



SRI CHINMOY marathon team
GREAT BRITAIN

*"Determination and impossibility
Are never to be found
Together."*

Sri Chinmoy

Results for Self-Transcendence 3 Mile Race, Pontcanna Fields, 5th June 2009

1	Stephen	Paterson	San Domenico RC	15.49
2	Robert	James	u.a.	15.55
3	Stuart	Crees	Les Croupiers RC	15.55
4	Calum	Cheshire	Les Croupiers RC	15.58
5	Nick	Dukes	Les Croupiers RC	16.00
6	Jamie	Nutt	Les Croupiers RC	16.26
7	Phil	George	Les Croupiers RC	16.35
8	Jerome	Edwards	San Domenico RC	16.39
9	Mikey	Bryant	Avon Valley Runners	16.44
10	Rhys	Pitman	Pontypridd Roadents	16.48
11	Michael	Dury	Islwyn	16.52
12	Andrew	Baker	Pontypridd Roadents	17.18
13	Daniel	Harris	Les Croupiers RC	17.28
14	Edward	Donovan	San Domenico RC	17.30
15	Steven	Hooper	Pontypridd Roadents	17.32
16	Alun	Evans	u.a.	17.44
17	Glyn	Sansom	San Domenico RC	18.09
18	Matthew	Townsend	Les Croupiers RC	18.10
19	Andrew	Russell	Les Croupiers RC	18.18
20	Marcus	Coles	Les Croupiers RC	18.23
21	David	Proud	Les Croupiers RC	18.28
22	Matthew	Hooper	Cardiff AAC	18.29
23	Mike	Murphy	Les Croupiers RC	18.31 M50-59
24	Katie	Beecher	Les Croupiers RC	18.35 F
25	John	O'Shea	Les Croupiers RC	18.43 M50-59
26	Kelly	Morgan	Pontypridd Roadents	18.48 F
27	Terry	Caveney	Les Croupiers RC	18.53
28	Gerry	Crispie	Les Croupiers RC	18.59
29	Shayne	Sawyers	Les Croupiers RC	19.01
30	Dean	Birt	Pontypridd Roadents	19.03
31	David	Profitt	Newport Harriers	19.18 M50-59
32	Dominic	Shields	San Domenico RC	19.24
33	Huw	Davies	u.a.	19.24
34	Becca	Stearn	u.a.	19.35 F
35	Matthew	Ritchie	u.a.	19.42
36	Kate	Jones	Pontypridd Roadents	19.45 F
37	Simon	Flack	u.a.	19.50
38	Robert	Hector	u.a.	20.01
39	B J	Le Grys	Milo Carian AC	20.02
40	Sally	Haselhurst	San Domenico RC	20.08 F
41	Jenny	Hughes	Les Croupiers RC	20.12 F
42	Eric	Hughes	Bridgend AC	20.25 M70+



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43	James	McClenaghan	u.a.	20.29 M50-59
44	Michael	Rossiter	Les Croupiers RC	20.36
45	Bob	Woolterton	Bridgend AC	20.40 M60-69
46	Julie	Scholey	Les Croupiers RC	20.43 F
47	Tim	O'Sullivan	Les Croupiers RC	20.50 M50-59
48	Liz	Ashton	Les Croupiers RC	20.52 F
49	Ruth	McLees	Les Croupiers RC	20.52 F
50	Jennifer	Topalian	u.a.	20.53 F
51	Peter	Maksimovic	u.a.	20.58
52	Tony	Carzana	Pegasus RC	20.59 M60-69
53	Jeff	Aston	Les Croupiers RC	21.20 M60-69
54	Tim	Evans	u.a.	21.28
55	Rich	Skyrme	u.a.	21.30
56	David	McDonald	Les Croupiers RC	21.41
57	Jo	Tucker	u.a.	21.42 F
58	Glyn	Hicks	Islwyn	22.04 M50-59
59	Rhian	Hopkins	Pontypridd Roadents	22.05 F
60	John	Cunnane	Islwyn	22.30 M60-69
61	Stephanie	Davies	Pontypridd Roadents	22.33 F
62	Andy	Davies	Pontypridd Roadents	22.35
63	Lowri	Newman	u.a.	22.41 F
64	Caroline	Dallimore	Les Croupiers RC	22.51 F50-59
65	Anne	Follan	Pontypridd Roadents	22.57 F
66	Robert	Phillips	Pontypridd Roadents	23.08
67	Alison	Spiller	u.a.	23.42 F
68	Pat	Rubun	u.a.	23.54 F
69	Gary	Bird	u.a.	24.01
70	Julia	Evans	u.a.	24.10 F
71	Hannah	Davies	u.a.	24.15 F
72	Huw	Rees	u.a.	24.46 M50-59
73	Mark	Ryan	San Domenico RC	24.49
74	Amy	Rockham	u.a.	24.58 F
75	Robert	Smith	u.a.	25.04
76	Annie	Conroy	Les Croupiers RC	25.07 F60-69
77	Ian	Warner	u.a.	25.08 M50-59
78	Karen	Chadwell	Womens Running Network	25.22 F
79	Gill	Murphy	Les Croupiers RC	25.45 F50-59
80	Virginie	Vendiesse	u.a.	25.48 F
81	Penny	Bickle	u.a.	25.49 F
82	Daniel	Tobin	u.a.	25.50
83	Cathy	Vale	u.a.	25.58 F
84	Simon	Hudd	u.a.	26.18
85	Celia	Rumbold	u.a.	26.47 F
86	Cath	Morgan	Womens Running Network	26.58 F50-59
87	Paula	James	Pontypridd Roadents	27.01 F
88	Gillian	McKie	Les Croupiers RC	27.10 F
89=	Sarah	Jeremiah	u.a.	27.22 F
89=	Nicola	Denman	u.a.	27.22 F
91	Mal	Rowson	Les Croupiers RC	27.59 F50-59
92	Heather	Jones	u.a.	28.14 F
93	Jayne	Evans	u.a.	28.50 F50-59
94	Heidi	Le Rue	u.a.	29.02 F
95	Joanne	Gamba	u.a.	29.12 F
96	Kerry	Francis	Les Croupiers RC	29.27 F
97=	Beccy	Robson	u.a.	29.54 F



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97=	Debbie	Ford	u.a.	29.54 F
99	Maria	Carr	u.a.	30.03 F
100	Dean	Clark	u.a.	30.19 M50-59
101=	Carey	Jones	u.a.	30.20 F50-59
101=	Connie	Evans	u.a.	30.20 F50-59
103	Elaine	Williams	Islwyn	30.40 F50-59
104	Freya	Kendall	u.a.	33.38 F



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