

Sri Chinmoy AC Self Transcendence 10K Race
Battersea Park, 8am March 24th 2012

MEDAL WINNERS

NAME	SURNAME	CLUB	TIME	AGE
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MEN UNDER 50

1st	Ben	Shearer	Cambridge Harriers	32.27	M	35
2nd	Dan	Madams	London Heathside	34.27	M	38
3rd	Warren	Kidgell	Walton Athletic Club	34.29	M	33
4th	Jim	Clark	West 4 H	34.34	M	35
5th	Paul	Cheetham	Barnes R	35.04	M	39
6th	Stuart	Fraser	Hercules Wimbledon	35.04	M	45
7th	Rob	Shearer	Cambridge H	35.32	M	33

WOMEN UNDER 50

1st	Una	English	Havering Mayesbrook	34.10	F	41
2nd	Helen	Taranowski	West 4 H	37.10	F	39
3rd	Suzy	Yates	Orpington Road Runners	39.27	F	31
4th	Marca	Wosoba		41.43	F	33
5th	Catherine	Hart	u/a	45.12	F	28
6th	Alison	Nolan	Serpentine	47.17	F	43
7th	Karen	Wright	u/a	47.32	F	28

MEN VET 50

1st	David	Smith	u/a	39.51	M	53
2nd	John	Witton		42.08	M	58
3rd	Allan	Dunnett		43.02	M	58

WOMEN VET 50

1st	Kay	Bettis	Serpentine	49.54	F	50
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2nd Janette Burnard 54.06 F 50

MEN VET 60

1st Terry Avey phoenix athletic club 41.33 M 61

2nd Ian Mursell Vets AC 44.39 M 60

MEN VET 70

1st Tony Merritt Burnham Joggers 62.05 M 71

OVERALL RESULTS

Pos	Name	Surname	Club	Time	M/F	Age	Cat	Cat Pos.
1	Ben	Shearer	Cambridge Harriers	32.27	M	35	M U/50	1
2	Una	English	Havering Mayesbrook	34.10	F	41	W U/50	1
3	Dan	Madams	London Heathside	34.27	M	38	M U/50	2
4	Warren	Kidgell	Walton Athletic Club	34.29	M	33	M U/50	3
5	Jim	Clark	West 4 H	34.34	M	35	M U/50	4
6	Paul	Cheetham	Barnes R	35.04	M	39	M U/50	5
7	Stuart	Fraser	Hercules Wimbledon	35.04	M	45	M U/50	6
8	Rob	Shearer	Cambridge H	35.32	M	33	M U/50	7
9	David	Annetts	Royston Runners	35.36	M	47	M U/50	8
10	Pascal	Evans	Stragglers	36.03	M	42	M U/50	9
11	Christian	Nielsen	u/a	36.39	M	37	M U/50	10
12	Roger	Coyle	Serpentine	36.43	M	37	M U/50	11
13	John	Armstrong	Mornington Chasers	36.46	M	39	M U/50	12
14	Sean	O'Keeffe	u/a	36.49	M	34	M U/50	13
15	Derek	Green	Clapham PiONEERS	37.07	M	34	M U/50	14
16	Helen	Taranowski	West 4 H	37.10	F	39	W U/50	2
17	Simon	Ambrosi	Striders of Croydon	37.32	M	34	M U/50	15
18	Josh	Elderfield	Medway and Maidstone AC	37.43	M	20	M U/50	16
19	Alasdair	Wilson		37.54	M	22	M U/50	17

20	Rob	Ferguson		37.55	M	29	M U/50	18
21	Hamish	Cropper	Clapham Chasers	38.12	M	29	M U/50	19
22	Toby	Sullivan		38.22	M	39	M U/50	20
23	Frank	Wood	Hercules Wimbledon	38.31	M	47	M U/50	21
24	Tony	Merola	Beckenham	38.57	M	46	M U/50	22
25	Rupert	Nash	Dulwich R	39.00	M	29	M U/50	23
26	Rupert	Jacobs	Serpentine	39.05	M	30	M U/50	24
27	Dave	Pettitt		39.21	M	40	M U/50	25
28	Rory	O'Neill	Clapham Chasers RC	39.12	M	28	M U/50	26
29	Euan	Hosie	u/a	39.21	M	30	M U/50	27
30	Logan	Campbell	Serpentine	39.22	M	36	M U/50	28
31	James	Scallan	u/a	39.24	M	31	M U/50	29
32	Suzy	Yates	Orpington Road Runners	39.27	F	31	W U/50	3
33	Ben	Hallifax	Herne Hill H	39.29	M	39	M U/50	30
34	Anchit	Desai		39.45	M	22	M U/50	31
35	David	Smith	u/a	39.51	M	53	M O/50	1
36	Gary	Eaborn	SERPENTINE	39.55	M	43	M U/50	32
37	Stephen	Newport	u/a	39.55	M	46	M U/50	33
38	Mark	Stewart	Serpentine	40.21	M	34	M U/50	34
39	Patrick	Kiernan	u/a	40.31	M	49	M U/50	35
40	Marc	Thurgood		40.35	M	49	M U/50	36
41	neil	quinlan	serpentine	40.38	M	39	M U/50	37
42	Sam	peacock		40.49	M	29	M U/50	38
43	daniele	trevisan		40.58	M	32	M U/50	39
44	Mark	George	London Heathside	40.59	M	45	M U/50	40
45	Leonardo	Fumarola	u/a	41.00	M	27	M U/50	41
46	Philippe	Guittard		41.09	M	33	M U/50	42
47	Lorenzo	Cervo		41.11	M	33	M U/50	43
48	Christopher	Kay		41.24	M	28	M U/50	44
49	Alex	Hannaford	u/a	41.33	M	29	M O/60	1
50	Terry	Avey	phoenix athletic club	41.33	M	61	M U/50	45
51	Michael	McMillan		41.36	M	29	M U/50	46

52	Marca	Wosoba		41.43	F	33	W U/50	4
53	Christopher	Poole	u/a	41.48	M	28	M U/50	47
54	Dave	Shannon	u/a	41.58	M	28	M U/50	48
55	Thomas	Miller		42.05	M	38	M U/50	49
56	John	Witton		42.08	M	58	M O/50	2
57	Peter	Watts	Dragons	42.13	M	45	M U/50	50
58	John	English	u/a	42.21	M	49	M U/50	51
59	Alex	Ballard		43.00	M	34	M U/50	52
60	Allan	Dunnett		43.02	M	58	M O/50	3
61	Anthony	Chin	London Heathside	43.18	M	53	M O/50	4
62	David	Moscrop	Garden City R	43.39	M	53	M O/50	5
63	Edward	Levy		43.39	M	26	M U/50	53
64	William	Thomas		43.51	M	44	M U/50	54
65	Fred	Alcock	u/a	44.18	M	33	M U/50	55
66	Richard	Cox		44.20	M	38	M U/50	56
67	Greg	Haskins	Highgate H	44.20	M	31	M U/50	57
68	Michael	Oswald		44.21	M	30	M U/50	58
69	David	Carlisle		44.37	M	34	M U/50	59
70	Ian	Mursell	Vets AC	44.39	M	60	M O/60	2
71	James	Bryson	u/a	44.46	M	34	M U/50	60
72	Rowley	Higgs	u/a	45.07	M	31	M U/50	61
73	Tom	Hood		45.07	M	26	M U/50	62
74	Robert	Curtis	Ranelagh H	45.07	M	42	M U/50	63
75	Catherine	Hart	u/a	45.12	F	28	W U/50	5
76	Jan	Cooper	London Frontrunners	45.16	M	38	M U/50	64
77	James	Hill		45.24	M	36	M U/50	65
78	Peter	Newton		45.31	M	36	M U/50	66
79	Thomas	Fawcett	u/a	45.32	M	36	M U/50	67
80	Charles	Craven	Fulham RC	45.45	M	49	M U/50	68
81	Simon	Lewis	Herne Hill Harriers	45.51	M	40	M U/50	69
82	Simon	Jukes		45.56	M	42	M U/50	70
83	Marc	Beder		46.02	M	28	M U/50	71

84	Maurice	Sharp	Hercules Wimbledon	46.26	M	66	M O/60	3
85	Liam	Snelling	u/a	46.41	M	33	M U/50	72
86	Mark	Burns	u/a	46.49	M	37	M U/50	73
87	Petrus	De Jager	u/a	46.49	M	32	M U/50	74
88	Iain	Willatt		46.59	M	55	M O/50	6
89	Roy	Glew	u/a	47.01	M	61	M O/60	4
90	Paul-Adrien	Cormerais		47.16	M	25	M U/50	75
91	Finian	McCann		47.16	M	25	M U/50	76
92	Alison	Nolan	Serpentine	47.17	F	43	W U/50	6
93	Drew	Hyde	u/a	47.28	M	51	M O/50	7
94	Andrew	Dickens	Clapham Pioneers	47.30	M	41	M U/50	77
95	Karen	Wright	u/a	47.32	F	28	W U/50	7
96	Grant	Martin		47.42	M	30	M U/50	78
97	Kirk	Sherman	u/a	47.46	M	54	M O/50	8
98	Niki	Kai	u/a	47.46	F	29	W U/50	8
99	Marilena	De Luca	Hercules Wimbledon AC	48.04	F	37	W U/50	9
100	Alice	Sullivan	Mornington Chasers	48.36	F	38	W U/50	10
101	Annika	Alexopoulou	Clapham Runners	48.37	F	36	W U/50	11
102	Kate	Langley		48.38	F	34	W U/50	12
103	Derek	Roebuck		48.56	M	50	M O/50	9
104	Roger	Fretwell	Serpentine	48.58	M	52	M O/50	10
105	Leon	Bumpstead		49.04	M	36	M U/50	79
106	Bridget	Trollope		49.15	F	29	W U/50	13
107	Robert	Saunders		49.21	M	38	M U/50	80
108	Martin	Spence	Vets AC	49.23	M	57	M O/50	11
109	John	Sharpe	u/a	49.23	M	45	M U/50	81
110	Marissa	Adams		49.24	F	27	W U/50	14
111	Lydia	Turnbull		49.27	F	29	W U/50	15
112	Jon	Baud		49.36	M	39	M U/50	82
113	Doerte	Weber	Dulwich Runners	49.50	F	35	W U/50	16
114	Clare	Church		49.52	F	38	W U/50	17
115	Kay	Bettis	Serpentine	49.54	F	50	W O/50	1

116	Edric	Ip		50.05	M	19	M U/50	83
117	Sam Peter	Gibson		50.25	M	33	M U/50	84
118	Peter	Clegg		50.37	M	62	M O/60	5
119	Kathleen	Bryce		50.39	F	25	W U/50	18
120	Victoria	Fraser		50.42	F	32	W U/50	19
121	Trevor	Dorrell		51.11	M	37	M U/50	85
122	Ty	North		51.11	M	36	M U/50	86
123	Gareth	Briggs		51.25	M	30	M U/50	87
124	Sophia	Vanderpump	u/a	51.33	F	28	W U/50	20
125	Genevieve	Bourke	u/a	51.33	F	28	W U/50	21
126	Alice	Parish	London Heathside AC	51.39	F	36	W U/50	22
127	Hannah	Druckes		51.45	F	25	W U/50	23
128	Heather	Binney	Pioneer RC Clapham	51.46	F	48	W U/50	24
129	Mauro	Gabriele		51.53	M	48	M U/50	88
130	Ella	Braillard		52.13	F	26	W U/50	25
131	Joe	Binks		52.25	M	27	M U/50	89
132		Town	u/a	52.26	F	24	W U/50	26
133	Anthony	Alleyne		52.32	M	40	M U/50	90
134	Daniel	Cashen		52.37	M	36	M U/50	91
135	Kristy	Grant		52.47	F	39	W U/50	27
136	Brian	Timms		53.14	M	66	M O/60	6
137	Elizabeth	Lane		53.22	F	28	W U/50	28
138	Fiona	Maybin		53.45	F	38	W U/50	29
139	Michael	Tang		53.57	M	18	M U/50	92
140	Antoine	Verjat		54.02	M	28	M U/50	93
141	Janette	Burnard		54.06	F	50	W O/50	2
142	Rachel	Monks		54.34	F	31	W U/50	30
143	Jane	Dempsey	u/a	54.34	F	30	W U/50	31
144	Aneako	Eshemokhai	u/a	54.49	F	32	W U/50	32
145	Robyn	Hoedemaker		55.07	F	23	W U/50	33
146	Nicola	Cashen		55.12	F	41	W U/50	34
147	Melanie	Roberts		55.13	F	40	W U/50	35

148	Enoch	Cheung		55.31	M	17	M U/50	94
149	Jessica	Schmidt	u/a	55.37	F	25	W U/50	36
150	James	Beadle		56.05	M	33	M U/50	95
151	Tessa	Yates		56.11	F	24	W U/50	37
152	Brian	Kelly		56.22	M	33	M U/50	96
153	Helen	Kelly		56.22	F	32	W U/50	38
154	Suzanna	Reed		56.49	F	45	W U/50	39
155	John	Clements	u/a	57.15	M	27	M U/50	97
156	Edwin	Bartlett	Vets AC	57.28	M	67	M O/60	7
157	Nina	Schofield		57.33	F	45	W U/50	40
158	Debbie	kERFOOT		57.46	F	29	W U/50	41
159	Jo	McCormack		58.42	F	40	W U/50	42
160	Kimberly	Clarke		58.45	F	29	W U/50	43
161	David	Suter	u/a	59.53	M	27	M U/50	98
162	Maria	Sharoglazova		60.00	F	30	W U/50	44
163	Jackie	Daly		60.12	F	37	W U/50	45
164	aleksandra	jablonska		60.21	F	24	W U/50	46
165	Catlin	Weaver	u/a	61.46	F	29	W U/50	47
166	Tony	Merritt	Burnham Joggers	62.05	M	71	M O/70	1
167	Nigel	Mitchell	u/a	62.22	M	37	M U/50	99
168	Petra	Kubalcikova		64.33	F	33	W U/50	48
169	Katie	Ward		64.33	F	33	W U/50	49
170	Clara	Vaisse		65.02	F	26	W U/50	50
171	Anna	Dean		65.30	F	26	W U/50	51
172	Laura	Capel		66.51	F	19	W U/50	52
173	Katy	Clark		67.14	F	35	W U/50	53
174	Rene	Wright		67.14	F	35	W U/50	54
175	Jimmy	Anderson	Beckenham	69.50	M	76	M O/70	2
176	Jennifer	Swanston		72.11	F	25	W U/50	55
177	Nicole	Gale	u/a	72.22	F	27	W U/50	56
178	Jemma	Ralph		76.00	F	27	W U/50	57
DNF	David	Abery	Istead & Ifield H	DNF	M	53	M O/50	12

DNF	arthur	gibson		DNF	M	24	M U/50	100
DNF	Gavin	Parish	London Heathside AC	DNF	M	35	M U/50	101
DNF	ANDY	ROY		DNF	M	35	M U/50	102
DNF	Dace	Gleeson		DNF	F	33	W U/50	58
DNF	Amy	Cope	Serpentine	DNF	F	34	W U/50	59
DNF	Maddie	Gill		DNF	F	20	W U/50	60
DNF	Rebecca	Hall	Ranelagh H	DNF	F	29	W U/50	61
DNF	Aoibhin	O'Neill		DNF	F	25	W U/50	62