



SRI CHINMOY
marathon team



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SELF TRANSCENDENCE 3 X 1 MILE RELAY

Monday 21st JUNE & 26th JULY 2010

Start Time 7pm
South Carriage Drive, Battersea Park, SW11 4NJ

- **RACE HQ** *NEW LOCATION* Situated at the far end of Rosary Gate Car Park, within the Park. Vehicular entrance is through Rosary Gate at corner of Prince of Wales Drive and Queenstown Road. Registration from 6pm. Please arrive by 6.50 latest. For course map see website.
- **FACILITIES** Water station with water, orange squash and energy drinks. Toilets, baggage area, showers at the track - cost £2. Free parking in Car Park.
- **AWARDS** Medals to first 3 teams, 1st Men's 1st Women's, 1st Vet 50, 1st Vet 60 and 1st Mixed team.

[Organised by Sri Chinmoy AC under UK Athletics Rules. Road Race Permits applied for]

WWW.UK.SRICHINMOYRACES.ORG

Email: Races@runandbecome.com



ENTRY FORM: Self Transcendence 3x1 Mile Relay				Date:	
Entry Fee: £10.50 per team of 3 Minimum age 11 years			Start time: 7pm		
VAME 1 st Runner		AGE		MALE/FEMALE	
VAME 2 nd Runner		AGE		MALE/FEMALE	
VAME 3 rd Runner		AGE		MALE/FEMALE	
TEAM NAME		CLUB (AAA Affiliated)			
EMAIL (one runner)					
I attest that I am physically fit and sufficiently trained for the completion of the above event. I waive and release the Sri Chinmoy Athletic Club and their representatives for any and all injuries suffered by me in the said event.					
SIGNATURE 1 st Runner					
SIGNATURE 2 nd Runner					
SIGNATURE 3 rd Runner					

Send to: RUN AND BECOME, 42 Palmer Street, London SW1H 0PH, Tel. 020-7222-1314
Cheques payable to: **Run and Become (Please enclose a stamp-addressed envelope)**