

Self-Transcendence 10K Race

Organised by Sri Chinmoy AC

Battersea Park, London

Saturday 4th July 2015



WINNERS						
RANK	NAME	SURNAME	CLUB	TIME	M/F	AGE
Men U/50						
1	Luke	Penney		33.47	M	20
2	Samuel	Woods		34.44	M	22
3	Archie	St Aubyn		34.54	M	18
4	Stuart	Macdougall	Bellahouston Harriers	35.09	M	31
5	Andrew	Fargus	Thames Hare & Hounds	35.51	M	37
6	Peter	Holmes	Serpentine RC	36.20	M	37
7	Alex	Bellew	Bedford & County	36.22	M	24
Women U/50						
1	Gillian	Sanders	Ranelagh Harriers	35.02	F	33
2	Julia	Davis	Mornington Chasers	36.03	F	28
3	Isobel	Rea	West 4 Harriers	38.16	F	39
4	H	Brock	Highgate H	38.28	F	20
5	Rachel	Baker	Clapham Chasers	39.56	F	26
6	Meriel	Holden	Wimbledon W	39.59	F	45
7	Emma	Crawford	Petts Wood Runners	40.10	F	37
Men Vet 50						
1	Richard	Hooley	Thames Valley Harriers	40.07	M	53
2	Frank	Wood	Hercules W	40.09	M	50
3	David	Cornock	Barnes Runners	42.01	M	51
Women Vet 50						
1	Wendy	Garland		56.56	F	54
2	Maria	Ellis		72.30	F	55
3						
Men Vet 60						
1	Martin	Spence	Vets AC	51.32	M	60
2	John	Grigg	Fulham Running Club	54.51	M	61
Women Vet 60						
1	Claire	Steward	Dulwich R	49.08	F	63

ALL RESULTS BELOW

RESULTS

RANK	NAME	SURNAME	CLUB	TIME	M/F	AGE	CATEGORY
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1	Luke	Penney		33.47	M	20	M U/50	1
2	Samuel	Woods		34.44	M	22	M U/50	2
3	Archie	St Aubyn		34.54	M	18	M U/50	3
4	Gillian	Sanders	Ranelagh Harriers	35.02	F	33	W U/50	1
5	Stuart	Macdougall	Bellahouston Harriers	35.09	M	31	M U/50	4
6	Andrew	Fargus	Thames Hare & Hounds	35.51	M	37	M U/50	5
7	Julia	Davis	Mornington Chasers	36.03	F	28	W U/50	2
8	Peter	Holmes	Serpentine RC	36.20	M	37	M U/50	6
9	Alex	Bellew	Bedford & County	36.22	M	24	M U/50	7
10	Jamie	Smalley	Serpentine RC	36.36	M	34	M U/50	8
11	Rupert	Jacobs	Serpentine RC	37.07	M	34	M U/50	9
12	James	Hayhurst	Clapham Chasers	37.16	M	37	M U/50	10
13	Paul	Burton	Black Line London	37.36	M	34	M U/50	11
14	Martin	Carmack	Serpentine	38.01	M	45	M U/50	12
15	Jake	Hooley	Thames Valley Harriers	38.08	M	15	M U/50	13
16	Nicholas	Manderson	Serpentine RC	38.12	M	24	M U/50	14
17	Isobel	Rea	West 4 Harriers	38.16	F	39	W U/50	3
18	H	Brock	Highgate H	38.28	F	20	W U/50	4
19	Jon	Kyte	Harrow AC	38.53	M	31	M U/50	15
20	Philip	Coales	Striders Of Croydon	39.01	M	23	M U/50	16
21	Michael	Wiggins		39.06	M	38	M U/50	17
22	James	Turner	Serpentine RC	39.12	M	37	M U/50	18
23	James	Beckinsale	Optima Racing Team	39.15	M	43	M U/50	19
24	Tom	Cheetham	Hercules W	39.23	M	48	M U/50	20
25	Christopher	Elliott	Serpentine RC	39.26	M	31	M U/50	21
26	Mark	Rose	Woking AC	39.33	M	36	M U/50	22
27	Paul	Sterland	Clapham Chasers	39.35	M	43	M U/50	23
28	Peter	Mack	Crystal Palace Tri	39.45	M	43	M U/50	24
29	Matt	Roberts		39.49	M	37	M U/50	25
30	David	Boot	Serpentine RC	39.50	M	32	M U/50	26
31	Piotr	Wasilewski		39.54	M	34	M U/50	27
32	Stephen	Massey	Striders of Croydon	39.56	M	47	M U/50	28
33	Rachel	Baker	Clapham Chasers	39.56	F	26	W U/50	5
34	Meriel	Holden	Wimbledon W	39.59	F	45	W U/50	6
35	Richard	Hooley	Thames Valley Harriers	40.07	M	53	M O/50	1
36	?	?	?	40.08	M	?	M U/50	29
37	Marthinus	Pelser	Wimbledon Windmilers	40.08	M	35	M U/50	30
38	Frank	Wood	Hercules W	40.09	M	50	M O/50	2
39	Emma	Crawford	Petts Wood Runners	40.10	F	37	W U/50	7
40	Ronana	Hoare	Mornington Chasers	40.18	M	30	M U/50	31
41	Nick	O'Connor		40.25	M	27	M U/50	32

42	Christian	Hill		40.30	M	30	M U/50	33
43	Kamal	Jabre	Optima Racing Team	40.36	M	47	M U/50	34
44	Sasha	Alexander		40.52	M	27	M U/50	35
45	mark	walsh		40.53	M	37	M U/50	36
46	Tom	Baker		40.53	M	25	M U/50	37
47	Stewart	Bond	Hercules Wimbledon AC	41.07	M	46	M U/50	38
48	Catherine	Wilding	Serpentine	41.10	F	44	W U/50	8
49	Niclas	Lundquist		41.18	M	28	M U/50	39
50	Stuart	Richards	Clapham Chasers	41.19	M	33	M U/50	40
51	Cara	Kayum	Striders of Croydon	41.31	F	26	W U/50	9
52	J	Ord-Hume	barnes runners	41.50	M	44	M U/50	41
53	Richard	Hollins		41.51	M	33	M U/50	42
54	Andrew	Breese	Petts Wod R	41.59	M	41	M U/50	43
55	David	Cornock	Barnes Runners	42.01	M	51	M O/50	3
56	Clare	Coley	Clapham Chasers	42.02	F	26	W U/50	10
57	Tilly	Snow	Stragglers	42.07	F	24	W U/50	11
58	Katy	Alexander		42.07	F	34	W U/50	12
59	Chris	Cooper		42.37	M	24	M U/50	44
60	Chris	Watt		42.57	M	43	M U/50	45
61	Simon	Cox		43.13	M	26	M U/50	46
62	Andy	Hindley	Optima Racing	43.30	M	47	M U/50	47
63	Matthew	O'brien		43.35	M	44	M U/50	48
64	Daniel	Perez		44.25	M	30	M U/50	49
65	Christopher	Baker		44.49	M	30	M U/50	50
66	Andrew	Wigston		45.13	M	39	M U/50	51
67	Nick	Smith		46.25	M	36	M U/50	52
68	Larissa	Tichon	Herne Hill H	46.38	F	25	W U/50	13
69	Jenny	Moore		46.46	F	27	W U/50	14
70	Rebecca	Baker		46.49	F	29	W U/50	15
71	Ted	Darley		46.50	M	31	M U/50	53
72	Morgan	Pike	Clapham Chasers	47.48	F	30	W U/50	16
73	Katie	Dyer		48.00	F	36	W U/50	17
74	Fabio	Maroni	Clapham Chasers	48.28	M	41	M U/50	54
75	Peter	Lewis	Oxted Runners	48.34	M	35	M U/50	55
76	Joanna	Patrick	Wimbledon Windmilers	48.36	F	33	W U/50	18
77	Michelle	Lennon	Dulwich Runners AC	48.43	F	48	W U/50	19
78	Anthony	Ferricoli	RRC	48.50	M	47	M U/50	56
79	Mike	Garland		48.53	M	58	M O/50	4
80	Ruth	Brentnall		48.58	F	34	W U/50	20
81	Claire	Steward	Dulwich R	49.08	F	63	W O/60	1
82	Jasmine	Morris		49.28	F	26	W U/50	21
83	Corrado	Chiozzi		49.29	M	39	M U/50	57
84	Miles	Reichberger	Running Seminars	50.14	M	44	M U/50	58
85	Joanna	Bingham		50.25	F	30	W U/50	22
86	Daniel	Cashen		51.13	M	39	M U/50	59
87	Emilie	Selwood	Wimbledon Windmilers	51.31	F	45	W U/50	23

88	Martin	Spence	Vets AC	51.32	M	60	M O/60	1
89	Sharon	Armon		52.09	F	31	W U/50	24
90	Sarah	Williams		52.09	F	28	W U/50	25
91	Ivan	Rigoni		53.50	M	44	M U/50	60
92	Tomas	Pierce		54.03	M	33	M U/50	61
93	Nadia	Ryazantseva		54.20	F	29	W U/50	26
94	John	Grigg	Fulham Running Club	54.51	M	61	M O/60	2
95	Mike	Hinchliffe	Striders Of Croydon	55.30	M	36	M U/50	62
96	Ifor	Davies		55.52	M	49	M U/50	63
97	Robert	Fortes	Serpentine	55.55	M	67	M O/60	3
98	Tina	Purcell	Full potential coaching	55.57	F	40	W U/50	27
99	Louise	Ho		55.57	F	28	W U/50	28
100	Madeleine	Scrafton		55.57	F	34	W U/50	29
101	Richard	Coates	Full Potential	56.11	M	43	M U/50	64
102	Nicola	Delahunty		56.11	F	48	W U/50	30
103	Annabel	Louth		56.14	F	28	W U/50	31
104	Rowena	Marshall		56.14	F	28	W U/50	32
105	Sarah	Edwards		56.35	F	42	W U/50	33
106	Gregory	Fallica		56.43	M	28	M U/50	65
107	Rachel	Garland		56.56	F	26	W U/50	34
108	Wendy	Garland		56.56	F	54	W O/50	1
109	Ali	McKinlay		58.33	F	29	W U/50	35
110	Tom	Parry		58.42	M	33	M U/50	66
111	Georgina	Jacobs	Serpentine	58.44	F	35	W U/50	36
112	Fiona	Shelton		58.48	F	35	W U/50	37
113	Sarah	Nielson		59.00	F	34	W U/50	38
114	Sarah	Law		59.03	F	41	W U/50	39
115	Joanne	Ford		59.03	F	35	W U/50	40
116	Zoe	Robson		59.09	F	34	W U/50	41
117	Carly	Scott	Full potential	59.09	F	35	W U/50	42
118	Nicholas	Hearn	none	60.22	M	30	M U/50	67
119	Lisa	Clarke		60.22	F	28	W U/50	43
120	Nicole	O'Keeffe		60.33	F	45	W U/50	44
121	Maria	Bravo		62.01	F	29	W U/50	45
122	Harriet	Burnett		63.07	F	34	W U/50	46
123	Anna	Parry		65,29	F	29	W U/50	47
124	Ronald	Zheng		68.44	M	26	M U/50	68
125	Sarah	Hornshaw	Team Keane Rowing Clu	70.57	F	38	W U/50	48
126	Maria	Ellis		72.30	F	55	W O/50	2
127	Latoya	Noronha		94.15	F	29	W U/50	49

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Should you have any queries then please contact Gavin Lightwood
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