

# Self-Transcendence

London • Battersea Park

## Race Series • 2012

Your chance to face the challenge. Friendly atmosphere, great competition.  
For your first race or your fastest. Come and transcend yourself!

### Saturdays 10 Mile

Start: 8am  
3 Mar (SMA)  
8 Sept (SMB)  
20 Oct (SMC)

### 10K

24 Mar (SKA)  
7 Jul (SKB)  
4 Aug (SKC)  
29 Sept (SKD)  
10 Nov (SKE)

### Mondays 5K

Start: 7pm  
14 May (M5A)  
21 May (M5B)  
18 Jun (M5C)  
2 Jul (M5D)

### 2 Mile

28 May (M2A)  
9 Jul (M2B)

### 3x1 Mile (Relay)

25 Jun (R3A)  
6 Aug (R3B)



#### Fees:

2M £5.50 (Club £3.50)  
5K £6 (Club £4)  
Relay £10.50 per team of 3  
10K £10 (Club £8)  
10M £10 (Club £8)

Saturdays' on-day entries: £1 extra

**Cheques payable to: Run and Become** (Post to 42 Palmer Street, London SW1H 0PH – Please enclose email address or SAE for confirmation). Postal closing date 4 days prior to race. For maps and further details please see website. Organised by Sri Chinmoy AC in conjunction with Run and Become, under UK Athletics Rules. All courses UKA Certified Accurate. Road Race Permits applied for.

[www.uk.srichinmoyraces.org](http://www.uk.srichinmoyraces.org)

Online registration: [www.runbeco.me/SCAC12](http://www.runbeco.me/SCAC12)

**Race HQ: South Carriage Drive, Battersea Park, SW11 4NJ** → Google Maps

Located at the far end of Rosary Gate Car Park, within the Park.

Vehicular entrance: Rosary Gate at corner of Prince of Wales Dr. and Queenstown Rd.

**Facilities:** Water station, toilets, baggage area, showers (at the track)

**Minimum age:** 2&1M 11 yrs | 5K 13 yrs | 10M 16 yrs | 10K 15 yrs

**Parental consent required for entrants under 16 years of age.**



[bit.ly/STrace](http://bit.ly/STrace)



**Amount Payable** £

**Club** (UKA Affiliated)

**Surname**

**Name**

**Address**

**City & Postcode**

**Date of Birth**

DD

MM

YY

**Age**

**Female**

**Male**

**Email**

**Data Protection:** We will not share your details. Tick box to opt out of Run and Become's mailing list.

I attest that I am physically fit and sufficiently trained for the completion of the above event.

I waive and release the Sri Chinmoy Athletic Club and their representatives for any and all injuries suffered by me in the said event.

Date

Signature

**IMPORTANT!**  
Please fill in 3 letter race code shown next to the race date.

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