



SRI CHINMOY
marathon team



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SELF TRANSCENDENCE 10 MILE RACE

Saturday 6th March 2010

Start Time 8am

West Carriage Drive, Battersea Park, SW11 4NJ

- **RACE HQ** Situated at the far end of Albert Car Park, within the Park. Vehicular entrance is through the West Entrance Gates off Albert Bridge Road. Registration from 7am. Please arrive by 7.45 latest. For course map see website
- **FACILITIES** Water station with water, orange squash and energy drinks. Toilets (but only open from 8am), baggage area, showers at the track. Parking costs £2 from 9am onwards (can be paid in advance i.e. prior to start of race).
- **AWARDS** Trophies to first seven men and women u/50, first three men and women o/50, first two men and women o/60, and first man and woman o/70.

(Organised by Sri Chinmoy AC under UK Athletics Rules. Road Race Permits applied for)

WWW.UK.SRICHINMOYRACES.ORG

Email: Races@runandbecome.com



ENTRY FORM: SELF TRANSCENDENCE 10Miles

Date: 06/03/10

Entry Fee: £8 attached, £10 unattached
Minimum age 16 years

Start time: 8am

| | | | |
|-----------------------|--|---------------|--|
| SURNAME | | FIRST NAME | |
| ADDRESS | | MALE/FEMALE | |
| | | DATE of BIRTH | |
| CLUB (AAA Affiliated) | | AGE | |
| EMAIL | | | |

I attest that I am physically fit and sufficiently trained for the completion of the above event. I waive and release the Sri Chinmoy Athletic Club and their representatives for any and all injuries suffered by me in the said event.

| | | | |
|-----------|--|------|--|
| SIGNATURE | | DATE | |
|-----------|--|------|--|

Send to: RUN AND BECOME, 42 Palmer Street, London SW1H 0PH, Tel. 020-7222-1314
Cheques payable to: **Run and Become (Please enclose a stamp-addressed envelope)**
Online entry at www.runnersworld.co.uk/events

