

1	Martainn Ramsay	EAC	9.46	1st M
2	Ray Ward	HBT	10.20	2nd M
3	Cameron Bullen	Team East Lothian	10.26	3rd M
4	Ewan Crawford	HBT	10.29	4th M
5	Calum Phillip	Stirling Uni	10.30	5th M
6	Ryan Kirkland	Lothian RC	10.59	6th M
7	Alistair Sarahs	u/a	11.20	7th M
8	Will Townsend	HBT	11.29	M
9	Murray Peebles	Dunbar RC	11.32	M
10	Laura Robertson	HBT	11.22	1st F
11	Charlie Cameron	CAAC	11.34	M
12	Derek Newport	Penicuik Harriers	11.38	1st MV50
13	James Mayers	Musselburgh AC	11.41	2nd MV50
14	Brian Hughes	Cambuslang H	11.42	1st MV60
15	Morag McClelland	HBT	11.54	2nd F
16	Andrew McGlone	Lasswade AC	11.54	3rd MV50
17	Chris Upson	Cambuslang H	11.57	MV50
18	Alan Cameron	CAAC	12.01	M
19	Michael Grant	HBT	12.04	M
20	Keith Berry	u/a	12.10	M
21	Tessa Bell	EAC	12.13	3rd F
22	Liam Kemp	Derwent Runers	12.14	M
23	Yuri Goruppa	Glasgow Uni	12.16	M
24	Richard Dougal	HBT	12.23	M
25	Calum Milloy	u/a	12.26	M
26	Nick Ruane	Jog Scotland	12.37	M
27	Gavin Phillip	EAC	12.37	MV50
28	Claire Ward	HBT	12.38	4th F
29	William Bradley	London City AC	12.39	M
30	Chris Gunstone	Portobello RC	12.43	MV60
31	Alistair Hindle	HBT	12.51	M
32	Martin Veale	u/a	12.53	MV60
33	Mike Connolly	CAAC	12.56	MV50
34	George Ashley	HBT	12.57	M
35	Cat McGill	HBT	13.06	5th F
36	Neill Porterfield	CAAC	13.10	M
37	Angie Meffan-Main	ERN	13.16	6th F
38	David Pattison	CAAC	13.19	M
39	Liz Cox	u/a	13.43	7th F
40	Seona Burnett	Harmeny AC	13.43	1st FV50
41	Andy Archer	u/a	13.45	MV60
42	Alec Chalmers	u/a	13.45	MV50
43	Jenni Owens	Portobello RC	13.54	F
44	Stephanie McGill	HBT	14.00	F
45	Simon Wilson	HBT	14.06	M
46	Pamela Newport	Penicuik Harriers	14.09	2nd FV50
47	Sarah O'Neill	HBT	14.10	F
48	Frances Wood	Linlithgow AC	14.11	1st FV60
49	Claire Gilchrist	Ferranti AC	14.12	3rd FV50
50	Ryan Mack	u/a	14.15	M
51	Eric Stevenson	EAC	14.19	MV60
52	Ewan Haggerty	u/a	14.21	M

53	Habeeb Atanda	Race Fitness	14.40	M
54	Sharyn Ramage	EAC	14.45	FV50
55	Doreen Kimanai	u/a	15.25	F
56	Keith Weston	Ferranti AC	15.30	1st MV70
57	Alec Agnew	Lothian RC	16.05	MV60
58	Geoff Mitchell	HBT	16.24	MV60
59	Ulrike Damerow	u/a	16.56	FV50
60	Gerry Clements	Ferranti AC	17.10	MV70
61	Cliff Dicker	Lothian RC	17.22	MV70
62	Ian Hall	EAC	17.56	MV50