



SRI CHINMOY marathon team
GREAT BRITAIN

"Daring enthusiasm and abiding cheerfulness can accomplish everything on earth without fail."

Sri Chinmoy

**Results for Self-Transcendence 3 x 1 Mile Relay Race,
Bute Park, Cardiff, 25th July 2008
Held under permit from Welsh Athletics**

TEAM NAME	Runner 1	TIME	Runner 2	TIME	Runner 3	TIME	CATEGORY
HIGH HOPES	Daniel Hiscox	4.54	Gareth Davies	9.57	Darran Hiscox	15.07	1st Men
PONTYPRIDD ROADENTS MEN A	Rhys Pitman	5.15	Phil Meyler	10.43	Symon Murphy	15.37	2nd Men
HISCOX FAMILY	Darran Hiscox	4.52	Leigh Hiscox	10.21	Daniel Hiscox	15.59	1st Family
DINAS & LLANDOUGH RUNNERS	Stuart Jones	5.30	Jamie Seekings	11.12	David Hoole	16.25	3rd Men
NEATH	David Crane	6.09	Peter Crane	11.31	Philip Crane	16.27	Men
PONTYPRIDD ROADENTS MEN B	Steve Hooper	5.31	Julian Davies	11.08	Geraint Williams	16.47	Men
SAN DOMENICO MEN A	Graham Moore	5.27	Glyn Sansom	11.11	Paul Dawes	16.54	Men
HEN-PECKED AND DON'T WE KNOW IT!	Ben Brookshaw	6.21	Mike Lewis	11.29	Eirwyn Rees	17.26	Men
SAN DOMENICO MEN B	Jim Delaney	6.00	Lloyd Morgan	11.53	Dominic Shields	17.45	Men
LES CROUPIERS LADIES	Ruth Tyler	5.49	Cheryl Hudgell	11.59	Katie Beecher	17.48	1st Ladies
FULCRUM	Matt Clarke	5.11	Rhiannon Thomas	12.13	Neil Venneely	18.21	1st Mixed
SAN DOMENICO WOMEN A	Angela Tyrrell	5.16	Frances Williams	11.58	Sally Haslehurst	18.33	2nd Ladies
PONTYPRIDD ROADENTS MEN C	Rob Phillips	6.40	Andrew Davies	13.01	Mark Jones	19.29	Men
WORTHY'S WINGED WONDERS	Andrew Worthington	6.23	Edward Worthington	13.49	William Worthington	19.42	Family
PONTYPRIDD ROADENTS LADIES A	Anne Follan	6.37	Debbie Ottley	13.48	Ceri-Anne Davies	19.49	3rd Ladies
DURACELL BUNNIES	Ruth McLees	6.08	Jenny Topalian	12.36	Celia Rumbold	20.10	Ladies
SAN DOMENICO MEN C	Mel Bailey	7.58	Ian MacDonald	14.00	Glyn Sansom	20.13	Men
KILLERS	Terry Caveney	6.04	Edward Lewis	13.19	Richard Brewer	20.31	Men
PEGASUS VETS.	Tony Carzana	6.28	Tim Webb	14.22	Paul Charles	20.37	1st Veterans 50+
CILFYNYDD SPEEDSTERS	Dale Loveridge	6.53	Ryan Harris	13.41	Kyle Davies	20.49	1st Junior
TAFF TITANS	Toutou Monzeli	6.54	Abdi Mohammed	14.36	Nicki Evans	21.13	Mixed
TEAM SUPER INCREDIBLE MURPHY	Elliot Murphy	6.47	Sarah Murphy	14.10	Gill Murphy	22.44	Family
MORE TAFF TITANS	Dave Bowden	9.25	Bex Gingell	17.35	Adrian Leen	23.41	Mixed
MORGAN'S MILERS	Darren Morgan	5.51	Ieuan Morgan	14.20	Geraint Morgan	24.30	Family
SAN DOMENICO WOMEN B	Liz Morgan	8.08	Sian Coxoll	18.30	Angela Tyrrell	24.31	Ladies
PONTYPRIDD ROADENTS LADIES B	Rhia Durhan	7.33	Katie Clavert	16.50	Jayne Clavert	24.48	Ladies

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