

Sri Chinmoy Self-Transcendence Races

2 mile and 5 Km races

Summer 2012

Eastville Park, Bristol

Our summer evening races take place on a tree-lined and traffic-free pavement loop within Eastville Park.

Held under UK Athletics Rules. Licence numbers applied for.

* Goody bag to runners entering all 3 races (to be given out at our final race on 24th July: 3 x 1 mile relay race (see *separate entry form*))

*Medals in all categories:

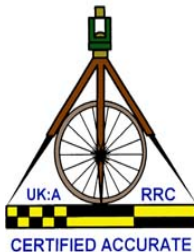
(49 and under, 50-59, 60-69, 70+)

*Prizes for Series winners.

*Toilets and car parking available close to start.

*Limited changing facilities so come ready to run.

*Water station.



Course Measurement Certificate
Numbers MC-M432A/05 and MC-
M432B/05



Registration from 6.30pm

Race start and registration is at the car park, Park Avenue, top of Eastville Park

Further information, results and pictures online at:

<http://uk.srichinmoyraces.org/races/bristol>



Advance entry recommended. Entry on the day £1 extra.

ENTRY FEES (POSTAL)

Per Race: £3 UK Athletics Clubs / £5 unaffiliated

Or, whole series: £7 UK Athletics Clubs / £12 unaffiliated

Tuesday 15th May
Tuesday 5th June
Tuesday 10th July

7.15pm 2 miles
7.15pm 5 km
7.15pm 2 miles



POSTAL ENTRY FORM OR ENTRY ON THE DAY

Send to: Sri Chinmoy Self-Transcendence Races (Bristol), 38 Shadwell Road.
Bishopston, Bristol BS7 8EP

(Postal entries: No later than 1 WEEK BEFORE THE RACE. If you require confirmation of entry please enclose SAE).

Block Capitals:

SURNAME:

FIRST NAME:

AGE:

DOB:

MALE/FEMALE

(Minimum Ages: 11 for 2 miles; 13 for 5km. Parental/guardian permission for runners under the age of 18 years)

CLUB:

AFFILIATED TO UKA? YES / NO

ADDRESS:

POSTCODE:

CONTACT TEL:

E-MAIL:

EVENT(S) ENTERED:

		Tick
WHOLE SERIES	Attached: £7 Unattached: £12	
15 MAY – 2 MILES	Attached: £3 Unattached: £5	
5 JUNE – 5KM	Attached: £3 Unattached: £5	
10 JULY – 2 MILES	Attached: £3 Unattached: £5	

CHEQUES PAYABLE TO: M COLLINSON

Entry on the day £1 extra.

RACE NUMBERS WILL BE ISSUED ON THE DAY OF THE RACE.

I understand that the organisers will in no way be held responsible for any injury, illness or loss of property resulting from my participation in this event and I will not participate unless I am fit to run. I hereby declare that 1) I am an amateur as defined by the rules of **UK ATHLETICS**, 2) I will abide by the laws and rules of the governing body, and particularly: 3) I will not swap my number with, or give it to, another competitor.

DATA PROTECTION: I understand that the above details will not be sent to third parties or used for any marketing purposes, and I have no objection for their storing on computer for race administration and result production only.

SIGNATURE:

DATE:

Thank you for entering
www.uk.srichinmoyraces.org/races