



SRI CHINMOY marathon team  
**GREAT BRITAIN**

*“Run and Become. Become and Run.  
Run to succeed in the outer world.  
Become to proceed in the inner world”*

Sri Chinmoy

Results for Self-Transcendence Grand Prix 3K. Race,  
Battersea Park, 28<sup>th</sup> July 2008  
Held under permit from SEAA

1 Ed	Kelleher	Conac	9.16
2 Tom	Kingsnorth	THH	9.30
3 Vcitor	Maughn	HHH	9.53
4 Mark	Humphrey	Belgrave	10.27
5 Alex	Aronberg	Striders of Croydon	10.29
6 Damian	Macenhill	Striders of Croydon	10.39
7 Richard	Lloyd	Mercia Fell R.	10.42
8 Duncan	Hussey	Dulwich	10.43
9 Teresa	Gaillard de Laubenque	Dulwich	11.31 1st Lady
10 Chris	Notton	Serpentine	11.33
11 Tawanda	Taruvamba	u/a	11.45
12 John	Tighe	u/a	11.46
13 Danny	Risdon	u/a	11.48
14 Ian	Mursell	Vets AC	11.50 1st Vet 50
15 Steve	Edwards	Serpentine	11.53 2nd Vet 50
16 Jacqui	Reid	MPAC	11.53 2nd Lady
17 Phil	Nash	u/a	11.58
18 Mark	Grove	u/a	12.03
19 Nicola	Richmond	Dulwich	12.03 3rd Lady
20 Matt	Anderson	Striders of Croydon	12.10
21 Colin	Cotton	Striders of Croydon	12.16 1st Vet 60
22 Megan	Evans	Belgrave	12.16 4th Lady
23 Cherel	Bruno	Dulwich	12.26
24 Sarah	Newton	Serpentine	12.27 1st Lady Vet 50
25 Paul	Corallo	Serpentine	12.28
26 Duncan	Rimmer	u/a	12.30
27 David	Berridge	u/a	12.34
28 Thomas	Wilkie	Collingwood	12.46 3rd Vet 50
29 Ana Maria	Garcia	u/a	12.48 6th Lady
30 Jamie	Coombs	East London R.	12.50
31 Nicholas	Martin	u/a	12.54 1st under 18
32 Louisa	Pritchard	Dulwich	13.00 7th Lady
33 Elaine	Battson	Victoria Pk H	13.02 8th Lady
34 Philip	Hickson	Fulham	13.02
35 Jonathan	Letts	u/a	13.02
36 Steve	Satchell	Mornington Chasers	13.08 4th Vet 50



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37 Greg	Neal	Watford H	13.11 5th Vet 50
38 Yasmin	Anderson	Striders of Croydon	13.17 9th Lady
39 Ian	Hall	Serpentine	13.20 6th Vet 50
40 Richard	Andrew	u/a	13.24
41 Thomas	Martin	u/a	13.34 2nd under 18
42 Kate	Martin	u/a	13.37 1st girl under 18
43 Sam	Burne James	Fulham	13.39
44 Angus	Searcy	Serpentine	13.43
45 Alison	Nolan	Serpentine	13.51 11th Lady
46 Rick	Burne	Fulham	13.52
47 Ian	Isherwood	Serpentine	13.58 7th Vet 50
48 Rachel	Coombs	East London R.	14.04 12th Lady
49 Sapphire	Walker	Victoria Pk H	14.13 13th Lady
50 Sue	Lambert	Serpentine	14.17 1st Lady Vet 60
51 Karen	Samuel	BVAV	14.25 15th Lady
52 Suzanne	Ladhams	u/a	14.40 16th Lady
53 Teresa Jane	Flannigan	Pitsea RC	14.46 2nd Lady Vet 50
54 Andy	McFarlane	u/a	14.51
55 Ken	Kwok	Serpentine	15.05 2nd Vet 60
56 Edwin	Bartlett	Vets AC	15.20 3rd Vet 60
57 Carole	Wisdon	Serpentine	15.32 3rd Lady Vet 50
58 Valerie	Martin	u/a	15.50 19th Lady
59 Stuart	Bennett	u/a	16.13
60 Richard	Wisdon	Serpentine	16.16 8th Vet 50
61 Clara	Burton	u/a	16.24 20th Lady
62 Mike	Browne	Vets AC	16.48 1st Vet 70
63 Jane	Leong	u/a	16.58 21st Lady

**GRAND PRIX RESULTS**

Total points for the four races in July

			points
1 Tom	Kingsnorth	THH	4 Winner
2 Alex	Aronberg	Striders of Croydon	11 2nd
3 Teresa	Gaillard de Laubenque	Dulwich	18 Winning Lady
4 Chris	Notton	Serpentine	19 4th Man
5 John	Tighe	u/a	24 4th Man
6 Ian	Mursell	Vets AC	26 1st Vet 50
7 Steve	Edwards	Serpentine	34 2nd Vet 50
8 Danny	Risdon	u/a	37 5th Man under 50
9 Jacqui	Reid	MPAC	41 2nd Lady
10 Colin	Cotton	Striders of Croydon	43 1st Vet 60
11 Duncan	Rimmer	u/a	45 6th Man under 50
12 Elaine	Battson	Victoria Pk H	57 3rd Lady
13 Greg	Neal	Watford H	59 3rd Vet 50



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14 Louisa	Pritchard	Dulwich	63	4th Lady
15 Thomas	Wilkie	Collingwood	66	
16 Alison	Nolan	Serpentine	72	5th Lady
17 Sapphire	Walker	Victoria Pk H	74	6th Lady
18 Edwin	Bartlett	Vets AC	84	2nd Vet 60
19 Ian	Isherwood	Serpentine	85	
20 Carole	Wisdon	Serpentine	88	1st Lady Vet 50
21 Richard	Wisdon	Serpentine	94	

A sunny but windy evening saw the completion of our Grand Prix series for 2008.  
Congratulations to winners Tom Kingsnorth and Teresa Gaillard de Laubenque.

We have two more Monday evening races this year: 5K on 4<sup>th</sup> August and 2 Miles on 11<sup>th</sup> August.