



SRI CHINMOY marathon team
GREAT BRITAIN

*“Run and Become. Become and Run.
Run to succeed in the outer world.
Become to proceed in the inner world”*

Sri Chinmoy

Results for Self-Transcendence 10 Mile Race,
Battersea Park, 12th July 2008
Held under permit from SEAA

1	John	Gilbert	u/a	54.44
2	Tom	Kingsnorth	THH	57.14
3	Anthony	Jackson	Sittingbourne Striders	57.20
4	Orjan	Frojd	u/a	58.14
5	Matt	Ward	Clapham Chasers	58.15
6	Ian	Sharman	Serpentine	59.08
7	Jonny	Muir	Nene Valley H	59.56
8	Tony	Cummings	Thurrock H	61.11
9	Robert	Jacobs	HHH	62.48 1st Vet 50
10	Luca	Naldini	u/a	63.00
11	Lukas	Ongami	u/a	63.41
12	James	Waddington		64.30
13	Abdul	Nurdin	Clapham Chasers	64.58
14	Andrew	Todd	u/a	65.02
15	buzz	shephard		65.07
16	Claire	Imrie	Serpentine	65.45 1st Lady
17	Damian	Shirley	Highate	66.48
18	Alessandro	Poggi	Serpentine	67.02
19	Gregory	Clarke	Dulwich Pk	67.42
20	David	McGaughey		67.50
21	Paul	Dales		67.55
22	Richard	Bennett	Felixstowe Road R	67.59 2nd vet 50
23	Chas	Rayner	West 4 Harriers	68.02 3rd Vet 50
24	Isobel	Rea	West 4 Harriers	68.05 2nd Lady
25	Steven	Seaton	Runner's World	68.52
26	Julia	Belyavin	Bristol & West AC	68.55 3rd Lady
27	Mohammed	Ismail	Ealing, Sthall, Middx	68.56
28	Patrick	Kiernan		69.02
29	Ian	Mursell	VetsAC	69.39 4th Vet 50
30	Paul	Devine	u/a	69.43
31	James	Scallan	u/a	69.59
32	emma	ibell	Dulwich runners	70.05 4th Lady
33	Grant	Fisher		70.13
34	Jerry	Haywood	u/a	70.44
35	Nick	Hayter		70.52
36	Richard	Chaplin	Clapham Chasers	71.18
37	Jean Luc	Hoez		71.19 5th Vet 50



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38	Michael	Jones	u/a	72.35
39	Alan	Dowton		73.22
40	Adrian	Wakefield	u/a	73.25
41	Caroline	Owen		73.31 5th Lady
42	Jacqui	Reid	MPAC	73.36 6th Lady
43	Marianne Rayner		West 4 Harriers	73.42 1st Lady Vet 50
44	Oliver	O'Dell		74.00
45	Anna Maria	Garcia	u/a	74.03 8th Lady
46	Offer	Rutheizer		74.20
47	Phil	Kelvin	Serpentine	74.42 2nd Lady Vet 50
48	Glen	Keegan	Herne Hill Harriers	75.02
49	Paul	Shiel		75.26
50	Andrew	Johnston	u/a	75.57
51	Charles	Rickey	Serpentine	76.24
52	Timothy	O'Donovan	u/a	76.37
53	Carl	Clarabut	u/a	77.04
54	Rohan	Lienert		77.35
55	Julie	Thomas	u/a	78.17
56	Matt	Green	u/a	78.36
57	David	Wiggins	u/a	79.07
58	Lauris	Rakickis	Blackheath	79.55
59	angus	searcy	Serpentine	80.59
60	Michael	Bitler	u/a	81.10
61	Helen	Kensett		81.47
62	Anthony	Ferriron	RRC	82.03
63	Rebecca	McGuire	Dulwich runners	82.42
64	Lucy	Ellery		82.48
65	billy	bennett	u/a	82.57
66	James	Corrigan		82.57
67	Jason	Bethell	u/a	83.12
68	Leanne	Common		83.36
69	tina	tage		83.43
70	Hannah	Menhinick		83.48
71	Laura	Smith		83.50
72	Isabel	Kuhl		83.58
73	Kim	Tyler	u/a	83.58
74	Helen	Duston		84.01
75	Patrick	Moore		84.22
76	Katarine	Frojd	u/a	84.27
77	Claire	Strong		84.30
78	Julia	Yerbury		84.47
79	Carla	Denneny	u/a	84.52
80	Angela	Rickey	Serpentine	84.56
81	Beth	Glancey		85.23
82	Kirsty	Gilmour	Runnymede Runners	85.33
83	Tony	Merritt	Burnham Joggers	85.57 1st Vet 60
84	Caroline	Johnstone		86.40



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85 Sarah	Turley		87.11
86 Leanne	Donnachie		87.28
87 James	Hanson	u/a	87.36
88 Dennis	Rice	Purple Patch	87.43
89 Simon	Josiffe		88.03
90 Vicky	Wolfe		88.05 3rd Lady Vet 50
91 Olivia	Fear	Clapham Chasers	88.45
92 Rhi	Kozak	26.2 Road Runners	89.09
93 Edwin	Bartlett	VetsAC	89.25
94 Alexandra	Galloway		89.34
95 Miho	Nakashita	Serpentine	89.43
96 Jules	Wakefield	u/a	89.43
97 Anna	Beech		89.46
98 Caroline	Johnstone	u/a	89.59
99 ellie	hames		90.07
100 sarah	powell		90.13
101 Craig	Leverghy	u/a	90.39
102 Samantha	Proud	u/a	90.43
103 Jessica	Kopp		91.12
104 Nicola	O'Shea		91.12
105 Sunanda	sarker-Bell	u/a	91.16
106 Jessica	Davies		91.24
107 Derinola	Hall-Thompson	Serpentine	91.24
108 Fenella	Lindsell		92.01
109 Jane	Hollowell		92.05
110 TANIA	KEANE		92.19 4th Lady Vet 50
111 Claire	Hill		92.26
112 Peter	Houillon		92.38
113 Helen	Roberts		92.40
114 Nabil	Busaidy		93.53
115 Linda	Smith		95.26
116 Penny	Canepa-Anson	u/a	95.36
117 Genevieve	Nevard	u/a	96.37
118 Ruth	Turley		99.09
119 Anthony	Alleyne	37	99.38
120 Katie	McNamara	u/a	100.20
121 Kylie	Proud	u/a	100.20
122 John	Howard	u/a	101.14
123 Imke	Siegerist	u/a	101.35
124 Ninon	Van der Kroft		102.05
125 Jamie	Hodges		102.12
126 Sally	Williams		103.06
127 Mike	Browne	VetsAC	103.28 1st Vet 70
128 Tarique	Samad		105.52*
129 sally	brooking		106.22
130 Ghada	Razuki		118.03
131 Mariska	Swanepoel	u/a	122.37



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