



Self Transcendence 24 Hour Track Race

Winners 1986 - Present & Course Records

Red=Race Record

Orange = World Best

1986					
Gateshead Stadium 28th - 29th June					
		MILES	K.		
Winner	James Zarei, Croydon H*	146.97	236.53	*New Asian Record	
1st Woman	Lynn Fitzgerald, Highgate H	62.13	100.00		
1989					
New River Stadium Wood Green 18th - 19th November					
Winner	Dave Wallace, Edinburgh	147.86	237.97		
1st Woman	Hilary Walker, Serpentine	121.08	194.86		
1st M Vet 50	Dave Cooper, Havering AC	142.56	229.44		
1990					
New River Stadium Wood Green 27th - 28th October					
Winner	Dave Cooper, Havering AC	148.97	239.76		
1st Woman	Jaraslova Karpiskova, TCH	112.09	180.40		
1st M Vet 50	Dave Cooper, Havering AC	148.97	239.76		
1991 AAA of England Championship					
Barnet Cophall 26th - 27th October					
		MILES	K.	MILES	K.
Winner	Donald Ritchie, Forres H	166.68	268.25		
1st Woman	Doina Nugent, Galway City H	110.60	178.00		
1st M Vet 50	Denis Weir, Horwich RMI	148.56	239.10	1st W Vet 50	Marie Caldwell, Bolton United H 95.27 153.33
1992					
Kingsmeadow Stadium 24th - 25th October					
		MILES	K.	MILES	K.
Winner	David Wallace, Harmeny	135.30	217.75		
1st Woman	Sandra Brown, Surrey WC	129.94	209.12		
1st M Vet 50	Sid Morrison, 100K Assoc.	110.79	178.30		
1993					
Tooting Bec Track 16th - 17th October					
		MILES	K.	MILES	K.
Winner	Alan Young, Brechin RR	138.10	222.26		
1st Woman	Sandra Brown, Surrey WC	133.62	215.05		
1st M Vet 50	Sid Morrison, 100K Assoc.	108.87	175.22		
1st M Vet 60	Geoff Oliver, 100K Assoc.*	135.67	218.34	* World Best V60 for 50 Miles 6:57:55 & 100K 8:57:03	
1994 AAA of England Championship					
Tooting Bec Track 22nd - 23rd October					
		MILES	K.	MILES	K.
Winner	Donald Ritchie, Moray RRC	147.17	236.86		
1st Woman	Sharon Gayter, Mandale H	127.17	204.67		
1st M Vet 50	Donald Ritchie, Moray RRC	147.17	236.86		
1st M Vet 60	Geoff Oliver, 100K Assoc.	127.38	205.00	Hilary Walker set new World Best V40 for 50M 6:37:06	
1995					
Tooting Bec Track 22nd - 23rd October					
		MILES	K.	MILES	K.
Winner	Mike Aris, 100K Assoc.	132.43	213.13		
1st Woman	Sandra Brown, Surrey WC	123.82	199.27		
1st M Vet 50	Sid Morrison, 100K Assoc.	110.50	177.84		
1st M Vet 60	Geoff Oliver, 100K Assoc.	112.24	180.64	Don Ritchie set new World Best V50 for 50M 5:37:17 & 100K 7:07:29	
1996					
Tooting Bec Track 12th - 13th October					
		MILES	K.	MILES	K.
Winner	William Sichel, Moray RR	125.85	202.54		
1st Woman	Christine Gray, Portsmouth Joggers	110.83	178.37		
1st M Vet 50	Roy Grew, 100K Assoc.	118.93	191.41	1st W Vet 50	Patricia Bonner, Finch Coasters 108.03 173.86
1st M Vet 60	John Borland, Finch Coasters	101.79	163.83		
1997 BAF Championship & AAA of England Championship					
Tooting Bec Track 11th - 12th October					
		MILES	K.	MILES	K.
Winner	Jaroslav Kocourek, Brno	150.98	242.98		
1st Woman	Sharon Gayter, 100K Assoc.	120.19	193.44		
1st M Vet 50	Richard Brown, Surrey WC	128.75	207.21	1st W Vet 50	Patricia Bonner, Finch Coasters 88.27 142.06
1st M Vet 60	Geoff Oliver, 100K Assoc.	126.48	203.55		
1st M Vet 70	Max Jones, Birchfield H	49.95	80.40		

1998 BAF Championship & AAA of England Championship

Tooting Bec Track 10th - 11th October		MILES	K.	MILES		K.
Winner	Walter Hill, Crawley AC	141.00	226.93			
1st Woman	Sharon Gayter, 100K Assoc.	114.19	183.78			
1st M Vet 50	Alan Monday, Cardigan RC	118.14	190.14			
1st M Vet 60	Geoff Oliver, 100K Assoc.*	132.87	213.84	* World Best V65 for 50M 7:01:43, 100M 17:20:50, 200K 22:13:12, 24Hr		

1999 AAA of England Championship

Tooting Bec Track 9th - 10th October		MILES	K.	MILES		K.
Winner	Adrian Tarit Stott, Sri Chinmoy AC	133.41	214.71			
1st Woman	Sharon Gayter, North Marske	125.28	201.62			
1st M Vet 50	John Lucas, 100K Assoc.	123.75	199.16	1st W Vet 50	Sandra Brown, Surrey WC	104.45 168.10
1st M Vet 60	Geoff Oliver, 100K Assoc.	126.31	203.29	1st W Vet 60	Marie Caldwell, RRC	91.67 147.53

2000 rained for 23 hrs

Tooting Bec Track 7th - 8th October		MILES	K.	MILES		K.
Winner	Phil Adams, 100K Assoc.	125.52	202.01			
1st Woman	Sandra Brown, Surrey WC	101.15	162.80			
1st M Vet 50	Guido Reynolds, RRC	115.29	185.55	1st W Vet 50	Sandra Brown, Surrey WC	101.15 162.80
1st M Vet 60	Geoff Oliver, 100K Assoc.	123.36	198.54	1st W Vet 60	Christine Usher, Reading RR	75.06 120.80
1st M Vet 70	John Borland, Finch Coasters	96.13	154.71			

2003

Tooting Bec Track 11th - 12th October		MILES	K.	MILES		K.
Winner	Donald Ritchie, Moray RRC	117.53	189.16			
1st Woman	Sandra Brown, Surrey WC	111.74	179.84			
1st M Vet 50	Brian King, DML RC	109.26	175.84	1st W Vet 50	Sandra Brown, Surrey WC	111.74 179.84
1st M Vet 60	Bob Jones, 100K Assoc.	88.76	142.86			
1st M Vet 70	Geoff Oliver, 100K Assoc.*	105.99	170.58	* World Best V70 for 100K 11:02:02, 12Hr 105.6K		

2004

Tooting Bec Track 9th - 10th October		MILES	K.	MILES		K.
Winner	Ken Fancett, Beckenham RC	133.45	214.77			
1st Woman	Jill Green, London Vidarians	105.18	169.28			
1st M Vet 50	Ken Fancett, Beckenham RC	133.45	214.77	1st W Vet 50	Susan Clements, London Vidarians	104.83 168.71
1st M Vet 60	Sid Morrison, 100K Assoc.	103.01	165.79	1st W Vet 60	Jill Green, London Vidarians	105.18 169.28
1st M Vet 70	Geoff Oliver, 100K Assoc.*	113.15	182.10	* World Best V70 for 100K 11:02:02, 12Hr 105.6K		

2005

Tooting Bec Track 8th - 9th October		MILES	K.	MILES		K.
Winner	Chris Finill, Harrow AC	137.28	220.94			
1st Woman	Sandra Brown, Surrey WC	123.80	199.24			
1st M Vet 50	Ken Fancett, Beckenham RC	129.43	208.31	1st W Vet 50	Sandra Brown, Surrey WC	123.80 199.24
1st M Vet 60	Sid Morrison, 100K Assoc.	102.49	164.95	1st W Vet 60	Patricia Seabrook, Finch Coasters	84.60 136.16
1st M Vet 70	Tom Scriven, RRC	88.55	142.51			

2006

Tooting Bec Track 14th - 15th October		MILES	K.	MILES		K.
Winner	John Pares, Buckley RC	143.25	230.54			
1st Woman	Torill Fonn, IFK Skovde Friidrott*	127.66	205.46	* Norwegian Women's National Record		
1st M Vet 50	Ken Fancett, Beckenham RC	132.49	213.23	1st W Vet 50	Sandra Brown, Surrey WC	124.63 200.13
1st M Vet 60	Sid Morrison, 100K Assoc.	93.70	150.80	1st W Vet 60	Patricia Seabrook, Finch Coasters	82.78 132.68
1st M Vet 70	Tom Scriven, RRC	79.44	127.86			

2007

Tooting Bec Track 6th - 7th October		MILES	K.	MILES		K.
Winner	John Pares, Buckley RC	147.19	236.88			
1st Woman	Sharon Gayter, North Marske	131.86	212.22			
1st M Vet 50	Ken Fancett, Beckenham RC	143.92	231.62	1st W Vet 50	Lindsey Stewart	104.59 167.59
1st M Vet 60	Sid Morrison, 100K Assoc.	104.46	168.12	1st W Vet 60	Patricia Seabrook, Finch Coasters	86.05 138.49
1st M Vet 70	Geoff Oliver, 100K Assoc.	100.04	177.10			

2008

Tooting Bec Track 18th - 19th October		MILES	K.	MILES		K.
Winner	Chris Finill, Harrow AC	151.13	243.23			
1st Woman	Vicky Skelton, North Devon RR	131.71	211.98			
1st M Vet 50	Ken Fancett, Beckenham RC	136.43	219.57	1st W Vet 50	Sandra Brown, Surrey WC	117.12 188.50
1st M Vet 60	Malcolm Knight, Newbury AC	100.16	161.20	1st W Vet 60	Patricia Cummings, Worthing Stride	81.02 130.40
1st M Vet 70	Geoff Oliver, 100K Assoc.	108.59	174.76	Eion Keith set 100M, 200K & 24 Hrs Men's Irish National Records		

2009

Tooting Bec Track 17th - 18th October		MILES	K.	MILES		K.
Winner	Richard Quennell, Rugby & Northam	145.90	234.81			
1st Woman	Aileen Scott, Clydesdale H	117.34	188.85			

1st M Vet 50	Per Audun Heskestad	137.92	221.97	1st W Vet 50	Liz Neville, Epsom Oddballs	94.93	152.78
1st M Vet 60	Ken Fancett, Beckenham RC	127.21	204.74	1st W Vet 60	Patricia Cummings, Worthing Stride	81.02	130.40
1st M Vet 70	Geoff Oliver, 100K Assoc.*	111.15	178.89	* World Best V75 for 100M 20:43:49, 24Hr 178K			

2010

Tooting Bec Track 24th - 25th September		MILES	K.			MILES	K.
Winner	Reima Hartikanen	129.45	208.34				
1st Woman	Monique Hollinshea, South Cheshire	104.29	167.84				
1st M Vet 50	Raymond Willett, Riverside Runners	100.05	161.02	1st W Vet 50	Penny Darmondy, East Hull H	102.65	165.20
1st M Vet 60	Sid Morrison, 100K Assoc.	102.74	165.36				
1st M Vet 70	Geoff Oliver, 100K Assoc.	103.73	166.95	1st W Vet 70	Patricia Seabrook, Finch Coasters	84.08	135.32

2011

Tooting Bec Track 17th - 18th September		MILES	K.			MILES	K.
Winner	Peter Van Winjngaarden	141.61	227.90				
1st Woman	Ann Bath, RRC	103.12	165.95				
1st M Vet 50	Erik Nossun, Norway	115.42	185.75				
1st M Vet 60	Iain Thomson, Bank of England	74.76	120.32	1st W Vet 60	Ann Bath, RRC	103.12	165.95
1st M Vet 70	Geoff Oliver, 100K Assoc.	103.37	166.36	1st W Vet 70	Patricia Seabrook, Finch Coasters	74.42	119.77

2012

Tooting Bec Track 22nd - 23rd September		MILES	K.			MILES	K.
Winner	Kevin Doyle, Kimberworth Striders	135.35	217.84				
1st Woman	Helen James, Barrow R	121.18	195.03				
1st M Vet 50	Robin Gardner, RRC	127.79	205.66	1st W Vet 50	Jane Janman	72.42	116.55
1st M Vet 60	John Turner, Blackheath & Bromley	91.83	147.80	1st W Vet 60	Ann Bath, RRC	109.56	176.33
1st M Vet 70	Geoff Oliver, 100K Assoc.	104.12	167.58	1st W Vet 70	Patricia Seabrook, Finch Coasters	77.70	125.05

2013 England Ultra Championship

Tooting Bec Track 21st - 22nd September		MILES	K.			MILES	K.
Winner	Marco Consani, Garscube H	154.14	248.07				
1st Woman	Fionna Cameron, Harmeny AC	134.36	216.24				
1st M Vet 50	Abichal Sherrington, Sri Chinmoy M	85.12	136.99				
1st M Vet 60	John Turner, Blackheath & Bromley	81.96	131.91	1st W Vet 60	Ann Bath, 26.2 RRC	102.41	164.82
1st M Vet 80	Geoff Oliver, 100K Assoc.*	94.62	152.29	1st W Vet 70	Patricia Seabrook, Finch Coasters	76.05	122.40

* World Best V80 for 30M, 50K, 40, 50M, 6Hrs, 12Hrs & 24Hrs

2014

Tooting Bec Track 20th - 21st September		MILES	K.			MILES	K.
Winner	Fiona Ross, Harmeny AC**	144.78	233.01	* *Scottish Women's National Record			
1st Man	Michal Masnik	127.83	205.73				
1st M Vet 50	Simon Smith	122.05	196.43	1st W Vet 50	Diana Celerio, F.C.Max	110.78	178.29
1st M Vet 60	John Turner, Blackheath & Bromley	96.26	154.93	1st W Vet 60	Ann Bath, 26.2 RRC	84.32	135.70
1st M Vet 80	Geoff Oliver, 100K Assoc.*	99.87	160.74	1st W Vet 70	Patricia Seabrook, Finch Coasters	83.74	134.77

* Geoff continued to complete 100M in 24:01:17 a World Best V80 * World Best V80 for 30M, 50K, 40, 50M, 6Hrs, 12Hrs & 24Hrs

2015

Tooting Bec Track 19th - 20th September		MILES	K.			MILES	K.
Winner	Beth Pascall, Bristol & West	142.97	230.08				
1st Man	Simon Smith	131.32	211.35				
1st M Vet 50	Simon Smith	131.32	211.35				
1st M Vet 60	William Sichel, Orkney AC	117.98	189.88	1st W Vet 60	Ann Bath, 26.2 RRC	104.16	167.62
1st M Vet 80	Geoff Oliver, 100K Assoc.	86.88	139.82	1st W Vet 70	Patricia Seabrook, Finch Coasters	84.12	135.38

2016

Tooting Bec Track 17th - 18th September		MILES	K.			MILES	K.
Winner	James Stewart, VP Glasgow	160.38	258.11				
1st Woman	Ann Bath, RRC	115.92	186.55				
1st M Vet 50	Andy Jordan, Harpenden Arrows	137.01	220.49				
1st M Vet 60	Maurice Hemingway, Riverside R	106.16	170.84	1st W Vet 60	Ann Bath, RRC	115.92	186.55
1st M Vet 70	Dave Green	80.45	129.46	1st W Vet 70	Patricia Seabrook, Finch Coasters	83.40	134.22

2017

Tooting Bec Track 16th - 17th September		MILES	K.			MILES	K.
Winner	Norbert Mihalik, Kanizsai Futoklub	161.18	259.40				
1st Woman	Therese Falk, Romerike*	147.14	236.80	* Norwegian Women's National Record			
1st M Vet 50	Andy Jordan, Harpenden Arrows	132.97	214.00				
1st M Vet 60	Ray McCurdy, 100 Marathon Club	55.07	88.64				
1st M Vet 80	Geoff Oliver, 100K Assoc.	80.03	128.80	1st W Vet 70	Patricia Seabrook, Finch Coasters	82.06	132.07

2018

Tooting Bec Track 22nd - 23rd September		MILES	K.	rained for most of race		MILES	K.
Winner	Michael Stocks, London Heathside	154.81	249.15				
1st Woman	Sarah Morwood, Mudcrew	132.42	213.12				

1st M Vet 50	Nitish Zuidema, Sri Chinmoy MT	125.61	202.15	1st W Vet 50	Bhuliya Moss, Sri Chinmoy MT	101.61	163.53
1st M Vet 60	John Turner, Blackheath & Bromley	89.33	143.76	1st W Vet 70	Ann Bath, 26.2 RRC	88.63	142.64
1st M Vet 80	Geoff Oliver, Hinckley RC*	77.31	124.42	* World Best V85 for 30M, 50K, 40M, 50M, 100K, 6Hrs, 12Hrs & 24Hrs			

2019

Tooting Bec Track 21st - 22nd September				MILES		K.	
Winner	Robert Payne, Caistor RC	156.58	251.99				
1st Woman	Jo Newens, RRC	137.56	221.37				
1st M Vet 50	Allen Smalls, Colchester H	123.47	198.70				
1st M Vet 60	Francis Graham-Dixon, Fulham RC	104.63	168.38	1st W Vet 70	Patricia Seabrook, Finch Coasters	80.36	129.32

2021

Millennium Stadium Track 18th - 19th Sept				MILES		K.	
Winner	Peter Abraham, Altrincham & Distric	143.55	231.02				
1st Woman	Jen Coleman, Les Croupiers	141.49	227.71				
1st M Vet 50	Ashprihanal Aalto, Sri Chinmoy MT	134.74	216.85	1st W Vet 50	Lynn Emmett, Beccles & Bungay H	92.71	149.21
1st M Vet 60	Francis Graham-Dixon, Lewes AC	110.36	177.62				
1st M Vet 70	John Turner, Blackheath & Bromley	92.15	48.31	1st W Vet 80	Patricia Seabrook, Finch Coasters*	75.72	121.86
* World Best V80 for 6Hrs, 12Hrs & 24Hrs							

2022

Millennium Stadium Track 17th - 18th Sept				MILES		K.	
Winner	James Williams, Belgrave H	149.49	240.58				
1st Woman	Sue Harrison, Leamington C & AC	122.86	197.72				
1st M Vet 50	Joseph Faeldonia	116.71	187.84	1st W Vet 50	Sue Harrison, Leamington C & AC	122.86	197.72
1st M Vet 60	Simon Bennett, Ackworth R	173.34	107.70				
1st M Vet 70	John Turner, Blackheath & Bromley	92.15	48.31				

2023

Millennium Stadium Track 30th Sept - 1st O				MILES		K.	
Winner	Ben Wernick, Ogmores Wolves	152.50	245.43				
1st Woman	Miki Neant, London City R	135.33	217.79				
1st M Vet 50	Ashley Varley	128.44	206.71	1st W Vet 50	Miki Neant, London City R	135.33	217.79
1st M Vet 60	Per Hedberg, Scania RR	87.37	140.61				
1st M Vet 70	John Turner, Blackheath & Bromley	82.76	133.20	1st W Vet 80	Patricia Seabrook, Finch Coasters	64.52	103.84