | Lucy | Woolhouse | ac veterans | F | 00:20:00 | 57 | W Vet 50 | 3 |
| 84 | Stephen | Smythe | Dulwich Runners AC | M | 00:20:01 | 61 | M Vet 60 | 1 |
| 85 | Rebecca | Schulleri | Dulwich Runners AC | F | 00:20:02 | 30 | W U/50 | 11 |
| 86 | Ben | Johnson | Ranelagh Harriers | M | 00:20:07 | 39 | M U/50 | 66 |
| 87 | Lucy | Pickering | Dulwich Runners AC | F | 00:20:07 | 53 | W Vet 50 | 4 |
| 88 | Sarah | Dudgeon | Abingdon Athletic Club | F | 00:20:12 | 42 | W U/50 | 12 |
| 89 | Martin | Double | Dulwich Runners AC | M | 00:20:12 | 42 | M U/50 | 67 |
| 90 | Kim | Hainsworth | Dulwich Runners AC | F | 00:20:13 | 37 | W U/50 | 13 |
| 91 | Yvette | Dore | Dulwich runners | F | 00:20:18 | 47 | W U/50 | 14 |
| 92 | thomas | cheetham | hercules wimbledon ac | M | 00:20:18 | 52 | M Vet 50 | 6 |
| 93 | Chris | Dunhill | South London Harriers | M | 00:20:19 | 45 | M U/50 | 68 |
| 94 | Michelle | Lennon | Dulwich Runners AC | F | 00:20:20 | 52 | W Vet 50 | 5 |
| 95 | Alexis | Atkinson | | M | 00:20:23 | 39 | M U/50 | 69 |
| 96 | Jeremy | Nelson | Evrotas RC | M | 00:20:24 | 55 | M Vet 50 | 7 |
| 97 | ? | ? | | M | 00:20:25 | | M U/50 | 70 |
| 98 | Belinda | Cottrill | Dulwich Runners AC | F | 00:20:31 | 35 | W U/50 | 15 |
| 99 | Roger | Corbett | Serpentine | M | 00:20:40 | 56 | M Vet 50 | 8 |
| 100 | Eilidh | Wagstaff | London Heathside Runners | F | 00:20:43 | 28 | W U/50 | 16 |

| | | | | | | | | |
|-----|-------------|----------------|------------------------------|---|----------|----|----------|----|
| 101 | Sara | Roloff | Dulwich Runners AC | F | 00:20:46 | 37 | W U/50 | 17 |
| 102 | Robert | Prichard-Jones | Fulham Running Club | M | 00:20:47 | 27 | M U/50 | 71 |
| 103 | Adele | Boesinger | South London Harriers | F | 00:21:05 | 30 | W U/50 | 18 |
| 104 | Laura | Vincent | Dulwich Runners AC | F | 00:21:11 | 36 | W U/50 | 19 |
| 105 | Jonathan | Chambers | Fulham Running Club | M | 00:21:13 | 62 | M Vet 60 | 2 |
| 106 | Alice | Hosking | London Heathside | F | 00:21:15 | 24 | W U/50 | 20 |
| 107 | Jamie | Price | | M | 00:21:27 | 42 | M U/50 | 72 |
| 108 | Katie | Styles | Dulwich Runners AC | F | 00:21:28 | 38 | W U/50 | 21 |
| 109 | Cameron | Timmis | Dulwich Runners AC | M | 00:21:33 | 48 | M U/50 | 73 |
| 110 | Gideon | Franklin | Dulwich Runners AC | M | 00:22:00 | 56 | M Vet 50 | 9 |
| 111 | Kerry | Foley | Evrotas RC | F | 00:22:06 | 42 | W U/50 | 22 |
| 112 | Heather | Hagis | London City Athletics Club | F | 00:22:13 | 30 | W U/50 | 23 |
| 113 | Chris | Newberry | Horsham joggers | M | 00:22:32 | 50 | M Vet 50 | 10 |
| 114 | Hannah | Harvest | Dulwich Runners AC | F | 00:22:35 | 32 | W U/50 | 24 |
| 115 | Bob | Bell | Dulwich Runners AC | M | 00:22:46 | 65 | M Vet 60 | 3 |
| 116 | Kate | Ledin | Buxton AC | F | 00:22:57 | 59 | W Vet 50 | 6 |
| 117 | Graham | Laylee | Dulwich Runners AC | M | 00:23:02 | 62 | M Vet 60 | 4 |
| 118 | Hugh | French | Dulwich Runners AC | M | 00:23:03 | 43 | M U/50 | 74 |
| 119 | Aidan | Daly | | M | 00:23:03 | 35 | M U/50 | 75 |
| 120 | ROS | Tabor | Dulwich Runners AC | F | 00:23:09 | 69 | W Vet 60 | 1 |
| 121 | John | Quaintance | South London Harriers | M | 00:23:18 | 70 | M Vet 70 | 1 |
| 122 | Paul | Lehmann | | M | 00:23:43 | 45 | M U/50 | 76 |
| 123 | Bret | Simon | Fulham Running Club | M | 00:24:19 | 44 | M U/50 | 77 |
| 124 | Barrie John | Nicholls | Dulwich Runners AC | M | 00:24:24 | 65 | M Vet 60 | 5 |
| 125 | David | Shute | Wimbledon Windmilers | M | 00:24:25 | 53 | M Vet 50 | 11 |
| 126 | Andrew | Murray | Dulwich Runners AC | M | 00:24:40 | 66 | M Vet 60 | 6 |
| 127 | Karina | Burrowes | Dulwich Runners AC | F | 00:24:43 | 30 | W U/50 | 25 |
| 128 | Jason | Hill | | M | 00:24:49 | 46 | M U/50 | 78 |
| 129 | Sarah | Newton | Serpentine | F | 00:25:02 | 62 | W Vet 60 | 2 |
| 130 | Sonja | Jutte | Dulwich Runners AC | F | 00:25:04 | 40 | W U/50 | 26 |
| 131 | Claire | Steward | Dulwich Runners AC | F | 00:25:05 | 67 | W Vet 60 | 3 |
| 132 | Sharon | Erdman | Dulwich runners | F | 00:25:18 | 48 | W U/50 | 27 |
| 133 | Sarah | Knox | Victoria Park Harriers & Tow | F | 00:25:21 | 49 | W U/50 | 28 |
| 134 | jean-luc | hoez | serpentine running club | M | 00:25:37 | 61 | M Vet 60 | 7 |
| 135 | Yvonne | Ellis | Evrotas RC | F | 00:26:07 | 46 | W U/50 | 29 |
| 136 | Bob | Watson | | M | 00:26:16 | 53 | M Vet 50 | 12 |
| 137 | Christopher | Shaw | Fulham Running Club | M | 00:28:59 | 40 | M U/50 | 79 |
| 138 | | Quested | Collingwood AC | M | 00:33:16 | 72 | M Vet 70 | 2 |
| 139 | Edwin | Bartlett | Veterans AC | M | 00:34:31 | 74 | M Vet 70 | 3 |