

Self-Transcendence 10K Race

Organised by Sri Chinmoy AC

Battersea Park, London

29th November 2014



WINNERS

RAN	FIRST NAME	SURNAME	CLUB	TIME	M/F	AGE
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Men U/50

1	Scott	Overall	Blackheath	30.03	M	31
2	Philip	Sesmann	Blackheath	30.54	M	22
3	Russell	Bentley	kent ac	31.02	M	33
4	Jonathan	Poole	Serpentine RC	31.08	M	32
5	Ben	Harding	Kent AC	31.12	M	27
6	Glenn	Hughes	Serpentine RC	31.25	M	32
7	Andy	Greenleaf	Serpentine RC	31.47	M	32

Women U/50

1	Julia	Belyavin	Bristol & West AC	37.23	F	35
2	Amy	Aronson	Thames Hare & Hound	37.50	F	30
3	Helen	Palmer	Serpentine RC	37.59	F	26
4	Megan	De Silva	Ranelagh Harriers	38.32	F	31
5	Victoria	Basquill	Serpentine	38.38	F	42
6	Isobel	Rea	West 4 Harriers	38.38	F	38
7	Meriel	Holden	Wimbledon Windmillers	39.05	F	44

Men Vet 50

1	Tony	Tuohy	Dulwich R	34.59	M	52
2	Gary	Ironmonger	Herne Hill H	35.47	M	53
3	Martin	Halvey	Ranelagh H	38.21	M	56

Women Vet 50

1	Marie	Synnott-Wells	Ranelagh Harriers	41.54	F	50
2	Anne	Davies	Wimbledon Windmillers	47.04	F	53
3	Diane	Suter	Dulwich Park Runners	57.03	F	51

Men Vet 60

1	Matt	Shields	North Belfast Harriers	36.56	M	60
2	John	Witton		41.34	M	61

Women Vet 60

1	Eleanor	Robinson	Ripley RC	51.24	F	67
2	Serena	Dilnott	Clapham Runners	1.04.16	F	61

Men Vet 70

1	John	Garber	Herne Hill H	49.49	M	73
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RESULTS

	NAME	SURNAME	CLUB	TIME	M/F	AGE	CATEGORY	CAT. POS
1	Scott	Overall	Blackheath	30.03	M	31	M U/50	1
2	Philip	Sesmann	Blackheath	30.54	M	22	M U/50	2
3	Russell	Bentley	kent ac	31.02	M	33	M U/50	3
4	Jonathan	Poole	Serpentine RC	31.08	M	32	M U/50	4
5	Ben	Harding	Kent AC	31.12	M	27	M U/50	5
6	Glenn	Hughes	Serpentine RC	31.25	M	32	M U/50	6
7	Andy	Greenleaf	Serpentine RC	31.47	M	32	M U/50	7
8	Kevin	Quinn	South London H	31.49	M	35	M U/50	8
9	Danny	Kendall	Cambridge H	32.19	M	36	M U/50	9
10	Ben	Shearer	Cambridge Harriers	32.42	M	38	M U/50	10
11	Hugh	Torry	Serpentine	33.01	M	36	M U/50	11
12	Alex	Davy	Leeds City	33.25	M	25	M U/50	12
13	James	Bowler	Bromsgrove & Redditch	33.34	M	35	M U/50	13
14	James	Silvey		33.48	M	39	M U/50	14
15	Nathan	Smeaton	Clapham Chasers	34.02	M	30	M U/50	15
16	Edward	Raymond		34.08	M	42	M U/50	16
17	Eric	Mendoza		34.11	M	30	M U/50	17
18	Tom	Bowerman	A.F.D	34.14	M	24	M U/50	18
19	Simon	Barrett	Serpentine RC	34.31	M	39	M U/50	19
20	Charlie	Elliott	Ful-on-tri	34.34	M	34	M U/50	20
21	Stephen	Hurley	Wimbledon Windmillers	34.39	M	34	M U/50	21
22	James	Ellis	Warrington AC	34.44	M	21	M U/50	22
23	Andrew	Boyd	Dulwich	34.45	M	35	M U/50	23
24	Jamie	Hogg	Serpentine	34.48	M	40	M U/50	24
25	Stuart	Farmer	Serpentine	34.56	M	38	M U/50	25
26	Tony	Tuohy	Dulwich R	34.59	M	52	M O/50	1
27	John	McSeveny	Mornington Chasers	35.05	M	29	M U/50	26
28	Nathan	Wi?uins	Serpentine	35.07	M	24	M U/50	27
29	Stephen	Whiting	Highgate H	35.11	M	47	M U/50	28
30	David	Evans	Serpentine	35.16	M	24	M U/50	29
31	James	Gillanders	London Fronrunners	35.20	M	36	M U/50	30
32	Peter	Holmes	Serpentine	35.21	M	36	M U/50	31
33	Robert	Wakefield	Aldershot Farnham & D	35.22	M	32	M U/50	32
34	Glyn	Parry	Kent AC	35.23	M	35	M U/50	33
35	Chris	Cavey	Ealing Eagles RC	35.28	M	31	M U/50	34
36	Robert	Tuer	Hercules Wimbledon	35.31	M	28	M U/50	35
37	Rob	Shearer	Cambridge Harriers	35.32	M	36	M U/50	36
38	Jonny	Earl	n/a	35.39	M	30	M U/50	37
39	Samuel	Thompson	London Heathside	35.40	M	26	M U/50	38
40	Wayne	Lashley	Dulwich Runners AC	35.45	M	33	M U/50	39
41	Mick	Keating	Clapham Chasers RC	35.46	M	27	M U/50	40
42	Simon	Craddock	Serpentine	35.46	M	32	M U/50	41

43	Gary	Ironmonger	Herne Hill H	35.47	M	53	M O/50	2
44	Michael	Leong	Clapham Chasers	35.49	M	34	M U/50	42
45	Andrew	Peters		35.58	M	40	M U/50	43
46	Chris	Ore	Hercules Wimbledon	36.03	M	31	M U/50	44
47	Robert	Tansey		36.06	M	43	M U/50	45
48	David	Young		36.07	M	28	M U/50	46
49	Rory	Maguire	Serpentine	36.21	M	32	M U/50	47
50	Brian	Cronin	Clapham Chasers	36.26	M	32	M U/50	48
51	David	Ireland		36.34	M	24	M U/50	49
52	Jonathan	Moscrop	London Fronrunners	36.37	M	40	M U/50	50
53	Neil	Guthrie	Wimbledon Windmillers	36.39	M	42	M U/50	51
54	Martin	Bell		36.42	M	27	M U/50	52
55	Jonathan	Vinter	Blackheath	36.46	M	26	M U/50	53
56	Volker	Vogler	Wimbledon Windmillers	36.53	M	48	M U/50	54
57	Matt	Shields	North Belfast Harriers	36.56	M	60	M O/60	1
58	Dave	Miller	Barnes Runners	37.00	M	42	M U/50	55
59	Mitchell	Dann	Cambridge H	37.16	M	39	M U/50	56
60	Simon	Phillips	Ravens City of London	37.16	M	49	M U/50	57
61	Julia	Belyavin	Bristol & West AC	37.23	F	35	W U/50	1
62	Musa	Adamis	Clapham Chasers	37.28	M	22	M U/50	58
63	Richard	Cohen	Wimbledon Windmillers	37.30	M	28	M U/50	59
64	Edward	Rees	Clapham Chasers	37.36	M	26	M U/50	60
65	Richard	Cherrett	Victoria Park Harriers	37.45	M	37	M U/50	61
66	Amy	Aronson	Thames Hare & Hound	37.50	F	30	W U/50	2
67	Ben	Jervis	Clapham Chasers	37.51	M	36	M U/50	62
68	Tim	Liken		37.53	M	37	M U/50	63
69	Helen	Palmer	Serpentine RC	37.59	F	26	W U/50	3
70	Gary	Salmon	Clapham Chasers RC	38.11	M	29	M U/50	64
71	Rowan	Tibbs	Cheltenham H	38.11	M	22	M U/50	65
72	Axel	Mansano		38.18	M	23	M U/50	66
73	Martin	Halvey	Ranelagh H	38.21	M	56	M O/50	3
74	Peter	Mannion	Windle Valley H	38.22	M	53	M O/50	4
75	Jack	Hambleton	London City AC	38.24	M	26	M U/50	67
76	Alex	Tylor	Clapham Chasers	38.26	M	29	M U/50	68
77	Stephen	Hough		38.27	M	30	M U/50	69
78	Ben	Smithers		38.30	M	30	M U/50	70
79	Megan	De Silva	Ranelagh Harriers	38.32	F	31	W U/50	4
80	Alan	Moss	Clapham Pioneers	38.35	M	32	M U/50	71
81	Jack	Miles		38.37	M	29	M U/50	72
82	Harry	Hamburg		38.37	M	29	M U/50	73
83	Victoria	Basquill	Serpentine	38.38	F	42	W U/50	5
84	David	Bulmer		38.38	M	36	M U/50	74
85	Isobel	Rea	West 4 Harriers	38.38	F	38	W U/50	6
86	Adam	Zagajewski		38.42	M	24	M U/50	75
87	Rohan	Crouse	Hercules Wimbledon A	38.57	M	36	M U/50	76
88	Felix	Allen	Hercules Wimbledon	38.59	M	42	M U/50	77

89	Meriel	Holden	Wimbledon Windmillers	39.05	F	44	W U/50	7
90	Tom	Cheetham	Hercules Wimbledon	39.07	M	48	M U/50	78
91	Dan	Port	Stroud & District	39.10	M	29	M U/50	79
92	Jonathon	Lines		39.12	M	29	M U/50	80
93	Daniel	Beere		39.15	M	32	M U/50	81
94	James	Turner	Serpentine	39.16	M	36	M U/50	82
95	Richard	Hooley	Thames Valley H	39.16	M	52	M O/50	5
96	Simon	Roberts		39.16	M	35	M U/50	83
97	Blake	Parker	White City Whippets	39.19	M	23	M U/50	84
98	Pierre	Papet		39.19	M	25	M U/50	85
99	Ian	Whitelegg	Holmfirth Harriers	39.19	M	27	M U/50	86
100	Paul	Cooke	Biggleswade AC	39.19	M	38	M U/50	87
101	Christian	Maskrey		39.19	M	25	M U/50	88
102	Georg	Isola	Mornington Chasers	39.22	M	38	M U/50	89
103	Anthony	Tocco	Clapham Pioneers	39.24	M	28	M U/50	90
104	Andrew	Wallace		39.29	M	42	M U/50	91
105	Sebastian	Vons	Wimbledon Windmillers	39.29	M	35	M U/50	92
106	Philip	Bowker		39.38	M	28	M U/50	93
107	Alastair	Marshall		39.41	M	52	M O/50	6
108	Thomas	Flannery	Clapham Chasers	39.44	M	30	M U/50	94
109	Roly	Chuter		39.45	M	33	M U/50	95
110	Samantha	Pickford	Wimbledon Windmillers	39.46	F	35	W U/50	8
111	Daniel	Neather	Clapham Pioneers	39.47	M	28	M U/50	96
112	Todd	Hooper	KPMG	39.48	M	24	M U/50	97
113	Hugh	Scorgie		39.49	M	55	M O/50	7
114	John	Fung	Clapham Pioneers	39.55	M	27	M U/50	98
115	Frank	Wood	Hercules Wimbledon	39.55	M	50	M O/50	8
116	Gabriela	De la Cerda		39.59	F	38	W U/50	9
117	Charlie	Holland	Epsom Oddballs	40.00	M	45	M U/50	99
118	Alex	Anstee	Amphill and Flitwick Fl	40.02	M	34	M U/50	100
119	Oliver	Hitch	Petts Wood R	40.07	M	41	M U/50	101
120	James	Suter	Clapham Chasers	40.10	M	28	M U/50	102
121	Paul	Davies	Biggleswade AC	40.18	M	45	M U/50	103
122	Isobel	Everest	Biggleswade AC	40.18	F	42	W U/50	10
123	Stuart	Richards	Clapham Chasers	40.18	M	32	M U/50	104
124	Sarah	Richardson	Ealing, Southall & Midd	40.22	F	40	W U/50	11
125	Dean	Cox	Ealing Eagles	40.32	M	30	M U/50	105
126	Roger	Beardsworth		40.35	M	54	M O/50	9
127	Danny	Chalkley	Clapham Chasers	40.39	M	43	M U/50	106
128	Ignacio	Riaza	Cofradia Atletica Sacro	40.43	M	38	M U/50	107
129	Rebecca	Evans	Clapham Pioneers	40.52	F	28	W U/50	12
130	Ian	Tidder	wimbledon Windmillers	40.58	M	49	M U/50	108
131	Joseph	Jonas	Run Dem Crew	41.02	M	34	M U/50	109
132	James	Stenning	London Fronrunners	41.02	M	35	M U/50	110
133	Luke	Horsfield	Wimbledon Windmillers	41.12	M	45	M U/50	111
134	Daniel	Mertens	Ful-on-Tri	41.14	M	42	M U/50	112

135	Toni	Reid		41.18	M	52	M O/50	10
136	Simon	Woodley	Hercules Wimbledon	41.19	M	38	M U/50	113
137	Odhren	Daly		41.21	M	30	M U/50	114
138	David	Smith	Serpentine Running Cl	41.22	M	56	M O/50	11
139	Paul	Stanford	Striders of Croydon	41.22	M	46	M U/50	115
140	Neil	hadley	26.2 rrc	41.25	M	40	M U/50	116
141	Kate	Carter	Wimbledon Windmilers	41.31	F	38	W U/50	13
142	John	Witton		41.34	M	61	M O/60	2
143	Raymond	Ngai	Wimbledon Windmilers	41.38	M	33	M U/50	117
144	Rosalind	Lee	Serpentine	41.40	F	30	W U/50	14
145	Damian	Ings	Clapham Runners	41.41	M	40	M U/50	118
146	Jason	Drake	West 4 H	41.42	M	50	M O/50	12
147	David	Gibney	Fulon Tri	41.42	M	43	M U/50	119
148	Patrick	Sinclair	Good Gym	41.43	M	36	M U/50	120
149	Chris	Bright	Turtle joggers	41.43	M	35	M U/50	121
150	Andrew	Smith		41.43	M	43	M U/50	122
151	Cameron	Yorston	Clapham Chasers	41.44	M	29	M U/50	123
152	Marie	Synnott-Wells	Ranelagh Harriers	41.54	F	50	W O/50	1
153	Robert	Lewis		41.54	M	29	M U/50	124
154	Gemma	Carter	Serpentines RC	41.58	F	27	W U/50	15
155	Matthew	O'brien		42.02	M	43	M U/50	125
156	Conor	Donaghy		42.03	M	31	M U/50	126
157	Victoria	Randall	Clapham Chasers	42.04	F	31	W U/50	16
158	RAMIRO	FERNANDEZ		42.07	M	41	M U/50	127
159	Michael	Hellyer	Ealing Eagles	42.10	M	37	M U/50	128
160	Mike	Summers	Ealing Eagles RC	42.14	M	48	M U/50	129
161	Gavin	Parish	London Heathside	42.19	M	38	M U/50	130
162	Greg	Kearney		42.28	M	25	M U/50	131
163	James	Moore	Croydon	42.29	M	42	M U/50	132
164	Ruth	Gibson	Clapham Chasers	42.33	M	30	M U/50	133
165	Francis	Kung	Fulon-tri	42.45	M	42	M U/50	134
166	Greg	Haskins		42.45	M	33	M U/50	135
167	Martha	Keith-Barnett		42.51	F	34	W U/50	17
168	Madeleine	Scrafton		42.54	F	34	W U/50	18
169	Johnny	Amos		42.59	M	29	M U/50	136
170	Grace	Sim	Serpentine	42.59	F	32	W U/50	19
171	Catherine	Ferguson	Serpentine	43.07	F	29	W U/50	20
172	Tom	Benson		43.08	M	28	M U/50	137
173	Jenna	Mullett	Clapham Chasers	43.09	F	29	W U/50	21
174	Ken	McCallum	Serpentine	43.10	M	43	M U/50	138
175	Stephen	Young		43.11	M	24	M U/50	139
176	Alex	Haylett	Dulwich R	43.16	M	35	M U/50	140
177	Paul	Shotton	Wimbledon Windmilers	43.17	M	35	M U/50	141
178	Alex	Paxton		43.20	M	31	M U/50	142
179	Manuel	Losa	Serpentine	43.22	M	33	M U/50	143
180	Marcus	Fox		43.24	M	29	M U/50	144

181	Catarina	Podevyn		43.28	F	30	W U/50	22
182	Neil	Barnes		43.29	M	38	M U/50	145
183	Alex	Fuzeau		43.29	M	48	M U/50	146
184	Michael	Attenborough		43.33	M	30	M U/50	147
185	Richard	James		43.36	M	42	M U/50	148
186	David	TRUE		43.46	M	30	M U/50	149
187	Enda	Kelly	Clapham Chasers	43.50	M	34	M U/50	150
188	William	Dowsett		43.50	M	28	M U/50	151
189	Maurice	Sharp	Hercules Wimbledon	43.54	M	69	M O/60	3
190	Sam	Moore		44.02	M	39	M U/50	152
191	Andrew	Thomas		44.02	M	27	M U/50	153
192	David	White		44.04	M	27	M U/50	154
193	Sergio	De la Torre		44.10	M	26	M U/50	155
194	Piers	Woolston	Ealing Eagles RC	44.32	M	54	M O/50	13
195	Harjinder	Chahal	none	44.35	M	43	M U/50	156
196	Andrew	Park	Good Gym	44.40	M	31	M U/50	157
197	Mike	Saleh		44.42	M	36	M U/50	158
198	Daniel	Kane		44.47	M	24	M U/50	159
199	Terry	Avey	brighton phoenix	44.54	M	63	M O/60	4
200	Patrick	Morgan	Clapham chasers	44.55	M	47	M U/50	160
201	James	Walker		45.00	M	60	M O/60	5
202	Niels	Rock		45.04	M	38	M U/50	161
203	Hugh	French	Dulwich R	45.06	M	39	M U/50	162
204	Michelle	Lennon		45.08	F	47	W U/50	23
205	Jeff	Donovan		45.13	M	47	M U/50	163
206	Jon	Pearson-Wood		45.19	M	29	M U/50	164
207	Heske	Von Wielligh		45.21	M	36	M U/50	165
208	Monika	Crouse	Hercules Wimbledon A	45.23	F	37	W U/50	24
209	Jas	Bolla		45.27	F	42	W U/50	25
210	Aidan	Delaney		45.42	M	33	M U/50	166
211	Jonathan	Murphy		45.43	M	30	M U/50	167
212	George	Karolemeas	Serpentine	45.43	M	37	M U/50	168
213	tom	mcguane		45.43	M	36	M U/50	169
214	Robert	Hutchinson	West 4 H	45.44	M	55	M O/50	14
215	Anthony	Scrafton		45.46	M	35	M U/50	170
216	Rachel	Bosshard	Clapham Runners	45.46	F	32	W U/50	26
217	Kim	Tyler	Clapham Chasers	45.59	F	32	W U/50	27
218	Marianne	Potgieter	none	46.14	F	36	W U/50	28
219	Anthony	Ferriroli	RRC	46.15	M	46	M U/50	171
220	Santi	Alcaraz		46.16	M	39	M U/50	172
221	Daniel	Comens	Sutton Runners	46.21	M	41	M U/50	173
222	Helen	Clifford	Wimbledon Windmillers	46.24	F	27	W U/50	29
223	Ken	Parsons	Bedford H	46.34	M	48	M U/50	174
224	Anne	Davies	Wimbledon Windmillers	47.04	F	53	W O/50	2
225	Andre	Severi		47.06	M	47	M U/50	175
226	Alex	Fouquet		47.06	M	34	M U/50	176

227	Anthony	Hucklesby		47.09	M	35	M U/50	177
228	Erea	Mendez	Nike+ White City Whipp	47.14	F	34	W U/50	30
229	Simon	Gould	Unattached	47.19	M	66	M O/60	6
230	Emily	Gibbs	Clapham Chasers	47.21	F	29	W U/50	31
231	Graham	Seabrook		47.22	M	27	M U/50	178
232	Jennifer	Rankin	None	47.22	F	34	W U/50	32
233	Toni	Gonzalez		47.24	M	34	M U/50	179
234	Sophie	Bennett	Wimbledon Windmillers	47.24	F	27	W U/50	33
235	Sarah	Cobb		47.35	F	29	W U/50	34
236	Gif	Jitti		47.44	F	38	W U/50	35
237	Richard	Curen	Running Seminars	47.57	M	48	M U/50	180
238	Ben	Mercer		48.05	M	29	M U/50	181
239	Chin Kit	Wong	White City Whippets	48.08	M	42	M U/50	182
240	David	Whitaker		48.10	M		M U/50	183
241	Philip	Hendy		48.15	M	51	M O/50	15
242	Shane	O'Flynn		48.17	M	34	M U/50	184
243	Gavin	Marler		48.19	M	34	M U/50	185
244	Hannah	Bennett		48.20	F	28	W U/50	36
245	Nick	Lund		48.21	M	56	M O/50	16
246	Eleanor	Hutchinson		48.22	F	26	W U/50	37
247	Seun	Ade-Onojobi		48.39	M	29	M U/50	186
248	Elaine	Reid	Clooningwood	48.40	F	44	W U/50	38
249	Titas	Sijanas		48.41	M	21	M U/50	187
250	Martin	Burke		48.41	M	35	M U/50	188
251	Joseph	Kearney		48.41	M	29	M U/50	189
252	Sebastian	Pearce		48.41	M	49	M U/50	190
253	John	Parker		48.43	M	32	M U/50	191
254	Paul	Prentice		48.44	M	62	M O/60	7
255	Kayleigh	Benoit	Nike+ RC	48.44	F	27	W U/50	39
256	Maria Giova	Brauzzi		48.45	F	23	W U/50	40
257	Thomas	Rosser		48.50	M	41	M U/50	192
258	Peter	Haden		48.50	M	41	M U/50	193
259	Martin	Spence	Vets AC	48.51	M	60	M O/60	8
260	Sarah	Hickey	Good Gym	48.51	F	29	W U/50	41
261	Ian	Stirling		48.57	M	34	M U/50	194
262	Claire	Adams	Clapham Chasers	49.01	F	33	W U/50	42
263	Mark	Dunner		49.09	M	51	M O/50	17
264	Mike	Hawkins	White City Whippets	49.10	M	25	M U/50	195
265	Maggie	Dempsey		49.10	F	31	W U/50	43
266	Andy	Butchari		49.12	M	30	M U/50	196
267	Steven	Moody		49.12	M	34	M U/50	197
268	Charlotte	Lund		49.20	F	25	W U/50	44
269	Sean	Rath		49.30	M	28	M U/50	198
270	Richard	Seabrook	Beckenham Running C	49.44	M	67	M O/60	9
271	John	Garber	Herne Hill H	49.49	M	73	M O/70	1
272	Magdo	Davy	Running Seminars	49.56	F	32	W U/50	45

273	Nicole	Worthey		49.57	F	33	W U/50	46
274	Helena	Zara		49.58	F	28	W U/50	47
275	Tom	Pratelli		50.02	M	26	M U/50	199
276	David	Terry		50.18	M	28	M U/50	200
277	Linda	Ingram	South London H	50.20	F	47	W U/50	48
278	Matthew	Clark		50.24	M	28	M U/50	201
279	Andre	Wieneke	Nike+ Covent Garden F	50.35	M	30	M U/50	202
280	Simon	Blinkhorn		50.39	M	27	M U/50	203
281	Stephen	Walker		50.55	M	43	M U/50	204
282	Chris	Page		50.56	M	26	M U/50	205
283	Sonia	Mendousa		51.00	F	35	W U/50	49
284	Oran	Murphy		51.16	M	30	M U/50	206
285	Eleanor	Robinson	Ripley RC	51.24	F	67	W O/60	1
286	Katie	Welford		51.26	F	31	W U/50	50
287	Becci	Collacott		51.32	F	30	W U/50	51
288	Philippa	White		51.36	F	34	W U/50	52
289	Alexander	Pace	-	51.37	M	30	M U/50	207
290	Hannah	Uragallo		51.44	F	25	W U/50	53
291	Arabella	St John Parke	Clapham Runners	52.05	F	48	W U/50	54
292	Amy	Jones		52.13	F	25	W U/50	55
293	Caroline	Hamilton		52.13	F	23	W U/50	56
294	Robert	Fortes	Serpentine	52.14	M	66	M O/60	10
295	Samuel	Abeijon		52.14	M	29	M U/50	208
296	James	Barnard	Goodgym	52.15	M	26	M U/50	209
297	Jennifer	Moore		52.16	F	39	W U/50	57
298	Ruben	Mas		52.18	M	35	M U/50	210
299	Ini	Ekwo		52.28	M	46	M U/50	211
300	John	Grigg	Fulham Running Club	52.33	M	60	M O/60	11
301	Steve	Morgan		52.38	M	28	M U/50	212
302	Alan	Wilson		52.41	M	51	M O/50	18
303	Ciera	Milne		52.43	F	28	W U/50	58
304	Filipa	Da Silva		52.45	F		W U/50	59
305	Achi	Ejikeme		52.49	M	31	M U/50	213
306	Doug	Hamilton	Triathlon England	52.56	M	48	M U/50	214
307	Natalia	Salminen		53.01	F	26	W U/50	60
308	Jodie	Hart		53.03	F	28	W U/50	61
309	Fernando	Rodriguez-Guerra		53.05	M	27	M U/50	215
310	Trevor	Rutter		53.12	M	52	M O/50	19
311	Dee	Rutter		53.12	F	47	W U/50	62
312	Johannes	Cronje		53.21	M	34	M U/50	216
313	Aymara	Lamche-Brennan		53.30	F	29	W U/50	63
314	June	Landa		53.32	F	24	W U/50	64
315	Tania	Brown		53.35	F	38	W U/50	65
316	Mark	Barbour		53.42	M	26	M U/50	217
317	Steve	Butcher		53.43	M	57	M O/50	20
318	Aidan	McKay	White city whippets	53.47	M	35	M U/50	218

319	Laura	Hutchings		53.56	F	26	W U/50	66
320	Dee	Clarkin		54.14	F	33	W U/50	67
321	Joanne	Warren	N/A	54.19	F	39	W U/50	68
322	Jade	Kearney	White City Whippets Ni	54.24	F	23	W U/50	69
323	Tor	Tuckey		54.27	F	23	W U/50	70
324	Claire	Buky-webster	Clapham Chasers	54.30	F	30	W U/50	71
325	Jennie	Farmer		54.33	F	35	W U/50	72
326	Amanda	Ellis	Dulwich Park Runners	54.40	F	46	W U/50	73
327	Richie	Graham		54.40	M	28	M U/50	219
328	Jessica	Jarrold		54.45	F	23	W U/50	74
329	Rob	Astle		54.50	M	27	M U/50	220
330	Sophie	September		54.58	F	33	W U/50	75
331	Elizabeth	Carter	n/a	54.59	F	28	W U/50	76
332	Polly	Barr		55.12	F	23	W U/50	77
333	Tom	Bortoli		55.14	M	31	M U/50	221
334	Jessica	Chichester		55.16	F	30	W U/50	78
335	Faye	Dayan		55.16	F	31	W U/50	79
336	Elisabetta	Adamo		55.16	F	41	W U/50	80
337	Toni	Herrell	London Heathside	55.18	F	39	W U/50	81
338	Lily	Smith		55.29	F		W U/50	82
339	Lee	Bowyer		55.45	M	35	M U/50	222
340	Jorge	Espi		55.47	M	31	M U/50	223
341	Jack	Errington		55.55	M	28	M U/50	224
342	Ana	Gomez		55.59	F	32	W U/50	83
343	Neil	O'Bracain		56.04	M	36	M U/50	225
344	Alastair	Duncan		56.06	M	28	M U/50	226
345	Chris	GRIFFIN		56.11	M	50	M O/50	21
346	Susan	Virtanen		56.12	F		W U/50	84
347	Charlotte	Grant-West		56.13	F	24	W U/50	85
348	Tania	Rogai		56.14	F	28	W U/50	86
349	Maybelene	Lopez		56.20	F	22	W U/50	87
350	Faye	Rutledge		56.28	F	26	W U/50	88
351	Nicola	Smith		56.28	F	32	W U/50	89
352	Anna	Marjanovic		56.44	F	25	W U/50	90
353	Olivia	Wilmshurst-Smith		56.55	F	27	W U/50	91
354	Francesca	Slot		56.55	F	27	W U/50	92
355	Paul	Croasdale		57.03	M	29	M U/50	227
356	Diane	Suter	Dulwich Park Runners	57.03	F	51	W O/50	3
357	Laura	Dawson	Clapham Chasers	57.05	F	28	W U/50	93
358	Nick	Ooi		57.12	M	33	M U/50	228
359	Ramona	Botha		57.35	F	35	W U/50	94
360	Rachel	Oriordan		57.39	F	40	W U/50	95
361	Naomi	Amor		57.40	F	35	W U/50	96
362	Christopher	Ligory		57.47	M	33	M U/50	229
363	Elizabeth	Moore	Clapham Pioneers	57.50	F	57	W O/50	4
364	Carys	Kennedy		57.57	F	31	W U/50	97

365	Loon-Chin	Lee-Foo-Pin		58.12	M	33	M U/50	230
366	Joanne	Jones		58.12	F	41	W U/50	98
367	Lorna	Emery		58.25	F	27	W U/50	99
368	Tom	Rockhill		58.26	M	31	M U/50	231
369	Fiona	Shankland	Clapham Chasers	58.26	F	35	W U/50	100
370	Vivienne	Yong	Clapham Chasers	58.33	F	28	W U/50	101
371	Grant	Sidwell	Clapham Chasers	58.34	M	33	M U/50	232
372	Joanna	Perrin		58.38	F	34	W U/50	102
373	Sean	McCarthy		58.38	M	37	M U/50	233
374	Mona	Hayat		58.40	F	43	W U/50	103
375	Frankie	Lynch	TVH	58.40	F	53	W O/50	5
376	Dianne	Glass		58.49	F	30	W U/50	104
377	Hugh	Carruthers		58.52	M	27	M U/50	234
378	Aaron	Cole		59.01	M	31	M U/50	235
379	Imali	Hettiarachchi		59.01	F	28	W U/50	105
380	Paul	Bryant		59.10	M	28	M U/50	236
381	George	West		59.10	M	21	M U/50	237
382	Neil	Trickett		59.32	M	37	M U/50	238
383	Amy	Smith		59.48	F	36	W U/50	106
384	Marie	Gaffuri		1.00.05	F	30	W U/50	107
385	Sylvia	Delbeuf		1.00.09	F	27	W U/50	108
386	Michael	Crean		1.00.09	M	30	M U/50	239
387	Siobhan	Fitzpatrick	Clapham Runners	1.00.09	F	30	W U/50	109
388	Rob	Parker		1.00.32	M	37	M U/50	240
389	Marvin	Tancinco		1.00.38	M	25	M U/50	241
390	Meriel	Carmona		1.00.38	F	22	W U/50	110
391	Andrea	Evgeniou		1.00.43	F	27	W U/50	111
392	Yasmine	Paul		1.00.47	F	27	W U/50	112
393	Valerie	McCarthy		1.00.59	F	32	W U/50	113
394	Olivia	Marshall		1.01.08	F	26	W U/50	114
395	Daniel	Woodall	White City Whippets	1.01.15	M	41	M U/50	242
396	Carla	Peek		1.01.16	F	31	W U/50	115
397	Beth	Wagstaff		1.01.34	F	32	W U/50	116
398	Kate	O'Riordan		1.01.42	F	43	W U/50	117
399	Beth	Hoskins	GoodGym	1.01.42	F	35	W U/50	118
400	Carol	McLoughlin	Fulham	1.01.58	F	47	W U/50	119
401	Peter	Edward		1.01.58	M	58	M O/50	22
402	Poppy	Johnson		1.02.15	F	30	W U/50	120
403	Alice	Moore		1.02.19	F	27	W U/50	121
404	Caroline	Hopkins	Clapham Chasers	1.02.24	F	30	W U/50	122
405	Luciana	Pavarotti		1.02.55	F	25	W U/50	123
406	Jamie	Blackwell		1.02.55	M	26	M U/50	243
407	Hilary	Prescott		1.02.55	F	54	W O/50	6
408	Caroline	Shaw	none	1.02.59	F	44	W U/50	124
409	Rainey	Booth		1.03.48	M	54	M O/50	23
410	Kevin	Lejarde		1.03.57	M	21	M U/50	244

411	Lindsey	Hamilton		1.03.57	F	49	W U/50	125
412	Serena	Dilnott	Clapham Runners	1.04.16	F	61	W O/60	2
413	Dharmendra	dossa		1.04.56	M	46	M U/50	245
414	Kelsey	Tivers		1.05.15	F	33	W U/50	126
415	Alexis Lopez	Lopez		1.05.23	M	23	M U/50	246
416	Jennifer	Rowlands		1.05.50	F	35	W U/50	127
417	Vicki	McLellan	n/a	1.05.52	F	32	W U/50	128
418	Peter	Garvey		1.05.59	M	29	M U/50	247
419	Jessica	Schmidt		1.06.09	F	27	W U/50	129
420	Gianna	Buono		1.06.09	F	33	W U/50	130
421	Gabriela	Rendekova		1.06.27	F	32	W U/50	131
422	Helen	Chantry		1.06.27	F	46	W U/50	132
423	Diana	Oliveira		1.06.56	F	32	W U/50	133
424	Daigoro	Tivers		1.07.37	M	33	M U/50	248
425	Alexandra	Wilson		1.07.38	F	43	W U/50	134
426	David	Jones		1.07.43	M	32	M U/50	249
427	Maria	Evgeniou		1.07.43	F	30	W U/50	135
428	Elizabeth	Grant		1.08.04	F	25	W U/50	136
429	Rachael	Smyth		1.08.45	F	34	W U/50	137
430	Vina	Wong		1.08.45	F	36	W U/50	138
431	Henry	Hely Hutchinson		1.08.53	M	50	M O/50	24
432	Zoe	Littepage		1.08.58	F	48	W U/50	139
433	Marcia	Vargas		1.10.28	F	40	W U/50	140
434	Charlotte	Lee-Foo-Pin		1.10.29	F	33	W U/50	141
435	Clare	Hewitt		1.12.30	F	42	W U/50	142
436	Sharon	McMaw	Dulwich Park Runners	1.12.39	F	48	W U/50	143
437	Rebecca	Magee		1.13.49	F	25	W U/50	144
438	Avril	Renehan		1.15.31	F	32	W U/50	145
439	Karen	Parkinson		1.18.34	F	40	W U/50	146
440	Hari	Pillai		1.18.50	M	34	M U/50	250

