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|----|---------------------|-------------------------|-------|----------|
| 1 | Neil Renault | EAC | 9.28 | 1st M |
| 2 | Patryk Gierjatowicz | HBT | 9.34 | 2nd M |
| 3 | Callum Mckenzie | CAAC | 9.52 | 3rd M |
| 4 | Scott Pilkington | CAAC | 10.13 | 4th M |
| 5 | Roger Naughton | u/a | 10.27 | 5th M |
| 6 | Alastair Brockie | CAAC | 10.34 | 6th M |
| 7 | Michael Hannam | u/a | 10.50 | 7th M |
| 8 | Grant Noble | Dunbar RC | 10.52 | 1st MV50 |
| 9 | Ken Rankin | Falkirk VH | 10.56 | 2nd MV50 |
| 10 | Robbie Kennedy | Lothian RC | 11.01 | M |
| 11 | Vincent Fauchoux | u/a | 11.10 | M |
| 12 | Mike Anderson | CAAC | 11.16 | M |
| 13 | Andrew Jeske | Jog Scotland | 11.16 | M |
| 14 | Donald Hunt | Jog Scotland | 11.27 | M |
| 15 | Jill Knowles | Scottish Prison Service | 11.33 | 1st F |
| 16 | Dale Roy | EAC | 11.42 | M |
| 17 | Jonathan Guild | u/a | 11.46 | M |
| 18 | Murray Peebles | Harmeny | 11.58 | M |
| 19 | Scott Love | Carnegie H | 12.04 | M |
| 20 | Rachel Smithwaite | HBT | 12.05 | 2nd F |
| 21 | James Rogers | HBT | 12.09 | M |
| 22 | Chris Cregan | EAC | 12.15 | 3rd MV50 |
| 23 | Angus Kay | Harmeny | 12.18 | M |
| 24 | Mark Love | u/a | 12.20 | M |
| 25 | Fintan Hunt | Jog Scotland | 12.25 | M |
| 26 | Argy Rizos | EAC | 12.35 | M |
| 27 | Hannah Devey | HBT | 12.36 | 3rd F |
| 28 | Jim Scott | Portobello RC | 12.37 | 1st MV60 |
| 29 | Matthew Newnham | EAC | 12.41 | MV50 |
| 30 | Mairead Kelly | HBT | 12.52 | 4th F |
| 31 | Steve Pattison | Tynbridge Harriers | 12.56 | MV50 |
| 32 | Ryan Mack | u/a | 12.58 | M |
| 33 | Nick Ruane | Jog Scotland | 12.58 | M |
| 34 | Neil Jones | Dunbar RC | 13.00 | MV50 |
| 35 | Don Hynd | Carnegie H | 13.02 | MV50 |
| 36 | Emily Ramsay | Portobello RC | 13.04 | 5th F |
| 37 | Nathan Brockie | u/a | 13.08 | M |
| 38 | Angus Wright | HBT | 13.13 | M |
| 39 | Kenny Mason | Scottish Prison Service | 13.14 | MV50 |
| 40 | Phil Hannan | u/a | 13.21 | M |
| 41 | Alec Chalmers | CAAC | 13.30 | MV50 |
| 42 | Brian Pendreigh | HBT | 13.48 | MV50 |
| 43 | Keith Weston | Ferranti | 13.49 | MV60 |

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|----|--------------------|--------------------|-------|----------|
| 44 | Damian McIntyre | u/a | 14.01 | M |
| 45 | Eric Stevenson | EAC | 14.01 | MV60 |
| 46 | Claire Gilchrist | Ferranti | 14.02 | 6th F |
| 47 | Habeeb Atanda | Run 4 It | 14.02 | M |
| 48 | Ian Hall | Lothian RC | 14.20 | MV50 |
| 49 | Malcolm Peebles | u/a | 14.32 | M |
| 50 | Kenny Gunn-Russell | Run 4 It | 14.33 | MV50 |
| 51 | Alex Agnew | Lothian RC | 14.35 | MV60 |
| 52 | Linden Nicholson | Lasswade AC | 14.46 | 1st FV60 |
| 53 | Innes Wright | HBT | 14.54 | M |
| 54 | Megan Wright | HBT | 14.54 | 7th F |
| 55 | Mary Pattison | Tynbridge Harriers | 15.00 | 1st FV50 |
| 56 | Georgia Rogers | Run 4 It | 15.00 | F |
| 57 | Robin Thomas | HBT | 16.02 | MV50 |
| 58 | Stewart Kennedy | Lothian RC | 16.08 | M |
| 59 | Betty Gilchrist | Ferranti | 16.22 | 2nd FV50 |
| 60 | Lan Phan | Jog Scotland | 16.47 | F |
| 61 | Jenny Mair | u/a | 16.47 | F |
| 62 | Ailsa Baker | HBT | 17.56 | F |
| 63 | Duncan Baker | HBT | 17.56 | MV50 |
| 64 | Willie Murray | Portobello RC | 18.10 | 1st MV70 |
| 65 | Reddy B | u/a | 20.47 | M |
| 66 | Morven Baker | HBT | 32.28 | F |
| 67 | Emma Baker | HBT | 32.28 | F |