

Position	Athlete Name		Club	Finish	Chip Time	Gun Time	Time Difference
1	Kristian JONES	M	SEN Swansea Harriers	00:14:32	00:14:31	00:14:31	-
2	Jamie crowe	M	SEN Central Athletics club	00:14:41	00:14:41	00:14:41	+00:00:10
3	Marc AUSTIN	M	SEN Victoria Park City Of Glasgow Ac	00:14:45	00:14:45	00:14:45	+00:00:14
4	FERGUS ROBERTS	M	SEN RICHMOND & ZETLAND HARRIERS	00:14:45	00:14:45	00:14:45	+00:00:14
5	Alastair HAY	M	SEN Central Athletics club	00:14:47	00:14:47	00:14:47	+00:00:16
6	Michael CHRISTOFOROU	M	SEN Edinburgh Athletic Club	00:14:48	00:14:48	00:14:48	+00:00:17
7	Logan REES	M	U20 Fife Athletic Club	00:14:48	00:14:48	00:14:48	+00:00:17
8	Murray STRAIN	M	SEN Hunters Bog Trotters	00:14:51	00:14:51	00:14:51	+00:00:20
9	Peter Hodgkinson	M	SEN Hunters Bog Trotters	00:14:52	00:14:51	00:14:51	+00:00:20
10	Andrew DOUGLAS	M	SEN INVERCLYDE ATHLETIC CLUB	00:14:52	00:14:52	00:14:52	+00:00:21
11	Calum McKenzie	M	SEN CORSTORPHINE AAC	00:14:52	00:14:52	00:14:52	+00:00:21
12	Aidan Thompson	M	U20 Central Athletics club	00:14:59	00:14:59	00:14:59	+00:00:28
13	Euan GILLHAM	M	U20 Kilbarchan AAC	00:15:03	00:15:02	00:15:02	+00:00:31
14	Kenny WILSON	M	SEN Moray Road Runners	00:15:04	00:15:03	00:15:03	+00:00:32
15	Jonathan CRICKMORE	M	SEN Heriot-Watt University Athletics	00:15:08	00:15:08	00:15:08	+00:00:37
16	tristan rees	M	U20 Fife Athletic Club	00:15:12	00:15:12	00:15:12	+00:00:41
17	Grant Muir	M	SEN giffnock north aac	00:15:12	00:15:12	00:15:12	+00:00:41
18	Eoin Lennon	M	SEN Edinburgh Athletic Club	00:15:13	00:15:12	00:15:12	+00:00:41
19	gavin bryson	M	U20 Edinburgh Athletic Club	00:15:13	00:15:13	00:15:13	+00:00:42
20	Craig RUDDY	M	SEN INVERCLYDE ATHLETIC CLUB	00:15:14	00:15:13	00:15:13	+00:00:42
21	Cameron MAIN	M	U17	00:15:14	00:15:14	00:15:14	+00:00:43
22	Tom MARTYN	M	SEN Hunters Bog Trotters	00:15:18	00:15:17	00:15:17	+00:00:46
23	Cameron HARRIS	M	U20 Central Athletics club	00:15:25	00:15:24	00:15:24	+00:00:53
24	ROBERT GILROY	M	V40 Cambuslang Harriers	00:15:28	00:15:28	00:15:28	+00:00:57
25	Iain Whitaker	M	SEN Edinburgh Athletic Club	00:15:30	00:15:30	00:15:30	+00:00:59
26	Alastair THURLBECK	M	SEN Glasgow University Hares And Hounds	00:15:31	00:15:30	00:15:30	+00:00:59
27	Gavin Smith	M	U20 Cambuslang Harriers	00:15:31	00:15:31	00:15:31	+00:01:00
28	Michael CRAWLEY	M	SEN CORSTORPHINE AAC	00:15:37	00:15:37	00:15:37	+00:01:06
29	John Lenehan	M	SEN Edinburgh Athletic Club	00:15:40	00:15:40	00:15:40	+00:01:09
30	Kieron Rafferty	M	SEN Victoria Park City Of Glasgow Ac	00:15:43	00:15:42	00:15:42	+00:01:11
31	Richard MAIR	M	SEN Kilmarnock Harrier & Athletic Club	00:15:45	00:15:45	00:15:45	+00:01:14
32	Andrew Woodroffe	M	SEN G Squad Triathlon	00:15:47	00:15:47	00:15:47	+00:01:16
33	Anthony ADDISON	M	U20 CORSTORPHINE AAC	00:15:48	00:15:47	00:15:47	+00:01:16
34	Matthew Sutherland	M	SEN Central Athletics club	00:15:48	00:15:48	00:15:48	+00:01:17
35	Scott MacAulay	M	SEN Kilbarchan AAC	00:15:50	00:15:49	00:15:49	+00:01:18
36	Stuart LIVINGSTONE	M	SEN CORSTORPHINE AAC	00:15:50	00:15:49	00:15:49	+00:01:18
37	Alasdair McLeod	M	SEN Shettleston Harriers	00:15:51	00:15:50	00:15:50	+00:01:19
38	Kerry-Liam WILSON	M	V40 Cambuslang Harriers	00:15:55	00:15:55	00:15:55	+00:01:24
39	Ross Gray	M	U20 INVERCLYDE ATHLETIC CLUB	00:15:57	00:15:56	00:15:56	+00:01:25
40	Richard MEADE	M	SEN Edinburgh Athletic Club	00:15:57	00:15:56	00:15:56	+00:01:25
41	Ruaridh Millar	M	SEN Central Athletics club	00:15:58	00:15:57	00:15:57	+00:01:26
42	Craig Jardine	M	U20 Cambuslang Harriers	00:15:58	00:15:58	00:15:58	+00:01:27

43 Paul Morrison	M	U20	Cambuslang Harriers	00:15:59	00:15:59	00:15:59 +00:01:28
44 Cameron YOUNG	M	U20	Edinburgh University Hare & Hounds	00:16:00	00:16:00	00:16:00 +00:01:29
45 William Gardner	M	SEN	Oxford City AC/ Royal Air Force	00:16:00	00:16:00	00:16:00 +00:01:29
46 Dave Wright	M	V40	Hunters Bog Trotters	00:16:03	00:16:03	00:16:03 +00:01:32
47 Darran MUIR	M	SEN	Law & District Aac	00:16:04	00:16:03	00:16:03 +00:01:32
48 Joshua Dack	M	SEN	Lothian Running Club	00:16:05	00:16:04	00:16:04 +00:01:33
49 JAMES HARRISON	M	SEN	CORSTORPHINE AAC	00:16:06	00:16:05	00:16:05 +00:01:34
50 Gregor MALCOLM	M	U20	Edinburgh University Hare & Hounds	00:16:07	00:16:06	00:16:06 +00:01:35
51 Hamish Battle	M	SEN	METRO ABERDEEN RUNNING CLUB	00:16:07	00:16:07	00:16:07 +00:01:36
52 Alex MUIR	M	SEN	Edinburgh University Hare & Hounds	00:16:08	00:16:07	00:16:07 +00:01:36
53 Lewis Pentecost	M	U17	Falkirk Victoria Harriers	00:16:08	00:16:08	00:16:08 +00:01:37
54 Moray Anderson	M	V40	CORSTORPHINE AAC	00:16:09	00:16:08	00:16:08 +00:01:37
55 Andrew Clark	M	SEN	giffnock north aac	00:16:09	00:16:09	00:16:09 +00:01:38
56 David Brown	M	SEN	Lancaster & Morecambe AC	00:16:09	00:16:09	00:16:09 +00:01:38
57 Sam Fernando	M	U20	Fife Athletic Club	00:16:10	00:16:09	00:16:09 +00:01:38
58 Alastair BROCKIE	M	SEN	CORSTORPHINE AAC	00:16:11	00:16:11	00:16:11 +00:01:40
59 Iain MACDONALD	M	SEN	Edinburgh Athletic Club	00:16:11	00:16:11	00:16:11 +00:01:40
60 Gavin HOGARTH	M	SEN	Kilmarnock Harrier & Athletic Club	00:16:11	00:16:11	00:16:11 +00:01:40
61 James Taylor	M	SEN	Edinburgh University Hare & Hounds	00:16:14	00:16:13	00:16:13 +00:01:42
62 Scott BREMBER	M	V40	Central Athletics club	00:16:15	00:16:14	00:16:14 +00:01:43
63 Ryan Gray	M	U17	INVERCLYDE ATHLETIC CLUB	00:16:15	00:16:15	00:16:15 +00:01:44
64 Paul SORRIE	M	SEN	Shettleston Harriers	00:16:16	00:16:15	00:16:15 +00:01:44
65 Michael MCCONNELL	M	SEN	PERTH ROAD RUNNERS	00:16:17	00:16:16	00:16:16 +00:01:45
66 Jack Heathwood	M	U20	Bellahouston Harriers	00:16:17	00:16:17	00:16:17 +00:01:46
67 BRYAN CLARK	M	SEN	CORSTORPHINE AAC	00:16:18	00:16:18	00:16:18 +00:01:47
68 Gareth Jenkins	M	V40	Moray Road Runners	00:16:19	00:16:18	00:16:18 +00:01:47
69 Ryan LAFFERTY	M	SEN	PH racing club	00:16:20	00:16:19	00:16:19 +00:01:48
70 John BROGAN	M	SEN	Falkirk Victoria Harriers	00:16:20	00:16:20	00:16:20 +00:01:49
71 Robbie Ferguson	M	U20	Kilbarchan AAC	00:16:23	00:16:22	00:16:22 +00:01:51
72 Faisal Khursheed	M	U17	Gala Harriers	00:16:24	00:16:23	00:16:23 +00:01:52
73 John Redding	M	SEN	Linlithgow Athletic Club	00:16:25	00:16:25	00:16:25 +00:01:54
74 Darren JUBB	M	SEN	PH racing club	00:16:27	00:16:26	00:16:26 +00:01:55
75 Luke McCrave	M	SEN	Edinburgh University Hare & Hounds	00:16:27	00:16:26	00:16:26 +00:01:55
76 Andrew Brown	M	SEN	Woodford Green AC with Essex Ladies	00:16:27	00:16:27	00:16:27 +00:01:56
77 Lucas Cheskin	M	SEN	Shettleston Harriers	00:16:28	00:16:28	00:16:28 +00:01:57
78 GORDON BARRIE	M	V40	Dundee Hawkhill Harriers	00:16:32	00:16:31	00:16:31 +00:02:00
79 Lewis MILLAR	M	SEN	Central Athletics club	00:16:32	00:16:31	00:16:31 +00:02:00
80 DAVID MACKINTOSH	M	SEN	Bellahouston Harriers	00:16:32	00:16:31	00:16:31 +00:02:00
81 Fraser LOGAN	M	SEN	Belgrave Harriers	00:16:34	00:16:33	00:16:33 +00:02:02
82 Niall Fraser	M	SEN	giffnock north aac	00:16:35	00:16:35	00:16:35 +00:02:04
83 SEAN GAFFNEY	M	SEN	INVERCLYDE ATHLETIC CLUB	00:16:35	00:16:35	00:16:35 +00:02:04
84 GRAHAM MCCABE	M	V40	Kirkintilloch Olympians	00:16:36	00:16:35	00:16:35 +00:02:04
85 Darren MCQUADE	M	SEN	Bellahouston Harriers	00:16:37	00:16:37	00:16:37 +00:02:06

86	Colin SOMERVILLE	M	SEN	PH racing club	00:16:41	00:16:41	00:16:41 +00:02:10
87	Allan CAMERON	M	V40	Motherwell AC	00:16:41	00:16:41	00:16:41 +00:02:10
88	Malcolm LANG	M	V40	Lothian Running Club	00:16:42	00:16:42	00:16:42 +00:02:11
89	Martin LYNAS	M	U20	East Kilbride Athletics Club	00:16:43	00:16:42	00:16:42 +00:02:11
90	Alistair GUDGIN	M	SEN	PERTH ROAD RUNNERS	00:16:43	00:16:42	00:16:42 +00:02:11
91	Alex LUETCHFORD	M	SEN	Edinburgh University Hare & Hounds	00:16:43	00:16:43	00:16:43 +00:02:12
92	Annabel SIMPSON	F	U20	Fife Athletic Club	00:16:44	00:16:43	00:16:43 +00:02:12
93	Paul KIERAN	M	V40	carnegie Harriers	00:16:44	00:16:43	00:16:43 +00:02:12
94	Jamie Clements	M	SEN	East Kilbride Athletics Club	00:16:46	00:16:45	00:16:45 +00:02:14
95	Euan Rose	M	U20	Glasgow University Hares And Hounds	00:16:46	00:16:45	00:16:45 +00:02:14
96	Craig Shields	M	SEN	GARSCUBE HARRIERS	00:16:48	00:16:47	00:16:47 +00:02:16
97	barry paterson	M	SEN	Falkirk Victoria Harriers	00:16:50	00:16:49	00:16:49 +00:02:18
98	Roger Clark	M	V40	PH racing club	00:16:51	00:16:50	00:16:50 +00:02:19
99	JOHNNY MCBAIN	M	SEN	Dundee Hawkhill Harriers	00:16:51	00:16:51	00:16:51 +00:02:20
100	Steven Asquith	M	SEN		00:16:52	00:16:52	00:16:52 +00:02:21
101	Aaron HOYLE	M	SEN	CORSTORPHINE AAC	00:16:53	00:16:53	00:16:53 +00:02:22
102	BILLY GIBSON	M	V40	Dundee Hawkhill Harriers	00:16:54	00:16:53	00:16:53 +00:02:22
103	Eamon Carr	M	U17	Cambuslang Harriers	00:16:54	00:16:54	00:16:54 +00:02:23
104	Michael FULLERTON	M	V40	Edinburgh Athletic Club	00:16:55	00:16:55	00:16:55 +00:02:24
105	FINLAY FINLAY	M	SEN	GARSCUBE HARRIERS	00:16:56	00:16:56	00:16:56 +00:02:25
106	STEPHEN CLARK	M	V40	Fife Athletic Club	00:16:57	00:16:56	00:16:56 +00:02:25
107	ROBERT SELLAR	M	V40	PH racing club	00:16:57	00:16:57	00:16:57 +00:02:26
108	Rebecca Burns	F	SEN	Edinburgh Athletic Club	00:16:58	00:16:58	00:16:58 +00:02:27
109	Douglas Tickner	M	SEN	TYNE BRIDGE HARRIERS	00:16:59	00:16:58	00:16:58 +00:02:27
110	Jason Kelly	M	SEN	Stonehaven Running Club	00:17:00	00:16:59	00:16:59 +00:02:28
111	Thomas Wilson	M	SEN	CORSTORPHINE AAC	00:17:01	00:17:00	00:17:00 +00:02:29
112	Stuart Robertson	M	V40	PERTH ROAD RUNNERS	00:17:01	00:17:01	00:17:01 +00:02:30
113	Colin PARTRIDGE	M	V40	Lothian Running Club	00:17:06	00:17:05	00:17:05 +00:02:34
114	Munro STEWART	M	SEN	Dundee Hawkhill Harriers	00:17:06	00:17:06	00:17:06 +00:02:35
115	Robert watson	M	V40	MUSSELBURGH & DISTRICT AC	00:17:07	00:17:06	00:17:06 +00:02:35
116	Ewan CRAWFORD	M	SEN	Hunters Bog Trotters	00:17:07	00:17:07	00:17:07 +00:02:36
117	Gillian Black	F	U20	Victoria Park City Of Glasgow Ac	00:17:08	00:17:07	00:17:07 +00:02:36
118	Kevin Schenk	M	SEN	Forres Harriers	00:17:08	00:17:08	00:17:08 +00:02:37
119	NEIL MCLAUGHLIN	M	V40	INVERCLYDE ATHLETIC CLUB	00:17:11	00:17:10	00:17:10 +00:02:39
120	Stephen ALLAN	M	V40	Kirkintilloch Olympians	00:17:11	00:17:11	00:17:11 +00:02:40
121	Anna Macfadyen	F	U20	Forres Harriers	00:17:11	00:17:11	00:17:11 +00:02:40
122	Michael BARKER	M	V40	Cambuslang Harriers	00:17:12	00:17:11	00:17:11 +00:02:40
123	Riccardo Faccenda	M	SEN	Law & District Aac	00:17:12	00:17:12	00:17:12 +00:02:41
124	Ryan Donald	M	U17	Dundee Hawkhill Harriers	00:17:13	00:17:13	00:17:13 +00:02:42
125	Ross MCGHIE	M	SEN	Edinburgh Athletic Club	00:17:14	00:17:14	00:17:14 +00:02:43
126	Michael HEALY	M	SEN		00:17:14	00:17:14	00:17:14 +00:02:43
127	Anthony Lucio Jannetta	M	SEN	BELLAHOUSTON ROAD RUNNERS	00:17:15	00:17:14	00:17:14 +00:02:43
128	Luke MCCAFFREY	M	U17	Kirkintilloch Olympians	00:17:16	00:17:15	00:17:15 +00:02:44

129	Aidan MCCAFFREY	M	U20	Kirkintilloch Olympians	00:17:16	00:17:16	00:17:16 +00:02:45
130	John Shanks	M	SEN	Falkirk Victoria Harriers	00:17:17	00:17:16	00:17:16 +00:02:45
131	Stephen ALLEN	M	V40	Motherwell AC	00:17:21	00:17:20	00:17:20 +00:02:49
132	Mhairi MacIennan	F	SEN	Edinburgh University Hare & Hounds	00:17:21	00:17:20	00:17:20 +00:02:49
133	Rory SCOTT	M	SEN	Fife Athletic Club	00:17:22	00:17:22	00:17:22 +00:02:51
134	Elspeth CURRAN	F	SEN	Kilbarchan AAC	00:17:23	00:17:23	00:17:23 +00:02:52
135	Shona MCINTOSH	F	SEN	Hunters Bog Trotters	00:17:25	00:17:25	00:17:25 +00:02:54
136	James Adam	M	U17	Pitreavie AAC	00:17:27	00:17:26	00:17:26 +00:02:55
137	Ian LOGAN	M	SEN	Linlithgow Athletic Club	00:17:28	00:17:27	00:17:27 +00:02:56
138	Iain CRAVEN	M	SEN	Edinburgh Athletic Club	00:17:30	00:17:30	00:17:30 +00:02:59
139	MARK PATERSON	M	V40	Motherwell AC	00:17:30	00:17:30	00:17:30 +00:02:59
140	Andrew Taylor	M	U20	University of St. Andrews Cross Country	00:17:31	00:17:30	00:17:30 +00:02:59
141	Fraser DRUMMOND	M	SEN	Edinburgh University Hare & Hounds	00:17:31	00:17:30	00:17:30 +00:02:59
142	Sam LESLEY	M	SEN	University of St. Andrews Cross Country	00:17:31	00:17:31	00:17:31 +00:03:00
143	Akira O'CONNOR	M	SEN	Fife Athletic Club	00:17:32	00:17:31	00:17:31 +00:03:00
144	MICHAEL MCQUAID	M	V50	Falkirk Victoria Harriers	00:17:32	00:17:31	00:17:31 +00:03:00
145	DAVID HOGG	M	V40	Kirkintilloch Olympians	00:17:32	00:17:31	00:17:31 +00:03:00
146	Brendan Hancox	M	U20	Edinburgh University Hare & Hounds	00:17:32	00:17:32	00:17:32 +00:03:01
147	Alan KNOWLES	M	V40	Lothian Running Club	00:17:32	00:17:32	00:17:32 +00:03:01
148	HOWARD ELLIOTT	M	V40	Kirkintilloch Olympians	00:17:33	00:17:32	00:17:32 +00:03:01
149	Stuart MACKAY	M	SEN	PH racing club	00:17:33	00:17:33	00:17:33 +00:03:02
150	SEAN CASEY	M	V40	Kirkintilloch Olympians	00:17:34	00:17:33	00:17:33 +00:03:02
151	Ross HILL	M	SEN	Law & District Aac	00:17:34	00:17:33	00:17:33 +00:03:02
152	Alan HUME	M	V40	Central Athletics club	00:17:34	00:17:33	00:17:33 +00:03:02
153	Kate GALLAGHER	F	U17	Central Athletics club	00:17:34	00:17:34	00:17:34 +00:03:03
154	ROBERT BARTLEY	M	V40	Kirkintilloch Olympians	00:17:34	00:17:34	00:17:34 +00:03:03
155	Luke Chamberlain	M	V40	giffnock north aac	00:17:35	00:17:34	00:17:34 +00:03:03
156	MICHELLE SANDISON	F	SEN	Springburn Harriers	00:17:35	00:17:34	00:17:34 +00:03:03
157	Daniel MONAGHAN	M	SEN	PH racing club	00:17:35	00:17:35	00:17:35 +00:03:04
158	Andrew Leech	M	SEN	Dundee Hawkhill Harriers	00:17:36	00:17:35	00:17:35 +00:03:04
159	SCOTT MARTIN	M	V40	Kilmarnock Harrier & Athletic Club	00:17:36	00:17:36	00:17:36 +00:03:05
160	Rachael DUNN	F	SEN	Edinburgh Athletic Club	00:17:38	00:17:38	00:17:38 +00:03:07
161	Jeremy KIBBLE	M	SEN	METRO ABERDEEN RUNNING CLUB	00:17:39	00:17:39	00:17:39 +00:03:08
162	Wallace MITCHELL	M	SEN	PH racing club	00:17:40	00:17:39	00:17:39 +00:03:08
163	Lauren Dickson	F	U17	Lasswade Athletics Club	00:17:40	00:17:39	00:17:39 +00:03:08
164	Andrew Pearson	M	SEN	METRO ABERDEEN RUNNING CLUB	00:17:41	00:17:40	00:17:40 +00:03:09
165	Kevin RIDDELL	M	SEN	PERTH ROAD RUNNERS	00:17:41	00:17:40	00:17:40 +00:03:09
166	Patrick O'Kane	M	V50	STRATHEARN HARRIERS	00:17:41	00:17:41	00:17:41 +00:03:10
167	Halina REES	F	SEN	Fife Athletic Club	00:17:43	00:17:42	00:17:42 +00:03:11
168	EWEN CAMERON	M	V40	Motherwell AC	00:17:43	00:17:43	00:17:43 +00:03:12
169	Mark THORNTON-SMITH	M	SEN	Edinburgh Athletic Club	00:17:43	00:17:43	00:17:43 +00:03:12
170	Graeme KAFKA	M	SEN		00:17:43	00:17:43	00:17:43 +00:03:12
171	Graeme LAING	M	SEN		00:17:44	00:17:43	00:17:43 +00:03:12

172	David MARSHALL	M	SEN	Linlithgow Athletic Club	00:17:44	00:17:43	00:17:43 +00:03:12
173	Stuart KERR	M	SEN	Kilbarchan AAC	00:17:45	00:17:44	00:17:44 +00:03:13
174	Shelby Morrison	F	U17	INVERCLYDE ATHLETIC CLUB	00:17:45	00:17:45	00:17:45 +00:03:14
175	Michelle MACKAY	F	SEN	DUNDEE ROAD RUNNERS AC	00:17:46	00:17:45	00:17:45 +00:03:14
176	Stephen MCDOUGALL	M	SEN	University of St. Andrews Cross Country	00:17:47	00:17:46	00:17:46 +00:03:15
177	David CROSS	M	V50	Edinburgh Athletic Club	00:17:47	00:17:47	00:17:47 +00:03:16
178	John Cassells	M	V40	PH racing club	00:17:48	00:17:48	00:17:48 +00:03:17
179	Robert MCCULLOCH	M	V50	Kilbarchan AAC	00:17:48	00:17:48	00:17:48 +00:03:17
180	Daniel SMITH	M	U20	PH racing club	00:17:49	00:17:48	00:17:48 +00:03:17
181	Andrew THOMPSON	M	V40	METRO ABERDEEN RUNNING CLUB	00:17:49	00:17:49	00:17:49 +00:03:18
182	Eilidh Mackenzie	F	SEN	Stornoway Running & Athletics Club	00:17:50	00:17:49	00:17:49 +00:03:18
183	Terry Roberts	M	SEN	Edinburgh Athletic Club	00:17:51	00:17:50	00:17:50 +00:03:19
184	Kevin HAMILTON	M	SEN	Edinburgh Athletic Club	00:17:53	00:17:52	00:17:52 +00:03:21
185	John Paul MURPHY	M	SEN	Cambuslang Harriers	00:17:53	00:17:52	00:17:52 +00:03:21
186	Neil Mackay	M	V40		00:17:54	00:17:54	00:17:54 +00:03:23
187	Amy FRANKLAND	F	SEN	Edinburgh University Hare & Hounds	00:17:55	00:17:54	00:17:54 +00:03:23
188	Kirstian MACRUARY	F	SEN	CORSTORPHINE AAC	00:17:55	00:17:54	00:17:54 +00:03:23
189	Paul KERNOHAN	M	V40	Cambuslang Harriers	00:17:56	00:17:55	00:17:55 +00:03:24
190	Ross Mceachern	M	V50	Springburn Harriers	00:17:59	00:17:58	00:17:58 +00:03:27
191	Jon Hollingdale	M	V50	Forres Harriers	00:17:59	00:17:58	00:17:58 +00:03:27
192	Bryan MCLAREN	M	SEN	Leven Las Vegas Running Club	00:17:59	00:17:58	00:17:58 +00:03:27
193	Ronnie GLEN	M	V40	PERTH ROAD RUNNERS	00:17:59	00:17:59	00:17:59 +00:03:28
194	Peter SIMPSON	M	SEN	Edinburgh Athletic Club	00:18:00	00:17:59	00:17:59 +00:03:28
195	Catriona Graves	F	U20	Edinburgh University Hare & Hounds	00:18:01	00:18:01	00:18:01 +00:03:30
196	Daniel MCFEELY	M	SEN		00:18:01	00:18:01	00:18:01 +00:03:30
197	Jimmy MCINTYRE	M	V40	Fife Athletic Club	00:18:05	00:18:04	00:18:04 +00:03:33
198	DEREK MARTIN	M	V40	Kirkintilloch Olympians	00:18:05	00:18:05	00:18:05 +00:03:34
199	Jacob Howe	M	V40	Fife Athletic Club	00:18:06	00:18:05	00:18:05 +00:03:34
200	Karl Owens	M	SEN	Ayrodynamic Triathlon Club	00:18:06	00:18:05	00:18:05 +00:03:34
201	Fiona MATHESON	F	V50	Falkirk Victoria Harriers	00:18:07	00:18:06	00:18:06 +00:03:35
202	Euan MCINNES	M	V40	Lothian Running Club	00:18:07	00:18:07	00:18:07 +00:03:36
203	Siobhan Coleman	F	SEN	Lothian Running Club	00:18:07	00:18:07	00:18:07 +00:03:36
204	VINCENT CARROLL	M	V40	Kirkintilloch Olympians	00:18:08	00:18:07	00:18:07 +00:03:36
205	Alan GIBSON	M	V50	Fife Athletic Club	00:18:08	00:18:07	00:18:07 +00:03:36
206	Ben MURPHY	M	SEN	Edinburgh University Hare & Hounds	00:18:08	00:18:08	00:18:08 +00:03:37
207	Rankin Lascelles	M	SEN	METRO ABERDEEN RUNNING CLUB	00:18:09	00:18:08	00:18:08 +00:03:37
208	Liam Sleigh	M	SEN	CORSTORPHINE AAC	00:18:10	00:18:09	00:18:09 +00:03:38
209	Huw JONES	M	SEN	Hunters Bog Trotters	00:18:10	00:18:10	00:18:10 +00:03:39
210	Steve BUCHAN	M	V40	METRO ABERDEEN RUNNING CLUB	00:18:10	00:18:10	00:18:10 +00:03:39
211	Alex ROSE	M	V40	METRO ABERDEEN RUNNING CLUB	00:18:11	00:18:10	00:18:10 +00:03:39
212	Claire MOFFETT	F	SEN	Falkirk Victoria Harriers	00:18:11	00:18:11	00:18:11 +00:03:40
213	Wright BEVERIDGE	M	V40	PH racing club	00:18:11	00:18:11	00:18:11 +00:03:40
214	Kirstin MAXWELL	F	SEN	Gala Harriers	00:18:11	00:18:11	00:18:11 +00:03:40

215	Claire Bruce	F	SEN	METRO ABERDEEN RUNNING CLUB	00:18:13	00:18:12	00:18:12 +00:03:41
216	Alastair White	M	U20	Livingston & District AAC	00:18:14	00:18:14	00:18:14 +00:03:43
217	Joanna MURPHY	F	SEN	carnegie Harriers	00:18:15	00:18:14	00:18:14 +00:03:43
218	Craig Morris	M	U17	Fife Athletic Club	00:18:15	00:18:15	00:18:15 +00:03:44
219	Andy CARGILL	M	SEN	Leven Las Vegas Running Club	00:18:16	00:18:15	00:18:15 +00:03:44
220	Tammy Wilson	F	SEN	garioch road runners	00:18:16	00:18:16	00:18:16 +00:03:45
221	Rhian Dawes	F	SEN	Victoria Park City Of Glasgow Ac	00:18:19	00:18:19	00:18:19 +00:03:48
222	Peter Black	M	SEN	CORSTORPHINE AAC	00:18:19	00:18:19	00:18:19 +00:03:48
223	Paul FORBES	M	V60		00:18:19	00:18:19	00:18:19 +00:03:48
224	Callum Campbell	M	U20	Hunters Bog Trotters	00:18:20	00:18:19	00:18:19 +00:03:48
225	Jessica CHRISTIE	F	U17	Falkirk Victoria Harriers	00:18:20	00:18:20	00:18:20 +00:03:49
226	Kenny GARDEN	M	SEN	METRO ABERDEEN RUNNING CLUB	00:18:21	00:18:20	00:18:20 +00:03:49
227	Calum FERGUSON	M	U20	Bellahouston Harriers	00:18:21	00:18:21	00:18:21 +00:03:50
228	Rachael Bushfield	F	SEN	INVERCLYDE ATHLETIC CLUB	00:18:21	00:18:21	00:18:21 +00:03:50
229	Alex. HAY	M	V50	Law & District Aac	00:18:22	00:18:21	00:18:21 +00:03:50
230	Eve MacKinnon	F	U20	Edinburgh University Hare & Hounds	00:18:22	00:18:22	00:18:22 +00:03:51
231	KENNETH RANKIN	M	V60	Unattached	00:18:23	00:18:22	00:18:22 +00:03:51
232	Chloe COX	F	SEN	Lothian Running Club	00:18:24	00:18:23	00:18:23 +00:03:52
233	James BRYSON	M	SEN	Hunters Bog Trotters	00:18:24	00:18:23	00:18:23 +00:03:52
234	John MOWBRAY	M	SEN	Edinburgh Athletic Club	00:18:25	00:18:24	00:18:24 +00:03:53
235	Keith DUNLOP	M	SEN	Edinburgh Athletic Club	00:18:25	00:18:25	00:18:25 +00:03:54
236	Derek HOUSTON	M	SEN	Double D Racing	00:18:25	00:18:25	00:18:25 +00:03:54
237	Charles GRAHAM-MARR	M	V50	Central Athletics club	00:18:26	00:18:26	00:18:26 +00:03:55
238	Laura Robertson	F	SEN	Hunters Bog Trotters	00:18:27	00:18:27	00:18:27 +00:03:56
239	Murray PEEBLES	M	SEN	Dunbar running club	00:18:27	00:18:27	00:18:27 +00:03:56
240	Scott HUNTER	M	V40	Cambuslang Harriers	00:18:29	00:18:29	00:18:29 +00:03:58
241	Jim PHILLIPS	M	V40	Troon Tortoises Ac	00:18:30	00:18:30	00:18:30 +00:03:59
242	Jim White	M	V40	Motherwell AC	00:18:34	00:18:34	00:18:34 +00:04:03
243	BRIAN LEES	M	V50	Lothian Running Club	00:18:35	00:18:34	00:18:34 +00:04:03
244	Philip Sweeney	M	SEN	Central Athletics club	00:18:35	00:18:35	00:18:35 +00:04:04
245	Greg MILNE	M	SEN	Fife Athletic Club	00:18:38	00:18:37	00:18:37 +00:04:06
246	Ben WILLIAMSON	M	U20	Edinburgh University Hare & Hounds	00:18:38	00:18:37	00:18:37 +00:04:06
247	BRIAN HUGHES	M	V60	GLASGOW SOUTH ROAD RUNNERS	00:18:38	00:18:37	00:18:37 +00:04:06
248	Scott LOVE	M	SEN	PH racing club	00:18:39	00:18:38	00:18:38 +00:04:07
249	David Worrall	M	V40		00:18:41	00:18:40	00:18:40 +00:04:09
250	Stuart DOUGLAS	M	SEN	Falkirk Victoria Harriers	00:18:45	00:18:44	00:18:44 +00:04:13
251	Sarah Dempsey	F	U20	Kilbarchan AAC	00:18:46	00:18:45	00:18:45 +00:04:14
252	Bruce MALCOLM	M	V50	CORSTORPHINE AAC	00:18:47	00:18:47	00:18:47 +00:04:16
253	Craig Milligan	M	SEN	carnegie Harriers	00:18:48	00:18:48	00:18:48 +00:04:17
254	Scott Carrick	M	SEN		00:18:49	00:18:48	00:18:48 +00:04:17
255	Sam Mason	M	SEN		00:18:49	00:18:49	00:18:49 +00:04:18
256	Alisdair Millan	M	SEN	Hunters Bog Trotters	00:18:50	00:18:49	00:18:49 +00:04:18
257	Bobby HILL	M	SEN	Law & District Aac	00:18:50	00:18:49	00:18:49 +00:04:18

258	Marcus	WHYTE	M	SEN	Motherwell AC	00:18:50	00:18:49	00:18:49	+00:04:18
259	JOHN	MURRAY	M	V40	GARSCUBE HARRIERS	00:18:50	00:18:50	00:18:50	+00:04:19
260	Scott	NELSON	M	V40		00:18:52	00:18:52	00:18:52	+00:04:21
261	Jennifer	CRUICKSHANKS	F	SEN	Fife Athletic Club	00:18:55	00:18:54	00:18:54	+00:04:23
262	Wallace	GRIEVE	M	V50	Falkirk Victoria Harriers	00:18:56	00:18:55	00:18:55	+00:04:24
263	Hugh	SIMPSON	M	V40		00:18:58	00:18:58	00:18:58	+00:04:27
264	Catriona	MACDONALD	F	SEN	BELLAHOUSTON ROAD RUNNERS	00:18:59	00:18:58	00:18:58	+00:04:27
265	Jonathan	Campbell	M	SEN	PH racing club	00:19:00	00:19:00	00:19:00	+00:04:29
266	Alex	HILLIAM	M	V40	PORTOBELLO RUNNING CLUB	00:19:02	00:19:01	00:19:01	+00:04:30
267	Steven	George	M	SEN	Falkirk Victoria Harriers	00:19:02	00:19:01	00:19:01	+00:04:30
268	Philip	Waring	M	SEN	PH racing club	00:19:03	00:19:02	00:19:02	+00:04:31
269	Robin	Mussett	M	V50	Central Athletics club	00:19:04	00:19:03	00:19:03	+00:04:32
270	Jonathan	Creese	M	SEN	METRO ABERDEEN RUNNING CLUB	00:19:04	00:19:04	00:19:04	+00:04:33
271	LOUISE	ROSS	F	V40	BELLAHOUSTON ROAD RUNNERS	00:19:05	00:19:04	00:19:04	+00:04:33
272	Andrea	RAE	F	SEN	Fife Athletic Club	00:19:06	00:19:05	00:19:05	+00:04:34
273	Duncan	Ng	M	SEN	Glasgow University Hares And Hounds	00:19:07	00:19:07	00:19:07	+00:04:36
274	Cameron	Robertson	M	V40	METRO ABERDEEN RUNNING CLUB	00:19:08	00:19:07	00:19:07	+00:04:36
275	Niall	Walker	M	SEN	East Kilbride Athletics Club	00:19:08	00:19:08	00:19:08	+00:04:37
276	Katie	JONES	F	SEN	Fife Athletic Club	00:19:09	00:19:08	00:19:08	+00:04:37
277	Mandy	Stewart	F	SEN	Ayrodynamic Triathlon Club	00:19:09	00:19:08	00:19:08	+00:04:37
278	Kevin	Rogers	M	V40	PERTH ROAD RUNNERS	00:19:12	00:19:12	00:19:12	+00:04:41
279	Christopher	HARTLES	M	SEN	Edinburgh Athletic Club	00:19:13	00:19:13	00:19:13	+00:04:42
280	Gavin	McLennan	M	SEN	METRO ABERDEEN RUNNING CLUB	00:19:14	00:19:13	00:19:13	+00:04:42
281	Chris	Peggie	M	SEN	CORSTORPHINE AAC	00:19:16	00:19:16	00:19:16	+00:04:45
282	John	HYND	M	V50	carnegie Harriers	00:19:16	00:19:16	00:19:16	+00:04:45
283	Clare	Hughes	F	SEN	Motherwell AC	00:19:17	00:19:16	00:19:16	+00:04:45
284	Heather	Addison	F	U20	East Kilbride Athletics Club	00:19:17	00:19:17	00:19:17	+00:04:46
285	William	Moffat	M	V40	Lothian Running Club	00:19:18	00:19:18	00:19:18	+00:04:47
286	Carolyn	Milne	F	V50	garioch road runners	00:19:18	00:19:18	00:19:18	+00:04:47
287	Graham	MOAR	M	V40	METRO ABERDEEN RUNNING CLUB	00:19:20	00:19:20	00:19:20	+00:04:49
288	Craig	STEWART	M	V40	HARMENY ATHLETIC CLUB	00:19:22	00:19:21	00:19:21	+00:04:50
289	Lydia	Blythe	F	U20	Edinburgh University Hare & Hounds	00:19:23	00:19:23	00:19:23	+00:04:52
290	Steven	PHILLIPS	M	SEN	airdrie harriers	00:19:24	00:19:23	00:19:23	+00:04:52
291	James	Drummond	M	SEN		00:19:27	00:19:27	00:19:27	+00:04:56
292	Richard	WARD	M	V40	PERTH ROAD RUNNERS	00:19:28	00:19:28	00:19:28	+00:04:57
293	Craig	Johnston	M	V40	Falkirk Victoria Harriers	00:19:29	00:19:29	00:19:29	+00:04:58
294	Kathleen	DEMPSEY	F	SEN	Edinburgh Athletic Club	00:19:30	00:19:30	00:19:30	+00:04:59
295	MALCOLM	FINLAYSON	M	V50	Falkirk Victoria Harriers	00:19:31	00:19:30	00:19:30	+00:04:59
296	Jennifer	Robertson	F	V40	Peterhead Athletics Club	00:19:31	00:19:31	00:19:31	+00:05:00
297	Kenneth	CRAWFORD	M	V40	BELLAHOUSTON ROAD RUNNERS	00:19:32	00:19:31	00:19:31	+00:05:00
298	Garry	Smith	M	V40	PERTH ROAD RUNNERS	00:19:33	00:19:32	00:19:32	+00:05:01
299	Charlie	STORRIE	M	U20	DUMFRIES RUNNING CLUB	00:19:33	00:19:33	00:19:33	+00:05:02
300	David	Cheseldine	M	V50		00:19:33	00:19:33	00:19:33	+00:05:02

301 Jo WILLIAMS	F	SEN	Lothian Running Club	00:19:35	00:19:35	00:19:35 +00:05:04
302 Mark Waldron	M	V40	METRO ABERDEEN RUNNING CLUB	00:19:39	00:19:39	00:19:39 +00:05:08
303 Ed NORTON	M	V60	PH racing club	00:19:40	00:19:39	00:19:39 +00:05:08
304 Jill Bonthron	F	SEN	METRO ABERDEEN RUNNING CLUB	00:19:40	00:19:40	00:19:40 +00:05:09
305 Ian Williamson	M	V50	Edinburgh Athletic Club	00:19:42	00:19:41	00:19:41 +00:05:10
306 Jennie GLASS	F	U20	Edinburgh University Hare & Hounds	00:19:42	00:19:42	00:19:42 +00:05:11
307 Hannah Mutch	F	U20	Aberdeen AAC	00:19:42	00:19:42	00:19:42 +00:05:11
308 Neil Muir	M	V50	PERTH ROAD RUNNERS	00:19:43	00:19:42	00:19:42 +00:05:11
309 Doug Fraser	M	V40	MUSSELBURGH & DISTRICT AC	00:19:43	00:19:43	00:19:43 +00:05:12
310 Matt Pinnons	M	SEN		00:19:44	00:19:43	00:19:43 +00:05:12
311 Grant MATHESON	M	V50	Falkirk Victoria Harriers	00:19:45	00:19:45	00:19:45 +00:05:14
312 John MCINTYRE	M	SEN	Formidable Fifers	00:19:48	00:19:47	00:19:47 +00:05:16
313 Andrew HEATHWOOD	M	V40	Bellahouston Harriers	00:19:49	00:19:48	00:19:48 +00:05:17
314 PETER LAING	M	V50	Ayr Seaforth Athletic Club	00:19:52	00:19:52	00:19:52 +00:05:21
315 fergus Campbell	M	U17	CORSTORPHINE AAC	00:19:58	00:19:57	00:19:57 +00:05:26
316 Suzanne Goodall	F	V40	PH racing club	00:19:59	00:19:58	00:19:58 +00:05:27
317 STEWART REID	M	SEN	PERTH ROAD RUNNERS	00:19:59	00:19:59	00:19:59 +00:05:28
318 Reece Inches	M	U20	Fife Athletic Club	00:20:01	00:20:00	00:20:00 +00:05:29
319 Lyndsey FRASER	F	V40	Edinburgh Athletic Club	00:20:01	00:20:01	00:20:01 +00:05:30
320 Caitlin McKenzie	F	SEN	CORSTORPHINE AAC	00:20:04	00:20:04	00:20:04 +00:05:33
321 Allen MARR	M	V60	Leven Las Vegas Running Club	00:20:05	00:20:05	00:20:05 +00:05:34
322 SIMON GRIESHABER	M	V50	PERTH ROAD RUNNERS	00:20:06	00:20:05	00:20:05 +00:05:34
323 Tony Quinn	M	V60	Cartha Harriers	00:20:10	00:20:09	00:20:09 +00:05:38
324 Calum Ross	M	V50	Lothian Running Club	00:20:14	00:20:13	00:20:13 +00:05:42
325 Sarah Scott	F	SEN		00:20:18	00:20:17	00:20:17 +00:05:46
326 BERNADETTE O'NEIL	F	V40	Cambuslang Harriers	00:20:20	00:20:19	00:20:19 +00:05:48
327 Lisa Aikman	F	SEN	PERTH ROAD RUNNERS	00:20:21	00:20:20	00:20:20 +00:05:49
328 Hannah DEVEY	F	V40	PH racing club	00:20:22	00:20:21	00:20:21 +00:05:50
329 Campbell BLAIR	M	V40	Pitreavie AAC	00:20:22	00:20:22	00:20:22 +00:05:51
330 Patricia Milne	F	V50	Central Athletics club	00:20:22	00:20:22	00:20:22 +00:05:51
331 Martha KEITH-BARNETT	F	SEN	Edinburgh Athletic Club	00:20:25	00:20:24	00:20:24 +00:05:53
332 Richard DOUGAL	M	SEN	Hunters Bog Trotters	00:20:26	00:20:25	00:20:25 +00:05:54
333 Courtney Moffat	F	U17	Livingston & District AAC	00:20:29	00:20:28	00:20:28 +00:05:57
334 Iain Chisholm	M	V50	airdrie harriers	00:20:30	00:20:29	00:20:29 +00:05:58
335 Steve ADAM	M	V50	carnegie Harriers	00:20:34	00:20:33	00:20:33 +00:06:02
336 David STOKOE	M	V40	PERTH ROAD RUNNERS	00:20:34	00:20:34	00:20:34 +00:06:03
337 Michael BISSET	M	V40	carnegie Harriers	00:20:35	00:20:34	00:20:34 +00:06:03
338 Genevieve MCMAHON	F	SEN	Edinburgh University Hare & Hounds	00:20:36	00:20:35	00:20:35 +00:06:04
339 Angela SANDILANDS	F	V40	carnegie Harriers	00:20:36	00:20:36	00:20:36 +00:06:05
340 Alan CAMERON	M	V40	CORSTORPHINE AAC	00:20:36	00:20:36	00:20:36 +00:06:05
341 Louise Kelly	F	V50	Stonehaven Running Club	00:20:37	00:20:37	00:20:37 +00:06:06
342 Jocelyn MOAR	F	SEN	Edinburgh Athletic Club	00:20:38	00:20:37	00:20:37 +00:06:06
343 Tony McGarva	M	V50	METRO ABERDEEN RUNNING CLUB	00:20:39	00:20:38	00:20:38 +00:06:07

344	Raymond MILNE	M	V50	Central Athletics club	00:20:39	00:20:39	00:20:39 +00:06:08
345	Richard Cox	M	V40		00:20:40	00:20:40	00:20:40 +00:06:09
346	Andrew ANDERSON	M	V50		00:20:40	00:20:40	00:20:40 +00:06:09
347	Scott HYSLOP	M	V50	Linlithgow Athletic Club	00:20:41	00:20:40	00:20:40 +00:06:09
348	John McLaughlin	M	SEN		00:20:42	00:20:42	00:20:42 +00:06:11
349	Isobel Burnett	F	V60	carnegie Harriers	00:20:42	00:20:42	00:20:42 +00:06:11
350	Kerry Gibson	F	SEN	Fife Athletic Club	00:20:44	00:20:44	00:20:44 +00:06:13
351	Robert Armstrong	M	V50	Fife Athletic Club	00:20:47	00:20:46	00:20:46 +00:06:15
352	Katherine Golding	F	SEN	Hunters Bog Trotters	00:20:49	00:20:48	00:20:48 +00:06:17
353	SONJIA CROW	F	SEN	PERTH ROAD RUNNERS	00:20:49	00:20:48	00:20:48 +00:06:17
354	Melanie Ellis	F	SEN	Tweed striders	00:20:50	00:20:49	00:20:49 +00:06:18
355	Barry DAVIE	M	V40	carnegie Harriers	00:20:52	00:20:51	00:20:51 +00:06:20
356	John COOPER	M	SEN	Dundee Hawkhill Harriers	00:20:53	00:20:53	00:20:53 +00:06:22
357	Peter Blackmore	M	V40	Motherwell AC	00:20:54	00:20:54	00:20:54 +00:06:23
358	Fiona MACFARLANE	F	SEN	Falkirk Victoria Harriers	00:20:54	00:20:54	00:20:54 +00:06:23
359	Erica CHRISTIE	F	V60	Cambuslang Harriers	00:20:56	00:20:55	00:20:55 +00:06:24
360	Megan DAVIDSON	F	SEN	Falkirk Victoria Harriers	00:20:56	00:20:55	00:20:55 +00:06:24
361	Gordon BARRIE	M	V40	carnegie Harriers	00:20:57	00:20:56	00:20:56 +00:06:25
362	Lesley MCARDLE	F	SEN	Cambuslang Harriers	00:21:01	00:21:00	00:21:00 +00:06:29
363	Barry Maguire	M	SEN	METRO ABERDEEN RUNNING CLUB	00:21:01	00:21:01	00:21:01 +00:06:30
364	Kevin DURNIAN	M	SEN	Motherwell AC	00:21:01	00:21:01	00:21:01 +00:06:30
365	Allan BRANNIGAN	M	V50	carnegie Harriers	00:21:02	00:21:02	00:21:02 +00:06:31
366	Gordon DEWAR	M	V50	Falkirk Victoria Harriers	00:21:03	00:21:03	00:21:03 +00:06:32
367	Ryan WHITE	M	SEN	Livingston & District AAC	00:21:06	00:21:05	00:21:05 +00:06:34
368	Julia Loecherbach	F	SEN	Ferranti AAC	00:21:08	00:21:07	00:21:07 +00:06:36
369	Michael BARTON	M	V40	Edinburgh Athletic Club	00:21:12	00:21:12	00:21:12 +00:06:41
370	Leanne CALDER	F	SEN	Edinburgh Athletic Club	00:21:12	00:21:12	00:21:12 +00:06:41
371	RICHARD HUGHES	M	SEN	PERTH ROAD RUNNERS	00:21:16	00:21:15	00:21:15 +00:06:44
372	Emma Laverie	F	SEN	Edinburgh Athletic Club	00:21:17	00:21:16	00:21:16 +00:06:45
373	Craig ANTROBUS	M	SEN	PERTH ROAD RUNNERS	00:21:17	00:21:16	00:21:16 +00:06:45
374	Martin KAY	M	V40		00:21:17	00:21:16	00:21:16 +00:06:45
375	Claire MENNIE	F	V40	Cambuslang Harriers	00:21:19	00:21:18	00:21:18 +00:06:47
376	Anne Peat	F	V50	Edinburgh Athletic Club	00:21:19	00:21:19	00:21:19 +00:06:48
377	Kara Mccurrach	F	SEN	METRO ABERDEEN RUNNING CLUB	00:21:20	00:21:19	00:21:19 +00:06:48
378	Christie FORD	F	SEN	Shettleston Harriers	00:21:20	00:21:19	00:21:19 +00:06:48
379	Paula MCCABE	F	SEN	Cambuslang Harriers	00:21:20	00:21:20	00:21:20 +00:06:49
380	Charlotte BRIGGS	F	SEN	carnegie Harriers	00:21:23	00:21:23	00:21:23 +00:06:52
381	Neil GRAHAM	M	V40	Lothian Running Club	00:21:24	00:21:24	00:21:24 +00:06:53
382	Stephen MALCOLM	M	V40	Lothian Running Club	00:21:28	00:21:28	00:21:28 +00:06:57
383	Yuri GORUPPA	M	U20	Glasgow University Hares And Hounds	00:21:30	00:21:29	00:21:29 +00:06:58
384	David STIRLING	M	V40	Cambuslang Harriers	00:21:30	00:21:30	00:21:30 +00:06:59
385	IAN BEATTIE	M	V50	HARMENY ATHLETIC CLUB	00:21:35	00:21:35	00:21:35 +00:07:04
386	Gary BARKER	M	V60	Fife Athletic Club	00:21:35	00:21:35	00:21:35 +00:07:04

387	Julie Dell	F	V40	Cambuslang Harriers	00:21:40	00:21:39	00:21:39	+00:07:08
388	Lucy MARSHALL	F	SEN	HARMENY ATHLETIC CLUB	00:21:41	00:21:40	00:21:40	+00:07:09
389	Martin LEADBETTER	M	V60	Lothian Running Club	00:21:42	00:21:42	00:21:42	+00:07:11
390	Kate Murray	F	SEN		00:21:44	00:21:44	00:21:44	+00:07:13
391	Colin Wishart	M	V40	Lothian Running Club	00:21:46	00:21:45	00:21:45	+00:07:14
392	Sandra REID	F	V40		00:21:48	00:21:47	00:21:47	+00:07:16
393	Jemma Hoolahan	F	U20	Edinburgh University Hare & Hounds	00:21:48	00:21:48	00:21:48	+00:07:17
394	Mark Magill	M	SEN		00:21:48	00:21:48	00:21:48	+00:07:17
395	Alasdair Maciver	M	V50	METRO ABERDEEN RUNNING CLUB	00:21:51	00:21:50	00:21:50	+00:07:19
396	Brian MILLER	M	V40	carnegie Harriers	00:21:51	00:21:50	00:21:50	+00:07:19
397	Phil MANN	M	V50	METRO ABERDEEN RUNNING CLUB	00:21:51	00:21:51	00:21:51	+00:07:20
398	INNES BRACEGIRDLE	F	V60	Fife Athletic Club	00:21:53	00:21:53	00:21:53	+00:07:22
399	Niall PATTERSON	M	V50		00:21:54	00:21:53	00:21:53	+00:07:22
400	Christine IRVINE	F	SEN	Edinburgh University Hare & Hounds	00:21:55	00:21:54	00:21:54	+00:07:23
401	NIGEL HETHERINGTON	M	V50	Motherwell AC	00:21:59	00:21:58	00:21:58	+00:07:27
402	Natalie Gilliland-Patterson	F	SEN	PH racing club	00:22:04	00:22:03	00:22:03	+00:07:32
403	Fiona King	F	SEN	Edinburgh University Hare & Hounds	00:22:09	00:22:09	00:22:09	+00:07:38
404	Graham MCLEAN	M	V60	CORSTORPHINE AAC	00:22:10	00:22:09	00:22:09	+00:07:38
405	Steven waterston	M	V40	Edinburgh Athletic Club	00:22:13	00:22:13	00:22:13	+00:07:42
406	Jayne Addie	F	V40	METRO ABERDEEN RUNNING CLUB	00:22:15	00:22:14	00:22:14	+00:07:43
407	Mark LOGIE	M	V40	Central Athletics club	00:22:15	00:22:14	00:22:14	+00:07:43
408	Lise Theron	F	U20	Edinburgh University Hare & Hounds	00:22:17	00:22:16	00:22:16	+00:07:45
409	Gordon SOMERVILLE	M	V60	carnegie Harriers	00:22:17	00:22:17	00:22:17	+00:07:46
410	Rachel Murray	F	SEN		00:22:18	00:22:18	00:22:18	+00:07:47
411	Kenny MEARNS	M	V50	Lothian Running Club	00:22:20	00:22:19	00:22:19	+00:07:48
412	Nicola Freedman	F	V40	HARMENY ATHLETIC CLUB	00:22:22	00:22:22	00:22:22	+00:07:51
413	Nicola Tully	F	V40	Dundee Hawkhill Harriers	00:22:30	00:22:29	00:22:29	+00:07:58
414	Susan Maciver	F	V50	METRO ABERDEEN RUNNING CLUB	00:22:37	00:22:36	00:22:36	+00:08:05
415	Jim ALEXANDER	M	V50	Lothian Running Club	00:22:37	00:22:37	00:22:37	+00:08:06
416	Sharyn RAMAGE	F	V50	Edinburgh Athletic Club	00:22:38	00:22:37	00:22:37	+00:08:06
417	Gillian Edwards	F	SEN	PERTH ROAD RUNNERS	00:22:40	00:22:40	00:22:40	+00:08:09
418	Gordon HUNTER	M	SEN	carnegie Harriers	00:22:46	00:22:45	00:22:45	+00:08:14
419	Steven BLAIR	M	V50	CORSTORPHINE AAC	00:22:53	00:22:53	00:22:53	+00:08:22
420	DUNCAN SIRCOM	M	V40		00:22:57	00:22:56	00:22:56	+00:08:25
421	Morna FLEMING	F	V60	Pitreavie AAC	00:23:02	00:23:01	00:23:01	+00:08:30
422	Angela Malcolm	F	V40	Motherwell AC	00:23:03	00:23:02	00:23:02	+00:08:31
423	Ella Webley	F	SEN	PERTH ROAD RUNNERS	00:23:17	00:23:16	00:23:16	+00:08:45
424	MONICA ANDERSON	F	V40	Falkirk Victoria Harriers	00:23:18	00:23:18	00:23:18	+00:08:47
425	Andrew Williamson	M	SEN		00:23:23	00:23:23	00:23:23	+00:08:52
426	GILLIAN SMITH	F	SEN	PERTH ROAD RUNNERS	00:23:25	00:23:25	00:23:25	+00:08:54
427	Brian ADAMS	M	V50	Fife Athletic Club	00:23:27	00:23:27	00:23:27	+00:08:56
428	Derek SWAN	M	V50	PERTH ROAD RUNNERS	00:23:28	00:23:28	00:23:28	+00:08:57
429	Hugh DALY	M	V50	PERTH ROAD RUNNERS	00:23:32	00:23:31	00:23:31	+00:09:00

430	Kirsten Samara Mcstay	F	SEN	Central Athletics club	00:23:33	00:23:32	00:23:32 +00:09:01
431	Megan Dale	F	U20	Edinburgh University Hare & Hounds	00:23:35	00:23:34	00:23:34 +00:09:03
432	Margaret NEWELL	F	U20	Law & District Aac	00:23:39	00:23:39	00:23:39 +00:09:08
433	Neil ANDERSON	M	SEN	carnegie Harriers	00:23:45	00:23:45	00:23:45 +00:09:14
434	Ailsa HERBERT	F	SEN	Stonehaven Running Club	00:23:59	00:23:59	00:23:59 +00:09:28
435	Paul Hammersley	M	V50		00:24:15	00:24:15	00:24:15 +00:09:44
436	Sandra AITKEN	F	V50	Fife Athletic Club	00:24:15	00:24:15	00:24:15 +00:09:44
437	Amy BRISTOW	F	SEN	Edinburgh University Hare & Hounds	00:24:20	00:24:19	00:24:19 +00:09:48
438	Debbie JACKSON	F	V40	PERTH ROAD RUNNERS	00:24:21	00:24:21	00:24:21 +00:09:50
439	DAVID BUNYAN	M	V60	Falkirk Victoria Harriers	00:24:29	00:24:28	00:24:28 +00:09:57
440	Carla Willars	F	SEN	Edinburgh University Hare & Hounds	00:24:29	00:24:29	00:24:29 +00:09:58
441	JOYCE DONALD	F	V40	Dundee Hawkhill Harriers	00:24:31	00:24:30	00:24:30 +00:09:59
442	Katie CUTFORTH	F	SEN	Edinburgh University Hare & Hounds	00:24:31	00:24:31	00:24:31 +00:10:00
443	Jim McCurrach	M	V60	METRO ABERDEEN RUNNING CLUB	00:24:34	00:24:34	00:24:34 +00:10:03
444	Stephen GREER	M	V50	carnegie Harriers	00:24:38	00:24:37	00:24:37 +00:10:06
445	Alison Milne	F	V50	METRO ABERDEEN RUNNING CLUB	00:24:39	00:24:38	00:24:38 +00:10:07
446	Sean SWINDELLS	M	V50	garioch road runners	00:24:51	00:24:50	00:24:50 +00:10:19
447	Jennifer Gilbert	F	SEN	PERTH ROAD RUNNERS	00:24:51	00:24:51	00:24:51 +00:10:20
448	Claire MITCHELL	F	SEN	Edinburgh Athletic Club	00:24:54	00:24:53	00:24:53 +00:10:22
449	Liz Johnston	F	V40	PERTH ROAD RUNNERS	00:25:03	00:25:02	00:25:02 +00:10:31
450	Kerry Hunter	F	SEN	carnegie Harriers	00:25:25	00:25:25	00:25:25 +00:10:54
451	CATRIONA LIDDELL	F	V40	PERTH ROAD RUNNERS	00:25:27	00:25:27	00:25:27 +00:10:56
452	Jenny OFFIELD	F	SEN		00:25:37	00:25:37	00:25:37 +00:11:06
453	Harriet Shaw	F	SEN	PERTH ROAD RUNNERS	00:25:52	00:25:51	00:25:51 +00:11:20
454	Katie RUSSELL	F	SEN	STRATHAVEN STRIDERS	00:25:52	00:25:51	00:25:51 +00:11:20
455	Keith Stewart	M	SEN		00:25:59	00:25:59	00:25:59 +00:11:28
456	Rachel STEWART	F	SEN	Edinburgh University Hare & Hounds	00:26:11	00:26:11	00:26:11 +00:11:40
457	Angela EWING	F	SEN		00:26:17	00:26:16	00:26:16 +00:11:45
458	Karl ZACZEK	M	V40	carnegie Harriers	00:26:20	00:26:19	00:26:19 +00:11:48
459	Stephane REID	F	SEN	PERTH ROAD RUNNERS	00:26:21	00:26:21	00:26:21 +00:11:50
460	Robin THOMAS	M	V60	Hunters Bog Trotters	00:26:21	00:26:21	00:26:21 +00:11:50
461	Alan BOTHWELL	M	V50	PERTH ROAD RUNNERS	00:26:30	00:26:29	00:26:29 +00:11:58
462	Sarah MACNEILL	F	U20	University of St. Andrews Cross Country	00:26:31	00:26:31	00:26:31 +00:12:00
463	Gillian Ireland	F	SEN		00:26:34	00:26:34	00:26:34 +00:12:03
464	Eilidh MACQUARRIE	F	SEN	Edinburgh University Hare & Hounds	00:26:35	00:26:35	00:26:35 +00:12:04
465	Graham Bennison	M	V70	Fife Athletic Club	00:26:40	00:26:39	00:26:39 +00:12:08
466	Ruth SAINT	F	SEN		00:27:17	00:27:16	00:27:16 +00:12:45
467	CAROLINE HOGARTH	F	V40	PERTH ROAD RUNNERS	00:27:19	00:27:19	00:27:19 +00:12:48
468	ELEANOR PAUL	F	V40	PERTH ROAD RUNNERS	00:27:22	00:27:21	00:27:21 +00:12:50
469	Graham Clark	M	V40	Sweatshop Running Community	00:27:32	00:27:32	00:27:32 +00:13:01
470	Sarah Hammersley	F	V50	PERTH ROAD RUNNERS	00:27:44	00:27:44	00:27:44 +00:13:13
471	Caroline Malloy	F	V40	PERTH ROAD RUNNERS	00:28:16	00:28:15	00:28:15 +00:13:44
472	Joanna NORTHCOTT	F	SEN	PERTH ROAD RUNNERS	00:28:16	00:28:15	00:28:15 +00:13:44

473 Paul Mc Keown	M	SEN		00:29:15	00:29:15	00:29:15 +00:14:44
474 Sally NEWTON	F	V50	PERTH ROAD RUNNERS	00:30:12	00:30:11	00:30:11 +00:15:40
475 Bethany Nelson	F	U20	Lothian Running Club	00:30:31	00:30:31	00:30:31 +00:16:00
476 Anne BELL	F	V50	PERTH ROAD RUNNERS	00:30:53	00:30:53	00:30:53 +00:16:22
477 Kirsty JOHNSTON	F	V40	PERTH ROAD RUNNERS	00:30:58	00:30:57	00:30:57 +00:16:26
478 Sarah Swan	M	V40	PERTH ROAD RUNNERS	00:32:31	00:32:31	00:32:31 +00:18:00
479 FIONA MORRISON	F	V40	PERTH ROAD RUNNERS	00:33:42	00:33:41	00:33:41 +00:19:10
480 Ian Hall	M	V50	Edinburgh Athletic Club	00:38:55	00:38:55	00:38:55 +00:24:24
- BRIAN DOUGLAS	M	V40	Cambuslang Harriers	00:16:35	00:00:00	00:00:00 -
- Kate MCDONALD	F	U17		00:17:12	00:00:00	00:00:00 -