



SRI CHINMOY marathon team
GREAT BRITAIN

*“Run and Become. Become and Run.
Run to succeed in the outer world.
Become to proceed in the inner world”*

Sri Chinmoy

Results for Self-Transcendence 10 K. Race,
Battersea Park, 4th October 2008
Held under permit from SEAA

place	First Name	Surname	Club	Time	
1	Brain	Wilder	Herne Hill Harriers	32.14	
2	Arnaud	Claverie	Hercules Wimbledon	34.34	
3	dickon	brough	u/a	34.43	
4	matthew	thomson	u/a	35.07	
5	Jerome	Dunne	u/a	35.56	
6	John	Pembroke	Reading RR	36.08	
7	David	Field	u/a	36.56	
8	Buzz	Shephard	u/a	37.16	
9	Matt	Cole	u/a	37.38	
10	Dave	Gardner	u/a	38.04	
11	Charles	Melvin	u/a	38.19	
12	Tim	Slater	u/a	39.14	
13	Ben	Hallifax	Herne Hill Harriers	39.18	
14	Brian	Scott	u/a	39.23	
15	mark	westlake	7 oaks tri club	39.42	
16	Adam	Lawrence	u/a	39.47	
17	Rob	Reason	u/a	39.5	
18	Peter	Chambers	Serpentine RC	39.54	
19	Catherine	Lee	Club Runner's World	40.07	1st Lady
20	Tom	Watson	u/a	40.23	
21	Tom	Stagg	u/a	40.33	
22	David	Long	u/a	40.51	
23	Stuart	Franklin	u/a	40.51	
24	Ismail	Mohammed	Eaton Southall Middx	41.19	
25	William	Ireson	u/a	41.36	
26	Georgie	Ripper	St.Albans Striders	41.47	2nd Lady
27	Alan	Dunnett	u/a	41.51	1st Vet 50
28	Charlotte	East	Wimbledon Windmilers	41.52	3rd Lady
29	David	Carter	Southampton RC	41.59	2nd Vet 50
30	Paul	Ballingall	u/a	42.03	
31	emma	ibell	Dulwich Runners	42.08	4th Lady
32	Lee	Calder	Poole R	42.18	
33	Stephen	Taylor	u/a	42.22	



SRI CHINMOY marathon team
GREAT BRITAIN

34	Emilie	Giles	u/a	42.24	5th Lady
35	Neil	O'KEEFFE	u/a	42.27	
36	Ryan	Ellett	KPMG Running Club	42.32	
37	Kerry	Craig	u/a	42.55	
38	Elekwa Kanu	Onwuchekwa	Herne Hill Harriers	43.27	
39	Edward	Pyke	u/a	43.27	
40	Matthew	Molloy	u/a	43.4	
41	Ana Maria	Garcia	u/a	43.53	6th Lady
42	Peter	Lewis	u/a	44.04	
43	Christopher	Deacon	u/a	44.13	
44	calvin	biss	u/a	44.43	
45	Liam	Sneling	u/a	44.45	
46	Paul	Jarman	u/a	44.51	
47	Adri	Jager	East London Tri	45.16	7th Lady
48	Andy	Saavedra	u/a	45.54	
49	Matthew	Loughran	u/a	45.54	
50	Chris	Lawrence	u/a	46.03	
51	Thomas	Nicholson	u/a	46.06	
52	Anna	Madden	u/a	46.12	8th Lady
53	Katie	Crowe	Serpentine	46.12	9th Lady
54	Gareth	Wilson	u/a	46.25	
55	Lauris	Rakickis	Blackheath	46.29	
56	Carl	Clarabut	u/a	47.42	
57	Andrew	Paul	u/a	47.52	
58	matthew	Pont	u/a	47.56	
59	Tetsuro	Hattori	u/a	47.57	
60	Lynn	McCloghry	u/a	47.59	10th Lady
61	Neil	Steeman	u/a	48.02	
62	Eighneachan	Murray	u/a	48.03	
63	Peter	May	u/a	48.2	
64	Leigh	Jarman	u/a	48.32	
65	Gill	Weekes	u/a	48.35	11th Lady
66	Lee	Timms	u/a	48.53	
67	Philip	Greenfield	u/a	48.56	
68	Stephen	Walker	u/a	48.59	
69	Sotiris	Georgiopoulos	u/a	49.09	
70	Brett	Farley	u/a	49.11	
71	James	Ellis	u/a	49.11	
72	Gareth	Briggs	u/a	49.12	
73	Philip	Hogg	u/a	49.13	
74	Josh	Good	u/a	49.2	
75	Ray	Lindsay	u/a	49.23	3rd Vet 50
76	Alexandros	Mouridis	u/a	49.25	
77	Alison	Nolan	Serpentine	49.25	12th Lady
78	Paul	Tatler	u/a	49.33	



SRI CHINMOY marathon team
GREAT BRITAIN

79	Tom	Hamilton	u/a	50.02	
80	Joanna	Le Vannais	u/a	50.05	13th Lady
81	Nicola	Hort	u/a	50.08	14th Lady
82	Catherine	Talbot	u/a	50.09	15th Lady
83	darren	maher	u/a	50.12	
84	Jeremy	Cain	u/a	50.12	
85	Dirk	Strauss	u/a	50.18	
86	Ed	Shelton	u/a	50.39	
87	John	Sibly	u/a	50.59	
88	Alexandre	Durand	u/a	51.07	
89	Urte	Pundziute	u/a	51.12	16th Lady
90	Domenico	Lia	u/a	51.46	
91	Linda	Bell	KPMG Running Club	52.01	17th Lady
92	Lindsay	Mason	u/a	52.1	18th Lady
93	Will	Butler	u/a	52.21	
94	Alun	Evans	u/a	52.23	19th Lady
95	Heather	Binney	u/a	52.23	20th Lady
96	Nick	brown	u/a	52.37	
97	Tony	Merritt	Burnham Jogge5rs	52.42	2nd Vet 60
98	Jackie	Offer	u/a	53.19	21st Lady
99	adam	symonds	u/a	53.32	
100	Ian	Johnson	u/a	53.56	
101	Clare	Ryan	u/a	54.06	22nd Lady
102	Katherine	Backhouse	u/a	54.16	23rd Lady
103	Janette	Moller	u/a	54.17	24th Lady
104	Michael	Yorke	u/a	54.37	
105	Justin	Worsley	u/a	54.57	
106	Francesca	Costa	u/a	55	25th Lady
107	Edwin	Bartlett	Vets AC	55.03	3rd Vet 60
108	Ben	Morris	u/a	55.03	
109	Darrin	Marx	u/a	55.39	
110	Tatiane	May	u/a	55.53	26th Lady
111	Kim	Edge	u/a	56.36	27th Lady
112	Marek	Gerwa Szewski	u/a	57.15	
113	Paula	Muller	u/a	57.53	28th Lady
114	Emily	Crampin	u/a	58	29th Lady
115	Mary Allen	Saunders	u/a	58.3	30th Lady
116	Chris	Volume	u/a	58.46	
117	Anthony	James	u/a	59.55	
118	Janette	Ellis	u/a	60.16	31st Lady
119	Laura-Lee	Edwards	u/a	61.06	32nd Lady
120	Thea	Palmer	u/a	61.11	33rd Lady
121	Briac	LEMEE	u/a	62.1	
122	Eve	Benoit	u/a	62.1	34th Lady
123	Caroline	Ely	u/a	62.15	35th Lady



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GREAT BRITAIN

124	Fiona	Dagleish	u/a	62.17	36th Lady
125	Lydia	Dobie	u/a	62.17	37th Lady
126	Tarita	Turtiainen	u/a	62.26	38th Lady
127	Michael	Staddon	u/a	63.12	
128	Polly	Macoun	u/a	63.12	39th Lady
129	Michelle	Morgan	u/a	64.13	40th Lady
130	Evelyn	McDernott	u/a	66.4	4th Vet 50
131	Lindsey	Craig	u/a	68.07	41st Lady
132	Adele	Poskitt	u/a	68.1	42nd Lady
	Julie	Kite	u/a	DNF	
	Heather	Foley	u/a	DNF	

A brisk but sunny morning saw 134 cheerful runners take to the paths of Battersea Park. Brain Wilder put in a great performance to finish just seconds shy of our course record with 32.14.

We have 2 more races this year, Saturday morning: 5 Mile 8th November, and the 24 Hour Track race on 18th-19th October at Tooting Bec.